



CAMPUS



submitted photo

The SGA recently hosted a Luau Cookout to welcome back students and to ring in a new semester. Free t-shirts and food were given out at the last Welcome Back week event.

Luau cookout welcomes students

Keely Tibbits

News Correspondent

The Jacksonville State University Student Government Association hosted a Luau Cookout at the Recreation and Fitness Center to welcome back students and ring in the new semester. The SGA organized the event with the help of Veronica Bjorkman, the assistant dean for student life.

"I just got here three or four months ago, and I'm excited to get to know the student body this semester," said Bjorkman.

Hotdogs and canned sodas were offered to those who attended, and the first fifty students received a free t-shirt. As students celebrated one of the last events for Welcome Back week, many expressed their excitement for the new fall semester.

A frequent rock wall climber, Ben Junkins, spoke at the event about a possible rock wall team forming sometime in September.

"I'm really excited about the Marching Southerners show," said Sadie Appleton, one of the section

leaders for the flute line. "I think it's going to be the best show."

Katie Coe, who is also a section leader for the flutes, expressed her excitement for returning back to the Marching Southerners.

"I'm excited for marching band because that's my life," said Coe. "But also, I'm excited to see everyone back on campus."

"I'm looking forward to playing against UTC and UNA in football and to getting Wesley Foundation events started again," said Samantha Hastings.

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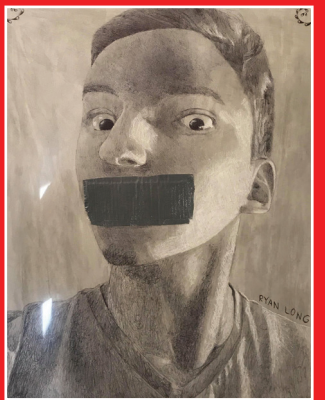
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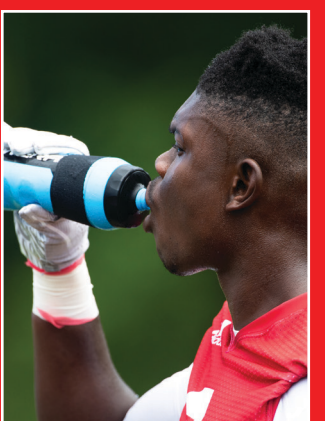


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NEWS



Photo by Ashley Stephens

Spirit on Mountain Street successful, wet

Brooklynn Wilkes

A&E Correspondent

Despite a heavy downpour, Jacksonville kept spirits high for the 14th annual Spirit on Mountain Street festival. With the new school year beginning, a few F's have been stumbled upon - friends, fun and food! Thankfully, these F's were in abundance during the festival's 14th annual celebration.

If you weren't busy listening to music from the various groups that took part in Jamfest, you could easily have found yourself lost within all the vendors serving up food, drinks and good conversation. It's easy to make friends and get to know the faces behind businesses we frequent every day in Jacksonville.

To pass time before Scotty McCreery, a widely known country music star, took the stage, one could find kids begging parents for "five more minutes" of playtime at

the "kidzone".

People also passed time by moving on to their second or third round of food from vendors like Taco Bell, Jacks, Papa Johns and Bojangles. It is also important to note locally owned food options like Effina's, Coop de Ville, Cooter Browns and LocoMex made an appearance as well.

Considering the loss of people to the rain, the ones who stayed kept their smiles wide and their energies high. The vendors started breaking down their booths and anticipation for McCreery was heavy in the air, much like the rain, unfortunately.

The concert began a little later than expected in order to allow the rain to clear out. Once the rain did clear, Mountain Street was filled with laughter, singing and music once again, thanks to a little help from McCreery.





LOCAL

Local rock group to release new music

Kaitlin Fleming
Editor in Chief

A local rock band is set to release new music on Friday, August 30.

The Sunsets, a band that can only be described as an alternative, new wave, post punk pop, rock group, will release “Space Love” on all major streaming platforms and the band members are excited for the public to hear what they have been working on.

The group, made up of two brothers and some friends, released their first full album, Heartbeat Massacre in July of 2018 and released their first EP, Fatal Attraction, in 2016, just one year after the band began.

The two brothers are lead vocalist Torsten Dryden and drummer Breihan Dryden and the friends are bass guitarist Jack Vermuth and guitarist Trent Johnson, as well as saxophonist Quincy Chapman.

“This is the strongest incarnation the band has ever had,” said Torsten Dryden. “We’re taking a more collaborative approach.”

Every member of the band has given some of themselves to the music in some way or another.

“This is the first [bass guitar] part that I wrote with The Sunsets,” said Vermuth.

Johnson said the group makes

every song feel like “you’re a part of it” and that each member has “split duties”

In fact, anyone who has seen a live performance by this band will know that there is sometimes a shuffling around on stage and trading of instruments. People who have been to any show recently would also know that “Space Love” has been a work in progress for some time now.

The funky sci-fi jam titled “Space Love,” which is all about exploring the unknowns of a new relationship, has seen several musical changes.

“We originally wanted ‘Space Love’ on Heartbeat Massacre but we just weren’t happy with it yet,” said Torsten Dryden.

To pay for studio time and mastered songs, the band has been playing at local venues and selling merchandise. They also play for charity events, like the recent “Bands for Bri” benefit concert, which helped pay medical bills for a lady who was accidentally shot and paralyzed.

The group has a “busy fall” according to Torsten Dryden. Apart from playing at local gigs, there are some exciting things in the works, like music videos, new songs and a new EP coming later this year, possibly in November.

As far as videos for “Space



Courtesy of The Sunsets

Local rock band, The Sunsets, will release a new song on Friday, August 30. The song is one of many new songs coming from the group this year.

Love” goes, there will be a lyric video dropping with the song release this Friday. Jason Lugo created the lyric video and Dylan Baugh created the artwork for the release.

The song, and a few others that are under lock and key for now, were recorded in Nashville with WireBird Productions. Brett Ryan Stewart mixed and mastered the recordings.

“Brett is good at getting things right, right out of the gate,” said Breihan Dryden.

For more information on The Sunsets, check them out on social media by searching @thesunsetsrock on all major platforms. If you can’t wait for the newest song, you can always stream the Heartbeat Massacre album on Spotify, Apple Music and more.

SouthernCare Hospice offers students volunteer opportunities

When you mention the word “hospice”, without fail, most people react either with fear or sadness. However, hospice professionals feel that the same amount of love and care should go into preparing for the end of life as for the beginning.

Fundamentally, hospice began as a volunteer institution in the middle ages with members of religious houses providing care to travelers, Crusaders and lepers. Now, our volunteers provide companionship, assistance with household chores and errands, caregiver relief, activities in nursing homes, life review projects, veteran recognition, administrative support in our offices and so much more.

SouthernCare New Beacon Hospice is one of the largest providers of hospice care in Northeast Alabama

so our need for volunteers is great! Not only do volunteers provide an invaluable service to our patients and their families, but one of the requirements of Medicare funding is to have a volunteer program providing a certain number of hours each month. Without our volunteers and funding, we could not continue to provide medical care to our patients that they so desperately need.

At SouthernCare New Beacon, we value our volunteers and always strive to give back to them as they are giving back to us. All sign up screening and training along with CPR classes and ongoing education is free of charge to the volunteer.

Each quarter our office provides a luncheon for the volunteer staff with a door prize, and each April we hold a volunteer

appreciation banquet with prizes for everyone who attends. A monthly newsletter keeps volunteers in the loop with what opportunities are available, recognizes volunteer achievements and announces upcoming events. For our student volunteers, we can provide letters of recommendation and references for scholarships, internships and job applications.

Consider donating your time to this very worthy cause. Hospice is an area that desperately needs volunteers, but there is a real struggle to find them due to the stigma of the word hospice. We tell our volunteers to relate to the person, not the disease. Each visit with one of these individuals has the potential to teach you something you didn’t know or change your perspective. So many of our volunteers have reported that after becoming involved with our program they feel as though they are the ones receiving a service or gift from the patient.

For more information on the SouthernCare New Beacon volunteer program, please contact our office at 256-546-5566 and ask for the volunteer coordinator. You may also contact us by email at hattaway@curohs.com.

Submitted by Heather Attaway, Volunteer Coordinator for SouthernCare Hospice.



submitted photo

Organizations of JSU

International Association of Emergency Managers

Organization name: JSU International Association of Emergency Managers

How many members does your organization have? We have 52 members.

When are your meetings held? Meetings are held the first Thursday of the month at 7 p.m. on BB Collaborate Ultra (Canvas – pending).

How can students get involved with the organization? For information on joining, please email jsuiaem@jsu.edu.

What does the organization stand for? The Jacksonville State University International Association of Emergency Managers (JSU-IAEM) student chapter is the 2016 and 2019 IAEM “Student Chapter of the Year.”

The organization represents students who are studying in the bachelors, masters

and doctoral degree and certificate programs in emergency management at JSU. With the interdisciplinary nature of emergency management, JSU-IAEM welcomes students from all disciplines to join JSU-IAEM. Collectively, we strive to expand our horizons through bridging the gap between emergency management academia and practice.

What type of activities does the organization partake in? IAEM Annual Conference and Seminars, Campus Safety and Preparedness

Organizations of JSU is a questionnaire designed to allow student organizations reach new members and spread the word about what they represent. If your organization would like to take part in this questionnaire, please email bh111@stu.jsu.edu.

THE CHANTICLEER NEWSPAPER

JSU’s student operated newspaper since 1934

The staff at *The Chanticleer* reserves the right to edit and change any submissions for any reason. We are not responsible for the opinions inside the paper; we simply print the opinions of others. Opinion pieces will be clearly labeled as opinion and news will be labeled as news.

If you have any questions or concerns you may contact us by email at chantynewstips@gmail.com or by phone at 256-782-5701. You may also contact our adviser Mr. Mike Stedham by email at mstedham@jsu.edu or by phone at 256-782-5713.

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News

CAMPUS

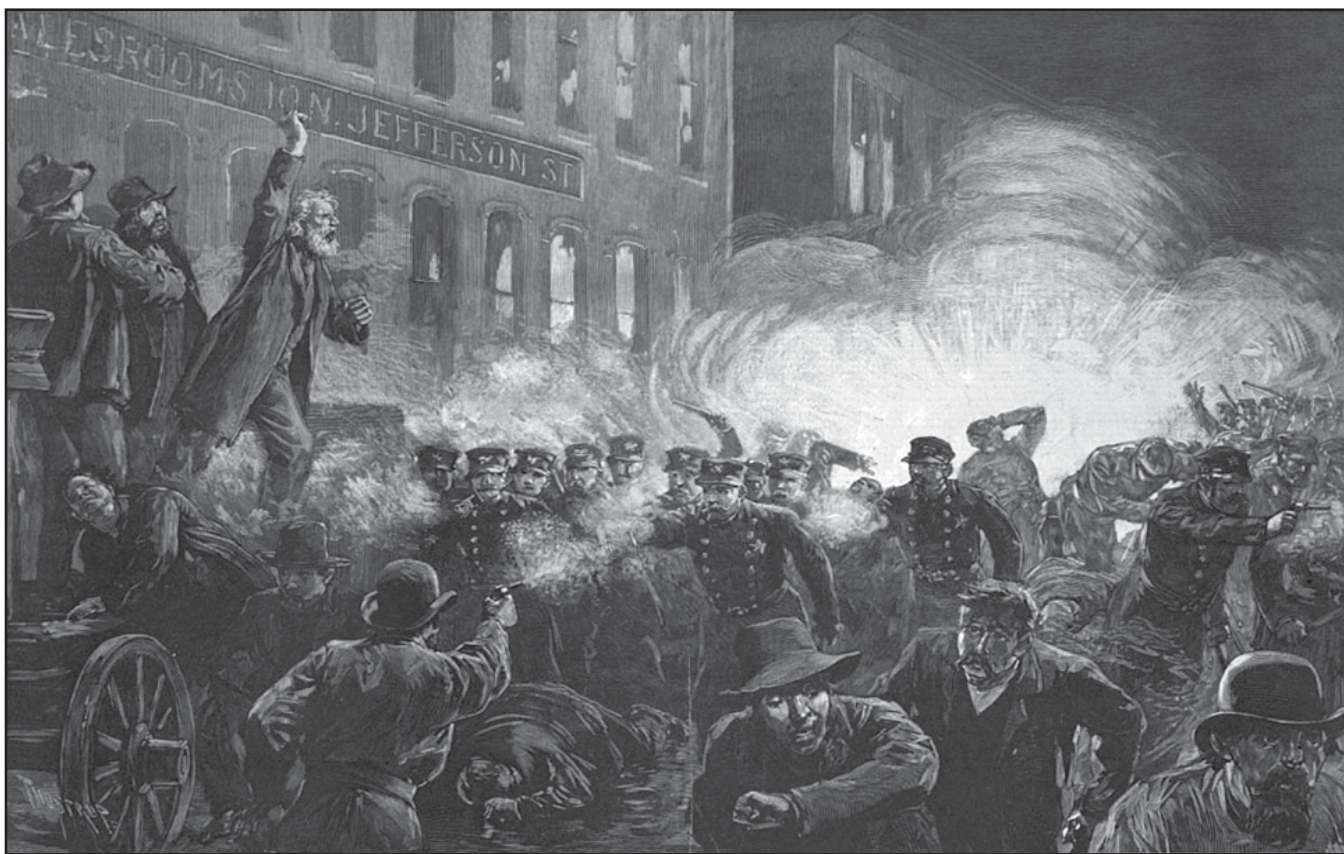


Photo Courtesy of Harper's Weekly

The 1886 engraving illustrates the beginning of the Haymarket Affair, an event that began as a peaceful labor demonstration and rally in support of workers striking. An unidentified person threw dynamite at police, resulting in the death of seven police officers and at least four civilians.

JSU to celebrate Labor Day

Tiffany Lang

News Correspondent

Jacksonville State University classes won't meet Monday, Sept. 2 due to Labor Day. For students, it's a free day to stay home, but Labor Day is an annual celebration intended to pay tribute to the contributions and achievements of the American workforce.

Dr. Gordon Harvey, Head of the History Department, wants students to know that Labor Day is "more than a three day weekend where we binge college football and burn slabs of meat over charcoal."

He pointed out that Labor Day parades were started by organized labor as a way to show solidarity among the working class. Now, the national holiday celebrates the contributions of organized labor to our quality of life, said Harvey.

"So this Labor Day, as you cook out and watch football, thank unions for the 8 hour day, the weekend, the minimum wage, employer-based healthcare and worker safety standards - all things we take for granted today," said Harvey.

Labor Day originated in the late 1800s, during one of American labor history's darkest chapters and at

the height of the Industrial Revolution.

During this time, the average American worked 12-hour days, seven days a week, to earn a basic living. Children as young as 5 years old were put to work in mills, factories and mines across the country and were paid a fraction of what their adult counterparts earned.

Workers of all ages were facing unsafe working conditions with insufficient access to fresh air, sanitary facilities and breaks.

As employment numbers increased in the manufacturing industry, labor unions began to grow more prominent and vocal. Strikes and rallies were organized to protest poor working conditions and to compel employers to renegotiate hours and pay.

One of these events gave rise to the longstanding tradition of Labor Day. On September 5, 1882, approximately 10,000 workers took unpaid time off to march from city hall to Union Square in New York City. This event was recognized as the first Labor Day parade in U.S. history.

The idea of a "workingmen's holiday," celebrated on the first

Monday in September, caught on in other industrial centers across the country, and many states passed legislation recognizing it.

Congress would not legalize the holiday until 12 years later, after a string of violent protests brought workers' rights squarely into the public's view.

Finally, in 1894, Congress declared Labor Day a public holiday. By June 28, 1894, President Grover Cleveland officially signed it into law.

Amidst the approaching Labor Day holiday, AT&T workers across nine Southeastern states have gone on strike over unfair labor practices. This accusation comes after the Communications Workers of America union says that AT&T disrespected workers by sending labor relations experts to negotiate contracts that didn't have any authority to make contract decisions.

CWA has filed an unfair labor practice charge with the National Labor Relations Board against AT&T for not bargaining in good faith.

More than a century later, the true founder of Labor Day has yet to be identified.



Campus Crime Log

- August 27, 2019, Possession of Marijuana and Drug Paraphernalia, Meehan Hall
-
- August 26, 2019, Duty Upon Striking an Unattended Vehicle, Recreation and Fitness Center
-
- August 26, 2019, Automobile Accident, Stone Center Parking Lot
-
- August 26, 2019, Obstructing Governmental Operations, The Pointe
-
- August 26, 2019, Criminal Trespass, The Pointe
-
- August 26, 2019, Automobile Accident, Meehan Hall Parking Lot
-
- August 26, 2019, Information Report - Property Damage, The Pointe
-
- August 25, 2019, Automobile Accident, Logan Hall Parking Lot
-
- August 25, 2019, Consumption of Alcohol by a Minor, The Pointe
-
- August 24, 2019, Duty Upon Striking an Unattended Vehicle, Fitzpatrick Hall Parking Lot
-
- August 24, 2019, Violation of Student Code of Conduct, The Pointe
-
- August 23, 2019, Medical Emergency, Salls Hall
-
- August 23, 2019, Violation of Student Code of Conduct, Meehan Hall
-
- August 23, 2019, Medical Emergency, Curtiss Hall
-
- August 22, 2019, Consumption of Alcohol by a Minor, Meehan Hall
-
- August 22, 2019, Possession of Marijuana and Consumption of Alcohol by a Minor, Cole Drive
-
- August 22, 2019, Medical Emergency, Mountain Street
-
- August 22, 2019, Automobile Accident, Bibb Graves
-
- August 22, 2019, Theft of Property, Pannell Hall
-
- August 21, 2019, Violation of Student Code of Conduct, Penn House Apartments
-
- August 21, 2019, Medical Emergency, Recreation and Fitness Center
-
- August 21, 2019, Automobile Accident, Russell Parkway
-
- August 21, 2019, Duty Upon Striking an Unattended Vehicle, Curtiss Hall Parking Lot

Have an emergency?
Dial (256) 782-5050 or 911

News Editor Scott Young says hello to readers

Scott Young

News Editor

Hey everybody! My name is Scott Young, and I'm so excited to be the new News Editor for the Chanticleer this year! This is my junior year at Jacksonville State as a communication major with a concentration in digital journalism.

Last year, I started my 'career' as a staff reporter for the Chanticleer, working under then Editor in Chief Daniel Mayes. My first story for the paper ended up being my most popular to date: the candlelight vigil held outside of Coop DeVille after it caught fire and temporarily closed.

When I began writing my first story for the Chanticleer, I had absolutely no idea what I was doing. I had not yet taken my Communication courses, so I had not been

introduced to the AP stylebook or any news writing tips. I spent all night parsing over every word and making sure I had a story I considered worthy of publication. The next day when it was posted, it started gaining a lot of attention around campus and had been shared over 100 times on Facebook.

Though it was just a silly story about a candlelight vigil for a chicken wing eatery, it really inspired me to write more.

To me, journalism is about empowering an audience with the truth and in today's media ecosystem, that is more important than ever before. Working for the Chanticleer and beyond, I want to facilitate a more ethical and honest way of reporting so that the truth is not distorted by fiction. People deserve to trust in their journalists



and news outlets to give them accurate and well-rounded stories.

Again, I'm looking forward to this opportunity I have to positively impact student media at JSU and to report the truth to our student body.

If you ever have any questions about the Chanticleer or anything else, feel free to contact me at my student email, syoung11@stu.jsu.edu.



News

STATE

Alabama gas tax to increase 6 cents on Sept 1.

Scott Young
News Editor

In March 2019, Governor Kay Ivey signed a bill that would implement a 10 cent gas tax increase over the next three years. The first increase, of six cents, is set to take effect Sept 1.

The Rebuild Alabama Act, introduced and signed by Ivey, was designed to

fund the construction of new roads and bridges in Alabama. The funds are to be dispersed among state, county and local governments for “transportation infrastructure improvement, preservation and maintenance projects.”

“After 27 years of stagnation, adequate funding is imperative to fixing our

many roads and bridges in dire need of repair,” said Governor Ivey, announcing her plan. “By increasing our investment in infrastructure, we are also making a direct investment in public safety, economic development, and the prosperity of our state.”

Ivey cites a University of Alabama Transportation Institute report to justify

the gas tax increase, which says that 69 billion miles are driven on Alabama roads each year.

Of the entire gas tax increase, 66 percent goes to the state, 25 percent goes to the counties and eight percent goes to the cities. Another portion of the funds would be used to pay a bond that would be issued

to finance improvements to the Mobile Bay shipping channel.

The Alabama Department of Transportation says it will generate \$122 million in fiscal year 2020 from the gas tax.

Later incremental increases include two cents on Oct. 1, 2020 and another two cents on Oct. 1, 2021.



Ashley Stephens / The Chanticleer

Traffic travels down Highway 21 in Jacksonville, AL, beside the campus of Jacksonville State University.

New Alabama road laws take effect Sept. 1

Scott Young
News Editor

Several new laws that will affect Alabama drivers are set to take effect on Sunday, Sept. 1.

Earlier this year, the Alabama legislature passed HB 212 that places a limit on how many miles someone can travel in the left lane of a highway without passing a vehicle.

Rep. Phillip Pettus, the state legislator who sponsored the bill, coined it as the “Anti-Road Rage Act”.

Pettus argues that the law is designed to prevent drivers from becoming an-

gry or violent when stuck behind slower left-lane drivers, something he says is the cause of numerous accidents.

“Over the years, I noticed there’s a big problem with drivers who remain in the left lane,” said Pettus. “What it does is it impedes traffic and makes it unsafe for other drivers.”

The law limits drivers to one and a half miles in the left lane, with exceptions for inclement weather, left exits, traffic congestion and construction. A 60-day grace period will take place beginning Sept.

1. During the grace period, officers will issue warnings rather than tickets.

Concurrently, a new law regarding seat belts takes effect Sept. 1. Alabama’s current seat belt laws only apply to front seat passengers and children riding in the back seat, but beginning Sept. 1, all back seat passengers will be required to buckle up.

According to the National Highway Traffic Safety Administration, an estimated 14,955 lives in the United States were saved due to seat belt use.

Rob Schaffer, the Chief

of Jacksonville State University Police Department, encourages students traveling around campus and beyond to fasten their seat belts.

“I applaud the passing of this law,” said Schaffer. “Wearing seat belts is one of the most important safety measures a driver or occupant of a vehicle can do. Seat belts can reduce serious injuries or fatalities in the event you’re involved in an accident. Air bags are designed to work with seat belts, not as a replacement. So please buckle up and stay alert.”

Upcoming Campus Events

AUGUST

29 - Football Game: Southeastern Louisiana, 7 p.m., Hammond, La.

30 - Volleyball Game: East Tennessee State, 12:30 p.m., Pete Mathews Coliseum

30 - Chanticleer Interest Meeting, 4 p.m., Self Hall Media Library
Interested in becoming a writer for the paper?

30 - Volleyball Game: Troy, 7 p.m., Pete Mathews Coliseum

30 - Soccer Game: Lipscomb, 7 p.m., JSU Soccer Field

31 - Volleyball Game: Southeastern Louisiana, 1:30 p.m., Pete Mathews Coliseum

SEPTEMBER

7 - International House Open House, 2 p.m. Come learn more about the International House, what we do, and how you can live here!

7 - Sophomore Welcome Back Tailgate, 3 p.m., Dillon Field

14 - JSU Band Day against Eastern Washington, 3 p.m., JSU Stadium


16 - SGA Senate Meeting, 6 p.m., TMB Auditorium

17 - JSU Study Abroad Fair, 12 p.m., Recreation and Fitness Center
You can learn about programs to Europe, Asia, and the Middle East, as well as scholarship opportunities!

17 - Constitution Day 2019, 4:30 p.m., Martin Hall
Film screening of “A More Perfect Union: America Becomes a Nation”

19 - International House Presentation on Japan and Nigeria, 11 a.m. Come learn more about Japan and Nigeria from one of our JSU students!

Interested in writing for JSU's campus newspaper?



THE CHANTICLEER INTEREST MEETING

Friday, August 30 at 4 p.m. in the
Self Hall Media Library



Arts & Entertainment

CAMPUS

Scotty McCreery takes JSU by storm

Breanna Hill
A&E Editor

This past Thursday, August 22, as a part of welcome week, Jacksonville State University hosted their fall semester concert, this time with country music star Scotty McCreery. McCreery won the tenth season of American Idol in 2011 and has since become a well-known name in the country music industry.

Uncertainty was taking over just a couple of hours before the concert was to take place. Just above the massive stage set up in the Meehan Hall parking lot, adjacent to Mountain Street, clouds threatened to release a treacherous downpour. The approaching storm was not enough to send the hundreds of audience members from crowding the stage in anticipation.

After concert-goers having to take shelter in various campus locations while the thunderstorm passed over Jacksonville, the concert was finally able to start. The entire parking lot was

buzzing with concert-goers ready to catch a glimpse of McCreery and listen to his catchy, country hits. He emerged on stage, filled with energy and ready to play some of his most well-known songs

The country music star kicked off the concert with “Buzzin’”, which was released in 2013. He created a fun, electric atmosphere for all the fans watching the concert by singing various chart-toppers of his such as “Boys From Back Home”, “Feelin’ It”, “This is It”, “Five More Minutes” and “Seasons Change”.

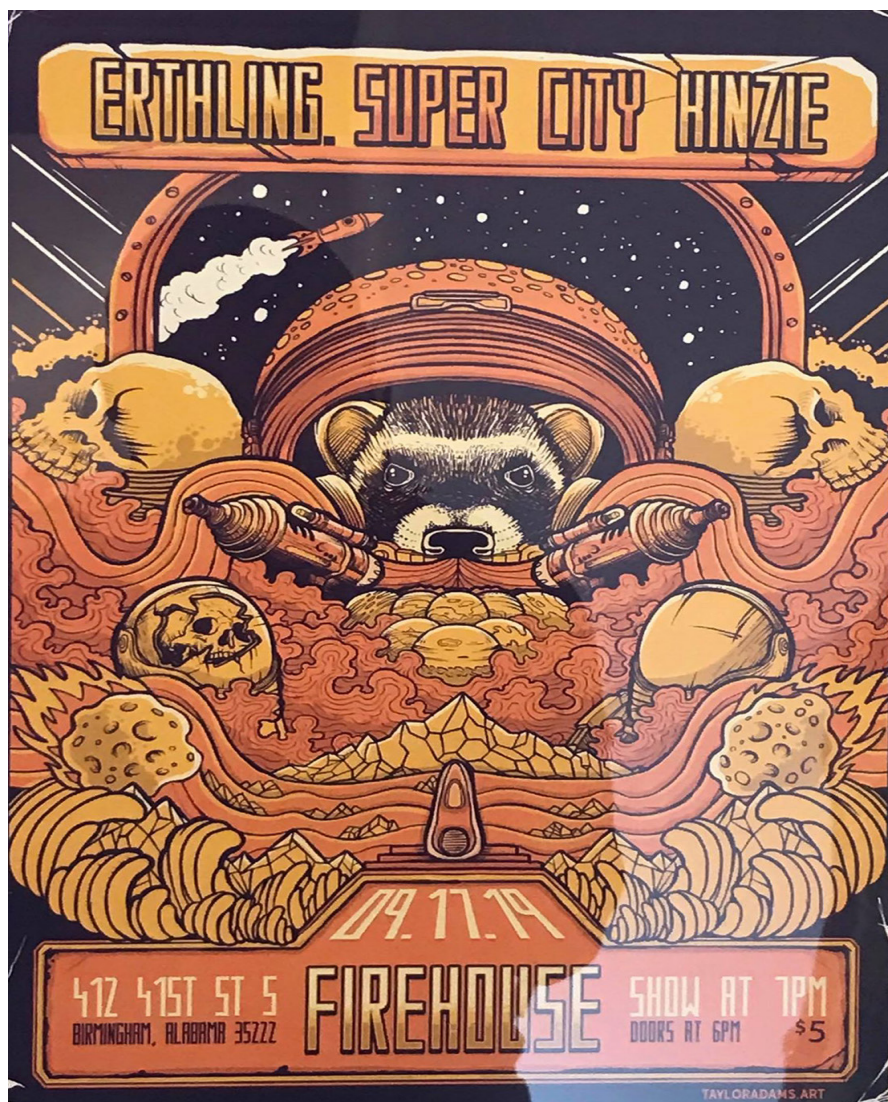
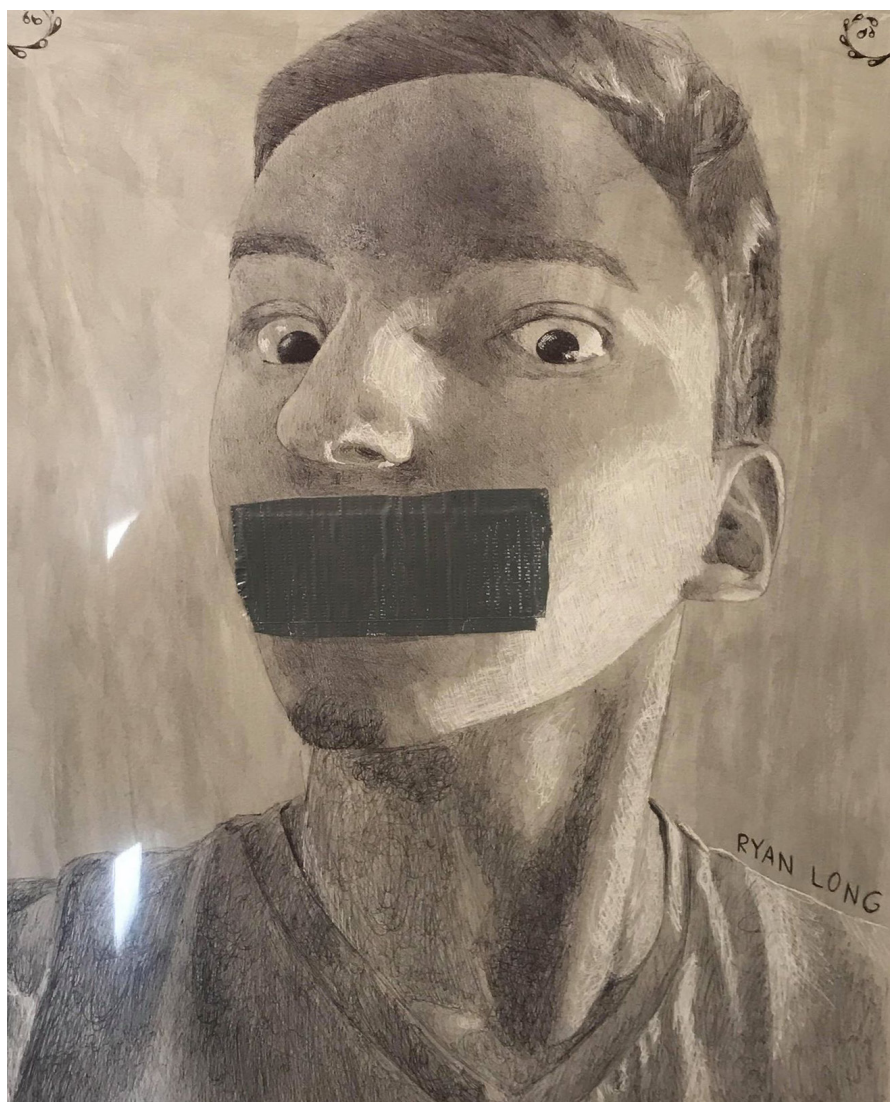
McCreery took a break between some of his hits to honor early 2000s country artists by covering their songs. He performed George Strait’s number one hit “Check Yes or No”.

The close call with the weather was not enough to discourage or disrupt welcome week festivities. McCreery delivered an incredible, energized performance that the audience was able to enjoy with ease, and will surely remember for quite some time.



Photos courtesy of Ashley Stephens

CAMPUS



Photos courtesy of Eric Tauton

Calhoun County art show begins at JSU

Eric Tauton
A&E Correspondent

A first-of-its-kind arts show painted its way to Jacksonville State University this past Tuesday. The JSU Art Department and the Jacksonville Arts Council opened the Calhoun County Community Arts Show this past Tuesday, Aug. 27, in Hammond Hall, the first ever art gallery to be held in Jacksonville.

The exhibit showed works from artists across Jacksonville and Calhoun County including pieces from Jake Wolven, JSU student and President of Kappa Pi Arts Honor Society at JSU, and local artistic legend Rita Springer, a 91 year-old artist who has been a painter since she was a child and still paints to this day.

“We wanted to up our game of shows here in Hammond Hall,” said Mary Springer, an Arts History professor at JSU and board member of the Jacksonville Arts Council.

Springer, with the help of Morgan Worsham, Arts Gallery Coordinator for JSU, planned and curated the event with the goal of recognizing and appreciating the artistic talent of Jacksonville’s local artists that are underrepresented.

“There wasn’t space in Jacksonville for artists to be heard and seen,” said Springer.

Art styles of all kinds were put on display in Hammond Hall including paintings, glass art, jewelry and photography. One of Rita Springer’s pieces “Hidden Dancer,” is an abstract oil paint-

ing that shows a captivating dancer. Her face hidden, barely seen through a hue of dark blue. Her hand and her stomach pink, with a palm tree-like skirt.

“As I started to paint it I saw a face and when I painted it some more I saw a patch of pink that looked like her stomach and then I saw a little blip that looked like her belly button,” said Springer. “And then I saw a patch of pink on the side that looked like it could be her hand.”

TJ Campbell, a graduate of the University of Wisconsin-Milwaukee with a bachelor’s degree in Film and Video, used his love for film and technology to create two unique pieces.

One of his pieces “Interactive Portrait” shows pictures of his face with different emotions with white circles next to them which, if the audience puts their Android device on it, will open a video of a past project he’s done based on the emotion he expresses in each picture.

“I’m interested in getting in touch with the logical and creative part of myself,” Campbell said.

The work of Dr. Karen Henricks, former chairman of the Art Department and photographer who passed away in May, was also on display.

“We felt that part of this was to honor her,” Mary Springer said.

Works from the Arts Show will be on display from August 27 to Sept. 17 in Hammond Hall.



Arts & Entertainment

FILM REVIEW

Ready or Not - here they come

Breanna Hill
A&E Editor

Horror has always been one of my favorite genres when it comes to films. Despite some of them being overly predictable and in no way plausible, they continue to interest me to the point that I end up watching nothing but gory, spine-tingling movies whenever I get a chance to head to the theaters.

“Ready Or Not” piqued my interest immediately. This past Saturday, I made it to the movie theater and was able to see the film, and let me just tell you, it exceeded my expectations exponentially.

Ready or Not is about a woman named Grace who marries into a wealthy yet peculiar family. On the night of her wedding her husband tells her that she has to play a game with the family in order to officially become one of them (kind of like a cult ritual). She ends up drawing the card that demands they play hide and seek. The father of the family tells her that she can hide anywhere in the house and that the only way for her to win this game is to stay hidden until dawn.

Little did she know the danger that the game brought along with it.

Grace, played by Samara Weaving, wants to gain the approval of her in-laws and hides, playing along with what she believes is an innocent game. Soon after she hides, she witnesses the murder of the babysitter and realizes she is being hunted because the family believes that if they don't kill a new bride, they will die.

The movie features incredible casting, plot twists and all the qualities that ensure a good thriller. By the end of it my mouth was wide open in shock. Though this movie seems to lack the jump scares that I was expecting, it was an incredible developed film. While being a very intense, edge of your seat type of film, the directors, producers and writers were able to insert bits of comic relief that made the film even that much more enjoyable.

I urge every horror/thriller movie-enthusiast to make the trip to the theater to see this movie. I find it to be a fresh take on the thriller genre.



Photo courtesy of IMDB.com

HOT TAKE

COOK-OUT

Photo courtesy of Cookout

Delicious local food choices on a college budget

Miranda Prescott
A&E Correspondent

Coming into the college world for the first time, many freshmen are searching for the best and most meaningful ways to spend their small stash of dollars.

While this may include decorations for their dorm room or clothing, it also includes necessities, such as food. Since most of the dorms on campus do not have fully operational kitchens that students have free access to, home-cooked meals are almost impossible to come by.

Also, let's be honest here for a minute, the food on campus is good, but after a while, you're bored of it. Luckily, I am here to tell you the best places to get food quickly and at the best price point.

Here are three of my favorite places to eat in Jacksonville that have the best quality food for the best prices.

1. Cookout

This one is a given. Here, you can grab an entrée, two sides and a beverage for less than five dollars before tax, as well as choose from over 40 milkshake options. One of my favorites on their menu is the bacon cheddar hotdog. It is exactly what it sounds like: a hotdog with two strips of bacon and nacho cheese on top. Fair warning — it can be messy, but doesn't any food that's delicious have that problem? Cookout is also open until 2 a.m., meaning that you are pretty much set when it comes to staying out late and having somewhere to go for a quick bite.

2. Waffle House

Waffle House is always a viable option for anything. Saturday

morning breakfast? Waffle House. 3 a.m. post study session meal? Waffle House. You just had your car break down and really need a pick-me-up? That's right, Waffle House. You name the scenario, and nine times out of ten Waffle House will always be the answer you are so desperately looking for. Although it is most famous for its namesake waffles, there are options for lunch and dinner, and they will typically cost you less than ten dollars. I typically get the chocolate chip waffle with a side of bacon on a regular visit. However, if you can catch their seasonal blueberry waffle promotion, then do it. You will not regret that decision, I promise.

3. Domino's

Now, it's a little confusing for this choice to be on the list but hear me out. Domino's has a deal on their website that allows you to order two pizzas, a bread side, a dessert and a two-liter soda for less than twenty dollars. So not only do you have lunch or dinner for one day, you have lunch and dinner for however long you can make those pizzas last. Now, not only do you get pizza that will last you a while, but you also do good in the world. That is a win-win scenario if I have ever heard of one.

There you go. You now have three of my favorite deals around the community. Yes, there are other deals that I believe are good choices out there, but the three I have listed are, in my opinion, the best you can get out of the food scene in Jacksonville. I really hope this helps with your quest to have food that is dorm-friendly, does not require you to actually cook the meal, and, most importantly, not from the same on-campus locations.

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FOOTBALL

Courtesy of JSU

Gamecocks set to play first game of season

Josie Howell
Sports Editor

Gamecocks fans have been anxiously waiting all year and the time has finally arrived, football season is here. Thursday, August 29, the JSU football team will travel to Hammond Louisiana to play Southeastern Louisiana to play their first game of the season at the Lion's Strawberry stadium. The Gamecocks have been working hard and practicing in some of the hottest conditions Jacksonville, Alabama has seen in order to prepare for this moment.

"The atmosphere should be great and they (Southeastern Louisiana) have a great program," says grass when asked about the upcoming game. "They changed coaches last year and Coach Scelfo did a really good job there in his first season. He has two really good quarterbacks and the offensive coordinator was at Eastern Illinois, so we are familiar with him and he is one of the best play callers we have played against. They have some weapons and some good running backs and play multiple guys in that position. Another strength for them is having four starters back up front on the offensive line. They are a complete team."

According to the Southeastern Louisiana ath-

letics page, the lions were 4-7 overall and 4-5 in its first season under the new head coach Frank Scelfo. Scelfo's first recruiting class was said to add a lot of talent to their team, such as their starting quarterback, Chason Virgil. Virgil was ranked 9th in passing yards in the FCS with a total of 3,035 yards and also in completions per game with an average of 22.55 CPG.

This can be compared to JSU's own starting quarterback, All-American and All-OVC Zerrick Cooper. In the previous season, Cooper was able to make 251 total completions for the season and totaled for an impressive 3,416 yards for the 2018 season with a total of 32 touchdowns for the gamecocks.

Defensively, the players that will seemingly make a great impact for the lions are defensive linemen Fred Brown and Isaac Adeyemi-Berglund. Brown started 10 of 11 games for the Lion, making 13 solo tackles and 27 tackles total for the season.

Adeyemi-Berglund Earned many awards last year such as 2018 All-Southland Conference honorable mention, 2018 first team CoSIDA Academic All-District and All-Louisiana. He started in all 11 games and led third on the team with 33 solo tackles and 63 tackles total for the season.

Defensive Back Yul Gowdy, Line-Backer Jalen Choice, and defensive back Traco Williams will all be key players when it comes to JSU's defense. According to the JSU Gamecocks athletics page, Gowdy named preseason All-American as a sophomore and made a total of 41 tackles for the season as well as 11 tackles for loss.

Choice and Williams were both named 2nd Team All-OVC. Williams was able to bring in four interceptions, 66 tackles, 8.5 tackles for loss, and 10 passes defended. Choice was able to bring in a total of 88 tackles and 12 tackles for loss. All three will make for a strong defense in JSU's first upcoming game.

"We are excited to see where the Gamecocks are. I think we have more of a veteran team than we did this time last year. We have a lot of question marks that were answered, but we still have some question marks out there. We have some guys that haven't been in a game that will play and they will only get better," says Grass.

This matchup at Strawberry Stadium will happen at 7 p.m. Thursday evening. For upcoming dates, events, and news regarding JSU football and athletics, follow JSU athletics on twitter at "JSUGamecocks" and of Facebook at Jacksonville State Gamecocks.

FOOTBALL

JSU renews old time rivalry with University of North Alabama

Josie Howell
Sports Editor

In 2018, it was announced that old time rivals, Jacksonville State University and the University of North Alabama, would once again play each other in football. This is a rivalry that dates back to 1949 and has often times been compared to the longstanding Alabama-Auburn rivalry. After not playing for two years, both teams came to a four-year agreement that both players and fans are excited about. This is a game that has always seen a 20,000 plus crowd and the same can be expected for the 2019 season as JSU hosts UNA.

This new contract between the two teams comes after UNA switched from playing in the Division II Gulf South Conference to the Division I Football Championship Subdivision, the same conference that Jacksonville State is a part of.

"The two times we've played them, was the largest crowds that we have ever had. So, we need to play them. It's the old south rivalry. You bring those back and people pack it out," said John Grass, JSU head football coach. "They have a great historical program and you'll have a 20,000 plus crowd there, so that game will be a lot of fun."

North Alabama's last game against

an FCS opponent was, in-fact, Jacksonville State, with a 31-12 loss. The Lions' last win over an FCS school was also at Jacksonville State. The Lions won that game 28-16 at Jacksonville State and went on to a 13-1 season that ended with a loss in the semifinals of the Division II playoffs. JSU, on the other hand, went on to win the Ohio Valley Conference Championship.

The first matchup between the two teams will be at Jacksonville State's Burgess Snow Stadium on Sept. 21, 2019. The Gamecocks will then travel to Florence to take on the Lions at Braly Stadium on September 12, 2020. The two schools will meet against in Jacksonville in 2021 and then once again in Florence in 2022. The 2020 Matchup will be JSU's first game in Florence since winning the 1992 Division II National Championship at Braly Stadium.

The Lions have returning starters from last year that will have an impact on the matchup between the two teams. One of those players is starting quarterback Christian Lopez. According to the UNA athletics website, Lopez threw for 2,184 yards and 14 touchdowns for the 2018 season. He also was able to rush a total of five touchdowns.

UNA's running back, Terence Humphrey, also played an integral



Courtesy of JSU

role in last year's season and is also expected to make a huge impact for the Lions this season. According to UNA's athletics page, Humphrey is one of UNA's leading rushers, who carried the ball 67 times and accounted for 290 yards in the 2018 season and with a career total of 467 yards, with an average of 4.5 yards per carry.

For the Lion's defense, K.J. Smith will play a major role. Smith played in all 10 games in 2018. He finished third on his team in tackles with 49 total tackles. Smith also accounted for three tackles for loss of six yards, three interceptions that he returned 79 yards and five pass break-ups.

One of JSU's main players that the team and fans hope to see a lot out of for not just this game, but for the entire season, is Clemson transfer and starting quarterback Zerrick Cooper. Cooper accounted for well over 3,000 passing yards in the 2018 season and had an impressive 251 first pass completions.

Jacksonville State University will host the University of North Alabama at Burgess Snow Field September 21 at 6 p.m. To stay up to date on what is happening with the JSU gamecocks football team, you can follow them on twitter at "JSUGamecocksFB" and on Facebook at Jacksonville State Gamecocks.

NEWS



Courtesy of JSU

Gamecocks practice through heat

Josie Howell
Sports Editor

Living in Alabama, it is no secret that there are hot summers.

With record heat indexes in Alabama, the summer of 2019 has been the hottest summer that some, if not all of us, have witnessed in our lifetime. Throw the unbearable humidity into the equation and the results make it impossible for anyone to even want to step foot outside. Nonetheless, the Gamecocks who play fall sports don't have a choice.

This goes specifically for the football team, the soccer team and the men's and women's cross-country team. Although these are well-trained athletes, it can be easy for the heat to slow them down.

"The heat definitely makes running more difficult for the team as a whole, but personally, I'm used to it after doing 3 years of 4 p.m. practices during the summer," said Corey Champion, a JSU Cross-Country runner. "We have taken extra steps to prevent heat related illnesses by doing our workouts in the morning and moving the easy runs to the afternoon. Running at 6 a.m. allows us to get more quality in our runs and definitely feel a lot fresher which helps physically and mentally.

"For the afternoon runs, we definitely add in more water breaks than usual. The heat makes even easy runs in the afternoon a little exhausting. When you're doing 10-12 miles a day it's already tough on your body and add-

ing the heat we've experienced lately definitely makes it more exhausting."

JSU linebacker Jalen Choice, expressed that he does not feel as though the heat this summer has slowed down his team during practices.

"I don't think the heat makes it harder to practice, because we have to endure the heat on game days, so I feel like we are in good spirits every day we take the field because we know it's something we can't change," said Choice. "I don't feel like the heat has ever slowed us down! We embrace the heat! We don't let the temperature define how we are going to play. We are always going to play Gamecock football no matter the condition!"

Choice also said that even though the gamecocks embrace the heat, they still take extra steps to prevent heat related illnesses such as having treatment during the day and taking more water breaks than they would on a less hot day.

Emma Meadows, JSU soccer player, has also had to endure the heat during preseason practices. She emphasized that while it can be hard no matter how long you have played the game, it is something that she has gotten used to. Meadows also says the team makes sure that they have very frequent water breaks because in such extreme heat, you can't run for more than 10 minutes.

"Our athletic trainers are also really good about making sure we're hydrated and they make us take these salt pills or packages that

help us too," said Meadows. "The heat has for sure slowed me down, it really makes you feel it in your legs and sometimes they feel like concrete. Also, it's harder to break, the air just feels really thick and heavy"

The main concern that athletes often face when practicing in such extreme conditions are the following: heat rash, sunburn, heat cramps, heat exhaustion and heat stroke.

Heat stroke, the most serious of the possible heat related illnesses, it is important to be on the lookout for. According to the center for disease control, the possible symptoms of heat stroke are the following: a body temperature of 103 or higher, hot red, dry, or damp skin, a fast, strong pulse, headache, dizziness, nausea, confusion, and loss of consciousness. While these are mostly apparent symptoms, it is important to take them seriously when they do occur.

Since the team and staff hope to avoid such conditions, preventative measures are taken to protect the athletes. Some of these measures include drinking more water than usual, wearing light and loose clothing, pacing activity, and reapplying sunscreen as often as needed.

The Tennessee Secondary School Athletics Association recommend a mandatory water break every 30 minutes for a 10-minute duration for any heat index higher than 95 degrees. More importantly, the TSSAA recommends that all outside activity stop at heat indexes higher than 105 degrees, which have been seen multiple times this summer.

VOLLEYBALL

JSU volleyball wins preseason exhibition

Josie Howell
Sports Editor

The Jacksonville State volleyball team walked away from the court with their heads high after their preseason exhibition victory against Kennesaw State. The women of JSU volleyball can easily be proud of this win since Kennesaw State finished with a 24-7 record just last season.

In the first set, Jacksonville state took the 25-21 win. While the gamecocks led for the majority of the second set, KSU came in last minute and took the 28-26 win. JSU was able to jump back in the third set with a 25-18 win. The Gamecocks then finished it off with a 25-20 win in the fourth set, bringing victory to the team.

Kaylie Milton led their team in kills, bringing in 15 kills total. Milton has played an integral role for the Gamecocks. She played in all 32 games her sophomore year and had a total of 231 kills for the entire

2018 season. Milton is someone to be on the lookout for this season, as she has already proven in the KSU matchup.

Sadie Anderson also brought in an impressive 15 kills in the KSU matchup. Anderson played in 80 sets during last year's season and was able to bring in a total of 183 kills, 129 digs and 18 blocks. In the KSU game, Anderson continued to show why she is considered an asset to the team.

Lena Kindermann and Kaylee Frear also played a major role in the offensive both bringing in a total of 14 kills in the game. Kinderman has been a promising player from the start. She started in all 32 games as a freshman at JSU and led the team with 321 kills in the 2018 season. Frear was named pre-season All-OVC and accounted for 293 kills and 115 blocks last season.

Defensively, Kennedy Powell came in strong with four blocks and Dani Steele with 21 digs. While



Courtesy of JSU

Powell had to sit out most of 2018 due to injuries, she still proved herself in the 2017 season where she was able to bring in a season high of five blocks against Morehead State. In 2018 Steele became an integral part of JSU's back-row defense, finishing the season with 276

digs, 56 assists and 21 aces.

The JSU volleyball season will open with a season invitational August 30 and 31 where Jacksonville State is set to play East Tennessee State, Troy University and Southeastern Louisiana.