



October is National Domestic Violence Awareness Month
Wear purple to support victims and survivors.

The Chanticleer

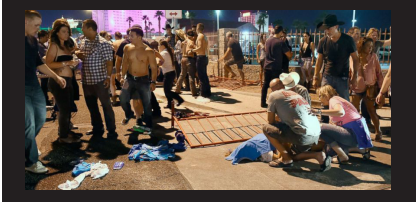
JACKSONVILLE STATE UNIVERSITY'S STUDENT-PUBLISHED NEWSPAPER SINCE 1934

WEATHER: Sunny, High 83, Low 58

Thursday, October 5, 2017

inSIDE

Las Vegas shooting leaves
59 dead, 527
injured at concert,
page 5



inTHE NEWS

International House Presentation: Native American

Native American students will give a presentation on their culture on Thursday, October 5 from 11 a.m. - 12 p.m. at the International House.

Flexin' My Complexion Fashion Show

Join campus in celebrating young entrepreneurs of color at the Flexin' My Complexion fashion show at 7 p.m. on October 5 in the Leone Cole Auditorium. Admission is \$5.

Assertiveness Training Workshop

SOAR and WISE are sponsoring an assertiveness awareness training workshop from 12-1:30 p.m. on Wednesday, October 11 in the TMB Auditorium. Students will learn that it's okay to say "No": and the best way to do it.

Start Talking Alabama

Active Minds and the student health center are sponsoring an HIV/AIDS awareness workshop on October 11 at 6 p.m. in the TMB Auditorium.

Homecoming Showcase

The Homecoming Showcase will be October 11 at 7 p.m. in the Leone Cole Auditorium. Support the students competing for Homecoming nominations!



Greek Life gives back to those affected by domestic violence



Rebekah Hawkins/The Chanticleer

The brothers of Delta Chi and the sisters of Phi Mu came together to pack more than baskets for Second Chance, Inc., a group that provides goods and services to those who have been victims of domestic violence.

Rebekah Hawkins
Associate Editor

Twenty white laundry baskets filled with deodorants, detergents, soaps and other toiletries sat on the sidewalk outside of the Delta Chi house last Wednesday night.

It may have looked like an odd sight to any ordinary passerby, but to the members of the Phi Mu sorority and the Delta Chi fraternity it was a symbol of giving back.

Phi Mu teamed up with Delta Chi to make welcome baskets for battered women who come to the Second Chance Shelter in honor of Domestic Violence Awareness month in October.

Second Chance, Inc. is a non-profit that assists with victims of domestic and sexual violence. Their main office is located in Anniston, but they provide services for the counties of Calhoun, Cleburne,

Cherokee, Etowah, Randolph and Talladega.

According to Rai-sha Morrell, a spokesperson for Second Chance, the welcome baskets are given to

See GREEK, page 2

Gamecocks overcome turnovers to down Golden Eagles

Daniel Mayes
Sports Reporter

After an up and down first half from the Gamecock offense, Jacksonville State recovered in the second to put away Tennessee Tech 34-7 for their 25th consecutive Ohio Valley Conference win on Saturday.

A career night from junior receiver Demontez Terry and an excellent game from quarterback Kendrick Doss in relief of starter Bryant Horn propelled the Gamecock offense to their most prolific game of the season with 523 total yards.

Doss, who played the majority of the second half over Horn, passed

two touchdowns and an interception and rushed for 63 yards and another score.

Meanwhile, Terry brought in eight receptions for 160 yards and a touchdown, which came on a 38-yard strike from Doss.

On their first drive of the game, the Gamecock offense blazed right down the field in five plays and 75 yards, and Tramel Terry punched the ball into the end zone.

The 3-yard score for the University of Georgia transfer was his first touchdown as a JSU Gamecock and made the score 7-0 just 2:15 into the game.

Then, the offense

for 196 yards, See FOOTBALL, page 2

Remembering JSU alumnus and state representative Jim Patterson

Katie Cline
Editor-in-Chief

Alabama State Representative and JSU alumnus Jim Patterson, R-Meridianville, died suddenly of a heart attack on Monday, October 2. Patterson has represented Alabama District 21 since 2010. He was 67

when he died.

Before being elected as a state representative, Patterson served on the Madison County School Board from 1988 to 2000. He brought this passion for helping children with him to the House where he passed a bill in

May 2017 that required insurance companies to pay for therapy for autistic children 18 or younger. Prior to this bill, Alabama was one of the few states that didn't require insurance companies to cover autism therapy.

"When so many

See PATTERSON, page 2



Yellowhammernews.com

Representative Jim Patterson sits at his desk. Patterson died Monday afternoon leaving behind a wife and three children.

PATTERSON from page 1

of us had doubts and worries, he never once wavered,” Sen. Cam Ward, R-Alabaster, told the Montgomery Advertiser of Patterson’s determination to pass the bill. “He brought a sunny optimism to passing that bill. When he faced a lot of tough opponents, he didn’t back down. He is the reason that bill passed into law.”

Members of the Alabama government mourned Patterson’s loss and reminisced on the impact he had on the state.

“Representative Patterson had a huge heart and exemplified the role of a citizen-legislator,” Gov. Kay Ivey said in a statement on Monday. “Jim was a voice for the children and the needy in our society, and that voice will be sorely missed.”

Patterson graduated from JSU in 1972 with a degree in business. He was actively

involved in the SGA, Delta Chi fraternity and the ROTC program during his years at JSU, and he went on to serve in the U.S. military, first in the Army from 1972 until 1976 and then in the Army Reserves as a company commander of D-926th Engineer Battalion from 1976 until 1982.

“In the public, he was an ambassador for JSU,” said Rep. Koven Brown, R-Jacksonville. Recalling Patterson’s love for his alma mater, Brown added, “He was constantly recruiting athletes for JSU. I saw him approach an athlete that was visiting AUM [Auburn University at Montgomery] at a hotel. Jim tried to recruit him to JSU.”

“All of us in the Alabama State House will miss ‘Big Jim’ and his equally big personality,” Alabama Speaker of the House Mac McCutcheon said in a statement.

FOOTBALL from page 1



Katy Nowak/JSU

Demontez Terry caught eight passes for 160 yards and a touchdown in Saturday’s game.

ran into some trouble.

After a three-and-out on their next possession, the Gamecocks committed three turnovers on as many possessions.

Doss replaced starter Bryant Horn and fumbled on his first snap of the game, then threw an interception on a deep ball that Tennessee Tech Safety Deontay Wilson wrestled away from Demontez Terry.

Then, thanks to a couple of long runs from Roc Thomas, the Gamecock offense managed a 10-play drive that got JSU down to the TTU 7 before the Golden Eagles picked off Bryant Horn.

Thomas was a steady presence for Jacksonville State all game, rushing for 102 yards on 18 carries.

Despite the turnovers, the Gamecock defense held the Golden Eagles to a couple of missed field goal attempts and JSU managed to put together a drive to end the half on a high note.

Jacksonville State marched the ball 70 yards and Doss punched the ball into the end zone on a 1-yard touchdown run with just 18 seconds left in the half to put JSU up 14-0 at the break.

The Gamecocks came out of the locker room ready to put away the game.

On their first offensive drive, Doss found Krenwick Sanders on a screen pass, and Sanders broke a tackle and sprinted 34 yards for a TD.

Tennessee Tech struck right back however, as quarterback Andre Sale found Dontez Byrd for a 56-yard score to make cut the tally to 20-7.

The long pass was really the only blemish on an otherwise stellar night for the Gamecock defense, who held the Golden Eagles to just 229 yards, with Darius Jackson tallying a career-high four tackles for loss.

Tech was unable to find any more offense and Terry’s touchdown from Doss followed by a Tyus Flakes score with just :29 left iced the game at 34-7.

The win puts JSU’s record at 3-1, including 1-0 in OVC play, and drops TTU to 0-5 (0-2).

The Gamecocks will take on Austin Peay, who took down No. 21 UT-Martin on Saturday, on the road in Clarksville, Tennessee at 4 p.m. on Saturday, Oct. 7.

GREEK from page 1



Rebekah Hawkins/The Chanticleer

The baskets packed for Second Chance included basic hygiene items like toilet paper, paper towels, sanitary wipes, tissues and feminine hygiene products.

incoming women at the shelter.

“These women often come here with nothing,” she said. “They’re running. We provide these as a service. We want no barriers. With welcome baskets, it’s just one less thing they have to worry about.”

A group of nearly 150 combined to bring toiletries as well as some home supplies like paper towels and toilet paper to fill the baskets to the brim. The Delta Chi members stood in their living room lined up to the front door holding empty baskets as Phi Mu members formed a line and each dropped an item in the baskets.

Abby Yarbrough, the Phi Mu sister who coordinated the event, had been contacted by JSU Management and Marketing professor Lenn Rainwater about doing something for the shel-

ter, even if it was just handing out flyers.

“I thought, ‘I want to actually do something for them,’” Yarbrough said. “We’re about doing community service and because we are more privileged, I thought about the gift baskets and what a good opportunity it would be to really do something for those that aren’t as privileged.”

Yarbrough teamed up with Jared Davis of Delta Chi for help. Davis said that working together was the best option for being able to do more.

“This is an issue that a lot of people don’t think concerns them. But it does,” Davis said. “If it’s not someone you know personally you don’t hear about it much. But we felt that this was a great opportunity. Usually we do Jimmy V Cancer Research, so this was something different.”

Rainwater presented plaques to both Phi Mu and Delta Chi to show them appreciation for helping the shelter. Morrell said she was blown away by the support and actions of both groups.

“This is above what I thought,” Morell said. “And everyone was so nice and helpful.”

“Thank you for everyone who will be recipients of these baskets,” Rainwater said to the groups. “Women in abusive situations run in fear and often have nothing but the clothes on their backs. That’s why we made these baskets, y’all are recognizing that. Thank you.”

Domestic violence is a serious matter. If you or someone you know is being abused, they can contact Second Chance 24 hours a day by calling locally at 256-236-7233, toll-free at 1-800-650-6522 or by their RAINN hotline at 1-800-656-4673.



Rebekah Hawkins/The Chanticleer

The brothers of Delta Chi and the sisters of Phi Mu prepare welcome baskets for women who visit Second Chance.

Domestic Violence Statistics

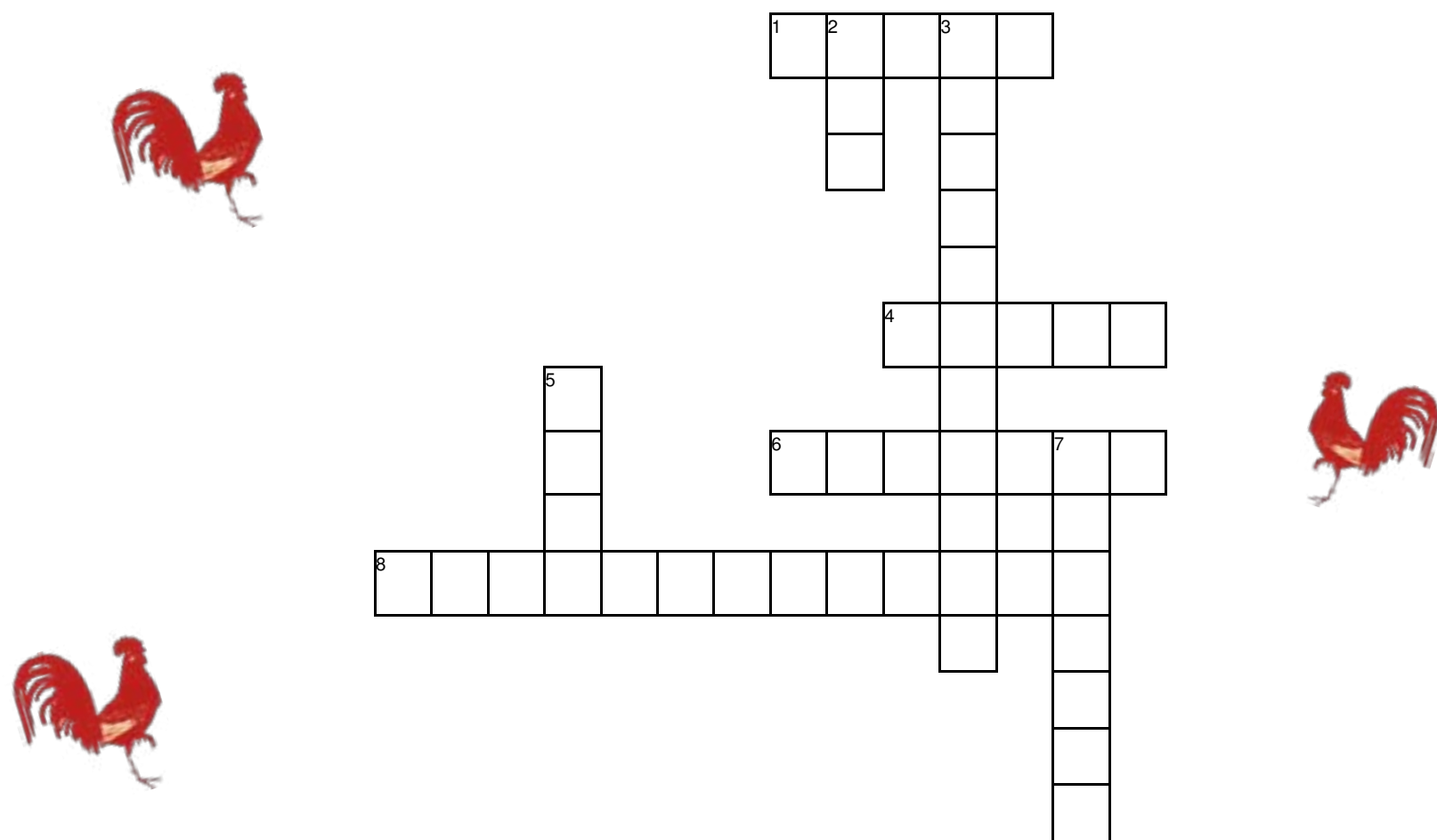
from the Anniston branch of Second Chance

- On average it takes a survivor 5 to 7 times to flee an abusive relationship
- For October 1, 2016 through September 30, 2017, 19.9% of people who visited Second Chance were ages 18-25
- For the same fiscal year the most common age group was ages 30-39
- The 24-hour confidential crisis line at **(256) 236-7233**

STUDY BREAK

Campus Crossword Week 5

Synonyms for Gamecock



Across

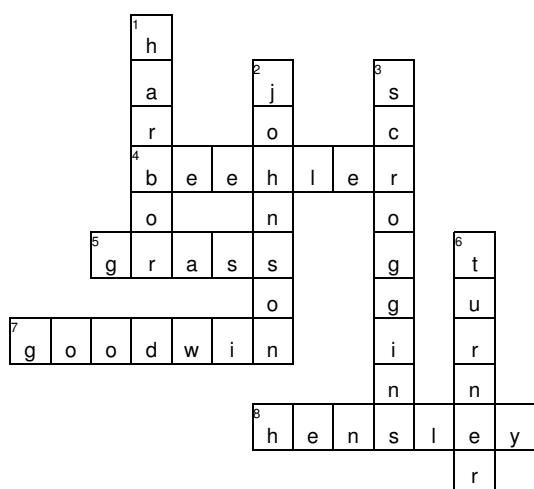
- 1. A young chicken
- 4. Sometimes people can be called old this
- 6. The supermarket name for chicken
- 8. The sound typically associated with a rooster crowing

Down

- 2. The female equivalent of a Gamecock
- 3. Also the name of the student newspaper
- 5. Is also a derogatory name for male genitalia
- 7. Typically a barnyard animal that wakes people up with it's crow

Look for the solution to this puzzle plus a new puzzle next week!
Editor's Hint: Check Thesaurus.com for help.

JSU People



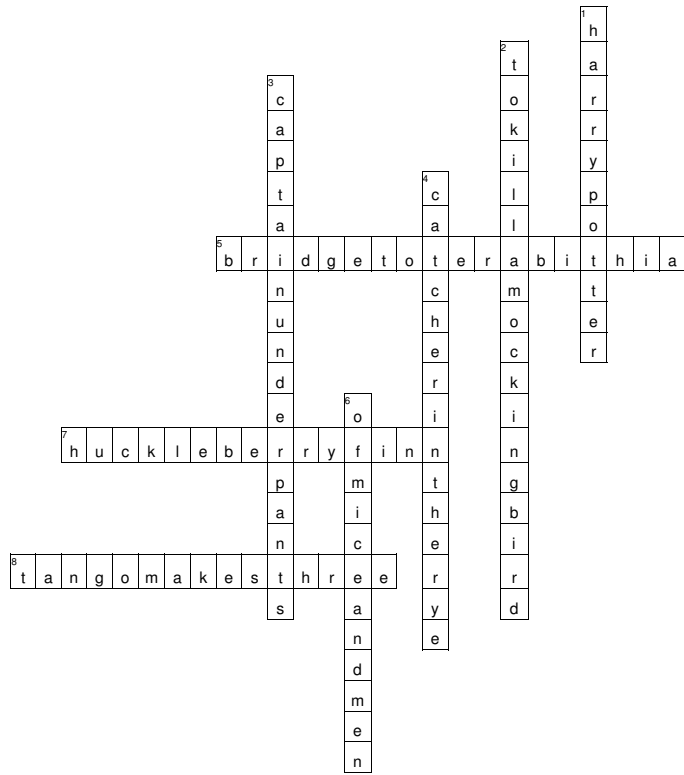
Across

- 4. You can find him at his house near Bibb-Graves
- 5. You can find him at Burgess-Snow field on Saturdays
- 7. You can find her over Family and Consumer Science
- 8. You can find her over the Biology department

Down

- 1. You can find him leading the Comm students at Self
- 2. You can find him leading the art students
- 3. You can find him in the finance department
- 6. You can find her at the Office of the Provost

Banned or Challenged



Across

- 5. Banned for occult/satanism, by Katherine Peterson
- 7. Banned for racial content, by Mark Twain
- 8. Banned for homosexuality, by Peter Parnell and Justin Richardson

Down

- 1. Banned for occult, by JK Rowling
- 2. Banned for racial content, by Harper Lee
- 3. Banned for offensive language, by Dav Pilkey
- 4. Banned for sexual content, by JD Salinger
- 6. Banned for racial content, by John Steinbeck

The editor extends her apologies for the censoring of the Week 3 Crossword solution. This week's edition will have both the solution from Week 3 and from the censored Week 4 crossword. Thanks!

THIS MAYES IS CORNY!

Corny Puns from the collection of:
Staff Writer Daniel Mayes #shootpunsnotguns

Does my friend Sawyer like the tallest animal in the world? You bet giraffe he does.

When I was in high school, people would ask me what I would study in college. I would reply that communications is a major possibility.

In the future, the only viable occupation will be as a hair stylist. The world will devolve into barbersim.

He missed class because he fell and broke his leg at the courthouse. He had an in-jury injury.

Something I read in a book once was proven wrong. I guess I shouldn't get books from the lie-brary.

ARTS & ENTERTAINMENT



Earl Gibson III / WireImage

Hugh Hefner at the 33rd Annual Playboy Jazz Festival Artist Line-Up announcement at The Playboy Mansion on February 10, 2011 in Beverly Hills, California.

Playboy empire owner Hugh Hefner dies in home at age 91

Alissa Camplin

Arts & Entertainment Editor

The head of Playboy, Hugh Hefner, died after going into cardiac arrest and experiencing respiratory failure. E.Coli and Septicemia (blood poisoning) were also contributing factors to his passing.

He died on Wednesday, September 27, at the age of 91. According to TMZ, Hefner was laid to rest next to Marilyn Monroe in an intimate ceremony three days later. He bought this burial plot in the Corridor of Memories Mausoleum in 1992 for \$75,000.

Hefner's widow, Crystal Harris, opened up about burying the media frontrunner in a heartfelt statement on Monday.

"We laid him to rest Saturday. He is in the place he was always certain he wanted to spend eternity," she said. "He was an American hero. A pioneer.

A kind and humble soul who opened up his life and home to the world. I felt how much he loved me. I loved him so much. I am so grateful."

"There never has and never will be another Hugh M. Hefner," Harris continued. "I join the world in mourning. I thank you for all of your condolences, to the people leaving sentiments at the front gate, we see you and grieve with you."

Hefner's 26-year-old son, Cooper, raved over his father's legacy on the day of his passing.

"My father lived an exceptional and impactful life as a media and cultural pioneer and a leading voice behind some of the most significant social and cultural movements of our time in advocating free speech, civil rights and sexual freedom," he said. "He defined a lifestyle and ethos that lie at the heart of the Playboy brand, one of the most recognizable and enduring in history. He will be greatly missed by many..."

Man's suspected cancer turns out to be children's toy

Ashley Welch

CBS News

Special to the Chanticleer

A 47-year-old British man suspected of having lung cancer received some good — but certainly unexpected — news after doctors performed a procedure to investigate a mass in his lung.

The patient, whose name was not released, was a long-term smoker and suffered a cough for more than a year.

But during a bronchoscopy, his doctors didn't detect any signs of cancer. Instead, they found a tiny Playmobil plastic traffic cone lodged in the man's airways — leading to a diagnosis called tracheobronchial foreign body (TFB) aspiration.

Doctors detail the unique case in the journal *BMJ Case*

Reports.

According to the report, the patient remembered regularly playing with — and even swallowing — pieces of Playmobil sets during his childhood. He recalled being given the set on his seventh birthday, 40 years earlier.

The doctors successfully removed the tiny plastic cone with biopsy forceps.

Four months after the procedure, they reported that the man's cough had "almost entirely settled."

"On a positive note, his symptoms improved markedly and he finally found his longlost Playmobil traffic cone in the very last place he would look," they wrote.

The doctors note that aspiration of small objects is more common in children than

adults, and when it happens children are typically diagnosed within a week. In a small number of cases, it takes longer for symptoms to develop or get checked out.

"However, a case in which the onset of symptoms occurs so long after initial aspiration is unheard of in the literature," they write.

They found only one previously reported case in a child and three cases in adults where an object had remained undetected for more than 20 years.

"Therefore, our patient is unique in enduring a TFB for more than 40 years and because this event occurred when he was only 7 years old," the authors say.



CBS News

This toy cone from a child's play set was removed from a man's airways; pictured with a 2.5mL syringe to illustrate size.



Wikipedia

Petty performs in New York in 2015.

Tom Petty, legendary rockstar, dies at 66

Rebekah Hawkins

Associate Editor

Tom Petty, legendary rock musician and lead singer of Tom Petty and the Heartbreakers, died Monday evening at the age of 66 after suffering cardiac arrest.

According to a statement made by Tony Dimitriades, the manager of the Heartbreakers, Petty went into cardiac arrest on Monday and couldn't be revived.

"We are devastated to announce the untimely death of our father, husband, brother, leader and friend Tom Petty... He died peacefully at 8:40PM PST surrounded by family, his bandmates, and friends."

Petty's group Tom Petty and the Heartbreakers formed in 1976 after the failure of other bands that Petty had been part of. The Heartbreakers have remained together throughout the years, releasing 13 albums, the most recent coming in 2014. With hits such as "American

Girl", "Mary Jane's Last Dance", "The Waiting" and "Learning to Fly", the band became a staple in American rock music.

Petty also released three solo albums as well as two albums alongside Bob Dylan, George Harrison, Jeff Lynne and Roy Orbison as the Traveling Wilburys.

"Into the great wide open, under them skies of blue, out in the great wide open, a rebel without a clue..."

FROM COAST TO COAST



ABC News

Victims and survivors struggle to make sense after the shooting that injured over 500 people.

Las Vegas shooting: deadliest in modern history

JoAnna Mitchell
Staff Writer

Late Sunday night, on the last day of the Route 91 Harvest Festival, 64-year-old Stephen Paddock opened fire on throngs of unsuspecting concertgoers from the 32nd floor hotel room at the Mandalay Bay Resort and Casino located 500 yards away.

The three-day country music festival came to a screeching halt as bullets from what appeared to be an automatic rifle rained down and sent those in attendance scrambling for safety. According to NPR, the death toll has reached 59 with the number of those injured at a staggering 527, making this the deadliest mass-shooting in modern U.S. history.

This year alone, there have been 273 mass shootings in the U.S. and over 11,600 deaths from gun violence.

Local police quickly made contact with Paddock but after being attacked, they backed off and called for SWAT. The hotel room was breached using explosives and police entered to find Paddock dead from an apparent suicide along with “more than 10” weapons and “hundreds” of rounds of ammunition. The firearms were mostly military-style rifles, according to a law enforcement source.

At least one of them had been modified with a legal “bump stock” style device that allows the shooter to rapidly fire off rounds without actually converting it to a fully automatic weapon, the source said.

The devices modify the gun’s stock so that the recoil helps accelerate how quickly the shooter can pull the trigger. The devices are legal in the U.S.

Other weapons may have been converted to fully automatic fire, and were still being examined, the source said.

Although the international terrorist organization known as ISIS, or Da’esh, claimed to have inspired the attack, there is no evidence that the gunman was influenced by any group and is believed to have acted alone. Police are searching a residence belonging to Stephen Paddock in Reno, but his motives are still unknown.

“We are completely dumbfounded,” said Erick Paddock, Stephen’s younger brother. “We can’t understand what happened.” According to the LA Times, neighbors and other people familiar Paddock viewed him as “completely normal.” In most respects, Paddock fits the description of the typical gun owner (and, like most mass shooters, he was a white male).

The victims identified so far include Sonny Melton, a 29-year-old Nurse from Nashville, TN who died while shielding his wife, Heather, from the barrage; 33-year-old Rachael Parker, who was a records technician for the Manhattan Beach police department; Sandra Casey, who taught special education in Manhattan Beach, California; a California kindergarten teacher, Jenny Parks; mother of three, Neysa Tonks; a 53-year-old elementa-

ry school employee, Susan Smith and many more whose identities have yet to be announced.

President Trump issued a statement following the shooting.

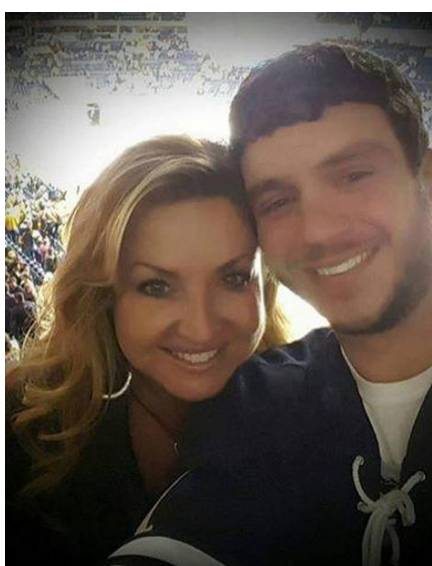
“Last night a gunman opened fire on a large crowd at a country music concert in Las Vegas, Nevada. He brutally murdered more than 50 people and wounded hundreds more. It was an act of pure evil,” said Trump.

“I want to thank the Las Vegas Metropolitan Police department and all of the first responders for their courageous efforts and for helping to save the lives of so many. The speed with which they acted is miraculous and prevented further loss of life.”



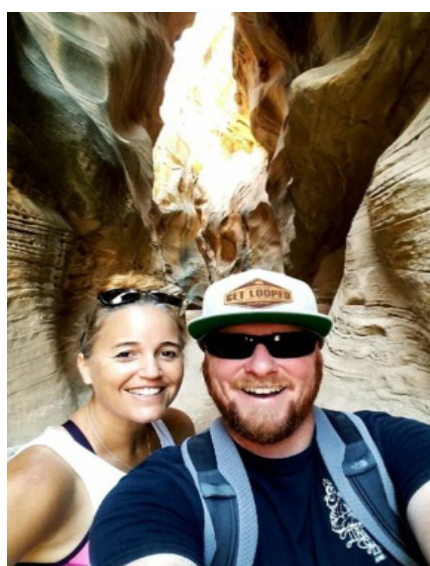
Fox News

Stephen Paddock, above, is responsible for injuring over 500 people.



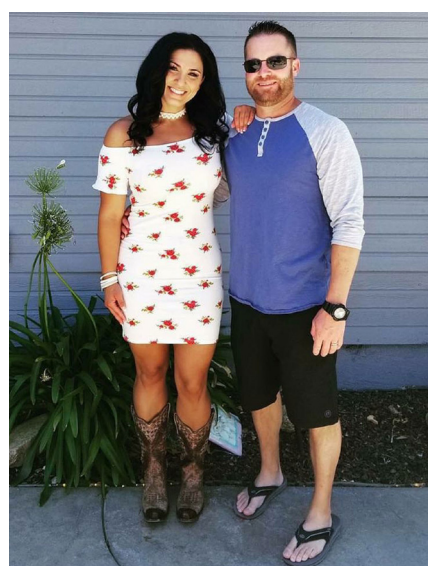
ABC News

Sonny Melton, right, was among those who were shot and killed. His wife, Heather Melton, an orthopedic surgeon at Innovative Orthopedics, survived, a statement from the medical center reads.



Burlington Free Press

Sandy Casey’s family provided this photo of Casey (left) with her fiancé, Christopher Willemse (right), following news that she had been killed in a mass shooting at a Las Vegas concert.



People Magazine

Jenny Parks (left), a mother of two, attended Sunday’s Route 91 Harvest music festival with her husband, Bobby (right). Bobby was shot in the arm, but Jenny did not survive the shooting.



Fox 13 Salt Lake City

Neysa Tonks, a Utah native, a mother of three, a skilled software company employee and according to her family and friends, an all-around exuberant, fun-loving individual.

OPINION & EDITORIAL

Finding My Voice:

A survivor of domestic abuse tells her story

Editor's Note: This is a true story. It contains depictions of emotional, mental, and sexual abuse that some readers may find disturbing. We have chosen to run this story unedited because it is an important topic. Reader discretion is advised.

Anonymous

Special to
The Chanticleer

My Story;

Notice the semicolon is there to point out the continuing of a sentence, or a story. My story is far from over, even when I wanted it to end, or in other ways my life to end.

Abuse.

Just the word alone can cause tension, and cause silence. My abuse came in the form of words, lies, manipulation, and guilt.

Emotional Abuse: Any act including confinement, isolation, verbal assault, humiliation, intimidation, initialization which may diminish the sense of identity, dignity, and self-worth. Welcome to almost two years of my life.

It started happy, safe, and a place I called love. It didn't take long for the word love to become the words "You're crazy", "Just shut up", "I don't like your family", "If you loved me you would do this for me".

I was happy and loved everything, including life. I loved him, and he said he loved me, but it wasn't true. He did

everything right, and I did everything wrong. He compared me to other girls saying things like "Why don't you wear shorts like that."

I always thought that was funny because he used to tell me that I couldn't wear shorts. Shorts made me a slut, tank tops made me a slut, I wasn't allowed to be seen in public looking cute in my romper, because every man just wanted to sleep with me. He made me feel terrible about the way I looked from things like my butt wasn't big anymore, the little gap in my teeth I needed to fix, I didn't pleasure him right.

The first time we had sex he told me that if I would've wanted to wait he would have had some fun with me then dropped me. He used to say that he was kidding every time he would put me down. Such as, "Oh I'm just kidding. God why can't you take a joke!"

Like Halloween night when I and my sisters always dressed up, I mean who doesn't right? I wasn't allowed inside because I was going to embarrass him in front of his friends because of my costume. It was

a cow onesie, by the way.

How he couldn't please me, but I had to give him blow jobs. I'm sure you all can already guess that I was never allowed to say no, but he was.

He made me fear his every move; I never knew what side I would get. I made effort, paid for everything and gave him every minute I could. He said that my family was trying to break us up, my friends were stupid, I was stupid for believing that he didn't love me. His anger came next in ways I feared more than the yelling. He punched out both his rear-view mirrors, and his clock then said "Well you made me mad!" "Damn it why do you always have to do that you make me so mad!" He never hit me, but I fear if I would've stayed he would. He yelled at me for thinking that as well saying I was stupid again. He canceled plans all the time, but I was always the one who wasn't making effort.

I must tell you that my world at the time was very black, dark, cold, alone, forgotten, and filled with fear. So with the next part please understand how foggy my

world was.

Rape.

Yeah I never thought so either. I remember lying there one morning when he had to get up early, and I woke up to him on top of me. I never slept with much on, so it wasn't hard for him. I trusted him, and I didn't know what to do. I asked him what he was doing, and he just replied waking you up. I let him finish, and he left. He told me that I was tight, but really he was just forcing himself into me. I laid there knowing it felt wrong, but he loved me so it was okay. Right?

I want everyone to know this: having sex with someone male or female without permission or consent is RAPE!

He would joke that when I said no to sex that he would just rape me. I had to tell him to stop saying that word, because it's not a term you throw around. It serious. He can say whatever he wants, but that morning it was wrong, and I never was the same. He was rough in that area it hurt more times than I felt good.

I wrote in my journal one day, "Some-

times I feel as though I can't breathe under the sadness and loneliness I feel." I woke up many nights next to someone alone. I didn't love him, and he was abusing me. I struggled with everything. Depression, suicide, anxiety, and an eating disorder. All of which he made fun of, and he would openly tell people about them all. And my body was something he knew I had trouble with. I lost almost 40 pounds within 2 months. I stopped eating, and the only thing he ever said was "You don't have a butt anymore." I wanted my life to end so badly.

But fortunately it didn't.

He thought he had power over me, but he didn't. It wasn't until I started to go to therapy that I began to find my voice again; my world was slowly turning back to light. He told me that I wasn't enough, and no one would put up with me ever. But much to his dismay I was more than enough.

My family had always been there, and I learned that there was power in the word no. I found my voice, and I left. He thought he could manipulate me to come back, but I was done!

I never looked back, I felt freedom, love, happiness, and I actually wanted to live.

My life is so much better without him. I woke up one day, and he was finally gone. He wasn't even so much of a memory. I was clean from him.

If anyone takes anything from this please know you are not alone, you are loved, and you deserve better. God has a story for you, and it's not over. Don't let someone take your whole identify and make it theirs. Say no, stand up for yourself, any abuse is never accepted, and if someone hurts you, leave them. Words hurt, but you don't need to ever put up with it. Also you are not someone's sex toy.

Don't let someone do to you what he did to me. I'm so incandescently happy these days, he was not my happiness. There is more to my story, but for another time I suppose.

Love life, love who you are.

Xoxo,

A Survivor of Abuse.



HOW TO RECOGNIZE THE SIGNS OF ABUSE

Do you:

- feel afraid of your partner much of the time?
- avoid certain topics out of fear of angering your partner?
- feel that you can't do anything right for your partner?
- believe that you deserve to be hurt or mistreated?
- wonder if you're the one who is crazy?
- feel emotionally numb or helpless?

Your partner's belittling behavior

Does your partner:

- humiliate or yell at you?
- criticize you and put you down?
- treat you so badly that you're embarrassed for your friends or family to see?
- ignore or put down your opinions or accomplishments?
- blame you for their own abusive behavior?
- see you as property or a sex object, rather than as a person?

Your partner's violent behavior or threats

Does your partner:

- have a bad and unpredictable temper?
- hurt you, or threaten to hurt or kill you?
- threaten to take your children away or harm them?
- threaten to commit suicide if you leave?
- force you to have sex?
- destroy your belongings?

Your partner's controlling behavior

Does your partner:

- act excessively jealous and possessive?
- control where you go or what you do?
- keep you from seeing your friends or family?
- limit your access to money, the phone, or the car?
- constantly check up on you?

Economic or financial abuse: A subtle form of emotional abuse

Remember, an abuser's goal is to control you, and he or she will frequently use money to do so. Economic or financial abuse includes:

- Rigidly controlling your finances
- Withholding money or credit cards
- Making you account for every penny you spend
- Withholding basic necessities (food, clothes, medications, shelter)
- Restricting you to an allowance
- Preventing you from working or choosing your own career
- Sabotaging your job (making you miss work, calling constantly)
- Stealing from you or taking your money

Abusers are able to control their behavior—they do it all the time

Abusers pick and choose whom to abuse. They don't insult, threaten, or assault everyone in their life who gives them grief. Usually, they save their abuse for the people closest to them, the ones they claim to love.

Abusers carefully choose when and where to abuse. They control themselves until no one else is around to see their abusive behavior. They may act like everything is fine in public, but lash out instantly as soon as you're alone.

Abusers are able to stop their abusive behavior when it benefits them. Most abusers are not out of control. In fact, they're able to immediately stop their abusive behavior when it's to their advantage to do so (for example, when the police show up or their boss calls).

Violent abusers usually direct their blows where they won't show. Rather than acting out in a mindless rage, many physically violent abusers carefully aim their kicks and punches where the bruises and marks won't show.

It is still abuse if...

The incidents of physical abuse seem minor when compared to those you have read about, seen on television, or heard other women talk about. There isn't a "better" or "worse" form of physical abuse; you can be severely injured as a result of being pushed, for example.

The incidents of physical abuse have only occurred one or two times in the relationship. Studies indicate that if your spouse/partner has injured you once, it is likely he will continue to physically assault you.

The physical assaults stopped when you became passive and gave up your right to express yourself as you desire, to move about freely and see others, and to make decisions. It is not a victory if you have to give up your rights as a person and a partner in exchange for not being assaulted!

There has not been any physical violence. Many women are emotionally and verbally assaulted. This can be as equally frightening and is often more confusing to try to understand.

SPORTS

Volleyball drops third straight against EKU

Grant Benefield
Chanty Sports Reporter

The Gamecocks' (14-8, 1-3) early struggles in their conference schedule continued Saturday afternoon, as the team dropped its third straight OVC match to Eastern Kentucky (5-13, 3-1) in four sets (22-25, 25-20, 12-25, 20-25).

The losing streak comes on a tough four-game away stretch to start OVC conference play.

EKU took control early, taking the first set 25-22 over the Gamecocks.

JSU responded in the second set, clinching 25-20 and tying the match 1-1 thanks to a kill from Mackenzie Rombach.

The Colonels won the third set handily by a score of 25-12. In the fourth set, EKU held off a late rally from the Gamecocks to take the set 25-20 and the match 3-1. Allyson Zuhlke

led the Gamecocks with 13 kills. She also tallied 2 blocks.

Charis Ludtke collected 12 kills and 2 service aces. Madison Cooler had 10 kills, and Mackenzie Rombach had 8. Both collected 3 blocks. Jennifer Hart contributed 37 assists and 5 digs.

The Gamecocks will now look forward to hosting their next four OVC matches home, beginning with Tennessee State (5-12, 1-3) on Friday.



JSU Sportswire

Jax States's rifle team blasts off to a solid start

Jacksonville State University's nationally-ranked rifle team opened their new campaign with a solid outing at the University of Memphis Tiger Open and the Ole Miss Invitational.

The Gamecocks finished third in the Open with an aggregate score of 4630 and were four marks shy of second place Navy.

JSU turned in a 4653 on Sunday in Oxford, Mississippi.

The Ole Miss-hosted event runs throughout this week, so the Gamecocks will not know the team standings until all squads have participated in the event.

Jax State tallied a 2297 in smallbore and 2333 in air rifle at Memphis.

JSU improved its marks at Ole Miss in both portions with a 2316 in air rifle and a 2337 in air rifle.

JSU was led by junior David Sink at Memphis with a 581

in smallbore and a 586 in air rifle.

He placed seventh on the individual leaderboard with a composite score of 1167.

Sink was one of two Gamecocks to earn a spot as an individual at the 2017 NCAA Rifle Championships. Sophomore Zach Schmidt matched Sink in smallbore and added a 579 in air rifle.

Trace Haynes posted a 585 in air rifle to boost the club's mark in that area along with Carter Santrock's 583.

Sink followed his mark of 586 with a 587 in air rifle at Ole Miss, while getting support from Schmidt's 586 and Santrock's 583.

Haynes had the best mark of the Gamecocks' scorecard in smallbore with a 585.

The Gamecocks return to action on October 7 at The Citadel.

-JSU Sportswire

Tennis teams sweeps the Jax State Invitational

Jacksonville State's men's and women's tennis teams claimed the Jacksonville State Invitational title Friday with victories over West Alabama and the University of Alabama at Huntsville.

The men's team topped West Alabama 5-2 in the 10 a.m. contest and 6-1 in evening.

The women's team trampled over the Tigers 6-1 in the morning contest and swept the evening portion 7-0 to sweep

the one-day tournament. "I was very happy with our performance today," head coach Andres Amores said.

"We looked sharp in both matches.

It's a great indicator of where we are following fall practice.

Our upperclassmen played well at the top of the order, and the newcomers are picking up on the faster pace of college tennis."

-JSU Sportswire



JSU Sportswire

Jacksonville State climb to number 4 in both FCS polls

The Jacksonville State football team climbed one spot in both major FCS Polls on Monday, moving to fourth after a convincing 34-7 win at Tennessee Tech on Saturday.

The Gamecocks (3-1, 1-0 Ohio Valley Conference) extended the longest active conference win streak in all of Division I football to 25 games last week in its OVC opener against the Golden Eagles.

They used the win to move up one spot in each

the FCS Coaches Poll and the STATS FCS Top 25 this week.

The latest rankings put the Gamecocks in the Top 10 for the 50th-straight week, a stretch that dates back to the final polls of the 2013 season.

JSU has been in the Top six in at least one of the polls for 33-straight weeks now, dating back to the first week of the 2015 season.

North Dakota State is the only other team to join JSU in both of those

streaks.

The Bison are No. 2 in both polls, right behind defending national champion James Madison at No. 1. Youngstown State is No. 3 in both polls after a win over then-No. 4 South Dakota State last week.

Wofford rounds out the top five in each poll.

UT Martin is the only other OVC team ranked in either poll, coming in at No. 25 in the STATS FCS Top 25 and receiving votes in the Coaches Poll.

Tennessee State, Austin Peay and Eastern Illinois are all receiving votes in both polls.

JSU puts its OVC win streak on the line on Saturday, when it travels to a red-hot Austin Peay team that has won three in a row.

The Governors upset UT Martin on Saturday.

The battle between the Gamecocks and the Gobs will kick off at 4 p.m. CT at Peay's Fortera Stadium in Clarksville.

-JSU Sportswire

Gamecock Side Bar Upcoming Gamecock Action

10/6
-Men's, Tennis at Mercer Gridiron Classic – Macon, Ga.

-Men's, Women's Cross Country at Florida State XC Invitational – Tallahassee, Fla.

-Soccer at Eastern Illinois*
Charleston, Ill. 3 p.m.

-Volleyball vs. Tennessee State* "The Pete" 7 p.m.
Streaming: OVC Digital Network

10/7
-Rifle at The Citadel
Charleston, S. C.

-Volleyball vs. Belmont* "The Pete" 2 p.m.

-Football at Austin Peay*
Clarksville, Tenn. 4 p.m.
Radio: WLJS
Streaming: OVC Digital Network

10/8
-Soccer at SIU Edwardsville*
Edwardsville, Ill. 1 p.m.

10/10
-Women's Golf at Pinehurst Challenge – Pinehurst N. C.

-Volleyball at Alabama A&M
Huntsville, Ala. TBA

-Softball vs. Snead State C. C. University Field 4 p.m.

10/13
-Men's, Women's Cross Country at Alabama Crimson Classic – Tuscaloosa, Ala.

-Volleyball vs. Murray State*
"The Pete" 7 p.m.

10/14
-Rifle vs. UT Martin*
Jacksonville

10/14
-Football vs. Eastern Kentucky*
Burgess-Snow Field 3 p.m.

BOLD = Home Event * = OVC Event

OVC Football		
School	OVC	O/R
Austin Peay	2-0	3-2
Eastern Illinois	2-0	3-2
Jacksonville State	1-0	3-1
UT Martin	1-1	3-2
Eastern Kentucky	1-1	1-3
SEMO	1-1	1-4
Murray State	0-1	1-4
Tennessee State	0-2	3-2
Tennessee Tech	0-2	0-5

OVC Soccer		
School	OVC	O/R
Eastern Kentucky	4-0-2	7-3-3
Murray State	4-0-1	9-1-1
Tennessee Tech	3-1-1	6-4-1
Belmont	3-2-0	7-4-1
SIUE	3-2-0	5-6-1
Austin Peay	2-3-1	7-5-1
Morehead State	2-3-1	3-8-1
UT Martin	2-3-0	4-8-2
SEMO	1-2-2	4-6-2
Jacksonville State	1-4-0	4-7-2
Eastern Illinois	0-5-0	5-8-1

OVC Volleyball		
School	OVC	O/R
Austin Peay	5-0	17-2
Belmont	3-1	8-7
UT Martin	3-1	9-8
Eastern Kentucky	3-1	5-13
Murray State	3-2	11-6
SIUE	2-2	12-4
Jacksonville State	1-3	14-8
Morehead State	1-3	10-7
Eastern Illinois	1-3	7-9
SEMO	1-3	6-12
Tennessee State	1-3	5-12
Tennessee Tech	1-3	3-13

Standings and Polls do not reflect games played on or after Wednesday

STATS Poll

1. James Madison	13. New Hampshire
2. North Dakota State	14. Richmond
3. Youngstown State	15. Western Illinois
4. Jacksonville State	16. North Carolina A&T
5. Wofford	17. Citadel
6. Central Arkansas	18. Elon
7. South Dakota	19. Weber State
8. South Dakota State	20. Samford
9. Sam Houston State	21. Grambling State
10. Eastern Washington	22. Western Carolina
11. Illinois State	23. Stony Brook
12. Villanova	24. Albany
	25. UT Martin

Coaches Poll

1. James Madison	12. North Carolina A&T
2. North Dakota State	13. New Hampshire
3. Youngstown State	14. Richmond
4. Jacksonville State	15. Villanova
5. Wofford	16. Weber State
6. South Dakota	17. Citadel
7. Illinois State	18. Illinois State
8. Central Arkansas	19. Grambling State
9. South Dakota State	20. Samford
10. Eastern Washington	21. Northern Iowa
11. Sam Houston State	22. McNeese
	23. Elon
	24. Stony Brook
	25. Nicholls

NCAA Rifle

1. Texas Christian	11. Memphis
2. West Virginia	12. Army
3. Murray State	13. Ole Miss
4. Air Force	14. Jacksonville State
5. Alaska Fairbanks	15. Navy
6. Kentucky	16. Akron
7. Ohio State	17. Morehead State
8. Nebraska	18. UTEP
9. North Carolina State	19. UT Martin
10. Nevada	20. North Georgia

Burchmann led golf at Cardinal Challenge

SIMPSONVILLE, Ky. – The Jacksonville State men's golf team got its 2017-18 season underway with a ninth-place finish at the Louisville Cardinal Challenge that wrapped up on Sunday.

The Gamecocks played the three-day event on the par-72, 7,192-yard University of Louisville Golf Club and got a solid debut from sophomore Thomas Burchmann.

The Yerba Buena, Argentina native finished eighth in the 78-player field and led JSU to a ninth-place finish in the 13-team event.

The Gamecocks were just one shot out of a seventh-place tie between ULM and Winthrop and only four shots out of sixth.

JSU capped a 54-hole score of 897 with a final-round 299 that followed an opening-round 296 and a Saturday 302. Host Louisville won the event with a 9-under 855.

Burchmann was consistent for the Gamecocks, opening the tournament with a 1-over 73 and then carding an even-par 72 in each of the final two rounds.

He finished tied for eighth with Louisville's Keegan de Lange with a 1-over 217. Patrick Flavin of Miami (Ohio) won the event with a 9-under 207, edging out Louisville individual Erik Dulik in second at 7-under.

JSU freshman Quim Vidal Mora was the Gamecocks' second-lowest scorer while competing as an individual.

The native of Barcelona, Spain, tied for 28th with a 7-over 223, thanks to a final-round 74 on Sunday.

For JSU's lineup, Jesus Montenegro tied for 34th after a final-round 73 capped a 54-hole score of 224.

The Gamecocks' next event will be the Kennesaw State Pinetree Invitational at the Pinetree Country Club from Oct. 23-24.

-**JSU Sportswire**



JSU Sportswire

Claire Petersen scored the Gamecocks' lone goal off of a penalty kick in JSU's loss to Belmont on Sunday in Nashville, Tenn.

Gamecock soccer falls late to Belmont, 4-1

Logan Arnwine
Chanty Sports Reporter

The Belmont Bruins instantly set the pace of the game by applying pressure on the Gamecocks early on, which they carried to a 4-1 victory over Jacksonville State on Sunday, Oct. 1, in Nashville, Tenn.

Coming off their first conference victory against Austin Peay, the Gamecocks hoped to carry over any momentum into Belmont, but from the opening kick, the Bruins had other ideas.

In the first 20:06 of play, Belmont attempted seven shots on JSU's senior goalkeeper, Caroline Robinson.

Robinson protected her team's goal by applying heavy pressure on three shots, forcing them off target and saving another three.

The seventh and final shot found its way into the back of the net, thanks to a well-placed corner kick from Belmont's senior forward Belicia Mendiola to

junior midfielder Julie Boozer, who pushed the ball past the defense.

In the same amount of time, JSU attempted two shots, with neither able to tally the scoreboard.

Four shots were taken the rest of the half between the two teams: two by JSU and two by Belmont.

JSU received a penalty kick off a handball in the box from the corner.

This lined up junior midfielder, Claire Petersen to score on the PK to tie the contest 1-1 going into halftime.

Out of the half, Belmont set up a flurry of shot attempts by kicking eight unanswered by 16:23 into the second half.

Although not one of them ended in a goal, the eagerness for Belmont to score was rising.

Then, at 79:30 the Bruins finally kicked in a goal that would completely change the atmosphere of the game from a surprising nail biter to a downhill bat-

tle against the Gamecocks.

Belmont would then score two more goals to close out the match and win 4-1 at their well-respected home field, Rose Park.

What killed Jacksonville State was the shot comparison.

JSU had a total of six shots on the contest and only one in the second half, whereas, Belmont had 27 total and 18 in the second.

On the game, goalkeeper, Caroline Robinson, maintained to save eight shots.

Along with Claire Peterson's goal, Danielle Monroe, Lindsay Albani, Kayla Thompson, and Nadia Plawiuk had shot attempts, with Thompson attempting two.

The Gamecocks' overall record is currently at 4-7-2 and 1-4 in the conference.

They play the team below them in the Ohio Valley Conference standings, Eastern Illinois, Friday, Oct. 6, at 3 p.m. in efforts to solidify their second win in conference play.

Champion, Cole lead at Foothills Invitational

OXFORD – The Jacksonville State cross country teams hosted the 12th annual Foothills Invitational at Oxford Lakes on Saturday, finishing with solid times on the men's and women's side.

JSU's men team finished fifth the Red Division comprised of all Division I competition.

The Gamecocks' average 8K time of 28:58.7 was just a few minutes behind fourth-place Georgia Tech's 26:58.5 mark.

Ohio Valley Conference foe Morehead State took the team title with a 25:24.3 average with all of their runners in the top-10 individually.

The men were led by sophomore Cory Champion who set a new personal best with a 27:10.3 to place 20th.

Sophomore Luke Thomas and freshman Riley Sloan crossed second and third for JSU, filling a void left by JSU's usual No. 2 runner who missed due to illness.

Hayden Washburn and Seth Emmenegger rounded out Jax State's scoring runners finishing back-to-back with 29:32 times.

The Gamecock ladies were led by sophomore Emily Sorrell's 19:42.5 time in the women's 5K race.

It marked a season-best effort from the Neosho, Mo., native.

The youth trend continued as sophomore Aubree Cole posted a 20:35.9 for the second best time for JSU.

Dayia Simon, Jazmine Ortega and Alyssa Hudgins rounded out the order as the Gamecocks came home eighth overall as a team.

Lipscomb came away with the team title on the women's side.

Head coach Steve Rays' teams will travel to consecutive power-five program meets as they prepare for the OVC championship at the end of October.

The Gamecocks will take part in Florida State's invitational next weekend in Tallahassee, Fla.

-**JSU Sportswire**



JSU Sportswire

Pietri's Gamcocks hold first regular season practice

The 2017-18 season officially got underway for the Jacksonville State women's basketball team as head coach Rick Pietri's squad held its first preseason practice Sunday afternoon at Pete Mathews Coliseum.

The Gamecocks are a little more than a month away from their exhibition game against UAH on November 5.

The season officially begins Nov. 10 when JSU hosts Brewton-Parker, followed by a home game against Florida State on Nov. 12 at The Pete.

JSU will be led by four seniors this year in Tyler Phelion, Tasha Magruder, Gretchen Morrison and Kiandria 'Ki-Ki' Patterson, who missed most of last season due to injury.

Overall, nine players return to the lineup from last season's 13-15 team.

The Gamecocks have also added new faces at multiple positions with a mix of freshmen and transfers.

The opening practice of the season lasted a couple of hours and involved a combination of conditioning and

skill drills.

A large amount of activity centered around defense, where the Gamecocks have led the Ohio Valley Conference in scoring defense each of the past three seasons.

Pietri begins his fifth season patrolling the JSU sidelines.

The fourth-most winningest coach at JSU has tallied 275 career victories at the Division I level between his time in Jacksonville and previous tenure at South Alabama.

-**JSU Sportswire**

Men's basketball concludes first practice of the season

Head coach Ray Harper and the Jacksonville State men's basketball team participated in its first practice Monday in preparation for the 2017-18 season.

JSU is coming off its best season in its Division I history, and one of the most successful seasons in program history.

The Gamecocks claimed their first 20-win season since 2003 and experienced a 10-win improvement from the year prior - which ranked as the sixth-best win improvement mark in the country.

"I thought the guys were good today," Harper said.

"They were very focused."

We spent a lot of time on the offensive end today, which is unusual for us, but we

felt like it was very important with this group to make sure we get some things accomplished in the half court."

JSU returns eight from the OVC Championship team and welcomes eight newcomers.

Six of the new eight faces are immediately eligible to play, while two will sit this season due to NCAA transfer rules.

The Gamecocks lost just two starters from last year's squad with Erik Durham and Greg Tucker departing after graduation.

Senior guard Malcolm Drumwright, senior forward/center Norbertas Giga and junior forward Christian Cunningham are Harper's three returning starters, while Mohamed Abuarisha, Tyrik Edwards, Des

Curry, Jacara Cross and Ashton Spears served as key reserves last season.

A transfer-heavy signing class joined the returners for the first full-squad practice. Juniors Jamall Gregory, Maurice Dunlap, Deon Wright, Jason Burnell and Marlon Hunter each come to Jacksonville via transfer and are eligible for play this year, while Division I transfers Detrick Mostella and Ty Hudson will sit this season.

Cam Martin, a 6-9 forward from Yukon High School in Yukon, Okla., is the Gamecocks' lone freshman.

"I really like this group," Harper said.

"I think they give us a great chance."

JSU tipoff on Nov. 2, against Delta State in exhibition.

-**JSU Sportswire**