

inSIDE

Alabama Damascus steel company has been producing steel for over 20 years, page 4

17 6 V

WEATHER: Partly Cloudy, High 88, Low 66

inTHE **NEWS**

JSU remodels biology classroom with REAL grant

Thursday, September 21, 2017

International House **Presentation:** Guatemala

Students from Guatemala will give a presentation on their home country on Thursday, September 21 from <u>11 a.m. - 12 p.m.</u> at the International House.

Third Thursday Workshop

Career Services will be offering a free workshop on emotional intelligence and self awareness on Thursday, September 21 from 1 to 2 p.m. in room 10B on the 10th floor of the library.

Color Me Alpha Xi Color Run

Alpha Xi Delta's annual 5k color run will be Saturday, September 23. Registration begins at 7 a.m. outside the TMB with the race starting at 8 a.m. See a sister for more information.

Brittany Robertson Staff Writer

Over the summer, Jacksonville State University's Martin Hall received an extreme makeover that has everyone talking.

Dr. Chris Murdock of the Biology department applied for the REAL Classroom Design Initiative this past summer in hopes of receiving funds to benefit the department. The grant helped to outfit classroom 250 with new paint, new carpet, new desks and updated technology. This grant came from the Faculty Commons Department and has gone to benefit the School of Science.

"They came in and prepped the walls, painted, put new lights in," Murdock said. "There was not any structural damage, but



Hollie Ivey/The Chanticleer

The newly refurbished Martin Hall room 250 features updated technology and furniture.

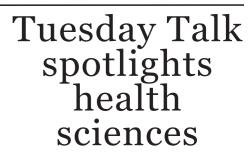
it still took several months to complete the remodel. All of the old infrastructure was

taken out-they took all the old desks out and everything. We really just started with a

blank slate." With new desks and new technology, the biology classroom is

able to incorporate elements of interactivity that is not seen in any

See REMODEL, page 2



Nick Adrian Staff Writer

The JSU Department of Academic dvising held their monthly Tuesday Talk on September 19 on the eleventh floor of the Houston Cole Library. Their subject of interest this month was health sciences and what to expect from a career in that field. The meeting's speakers were made up of five JSU alumni who have gone on to specialize in various branches of health science. The talk allowed students interested in the field to get a better understanding as to what they should expect after their years of schooling and what it is like in the medical world. The panelists representing JSU's past were seated in front of the students at a large table. Dr. Brent Abernathy, D.V.M., graduated in 2002 with a BS in Biology and now works as a veterinarian at Anniston Veterinary Clinic. Dr. Stephen Brackett, MD, who also graduated in 2002 with a BS in Biology, is now the Clinical Director of the Outpatient Substance Abuse Clinic at the Birmingham VA Medical Center. Dr. Stephen Craig, Pharm.D., is another 2002 graduate with a BS in Chemistry who is now a pharmacist at Target in Oxford, Ala. Dr. Christina Rachael Ginn, Pharm.D., graduated in 2011 with a BS in Biology and is a clinical pharmacist at UAB Hospital and Brookwood Baptist Health. Amy Beth Horton, PA-C, graduated in 2008 with a BS in Biology and is a physician's assistant at Northeast Orthopedic Sports Clinic & Physical Therapy in Gadsden, Ala. Each panelist talked about his or her schooling experience, from starting at JSU for their undergraduate studies to continuing their education at such universities as UAB or South Alabama. They continued to discuss not only what their jobs were, but what an average day

Campus celebrates Hispanic Heritage Month with ISO

Brannon Cahela Staff Writer

On Tuesday, Septem-

ISO representative Maria a celebration of Hispanic Aguilar, the two organiza- cultures, all the internations collaborated to cel- tional students said, 'let's ebrate Hispanic culture, go!' The International Stu-

Opiod Awareness Meeting

JSU and Bradford Health Services invite students. faculty and the community to an **Opiod Aware**ness Town Hall on September 26 at 6 p.m. on the 11th floor of the library.

What's Your Learning Style?

Students are invited to learn about their individual learning style on September 27 in Merrill Hall room 105 from 5-6 p.m.



ber 19, the SGA and the International Student Organization (ISO) partnered to put on the Hispanic Heritage Celebration. Originally scheduled to take place on the TMB lawn, the celebration was moved inside to the auditorium.

Despite the change of venue, the celebration of Hispanic culture still managed to attract a crowd of students interested in supporting JSU's ISO.

Planned by SGA Vice President of Student Affairs Kasey Gamble and food, music and dance.

Aguilar, who is from El Salvador, said, "It makes me really happy that the school is planning these events where I can share my culture with other people, because many people aren't familiar with Latin American countries.'

"SGA really wanted to recognize Hispanic Heritage Month and celebrate it in a special way," said Gamble.

"The International Student Organization is very supportive. When I mentioned that there would be

dent Organization is very supportive of one another," said Aguilar.

The celebration of Hispanic cultures consisted of food from local Mexican restaurant Baja California Grill. While the food may have come from a Mexican restaurant, Aguilar said that rice and beans are a staple in the cuisine of all Latin American countries.

In addition to food, there were many activities for students to participate in. Games such as pin the

See ISO, page 2



Grace Cockrelll/The Chanticleer

Students played traditional games like pin the tail on the donkey and learned about Hispanic culture at the SGA and ISO's Hispanic Heritage Month event.

See TUESDAY TALKS, page 2

VISIT WWW.jsu.edu/chanticleer for the latest in JSU NEWS

Nursing program marks 50th anniversary with gala

Rebekah Hawkins Associate Editor

Since the start of the nursing program at Jacksonville State in 1967 there have been several graduations, white coat ceremonies and careers started. From travel nurses to local nurse practitioners to careers in other states, graduates of the Lurleen B. Wallace School of Nursing at JSU have gone on to great things.

The year was 1999.

Julie Mueller Nabors finished nursing school at JSU and began her career. She's done obstetrics at the University of Alabama-Birmingham then postanesthesia care at Regional Medical Center and then to Texas during Hurricane Katrina as a travel nurse. She's done it all, and she's just getting started.

"It's been a wonderful journey," she said. "What excites me about nursing is the options given. We all go through many seasons in life. My career has definitely weathered these phases. I'm so proud to be a JSU Gamecock!"

15 years later Jessica Jennings Coby graduated from the same nursing program. She pursued her Masters of Nursing and is now a family nurse practitioner.

"Being part of the JSU nursing program is something I'm very proud of," Coby said. "There were frustrating moments—that comes with the territory of nursing school—but for every frustrating moment there were even more inspiring and uplifting ones. My time in the JSU nursing program will always be special to me."

In 2015, Ethan Smith completed his Bachelors of Nursing at JSU and went on to Rome, Ga. where he works in the intensive care unit at Redmond Regional Medical Center.

"Nursing school was the hardest thing I've ever done," Smith said. "But the world is always going to need nurses, and I'm happy that I chose this career."

According to Win-

ISO from page 1



Camri Mason/The Chanticleer

Nursing faculty, staff, students and alumni gathered to celebrate the 50th anniversary of JSU's nursing program on Saturday, September 16.

don Edge, Assistant Professor of Nursing at JSU, the program graduates around 110-125 students in the bachelors program, another 100 from the bridge program and around 15-25 from the masters program.

Edge has been part of the nursing program at JSU for ten years and says that JSU's program stacks up well against other programs at larger schools in the state.

"We emphasize

quality education in all programs," Edge said. "The quality of our baccalaureate program is evidenced by our licensure exam (NCLEX) pass rates. In a recent quarterly report from the National Council of State Boards of Nursing, JSU Nursing has an NCLEX pass rate that exceeds both Alabama and Auburn."

The 50 years was celebrated with a special gala that former alumni, friends of JSU, faculty, staff and administration of the program were invited to attend. The JSU Steel Drum Band provided live music, President Beehler and others gave speeches and there was even a fashion show to demonstrate changes in clinical nursing outfits over the past 50 years.

Edge says that the event was a celebration for the historic milestone of the program, and it is a milestone. Edge says that the program will continue to grow, improve and empower exemplary nurses to care for people.

So what is his favorite part of the nursing program?

"My favorite moment is always the white coat ceremony," Edge said. "It symbolizes each student's transition into the discipline of nursing as they are cloaked in their white lab coats by administrators during their first semester in the program."

TUESDAY TALKS from page 1

was like, what perks were included and what challenges they faced. Along with this, they offered advice for the prospective students, covering the their time in undergraduate school to the interviewing process to their eventual careers.

"You have to be unique a little bit," Craig said about his experience interviewing for pharmacy schools. "You have to have a good GPA...do good on the PCAT."

Ginn shared additional advice regarding the interview process, stating that potential applicants should be the kind of employee that an employer would prefer. "Would I (the employer) want to work beside them all day? Would I trust that person as a future healthcare provider?" Ginn asked. The answer could determine which student the employer picked, regardless of which one performed better in school. Abernathy stressed the importance of people skills, and how a student with below average grades and great social skills was more likely to succeed in the long run than a student with exceptional grades and no social skills. Brackett agreed with this advice, saying he often takes on the personality of his patients to give them a more comfortable experience with a relatable doctor: "Just be able to kind of read people," he suggested.

One inevitable subject that each panelist touched on was student debt. Every speaker offered the same advice, stating that the debt was a rough part of the student experience but they will eventually be able to handle it financially. They stressed that if having a career in health science, or any medical field, was what they really wanted, the debt should not discourage them because working a job that they love is well worth it. The next Tuesday Talk will be October 3 at 5 p.m. at the library. This talk will feature alumni from the School of Business and Industry.



Grace Cockrell/The Chanticleer

makes JSU a special

place for international

students," said Aguilar.

For any inquiries

SGA

con-

future

events, please send

Kasey Gamble an e-

mail at sgavpsa@stu.

jsu.edu. For more in-

formation about JSU's

International Student

tact advisor Chandni

Khadka at ckhadka@

stu.jsu.edu. Keep an

eye out for upcoming

SGA events and activi-

Organization,

about

Breaking piñatas and a flag matching game were among things guests could participate in at the celebration.

tail on the donkey, musical chairs and piñatas provided students with entertainment.

Aguilar called the Hispanic Heritage Celebration a "great way to promote the International Student Organization and introduce students to new ISO officers."

Besides food, many Latin American and Hispanic countries share similar games, said Aguilar. There was even a new game created for the event in which students matched Hispanic countries to their flags.

Music also played an important part in the Hispanic heritage celebration. In addition to Latin American music, there were also dance lessons to educate students about the music of Hispanic cultures.

"Being an international student and getting to work with SGA to plan this event

REMODEL from page 1

other academic building on campus. The rolling desks allow for students to easily transition from rows of students to small or large groups. The newly installed projectors can either project onto whiteboards or serve as interactive smart boards. The technology was not part of the grant but instead came from funds generated by the student technology fee.

"The technology was supplied to us by the IT Department,"

Murdock said. "I think it's important to let students know that this is where your technology fee goes. The nice thing about the projector [in the renovated room] is that it projects on a whiteboard. So, if we have any faculty members that do not want use the smart board, and they just want to use the whiteboard, they can turn the projector off and you can write on the board."

Murdock said he has heard only positive feedback from stu-

dents.

ties.

"The new room is pretty cool. I actually look forward to going to class," senior Carter Robertson said.

Martin Hall was not the only building with renovated rooms. Merrill Hall recently renovated their Finance Lab and fourteen classrooms that are used by various professors in the back of Merrill. Each room has a different colored back wall, matching rolling chairs, tables and carpeting.

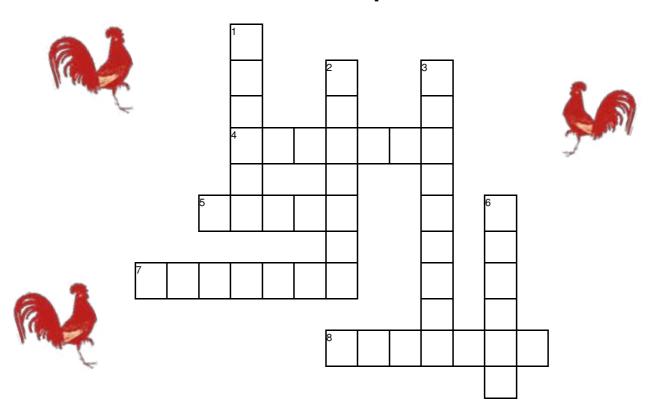
PARKING REMINDER

Students living in Meehan Hall will be required to move their cars from the parking lot on Thursday, September 21 from 4-9:30 p.m. for the Calhoun County Band Exhibition and all day on Saturday, September 23 for the JSU vs. Liberty football game. Cars that are not moved will be towed.

STUDY BREAK

Campus Crossword Week 3

JSU People



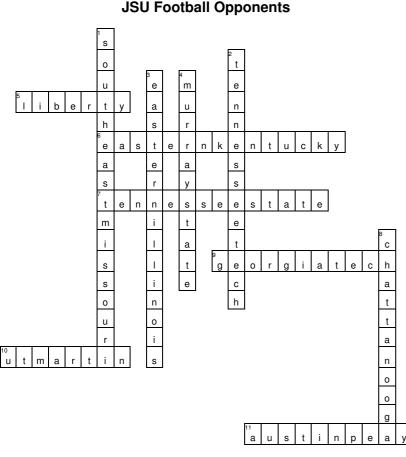
Across

- 4. You can find him at his house near Bibb-Graves
- 5. You can find him at Burgess-Snow field on Saturdays
- 7. You can find her over Family and Consumer Science
- 8. You can find her over the Biology department

Down

- 1. You can find him leading the Comm students at Self
- 2. You can find him leading the art students
- 3. You can find him in the finance department
- 6. You can find her at the Office of the Provost

Look for the solution to this puzzle plus a new puzzle next week! Editor's Hint: These people are all department heads/important people.



Campus Crime 9/12 - 9/21/17

9/12/17 Fitzpatrick Hall Medical Emergency

9/13/17 Curtiss Hall Violation of Student Code of Conduct 9/15/17 Paul Carpenter Village Disorderly conduct, medical emergency, and violation of student code of conduct

9/18/17

Across

Flames
 Colonels
 Tigers
 The Remblin M

9. The Ramblin Wreck

10. Skyhawks

11. The Governors

Down

Redhawks
 Golden Eagles
 Panthers
 Racers
 The Moccasins

Last week's solution!

Stephenson Hall Welfare Check

Dixon Hall Violation of Student Code of Conduct

Stephenson Hall Welfare Check

Fitzpatrick Hall Medical Emergency Stone Center Parking Lot Duty to give information

Mason Hall Assist other Law Enforcement





My friend Lee after learning his wife is pregnant: Am I going to have a kid? What does that make me? A Parent Lee

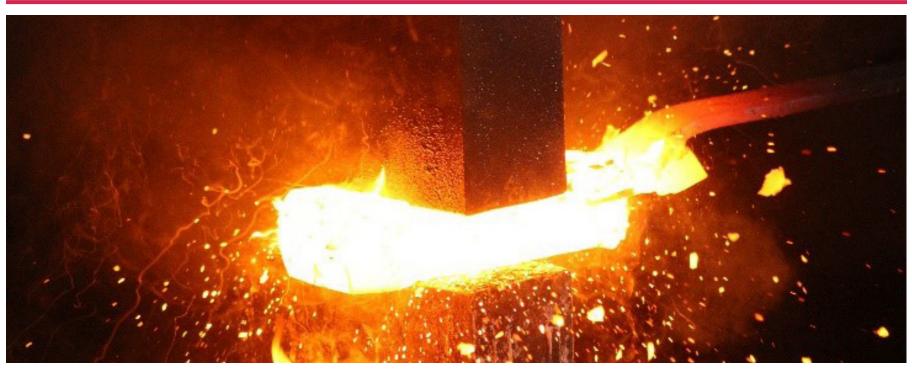
What would a produce deliveryman use when his truck got a flat tire? A Spare I guess.

The huge ice wall that I have to scale to work melted! I love climb-it-change!

I wanted to figure out whether I had a fire Christmas, so I used a Lit-mas test.

Anakin Skywalker's least favorite font is Comic Sands.

SPECIAL TO THE CHANTICLEER



John Dowd / The Chanticleer

American Craftsman: Forged in Flame

John Dowd Special to the Chanticleer

For over 20 years Alabama Damascus has crafted some of the world's finest and toughest knife and steel blanks in the world. Today, Alabama Damascus remains the top commercial producer of Damascus layered steel in the United States, and competes globally with other such producers like Pakistan, China, and India, but those who know true knives, know Alabama Damascus steel to be some of the best.

Even Hitler, in WWII, fell in love with the beauty and potential of Damascus steel, and had five blacksmiths that could only make enough for his top generals. The first record of folded steel comes from 200 AD, where laminated metal combined the properties of multiple metals, into a pattern that resembled a cloth, for which the city was named. Fast forward a few thousand years, opened in the 1970s, in an old cotton mill, Edwards steel became the first and only commercial level producer of Damascus steel in the world. Edwards steel became famous for its durability, quality, and flexibility. In fact one of the properties that draws so many people to Damascus steel, even today, is that quality of flexibility. Damascus carbon steel's molecular makeup allows it much more bend before fracturing than most alloys and steals, especially over the qualities of stainless. This steel was made using power hammers, giant pneumatic machines, some of which weigh over 50 tons, that have a striking force of more than 3000 lbs. Some of these colossal machines are nearing 100 years old, and are still being used today. Some of the machine dates, in the shop, are estimated between 1918 with the oldest, to some of the more recent being dated back to 1920. Edwards steel closed for many years, then in 1985 it reopened as Alabama Damascus, and has since remained the top producer title of Damascus steel is so great that it causes the layers of steel to instantly fuse together, in a process called forge welding.

The shop uses 12 layers of metal including several types of carbon steel, and nickel. While one forgeman works with the billet, the other waits patiently at his side. Once the billet has been sufficiently flattened, the other smith places what's called a forgeman's axe in the center of the billet, and the hammer is made to take a few more blows to cut partially into the billet, forming a week spot for the billet to bend, or fold, in half.

At this point, before the billet is folded, the smith working the billet places it on a table where the other smith grinds excess grit off the billet, and coats it in a chemical called borax, which helps keep the hot metal from oxidizing before it is folded, ensuring a good weld, free of impurities. The billet is then placed back into the hammer where it is maneuvered to bend in half, forge welded again, and then the process starts over as that smith places the billet back into the forge.

This process in repeated up to another 4 times, to produce in the finished product with over 416 layers. They work about 12 billets every morning.

Once finished, the billets are sent off to be laser cut to the desired designs for knife blanks.

These are then shipped back to the shop to be ground, edged, heat treated and tempered, then the blanks go through a process of acid treatment. This is where the blanks are dipped into a strong acid, which eats away at the different layers of metal at different rates, causing the knife's layers to become exposed. The shop mostly sells these blanks as are to people or companies who put the handles on themselves and then sell them. On rare occasions will the shop do the handling process themselves. Alabama Damascus puts immense pride into their work, and is quite possibly one of the last vestiges of true American Craftsmanship left in the USA. As put by

in the country, and is in Jacksonville, Alabama.

So what does it take to make some of the world's greatest steel blades? Put simply by and old knife-smith, Virgil Jones, "basically what it is, you have two different types (or more) of steel, and you forge weld them together." However, there is much more to the process than that. First, they start with several similar sized pieces of steel, of various types, welded at the ends together, then to a large carbon steel beam that has been chemically hardened overnight in lime.

This beam will become the handle that the smiths will later use to maneuver and turn the steel and with which they will utilize the hammer to shape and fold them. These layered pieces are the first of what will become a billet. These billets are then slowly preheated, in a propane forge, to around 1700 degrees, hot enough for the steel to act like a very hard putty.

At this point, the steel is carried over to the power hammer, where a team of two smiths work like clockwork, if the parts of that clock, just narrowly missing each other by only a few inches, were carrying molten pieces of steel over 1500 degrees.

The smiths put the heated billets onto the hammer and press down on a foot pad, causing the tremendous machine to tick... or rather smash at about 15 times the force of a sledgehammer. This force, and the combined heat,

Virgil: "our idea here, is that Joe blow, the average working guy, can afford a really nice handmade knife."



John Dowd / The Chanticleer



ARTS & ENTERTAINMENT Women and minorities steal the show: the Emmys in a nutshell

Alissa Camplin Arts and Entertainment Editor

Sunday night's Emmys featured historic wins and one shocking appearance from a former White House staffer.

The 69th Primetime Emmy Awards, hosted by Stephen Colbert, took place at the Microsoft Theater in Los Angeles.

There were quite a few surprises, starting with the appearance of Sean Spicer. Atlanta, Big Little Lies, and The Handmaid's Tale got some big wins, showing that diversity and great roles for women work and resonate. The night celebrated minorities and women.

A notoriously notable moment of the night was how Lena Waithe, a queer-identified African American woman, nabbed the win for Best Writing for a Comedy Series, along with comedian Aziz Ansari, for their Netflix series Master of None–becoming the first black woman to receive the statue in the category.

In an empowering and compelling acceptance speech that went viral, she said: "I see each and every one of you. The things that make us different, those are our superpowers. Every day when you walk out the door and put on your imaginary cape and go out there and conquer the world because the world would not be as beautiful as it is if we weren't in it."

She continued, "And for everybody out there that showed so much love for this episode, thank you for embracing a little Indian boy from South Carolina and a little queer black girl from the South Side of Chicago. We appreciate it more than you could ever know."

Another woman that ruled the night was Julia Louis-Dreyfus.

She broke the award show's record with her sixth consecutive win in Outstanding Lead Actress in a Comedy Series for her portrayal of Selina Meyer in HBO's The Veep.

The actress has won eight Emmys in



CNN.com

Emmy host, Stephen Colbert, began the award show with a politically charged and humerous opening number. It was accompanied by Chance the Rapper, along with the cast members of *This Is Us, Stranger Things, Veep, Black-ish, The Americans* and more.

total.

Women weren't the only ones spotlighted: many actors and directors of minorities took home winning catrgories.

Riz Ahmed joins this list of groundbreaking winners as the first South Asian man to win an Emmy acting award for his role in HBO's The Night Of.

Sterling Brown of This Is Us captured the win for Best Actor in a Drama Series-the first time in eighteen years that a black actor took the statue home in this category.

Accepting his award, Ahmed said, "If this show has shown a light on some of the prejudice in our society, Islamophobia, some of the injustice in our justice system, then maybe that's something."

Reed Morano, director of The Handmaid's Tale, is the first woman to win the trophy for directing a drama series in 22 years. At the end of the evening, Big Little Lies winners Reese Witherspoon and Nicole Kidman used the stage to press other Hollywood heavyweights to create more roles for women during their acceptance speech.

"Bring women to the front of their own stories and make them the hero of their own stories," Witherspoon urged.

"This is a friendship that created opportunities out a frustration because we weren't getting offered great roles," Kidman said referring to longtime pal Witherspoon. "So now, more great roles for women, please."

Minority wins were celebrated across social media, especially in light of last year's Oscars, where only white actors and actresses were nominated in the top four categories.





MARK RALSTON/AFP/Getty Images

ABOVE: Elisabeth Moss poses with the awards for Outstanding Drama Series and Outstanding Lead Actress in a Drama Series for *The Hand-maid's Tale*. BELOW LEFT: Donald Glover wins the Emmy for directing of a comedy series for *Atlanta*. Glover made Emmys history as the first black person to win in the comedy directing category. BELOW RIGHT: Aziz Ansari and Lena Waithe pose for a photo. Waithe took home the Emmy for best writing in a comedy series alongside her co-writer Aziz Ansari, making the *Master of None* actress the first black woman to win the category. In combination with the fact that Waithe won the trophy for Thanksgiving, the deeply personal episode she wrote about her own coming-out experience, made her moment in the spotlight among the 2017 Emmys' best achievements.



CHRIS PIZZELLO/INVISION/AP

OPINION & EDITORIAL

Pockets of Support: A JSU alumnus speaks out about Roy Moore

Randall Fair Special to The Chanticleer

I was a student at Jacksonville State in the early eighties. While at JSU, I wrote for "The Chanticleer," joined Sigma Nu Fraternity, appeared in three plays, and bartended at The Red Rooster Pub. Despite all this activity, it was a lonely time for a young person trying to come to terms with his identity as a gay man. Because people assumed I was straight, they often aired their worst prejudices about gay people through vulgar jokes and hateful statements. Luckily for me, I found pockets of support even in those dark times.

When my fraternity brothers found out that I was gay, they were supportive even though the previous year, they refused to let someone else join when they discovered that he was gay. I also found support from teachers at the school. When one to tell her that he was gay, her simple reply was, "I kind of thought you were." Dr. Steve Whitton offered support though the diversity of assignments offered in his class. It was in one of his courses that I read "Boys in the Band" for the first time. My first trip to a gay bar was as part of a field trip organized by some of the sociology professors.

of "The Chanticleer,"

Through my friends in the drama department, I was lucky enough to meet Steve Hightower, a.k.a. Stephanie Towers. As Stephanie, Steve was probably one of the most famous drag queens in all of Alabama and was also a student at JSU. With Steve's help, I gradually formed an entire group of gay friends who supported each other in what was often a very hostile environment.

Recently, I have seen positive changes for LGBTQ people with regards to the climate at JSU. I noticed that sexnow included in the school's non-discrimination policy. I saw with amazement the lights of the school library light up in rainbow colors in honor of Gay Pride Month. I read that the JSU Democrats joined in celebrating Gay Pride through a statement of support. I discovered the formation of a LGBTQ alumni association and the creation of JSU Students for Equality.

With all of these positive changes, I was even more dismayed when I saw that the JSU Republicans invited gubercandidate natorial Roy Moore to speak. I believe fervently in free speech, and the Republicans have every right to invite anyone they want to appear before their group. However, the choice of Moore, while certainly attention grabbing, will only serve to show that this group is on the wrong side of history.

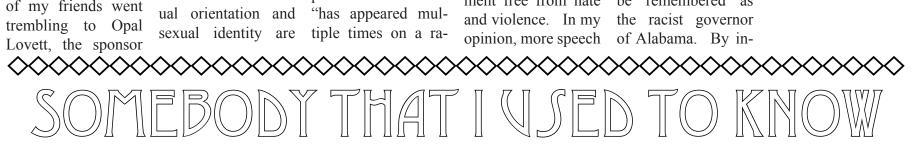
CNN recently reported that Moore dio show hosted by a controversial pastor who preaches that the biblical punishment for homosexuality is death." If this pastor, Kevin Swanson, were just perpetuating the negative stereotypes of the past, that would be bad enough, but instead Swanson is fostering a climate of hate and putting LGBT people in harm's way by encouraging violence against them. By appearing on Swanson's radio show, Moore is endorsing this hatred and violence. Even without the controversy involving Swanson, Moore's own past violate statements the non-discrimination policy of JSU.

Ι can certainly understand the dilemma for administrators at JSU who are forced to choose between an opportunity for students to hear from one of the leading contenders for governor and the need to ensure that all of JSU's students are provided with a safe environment free from hate is always better. Ι believe that nothing moved the LGBTQ movement forward more than the awful hate speech of the now deceased Baptist preacher, Fred Phelps. When straight people saw their own homophobia reflected in the horrible words and deeds of Phelps, they immediately began to change. This is all easy for me to say because I won't be in danger at JSU from people on campus who hear Moore and feel justified in their bigotry and prejudice.

In the end, the invitation to Moore can only serve to portray the Republicans of JSU in a negative light. This invitation will place this group in the same category of other misguided, Alabama political movements. Unfortunately, we only have to look at the example of George Wallace. Even though he apologized for his prejudice and hatred before his death, he will always be remembered as

viting Moore, the college Republicans run the risk of always being remembered as the group that supported homophobia.

Editor's Note: Randall Fair is originally from Weaver, Alabama. He attended undergraduate school at Jacksonville State University earning a **Bachelor of Science** in Education with a concentration in Language Arts. He later got his Masters of Education in **English at Georgia** State University, then got a Specialist of Education Degree and Doctorate in the Philosophy of Teaching and Learning. He has been teaching English in the Fulton **County School Sys**tem for 26 years. -Bio courtesy of Emory University and Randall Fair



"Somebody that I Used to Know" is a weekly series featuring advice to your 17-year old self from JSU students, faculty and community. It aims to bring us all together through the trials and tribulations of growing up. If you're interested in submitting your story, send us an email at chantynewstips@gmail.com with the subject line "Somebody that I Used to Know".

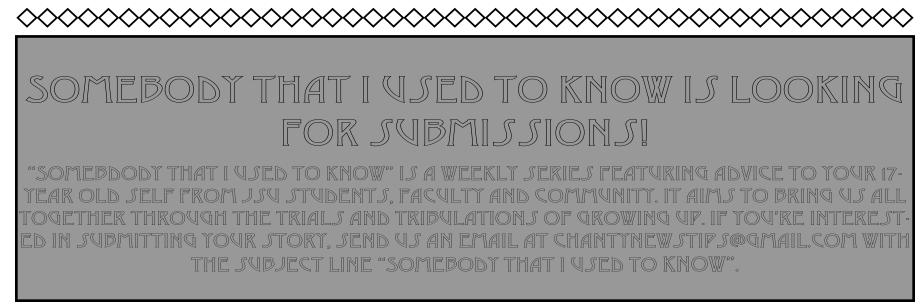
Editor's Note: This story contains profanity that has been edited.

Dear me,

You're 17. It's not easy for you. It's not easy at all. You stand in the mirror at night and stare at yourself thinking you're fat, ugly, not good enough. You listen to those people in school who call you hippo, pizza face, hooker. You cry because you just want to be liked. You pinch the skin on your stomach and legs, you hate yourself. It sucks, but you're going to survive.

One day you're going to grow up and be who you always wanted to be. Their hateful opinions will not matter, and they won't bother you. In fact, you never think of those people at all. One day you're going to finish high school and be finished. One day those people will be nothing but a distant memory that you never revisit. You grow, you learn, you change, and you learn to love everything about yourself, including that stomach that you pinched and hated so much. It's just a stomach, and everyone has one. Remember this: "Stop looking for flaws. Stop looking for differences. You are perfect. You are more than enough. You are the best thing that has ever happened to you. And you are f------ beautiful." One day you'll live by these words. Much love, Me.

-Anonymous



7

SPORTS

Gamecock Side Bar

Upcoming Gamecock Action

9/21 -Volleyball vs. Tennessee Tech* Cookeville, Tenn. 4 p.m.

9/23

-Volleyball at SEMO* Girardeau, Mo. 2 p.m.

-Football vs. Liberty Burgess-Snow 6 p.m. TV: TV24 Radio: WLJS 91.9 Streaming: OVC Digital Network

9/24

-Women's Golf vs. Chris Banister Golf Classic Glencoe, Ala.

-Soccer vs. Murray State* Soccer Complex 1 p.m.

9/29

-Men's, Women's Tennis vs. Jacksonville State Invitational JSU Tennis Courts

-Soccer vs. Austin Pe	eay		
Soccer Complex	7 p.n		
BOLD = Home Event	* = OV	C Ever	
OVC Foo	tball		
School	OVC	O/H	
Tennessee State	0-0	3-(
UT Martin	0-0	2-	
Jacksonville State	0-0	1-1	
Austin Peay	0-0	1-2	
Eastern Illinois	0-0	1-2	
Murray State	0-0	1-2	
Eastern Kentucky	0-0	0-2	
SEMO	0-0	0-2	
Tennessee Tech	0-0	0	

OVC Soccer				
School	OVC	O/R		
SIUE	2-0	4-4-1		
UT Martin	2-0	4-5-2		
Eastern Kentucky	1-0-1	4-3-2		
Murray State	1-0	6-1-0		
Belmont	1-1	5-3-1		
Tennessee Tech	1-1	4-4-0		
SEMO	1-1	4-5-0		
Austin Peay	0-1-1	5-3-1		
Eastern Illinois	0-1	5-4-1		
Jacksonville State	0-2	3-5-2		
Morehead State	0-2	1-7-0		
OVC Volleyball				
School	OVC	O/R		
UT Martin	1-0	7-7		
Austin Peay	0-0	11-2		
SIUE	0-0	10-2		
Jacksonville State	0-0	13-5		
Morehead State	0-0	9-4		
Murray State	0-0	8-4		
Eastern Illinois	0-0	6-6		
Belmont	0-0	5-6		
Tennessee State	0-0	4-9		
Tennessee Tech	0-0	2-10		
Eastern Kentucky	0-0	2-12		
SEMO	0-1	5-10		



JSU Sportswire

Gamecocks sweep Alabama A&M to remain undefeated in 'The Pete'

The Jacksonville State volleyball team defeated the Alabama A&M Bulldogs for the second time this season on Tuesday night to remain undefeated at home inside Pete Mathews Coliseum.

In an outstanding night for the Gamecocks (13-5), senior Charis Ludtke tied her career high with five service aces against the Bulldogs.

Another senior shined as Jennifer Hart finished a dig shy from a double-double with nine digs and 24 assists.

Freshman Madison Cooler also had a great night against AAMU with seven kills, while junior Mackenzie Rombach led the team with 10 kills on a .300 hitting clip. Defensively, senior Hannah Kiek posted 12 digs and Rombach recorded five blocks as the Gamecocks held their visitors to an .011 attack percentage for the night.

JSU started strong with the first two sets, winning the first set 25-14, and the second 25-18.

Jax State maintained a strong lead throughout the first game, holding off a late AAMU rally in the second set as the Bulldogs tried to keep the pace.

The Gamecocks finished strong in the third set, pulling away with a 25-10 victory to secure their fifthstraight home sweep.

Following the match, JSU head coach Terry Gamble stated that this was, "the best game we've played"

and that he "couldn't be happier."

Gamble also stated that their biggest strength as a team is their work ethic; a message that appears evident on the court, and creates high expectations for the rest of the season.

The Gamecocks return to action on Thursday with a visit to Tennessee Tech to begin the first of four straight road matches to begin Ohio Valley Conference play.

JSU will conclude the opening weekend of conference action at Southeast Missouri on Saturday.

Live stats will be available for both matches along with being streamed on the OVC Digital Network.

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Coaches' Poll FCS Top 10

- 1. James Madison
- 2. North Dakota State
- 3. Sam Houston State
- 4. South Dakota State
- 5. Youngstown State
- 6. Richmond
- 7. Jacksonville State
- 8. Villanova
- 9. Wofford
- 10. The Citadel

STATS Poll FCS Top 10

- 1. James Madison
- 2. North Dakota State
- 3. Sam Houston State
- 4. South Dakota State
- 5. Jacksonville State
- 6. Youngstown State
- 7. Villanova
- 8. Richmond
- 9. Wofford
- 10. The Citadel

Standings and Polls do not reflect games played on or after Wednesday

JSU Sportswire

Jacksonville State's head baseball coach, Jim Case (LEFT), is entering his 16th season leading the Gamecocks.

Gamecocks release 2017 baseball schedule

Playing 11 of the first 16 games and 29 total home dates at the newlyconstructed Rudy Abbott Field, including a visit by Southeastern Conference foe Alabama highlight Jacksonville State's 2018 baseball schedule, released by head coach Jim Case on Friday.

The anticipation surrounding the program is high with the debut of the \$7.5 million stadium, which is on target for completion for opening day of the 2018 campaign.

The Gamecocks open the new stadium on February 16, as they open a three-game series with Southern Illinois.

A weekend series with

ford om Feb. 23 through the 25, and opening the Ohio Valley Conference schedule with Austin Peay (March 9-11) round out the weekend series in the first four weekends of the season.

The Crimson Tide and Gamecocks will face off in Jacksonville on April 3, and JSU will return the trip to Tuscaloosa on May 8.

Jax State will travel to Miami, Fla. to face Florida International on March 2 through the 4, for their first road weekend series of the season.

JSU's first home midweek contest will be on March 6, hosting neighboring Kennesaw State. The Gamecocks will play home-and-home midweek sets with in-state foes Samford, UAB, Troy and Alabama State.

After opening the weekend at home, JSU will have its first road test of the season on February 20, in Birmingham against Samford.

JSU will take on UAB on Feb. 27, prior to its trip to the Sunshine State.

JSU and Troy will renew their long standing rivalry between the two schools with the Trojans coming to Rudy Abbott Field on April 4.

The Gamecocks will host Samford on March 13, while playing at home against Alabama State on April 17 and UAB on May

ll 15.

Along with opening the OVC slate with APSU, the Gamecocks will host OVC foes Murray State on March 29 through the 31, Southeast Missouri on April 13 through the 15, Eastern Kentucky on April 27 through the 29) and UT Martin on May 11 through the 13.

JSU will step out of conference on March 23 through the 25, hosting the Dolphins of Jacksonville University.

For the second year in row, the annual OVC Baseball Championship will be hosted by Choccolocco Park in Oxford on May 22 through the 27.

-JSU Sportswire

Playing 11 of the first first-ever opponent Radgames and 29 total ford om Feb. 23 through play home-and me dates at the newlythe 25, and opening the week sets we astructed Rudy Abbett Obio Valley Conference for Semford





JSU Sportswire

Tera Ross was a pitcher for Jacksonville State before she was killed in a automobile accident before her senior season. As a junior in 2003, Ross led the team with a 1.17 earned run average, still the third-lowest in school history. She ranks in the top five in Jacksonville State's career record books in four categories: strikeouts, innings, wins and games started.

Gamecocks announce schedule for the Tera Ross Memorial Softball Tourney

The Jacksonville State softball team will host the 11th annual Tera Ross Memorial Tournament on Saturday, Sept. 30, at Choccolocco Park in Oxford, Ala.

The Gamecocks will play two games in the oneday tournament, taking on Coastal Alabama at 10 a.m., before playing Southern Union at 11:45 a.m. Both of JSU's games will be played on Field 1. Admission to the tournament is \$5 for the entire day.

The tournament is named in the memory of former Jacksonville State pitcher Tera Ross, a threetime letter winner that was killed in an automobile accident just before her senior season. As a junior in 2003, Ross led the team with a 1.17 earned run average, still the third-lowest in school history.

She ranks in the top five in Jacksonville State's career record books in four categories: strikeouts, innings, wins and games started.

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2017 Tera Ross Memorial Softball Tournament Schedule

	Field 1	Field 2	Field 3	Field 4
10 a.m.	Jacksonville State vs. Costal Alabama C. C.	West Georgia vs. Snead State C. C.	Pensacola State vs. Brewton-Parker	UAB vs. Wallace State C. C.
11:45 a.m.	Jacksonville State vs. Southern Union C. C.	Pensacola State vs. West Georgia	Snead State C. C. vs. Brewton-Parker	UAB vs. Georgia Military College
1:30 p.m.	Troy vs. Wallace State C. C.	Wallace-Dothan C. C. vs. Talladega		Bevill State C. C. vs. Georgia Military College
3:15 p.m.	West Georgia vs. Southern Union C. C.	Troy University vs. Bevill State	Enterprise State C. C. vs. UAB	Costal Alabama C. C. vs. Wallace State C. C.
5 p.m.	Costal Alabama C. C. vs. Enterprise State C. C.	Bevill State C. C. vs. Wallace-Dothan C. C.		Snead State C. C. vs. Talladega College
6:45 p.m.		Georgia Military College vs. Wallace-Dothan C. C.		Talladega College vs. Troy

Tennessee Tech gives JSU first home loss

Daniel Mayes Staff Sports Reporter

The Jacksonville State Soccer team suffered their first home defeat of the season on Sunday, falling to the Tennessee Tech Golden Eagles 1-0.

In a match in which the two teams played each other remarkably close, as the two squads finished with nearly identical stats, a Tennessee Tech goal in the second half proved to be the difference.

Tennessee Tech outshot JSU just 10-9 on the afternoon, and the Gamecocks and Golden Eagles both registered four shots on goal and 12 fouls apiece.

The stat that proved to be the difference in the contest was saves, as Gamecock goaltender Caroline Robinson was able to keep out only three of the Golden Eagles' four shots, while TTU's Kari Naerdemann stopped all four of Jacksonville State's.

The lone goal of the match came in the 52nd minute, as Kendall Powell of Tennessee Tech headed in the ball over the outstretched hands of Robinson.

Midfielder Tina Marolt was credited with the assist on the



JSU Sportswire

Rachel Blanding, forward, led Jacksonville State offensively, shooting four of the Gamecocks' eight shots on goal.

goal for the Golden Eagles as she found Powell on a serve from near midfield. Forward Rachel Blanding led the offensive effort for the Gamecocks, as the sophomore was responsible for four of the Gamecocks' shots, including two of the four that JSU managed to put on goal.

Madison Carruthers and Chloe Doherty also managed to get a shot on goal for JSU, but both were turned away by Naerdemann.

For the Golden Eagles, Nora Vicsek also tallied two shots on goal, while Kaitie Shipley chipped in the fourth.

The Gamecocks had tallied two victories and one draw in the three matches held at JSU Soccer Field coming into Sunday's matchup, which was their first home contest after five consecutive games on the road.

After falling to UT Martin in their OVC opening match on Friday and suffering defeat at the hands of the Golden Eagles on Sunday, Jacksonville State's record stands at 3-5-2 overall and 0-2 in Ohio Valley Conference play.

The Gamecocks will look to rebound and pick up their first OVC victory of the season on

Sunday, Sept. 24 at 1p.m., when Jacksonville State is set to take on Murray State.



WHERE YOU'RE GOING.