



## CKI holds drawing for flat screen; proceeds going to charity

Ashley Ossenfort  
Staff Writer

It's not every day that a person gets the chance to win a 32" Flat Screen LCD TV while helping raise funds for a charitable cause. But this week, Circle K International is giving Jacksonville State University students the chance to do just that.

The funds raised by the drawing will go directly to Reading is Fundamental, a charity whose vision is to encourage a literate America by aiding children who do not have access to books.

"Reading is Fundamental (RIF) is the largest children's literacy nonprofit in the United States," states RIF.org. "RIF provides new, free books for children to choose from and make their own. The seeds of inspiration in these books have motivated children to follow their dreams and achieve their potential."

Jacksonville State's Circle K club had already raised 414 dollars for RIF as of Monday. With a little less than a week to go, the group is working hard to raise more funds and make an impact for the organization.

Tickets for the drawing are 2 dollars for one ticket and 5 dollars for three tickets, and can be purchased from any Circle K member. Circle K will also sell tickets

See Circle Pg. 2



STAT Photo

Students gathered for the Business Etiquette Dinner that was hosted by STAT at the Leone Cole Auditorium .

# STAT Club hosts business etiquette dinner

Tori Wheelles  
Staff Writer

Last Wednesday, the Student Alumni Association hosted a Business Etiquette Dinner at Leone Cole Auditorium. JSU students were there to practice their professionalism in a mock business interview setting.

All students were served a three-course meal by JSU's catering service, Sodexo.

Before the first course of the meal, students were instructed to stand up and read index cards with a 'tip' from their table. Each

tip was a rule to follow when one is at a meal with a host that one would like to impress, such as a future employer.

There were laughs throughout the dinner, but students also take note of its seriousness.

"We're trying to incorporate not only good manners, but what to do if you're in an interview situation," said STAT Club advisor and Assistant Alumni Director Alan Renfro. "For example, always follow the host. If the host

See STAT Pg. 2



STAT Photo.

Members of STAT pose for a group picture. The three-course meal was hosted by JSU's catering service, Sodexo.

## Inside:

### "Countersafety" is in the air

The Transportation Security Administration has revised its prohibited items list.

> Complete story, Pg. 6

## Rifle team awarded

Three members of the JSU rifle team were named All-Americans by the Collegiate Rifle Coaches Association.

> Complete story, Pg. 7



## Pulitzer-Prize winning journalist to speak at Ayers Lecture

Tiffani Foster  
Senior Staff Writer

The annual Ayers Lecture, hosted by the JSU Department of Communications, will be held March 14th, 2013 on the 5th floor of Stadium towers. The event starts at 1:00 pm. This year's speaker is Pulitzer Prize winning journalist, Diane McWhorter.

Born in Birmingham, AL, Mrs. McWhorter spent most of her childhood in the heat of the Civil Rights movement. After graduating high school, she attended Wellesley College, located in Wellesley, MA. She graduated magna cum laude with a degree in Compara-



Diane McWhorter

blog.al.com

tive Literature. Currently, she is a fellow at W.E.B. Du Bois institute at Harvard University.

Mrs. McWhorter is well known for her stories of race, prejudice, and the Civil Rights movement. Her book, Carry Me Home, won the Pulitzer Prize in 2002 for general nonfiction, among other awards. Mrs. McWhorter is also a longtime contributor to The New York Times and serves on the USA Today board of Contributors.





“Our goal is to help students step off that stage and into a job.”

**From Pg. 1** doesn’t order an appetizer, you don’t order an appetizer.”

**STAT** STAT club, which stands for ‘Students today, Alumni Tomorrow,’ isn’t anything related to math. It was created in 2005 to help students with what to do after college.

Renfro explained, “There was a need-for students coming out of school- to know things and skills that they didn’t learn in the classroom, like how to look for a job, etiquette, or how to put a resume together. All of them are real life experiences you aren’t really taught in the classroom.”

Preparation for the real world can certainly be stressful, and for those whose graduation date is quickly approaching, students and alumni alike understand.

Renfore said of STAT: “Our goal is to help the students step off that stage and into a job.” He added that alumni are eager to help with students by doing things like holding mock interviews. He said alumni don’t mind doing this because inside, they’re all still students.

“It’s all about who you know,” he advised. “If you have a good degree from a good school and you don’t know anybody, it’s useless.”

STAT Photo



This image released by NASA shows the Curiosity rover holding a scoop of powdered rock on Mars.

AP Photo

# Mars rover shows planet could have supported life

LOS ANGELES (AP) — NASA scientists say tests on a Mars rock show the planet could have supported primitive life.

The analysis was done by the rover Curiosity, which drilled into the rock, crushed it and tested a tiny sample. The rover was the first spacecraft sent to Mars that could collect a sample from deep inside a rock.

At a briefing at NASA’s Washington headquarters on Tuesday, NASA scientist said the rock contains clay minerals that formed in a watery environment — an environment that may be favorable for microscopic organisms.

Curiosity had already found a hint of the site’s watery past — an ancient streambed that the six-wheel rover crossed to get to the flat bedrock.

The rover made a dramatic landing near the Mars equator last August for a two-year mission.

-Uwire

at the TMB on Thursday, March 14, from 11 a.m. to 2 p.m. The drawing will end on March 18.

Circle K is a collegiate chapter of Kiwanis. The JSU chapter is sponsored by the Anniston Kiwanis.

“Circle K is the largest collegiate service organization in the world,” said Junior Jessica Arighi, a member of Circle K. “Here at JSU, we really try to follow our three tenets of service, leadership, and fellowship. We just try to do different service projects within the community.”

Circle K has several service projects in action right now, including the Eliminate Project, a program that funds tetanus shots for pregnant women who otherwise cannot afford it. At the beginning of every meeting Circle K passes around a large, pink piggy bank to collect spare change in order to raise funds for the Eliminate project, which is a Kiwanis International and UNICEF project.

Circle K is teaming up with Struts to raise funds for Circle K International on Wednesday, March 20 and Wednesday, April 1. On these nights starting at 4 p.m., 10 percent of all Struts’ profits will be donated to Circle K.

For more information about Circle K or Reading Is Fundamental, Circle K holds its meeting biweekly on Mondays at 6:30 p.m in Stone Center room 120.

## Wellness Wednesday

Ashley Colvin  
Staff Writer

Last Wednesday, Family and Consumer Science majors stepped out to spread the word about Chronic Fatigue Syndrome.

There is a rising number of children and young adults affected by this nationwide. The actual cause of chronic fatigue syndrome is unknown but includes numerous symptoms. Some of the symptoms are impaired vision, sore throat, severe headaches and unbearable joint pain, which can make life uncomfortable. Although there is no cure for chronic fatigue syndrome, there are a few ways to manage living with it. Family and Consumer Science majors were prepared with a very helpful slide show presentation. They vocalized the importance of a healthy diet, exercise and sleep management in a very professional manor.

Wellness Wednesday included a well balanced, three-course meal, beginning with a spinach mandarin orange salad. The main course, sirloin beef kabobs, was served with grilled squash and zucchini mix. For dessert, Angel food cake was topped with blueberries and whipped cream. The meal provided consumers with key essentials such as Vitamin A and C, Zinc, Potassium, and Vitamin B complex.

Chronic fatigue syndrome tends to leave people feeling like they constantly need to rest, no matter how much sleep they actually get. It is helpful to exercise on a daily basis and manage a sleep schedule. Yoga and meditation are proven to relax as well as improve fitness if done consistently.

It is more hurtful than helpful to take naps during ones daily routine. When arising after a nap, one is left feeling even more fatigued. Do not intake caffeine, and undergo a wind down period by doing something relaxing before bedtime, such as listening to music or taking a hot bath. Realize that the bedroom should be limit to nighttime activity.

Wellness Wednesday started roughly three years ago to give campus participants a healthy balanced lunch. It now occurs once a month during the fall and spring semesters.

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April 5&6



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PRESS RELEASE

American Red Cross Urges Residents to Prepare for Severe Weather

Download free Tornado App to get ready for rain, strong winds and possible tornados

Anniston AL March 12, 2013— The American Red Cross is urging residents in East Central Alabama to make sure households, schools and business are prepared for possible severe weather including rain, strong winds and possible tornados.

“Listen to weather alerts and designate a safe space where people can gather for the duration of the storm,” said Carol Cleghorn, Executive Director of the Calhoun-Cleburne Chapter “The area should be a basement, storm cellar or an interior room on the lowest floor away from windows.”

Download Tornado App

The American Red Cross Tornado App is available in English or Spanish and gives iPhone, iPad and Android smart phone and tablet users instant access to local and real-time information, so they know what to do before, during and after a tornado.

The free app includes a high-pitched siren and “tornado warning!” alert that signals when a NOAA tornado warning has been issued. This feature allows users to make critical decisions and to take actions to help keep themselves and their loved ones safe even in the middle of the night. An “all clear!” alert lets users know when a tornado warning has expired or has been cancelled.

Other features of the app include:

Location-based NOAA tornado, severe thunderstorm and flood watch and warning alerts;

Enhanced weather maps and information provided by Weather Underground, a digital brand of The Weather Company;

One touch “I’m safe” messaging that allows users to broadcast reassurance to family and friends via social media outlets that they are out of harm’s way;

Preloaded content that gives users instant access to critical action steps, even without mobile connectivity;

Toolkit with flashlight, strobe light and audible alarm; and locations of open Red Cross shelters.

The Tornado App, along with other apps, can be found in the Apply App Store and the Google Play Store for Android by searching for American Red Cross or by going to redcross.org/mobileapps. People can go to redcross.org/tornado for more safety tips.

# Upcoming events at JSU

## Spring 2013

Annual Ayers Lecture Featuring Diane McWhorter  
March 14, 1 p.m., Stadium Tower  
This is a major annual event that brings nationally known journalists to campus. Ms. McWhorter is an Alabama native who won the Pulitzer Prize in 2002.

SGA Elections  
March 21, 12:05 a.m.-5:00 p.m.,  
www.jsu.edu/elections  
Online voting for SGA President, Vice President of Student Senate, Vice President of Student Activities, Vice President of Organizational Affairs, Senators, Mr. and Miss Friendly, and Mr. and Miss Jax State.

Spring Break!!!!  
March 25th-March 29th

Holocaust Remembrance Featuring Holocaust Survivor Max Steinmetz  
April 11, 7:30 p.m., Ernest Stone Center Theatre  
31st annual Remembrance of the Holocaust of World War II. Holocaust survivor Max Steinmetz of Birmingham is the keynote speaker. Between 1942 and 1945, Steinmetz was held in German captivity in at least five ghettos or campus, including both Auschwitz and Dachau.

Spring Commencement  
April 26th

Gary Sinise and the Lt. Dan Band  
May 18, Time and Location TBA  
We are thrilled to welcome Oscar nominee Gary Sinise and his band to campus this May for a major event in support of our wounded warriors. Although Sinise is most known for his acting, perhaps his life's best work is accomplished through his Gary Sinise Foundation, which supports our nation's defenders, veterans, first-responders, and their families.





WHEN: Saturday, April 27, 2013

TIME: 8:00 am

WHERE: Jacksonville Community Center Soccer Fields

REGISTRATION is available on Active.com

and forms can be printed at www.calhouncamber.com.

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# Arts & Entertainment

## Chef showdown: Sodexo organizes first ‘Battle of the Chefs’ in more than a decade

Christiana Tyler  
Staff writer

Jack Hopper Dining Hall became the proving ground for Jacksonville State University’s very own Battle of the Chefs on Tuesday.

The competition was sponsored by Sodexo, and three JSU student chefs showcased their skills: Paul Lindsay, Kyle Nguyen, and Jingjie Li.

Kyle Nguyen was awarded first place, Jingjie Li was awarded second, and Paul Lindsay was awarded third.

The competitors were judged by Joe Whitemore, liaison between JSU and Sodexo; head football coach Bill Clark; Terry Casey and Debbie Taylor from the Office of Student Life; SGA President Jason Sumner and executive chef Brian Cosby.

Each contestant was required to prepare an appetizer and an entrée, which were judged on presentation, creativity, and taste.

Also required by the competition was the use of a secret



Christiana Tyler/The Chanticleer

From left to right, above: Jeremy Machen, Paul Lindsay, Ying Liu, Jingjie Li and Kyle Nguyen listen as executive chef Brian Cosby, at center, explains the rules of the competition. At right, competitor Kyle Nguyen prepares his dish.

ingredient in at least one dish, revealed to be avocado.

The three JSU students who competed in the cooking competition each brought a flavor from home.

Paul Lindsay, a JSU graduate and current student, concocted American food with his assistant Jeremy Machen.

Lindsay’s appetizer consisted of shrimp and pineapple shish kebabs and a side of guacamole sauce with an entrée that included lemon pepper

chicken with sides of cauliflower and peppers.

Lindsay says that he cooks what he knows and that he was happy with the outcome of his dishes.

Jingjie Li, a visiting scholar from China, brought traditional Chinese cuisine to the competition with her assistant Ying Liu.

Li prepared Chinese fried noodles and a chicken and vegetable appetizer.

Says Li about why she competed, “I wanted to make Chi-

nese noodles.”

Kyle Nguyen, a nursing major at JSU, created Vietnamese dishes that allowed him to take home the first place trophy and prize, a bicycle donated by Pepsi.

Nguyen prepared a shrimp and cucumber salad with a garnish of avocado and sesame seeds for his appetizer, and Vietnamese chicken with ginger and fried rice for his entrée.

“I never thought I would win this because of the simplici-

ty of my dishes,” said Nguyen.

Brian Cosby, Executive Chef at JSU, explains the process of selecting the winner: “People eat with their eyes first.”

The dish’s presentation counted for ten points, its creativity counted for ten points

the Office of Student Life, congratulates those who competed. “They were great,” she said.

Terry Casey, also of the office of Student Life, says of the dishes, “They were all very diverse in taste and presentation.”

Lynne Cotton, a So-



and taste counted for twenty points, for a total of forty possible points awarded from each judge.

Debbie Taylor, of

dexo employee and primary organizer of the event, wishes for the competition to become a semi-annual occurrence.

## These are our confessions: JSU students and faculty take grievances, secrets to social media

Madison A. Rhoads  
Staff writer

If you have been on Facebook recently, you may have noticed a new page that has caught the attention of several Jacksonville State University students.

It’s a place where JSU students can go and submit anonymous stories and comments about anything and everything. The page is named JSU Confessions.

The page was cre-

ated on February 26 and already has 1,212 likes. The page also has a Twitter counterpart (@JSU\_Confessions) where additional confessions are posted. The Twitter page recently gained over 600 followers.

In order to “confess,” one simply has to click the link provided on the page, type in their confession, and submit it. The confessions are completely anonymous, and there is no way to be identified

unless you decide to identify yourself.

JSU Confessions is the brainchild of two JSU students who would also like to remain anonymous, like the confessors on their page. The two administrators control which confessions are posted, and update them on a daily basis. They choose not to post confessions that directly target specific people on JSU’s campus or that are derogatory towards particular

groups of people.

In the two weeks that the page has existed, over 200 confessions have been added. The things weighing on JSU students’ minds vary from successful relationships to wishing for new opportunities in Jacksonville. One re-occurring subject on the page is the seemingly evil tendencies of the squirrels on campus.

The page seems vaguely familiar to some of its fans. It is vaguely reminiscent of “Chicken Scratch,” which once graced the pages of *The Chanticleer* not so long ago. Like “Chicken Scratch,” JSU Confessions is a platform from which JSU students can voice their concerns.

Some students hope that the page will catch the eyes of those who can help make the changes they want, or simply

the person whose attention they want to attract. Regardless, JSU Confessions is a great way for Jax State students to express themselves.

There have been other pages that have tried to compete with JSU Confessions, but they have failed thus far.

Several students hope that the page

will maintain popularity and that the administrators will keep it running, unlike other pages centered around JSU that have only operated for a short amount of time.

However, one thing is certain: JSU Confessions will keep operating as long as JSU students continue to contribute material to it.

*Confession: “I once got in a car that looked just like mine in the Merrill parking lot and tried cranking it, and didn’t realize it wasn’t mine ‘til i looked in the back and a dog was staring me directly in the face. . .”*

*Confession: “I was too scared to tell the right guy how I felt, because I thought he was too far out of my league. So, instead, I chose a complete douche bag. Now, I am absolutely miserable and alone. Worst decision I have ever made.”*

*Confession: “Faculty and staff read this too, and feel the same way students do sometimes.”*

### WLJS Top 10 for the week of March 4th, 2013

1. Sallie Ford & The Sound Outside - Addicted
2. Kate Nash - Deathproof
3. Trouble with Templeton - Old Habits
4. Tegan and Sara - Closer
5. Yellow Red Sparks - Monsters with Misdemeanors
6. Caitlin Rose - Everywhere I Go
7. Duke of Norfolk - In The Morning When I Wake Up
8. March Divide - Still Analog
9. Jenn Alexander - All At Once
10. Pissed Jeans - Bathroom Laughter

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# Student art show winners announced

**Kara Coleman**  
*Editor-in-chief*

The annual student art show at Hammond Hall is going on now, and awards were presented to the best pieces in the exhibition on Thursday evening.

First place and honorable mention were recognized in a variety of categories, including ceramics, drawing, painting, and photography. All pieces were juried by JSU's department of Art.

"There's a variety of stuff [in the show], and it's really strong in foundations: the drawing and design and painting," says Painting professor Allison McElroy. "It shows what the department is about. So if someone wants to come and learn about the Art Department, this is a great time to see."



Kara Coleman/The Chanticleer

JSU student Carly Stokes peruses submissions to the student art show on display in Hammond Hall.

The student show-case runs through March 22<sup>nd</sup>, and there are also encaustic paintings currently on display in the student gallery.

"We had a visiting artist last month, Helen DeRamus, and she did an encaustic painting workshop. It's where you paint with wax," McElroy says. "The students and I were able to take part; each student did five works. So take a look at that, too."

2013 Juried Student Show Winners	
Design I-First Place-Emily Muir- <i>Paper Balloons</i>	
Design II-First Place-Jennifer Watson- <i>Untitled</i>	
Design II-Honorable Mention-Justin Farmer- <i>Once Upon A Midnight Dreary</i>	
Design III-First Place-Kyle Turner- <i>Stripe Reclined</i>	
Design III-Honorable Mention-Audrey Pennington- <i>Sit Awhile</i>	
Painting-First Place-Keener Barnes- <i>Extinguished</i>	
Painting-First Place-Brittany Cozart- <i>Coming Down Tryptic</i>	
Painting-Honorable Mention-Brittany Cozart- <i>Albino with Cigarette</i>	
Black & White Photography-First Place-Dana Cotton- <i>Jane Doe</i>	
Black & White Photography-Honorable Mention-Tanesha Brewster- <i>Under the Bridge</i>	
Black & White Photography-Honorable Mention-Geniene Anthony-Ray	
Mixed Media-First Place-Stephanie Blackston- <i>Crazy Eyeballs</i>	
Ceramics-First Place-Toby Layman- <i>Tubular</i>	
Ceramics-Honorable Mention-Wes Bowen- <i>Islands</i>	
Watercolor-First Place-Tanelle McMillin- <i>Melted Rainbow</i>	
Watercolor-Honorable Mention-Katrina Tilley- <i>Torn Paper in Space</i>	
Drawing-First Place-Dustin Hill- <i>Squashling's End</i>	
Drawing-Honorable Mention-Jonathan Fordham- <i>Woodpiece</i>	
Drawing-Honorable Mention-Katrina Collins- <i>Lipstick II</i>	
Printmaking-First Place-Tanesha Brewster- <i>Intrigued</i>	
Mixed Media-First Place-Wes Bowen- <i>Metallic Fruit</i>	
Mixed Media-Honorable Mention-Ariel Graham- <i>Reunited</i>	
Color Photography-First Place-Lindsey Brooks- <i>Past Your Bedtime</i>	
Color Photography-Honorable Mention-Nikki McClure- <i>Lost</i>	

## Movie review: ‘Oz; The Great and Powerful’ suffers from poor storytelling

**Curtis Holman**  
*Staff writer*

It may not feel like it today, but it will this weekend: spring is upon us. And besides all of the blooming flowers and rising temperatures, it also brings us some highly anticipated movies. One of these incredibly hyped movies, "Oz; The Great and Powerful," came out this past weekend.

This movie is set in before the timeless classic, "The Wizard of Oz." Oz, played by James Franco, is a carnival magician who

gets sucked up by a Kansas twister. Little does he know, he is the man that this land has been waiting for.

As always, I will start with the positives. The acting in this movie is strong. James Franco is the perfect actor to play the arrogant, selfish, magician. Also, the three witches were cast beautifully. Another thing I loved was the special effects. It was as if the Land of Oz was real.

For me however, there are bigger negatives than positives.

The story didn't flow at all. The plot was easily predictable. Also, there are some major continuity issues with the original "Wizard of Oz" film we all grew up with. Disney owns both films, so this is a huge problem in my opinion. In this film, Oz can't grant wishes, but in "The Wizard of Oz," he does.

Overall, I give this film two out of five stars. Little kids and fans of James Franco might enjoy this movie, but if you're like me and love the clas-

sic "The Wizard of Oz," then you'll probably think it mediocre at best. For more movie reviews and Hollywood news, listen to Mum's the Word every Tuesday night at 7 on WLJS 91.9 FM.



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# Op/Ed

## “Countersafety” is in the air

**Zach Tyler**  
*A&E Editor*

Watch out for rage-filled fellow passengers wielding miniature Swiss army knives, novelty baseball bats and hockey sticks if you fly anywhere in the country this summer.

That’s because the Transportation Security Administration has revised its prohibited items list.

Folding knives with small blades as well as some sporting equipment will be allowed to be stored in carry-on luggage after April 25th.

The TSA announced the change in their policy last Tuesday, provoking instantaneous outcry from pilots, flight attendants, air marshals and insurance agencies, not to mention the public.

Passengers will be able to carry knives with folding, non-locking blades no longer than 2.36 inches and no wider than a half inch, ending an 11-year ban on such objects. Box cutters and razor blades are still prohibited.

Sporting equipment including billiard cues, ski poles, hockey sticks, lacrosse sticks and golf clubs will be allowed in carry-on luggage. Novelty bats shorter than 24 inches and weighing less than 24 ounces are also allowed.

According to the TSA’s blog, the agency organized an internal committee to examine the prohibited

items list and found that these items pose minimal threat to cabin security.

Part of a “risk-



based security approach,” the change allows TSA officers to focus on sniffing out higher-threat items, like explosives. It also aligns the TSA’s standards with those of the International Civil Aviation Organization (ICAO).

The ICAO is a specialized agency of the United Nations, and according to the organization’s website, sets “standards and regulations necessary for aviation safety, security, efficiency and regularity, as well as for aviation environmental protection” among 191 member states.

If the standards set forth by the ICAO are stringent enough to protect flyers in 191 other countries, they’re probably good enough for flyers in the United States too.

However, the Associated Press reports that president of the Federal Law Enforcement Officers Association (FLEOA) Jon Adler isn’t happy with the TSA’s new “countersafety policy,” and plans to lobby Congress to block the change.

Adler’s 26,000-member strong association includes federal air marshals, who (understandably) feel like they have a stake in the argument.

It’s our air marshals that have to face the threat when passengers succumb to “air rage” and attempt to wreak havoc with the mini plastic golf clubs they won at a putt-putt tournament on vacation in the Florida Keys.

But really, the last thing that the FLEOA wants to do is ask Congress to get involved in the backlash from the TSA’s policy change. Our Congress would probably argue unsuccessfully for months before finally sequestering the TSA’s federal funding as well as their prohibited items list in an attempt to force compromise on the issue.

With no government funding to keep business travelers, families on vacation and other passengers from bringing weapons on board and murdering each other, American skies would devolve into total chaos.

So for all our sakes, let’s hope this “countersafety issue” dies before our lawmakers get involved. We’ll just have to take into account the possibility of terrorists/ psychopaths taking over a plane or harming passengers with miniature and novelty weapons when we plan our summer getaways from now on.

## Journaling tips from the pros

**Emily Hayes**  
*ehayes@times-journal.com*

My Sunday mornings consist of coffee, a heated blanket and “Brain Pickings” – a lovely literature newsletter delivered faithfully to my inbox by the time I wake.

It’s filled with information book lovers can appreciate – “The 7 Best Music Books of 2012” and “Why Creativity Works Like a Slot Machine.”

My favorite articles lately have involved the journaling habits of famous authors.

My journal and I’ve had an on-again/off-again relationship for as long as I remember. For some reason or another, it always comes in spurts. I can go back through bookcases and find half-filled journals from different points in my life. There’s the Fossil journal with pages of up-and-down teenage relationship woes. The brown leather one with a clasp, where I faithfully documented the first weeks of my relationship with my husband.

The smooth red plastic one that has only a few entries, because I didn’t like the way it laid on the table.

For various reasons, though, I’ve never consistently written. And, the creative writer in me – the aspiring novelist – has always frowned upon that lack of dedication.

So imagine my surprise when I read about Virginia Woolf’s extensive collection of diaries – that she didn’t begin writing until age 33. The relief I felt when I found she often went days or weeks at a time without writing. Suddenly a weight lifted.

Since then, I’ve

gleaned every bit I can find about writers and their journaling habits, and all from the “Brain Pickings”



library. For instance, an essay by Mary Gordon talks about the importance of putting pen to paper, but not any pen to any paper. She writes about how she must have her black Waterman’s with a trim of gold to write in the precise journal for that particular moment. She keeps several going at all times.

Woolf would intertwine writing about her routine activities with philosophical meanderings, and – what I find most fascinating – she would write about the lives of her fictional characters. It can get quite confusing when reading.

And somehow, all these insights have led me to begin journaling again, taking bits and pieces from each writer to build a routine that’s now my own. As someone who’s extremely particular with my pens at work, why have I not made that connection before? I’ve since gone out and bought medium-point Sharpie pens that give me the consistency and beauty I love to see when flipping through the pages.

My entries are a mixture of joy and sorrow, boring details, and yes – I’ve slowly ventured into the minds of the fictional characters I so desperately want to bring to life. Now that I’ve given

myself free reign to write whatever comes to mind, I’m filling pages at an astonishing rate.

I don’t see myself ever keeping multiple journals at the same time, because I think all of “me” is best kept in one place. Because I do go back and read old entries. That angst-ridden teenager from the Fossil journal reminds me that every heartbreak – no matter what type – eventually heals. Those first dates with my husband are required reading for the romantic in me.



The red journal serves as a reminder to make future decisions – no matter how small – carefully.

Joan Didion summed it up best – at least in a sense best applicable to me – with the quote, “We are well advised to keep on nodding terms with the people we used to be, whether we find them attractive company or not.”

While I’ve never been able to consistently keep a record of my every moment, every thought, I have enough bits and pieces to create a pretty good picture of who I once was, and who I am today. Sometimes what I read makes me proud; at other times, cringe.

And, hopefully, years from now I’ll have more pages to read from, learn from. And even better – the ultimate dream – perhaps someone will curl up on a couch somewhere with a cup of coffee and read journaling tips from Emily Hayes. The famous author.

*Emily Hayes is a staff writer at the Fort Payne Times-Journal, where this column first appeared.*



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## Why the War on Drugs is a losing battle

**Zak Lutz**  
*Harvard Political Review via UWIRE*

In 1977, a mother in Atlanta walked outside during her son’s birthday party to serve cake, but her son and his friends were nowhere to be found. She frantically searched until ultimately noticing smoke seeping out of his old tree house. Assuming they had gotten ahold of cigarettes, she climbed up, only to find something else: the kids were smoking marijuana.

Anti-marijuana ad-

vocate Sue Rusche likes to recall this story as the beginning of the Parent Movement in the War on Drugs. Even though many of these parents had smoked in their youths, they were still worried about their children using marijuana. These parents spent decades as the largest and most powerful political opposition to marijuana legalization, helping to crack down on users and dealers alike.

Decades have passed, and despite the efforts of the Parent Movement, the War on Drugs has failed. Most teens say

it’s easier to get marijuana than alcohol or tobacco, billions are spent annually on enforcement, and drug violence continues to rise throughout the world. In turn, states have begun decriminalizing or legalizing small amounts for recreational use – the majority of Americans even favor full legalization. What changed? Concerned parents have started to support treating the issue as a medical, and not criminal, one. They are coming around to legalization as a better approach to confronting marijuana abuse than

merely outlawing the drug entirely. At least with regards to teen safety, legalizing marijuana is preferable to the status quo.

The War on Drugs thus far has aimed to eliminate the United States’ supply of drugs. The logic appears pretty simple – if you can prevent it from existing, people cannot use it. With marijuana use and abuse both rising, this simply has not worked. And how much has this strategy cost? Harvard economist and drug legalization expert Jeff Miron claimed, “Aggregate, between

state and federal level, eighty to ninety billion [dollars] annually.”

The government could have more effectively used this money. Morgan Fox of Marijuana Policy Project told the HPR, “Drug education and treatment would deal with the issue much better than prohibition does.” Many supporters of legalization argue earmarking revenues from marijuana excise taxes could pay for marijuana education programs, similar to how gas taxes are earmarked for road construction. Instead of

trying to control supply, demand could be limited under legalization. Plus, some countries (e.g., Israel) could mass produce legal marijuana at less than a twentieth of the cost of American street prices, giving the government significant room to tax the drug.

If legalized, laws similar to those regulating alcohol and tobacco could be enacted to manage the marijuana market.





# Sports



## Rifle team returns from NCAA Championship with awards

**JACKSONVILLE Ala.** – Jacksonville State’s Cole Tucker finished tied for second in the air rifle competition at the NCAA Rifle Championships on Saturday on the Ohio State University campus.

As a team, the Gamecocks turned in a 2340 air rifle after a mark of 2281 in smallbore on Friday. Jax State finished eighth with an aggregate score of 4621 at the NCAA Championships.

Tucker, from Wye Mills, Md., shared second place with Sarah Scherer of Texas Christian University. Both Tucker and Scherer tallied a 591. West Virginia’s Petra Zublasing won the air rifle individual crown with a 598.

Senior Monica Fyfe concluded her career with a 585, while ju-

nior Sam Muegge was one point back at 584. Sophomore Dan McCall and freshman Samantha Bullard rounded out the Jax State scoring with a 580 and 579 respectively.

After a stellar season, three members of the Jacksonville State rifle team were named All-Americans by the Collegiate Rifle Coaches Association, released by the organization after the NCAA Rifle Championships.

Junior Sam Muegge and freshman Samantha Bullard earned the distinction in smallbore, while senior Monica Fyfe was tabbed to the air rifle All American squad. Muegge, Bullard and sophomore Brent Books not only excelled in the range, but in the

classroom. The trio claimed Academic Scholar Awards by the CRCA.

JSU just wrapped up its third consecutive trip to the NCAA Rifle Championships with all three members playing integral parts in the success throughout the whole season.

Muegge, from Boling, Texas, was named the OVC Smallbore Athlete of the Year after a stellar outing at the 2013 OVC Championships. Muegge earned spots on both the OVC First Team in smallbore and air rifle. Fyfe, from Winnipeg, Canada, was named to the OVC Air Rifle First Team and tabbed to the OVC Smallbore Second Team.

~ Sportswire

## Gamecocks explode for 20 runs for series win over Skyhawks

**MARTIN, Tenn.** – Griff Gordon, Coty Blanchard and Chase Silvani each had three hits to lead Jacksonville State to a 10-5 win over UT Martin to split the Ohio Valley Conference series in the first game of Saturday’s double-header.

Taylor Shields (3-1) scattered seven hits and allowed five runs to earn the win for the Gamecocks, while Taylor Cox gave up seven runs in just 2 2/3 innings to suffer the loss for the Skyhawks.

Jax State jumped out to an early lead after scoring three runs in the first inning on a RBI double by Gordon and moved to third on Blanchard’s single. Gordon then stole home after Blanchard stole second and Blanchard later scored on a Skyhawk error to give JSU a 3-0 lead. Coty Blanchard drove in six runs on three hits as Jacksonville State claimed a 20-2 win over UT Martin as the Gamecocks won the Ohio Valley Conference series against the Skyhawks.

Adam Polk (2-3) allowed just two hits in five solid innings on the mound to earn the win. UTM’s Dalton Potts (2-1) gave

up just three hits and had four strikeouts in 4 1/3 innings, but got stuck with the loss after the Skyhawk bullpen gave up the final 17 runs of the game.

The first four innings was a pitcher’s duel as both teams had combined to allow just three hits, but Jax State broke through in the fifth inning and plated eight runs on six hits to take control of the game.

Tyler Gamble led off with a double, just the second JSU hit in the game, and Gavin Golsan followed with a single bunt to third and Michael Bishop was hit by a pitch to load the bases and chase UTM starter Potts from the game.

Eddie Mora-Loera drew a one-out walk to score the first run of the game, and Griff Gordon then hit a deep fly ball that was dropped by the UTM left fielder to allow two runs to score as JSU built a 3-0 lead. Blanchard then doubled in a run, before Stephen Bartlett doubled in two runs with a double Tyler Gamble and Gavin Golsan each drove in a run as the Gamecocks built an 8-0 lead after sending 12 batters to the plate.

Jax State came out and scored five more runs in the sixth inning, highlighted by a 3-run home run by Blanchard, as the Gamecocks pushed the lead to 13-0.

The Skyhawks got a run in the sixth on a sacrifice fly by Wade Collins, but the Gamecocks came right back and scored six more runs in the top of the eighth inning.

Mora-Loera and Blanchard each drove in two runs, while Carlos Somoza and Andrew Bishop each added a run to extend the lead to 19-1.

The Skyhawks scored their second run in the eighth inning after Collins doubled in second run of the game, but Gamble hit his first home run of his Gamecock career for the final margin.

Blanchard, Mora-Loera, Gamble and Golsan each had three hits, while Michael Bishop, Andrew Bishop and Bartlett each had two hits to lead the Gamecocks’ 19-hit attack. Blanchard, Gamble and Michael Bishop each homered in the win. Wade Collins had two hits and drove in both runs for the Skyhawks.

~ **Sportswire**



Griff Gordon (11) leads JSU batting .391 with 25 hits, 11 RBI and 14 runs scored

Sportswire

## SEC Miss. St. too much for Gamecocks

**Daniel Porter**  
*Sports Editor*

Tuesday night the Gamecocks softball team was just out-matched at University Field as the Mississippi State Bulldogs left with a 7-2 victory over JSU.

Mississippi State (17-6) grabbed an early 4-0 lead, scoring two runs each in the first two frames. JSU starter Hilary Phillips struggled more than she had in any previous start this season, facing four batters and giving up a run in the first before ever recording an out. But the senior settled down and got out of the inning only allowing one more to cross home plate.

As Phillips came into her

groove slowly, the Gamecocks couldn’t get anything going offensively. The Bulldog’s starter, Stephanie Becker, was mowing down the JSU lineup. Becker recorded the first 11 outs of the game via strikeout and had a foul pop-up caught for her 12th and final out of her four scoreless innings pitched.

In the fifth, down 5-0, the Gamecocks put the first runs on the board after Jessica Guy drew a two-out walk to get on base. Guy advanced to second on Sara Borders’ infield hit that followed. Kalee Tabor then hit a roller to the shortstop, who mishandled the ball and allowed Guy to score from second and Borders to move to third. The following pitch got

past the catcher, allowing Borders to sneak in the for the second and final run JSU would score.

Miss. State added a pair of runs late to make the lead 7-2, which would stand for the remainder of the game.

Jacksonville State (13-9) hasn’t lost in a month to any opponent outside the SEC or ACC, falling to Arkansas twice, Virginia Tech, Georgia Tech, and now Mississippi State. The Gamecocks hope the tough schedule helps them in OVC conference play which opens this weekend. Jax State will host Tennessee State for a doubleheader on Saturday, followed by a single game on Sunday, all at University Field.

### Gamecock ranks/standings

#### NCAA Rifle Championship finishing order

1. West Virginia (15th title)
2. Kentucky
3. TCU
4. Alaska-Fairbanks
5. Air Force
6. Army
7. Nebraska
8. Jax State

#### Congrats on a great season Gamecock Rifle squad

#### OVC M. Basketball final standings East division

- Belmont (14-2) [26-6]  
Eastern Kentucky (12-4) [24-9]  
Tennessee St. (11-5) [18-14]  
Jacksonville St. (8-8) [17-11]  
Morehead State (8-8) [15-18]  
Tennessee Tech (5-11) [12-17]

#### West division

- Murray State (10-6) [21-10]  
SE Missouri St. (8-8) [17-16]  
Eastern Illinois (6-10) [11-21]  
SIUe (5-11) [9-18]  
UT- Martin (5-11) [9-21]  
Austin Peay (4-12) [8-23]

\* OVC Tournament champ Belmont likely to be only OVC team in NCAA field

#### OVC Softball standings: East Div.

- Eastern Kentucky 10-7 (0-0)  
Morehead State 7-5 (0-0)  
Jacksonville State 13-10 (0-0)  
Tennessee Tech 10-8 (0-0)  
Belmont 7-9 (0-0)

#### West Div.

- SIUe 12-6 (0-0)  
UT-Martin 14-7 (0-0)  
Austin Peay 8-5 (0-0)  
Eastern Illinois 8-8 (0-0)  
Murray State 6-11 (0-0)

#### OVC Baseball standings:

- SIUe 5-7 (3-0)  
Austin Peay 9-2 (0-0)  
Belmont 12-4 (2-1)  
Tennessee Tech 9-6 (2-1)  
Jacksonville State 8-10 (2-1)  
Morehead State 7-9 (2-1)  
SE Missouri State 9-9 (1-2)  
Murray State 7-9 (1-2)  
UT-Martin 7-9 (1-2)  
Eastern Kentucky 4-8 (1-2)

#### Upcoming Action:

- Friday: M/WTennis vs Ala State  
Track @ Georgia Relays  
Baseball vs SIUe  
Saturday: M/W Tennis  
vs Belmont  
Track @ Georgia Relays  
Baseball vs SIUe  
Softball vs Tenn St (DH)  
Sunday: M/W Tennis  
vs Tenn State  
Baseball vs SIUe  
Softball vs Tenn State

#### Basketball record of the Div. I teams in the state of Alabama.

- Alabama (20-11) (.645)  
Jax State (17-11) (.607)  
South Alabama (17-12) (.586)  
UAB (15-16) (.484)  
Troy (11-20) (.355)  
Samford (11-21) (.344)  
Auburn (9-22) (.290)  
Alabama A&M (10-19) (.345)  
Alabama State (10-21) (.323)

P.S. Happy Pi Day 3.14





Jacksonville State opens Ohio Valley Conference action this Saturday on Campus

Sportswire

# Tennis tops The Citadel

**CHARLESTON, S.C.** – The Jacksonville State men’s tennis team picked up a 5-2 win over The Citadel on Sunday at the Earle Tennis Center in Charleston, S.C.

The win was JSU’s third of the season in 12 matches played away from Jacksonville. The Gamecocks will play their first home match of the season on Friday, March 15 against Alabama State.

Jax State had to bounce back after falling to the Bulldogs in doubles. JSU’s tandem of Igor Santos and Felipe Wenzel claimed a win at No 2 as they took down the pairing of James Atkinson and Peter Bleach, 8-6.

Down a point in the match, the Gamecocks won five of the six singles matches in dominating fashion. Senior Axel Sundberg topped Dillon Berkabile, 6-3, 6-0 at No. 2 for his third

consecutive win in singles and moved to 5-1 at the No. 2 spot in the line up. JSU’s Nenad Marcec made quick work of The Citadel’s Bleach, 6-2, 6-1. Sophomore Felipe Diaz ousted Atkinson at No. 4 in straight sets – 6-2, 6-0.

Wenzel carried the momentum from doubles to post a 6-1, 6-4 win over Elliott Sperr. Senior Felipe Watanabe rounded out the scoring for JSU with a 6-2, 6-3 at No. 6 against Jackson Pride.

After the ASU match on Friday at the JSU Tennis Courts, the Gamecocks will open Ohio Valley Conference play on Saturday against Belmont. Friday’s match is set for 1 p.m., while the OVC opener is slated for 10 a.m.

~ Sportswire

# Bonner, Ealey among those at Jax State Pro Day

**JACKSONVILLE** - Nine former Jacksonville State football players displayed their skills, speed and strength on Tuesday afternoon in front of scouts representing 13 National Football League organizations at JSU’s Pro Day.

The former student-athletes participated in a variety of drills and individual position workouts in the William Taylor Stewart Weight and Conditioning Center and on the field at Burgess-Snow Field at JSU Stadium.

Wide receiver Alan Bonner, who garnered an invite to the NFL Scouting Combine last month, highlighted the Jax State contingent. Wide receivers Kevyn Cooper and Trey Smith and running back Washaun Ealey were among the offensive players taking part in the annual event. The scouts also saw former offensive linemen Tori Mobley and Odie Rush work out.

On the defensive side of the ball, defensive lineman Dimetrio Tyson and defensive backs Francis Duncan and Keginald Harris participated in the day’s activities.

“The NFL Combine can be really stressful with all the cameras there and all the general managers talking to you, so it was good to come here in a relaxed environment,” said Alan Bonner. “I wanted to come out here today and workout for the scouts again and show them my interest in being an NFL player. It was great to come back and be with my teammates today.”

Ealey, who completed his final two seasons at JSU, has been mentored by former NFL star Ricky Waters. Waters, also a running back in his playing days, has been a member of the San Francisco 49ers, Seattle



Washaun Ealey just hopes to get a shot at his dream in the NFL

Sportswire

Seahawks and concluded his career with the Philadelphia Eagles.

“I was real pleased with my performance today,” said Ealey. “I hit 20 reps on the bench press earlier and did well in the 40-yard time. “I just want to follow my dream of having a chance to play in the NFL.”

Former Jax State All-American quarterback Ryan Perrilloux was on hand to help with the position drills as he threw to the wide receivers during their skill drills.

~ Sportswire

# Chung leads JSU Golf team

**CHOUDRANT, La.** – Freshman B.J. Chung led the Jacksonville State men’s golf team to a seventh place finish in the Argent Financial Classic at Squire Creek, hosted by Louisiana Tech on Tuesday.

The Rosario, Argentina-native carded a final round 74 to lead all Gamecocks on the final day at the par 72 Squire Creek layout. Chung’s scorecard had just two bogeys and 16 pars for a final tally of a two-over par 74. As a team,

Jax State turned a final round mark of 301, the third-best final round score of the 11-team field. After a 305 and 300 on Monday, Jax State finished the 54-hole event with a 906.

Sophomore Tomas Anderson finished in the top 10 for the fifth time this season. The Hertfordshire, England-native registered a three-over par 75 to claim eighth with a three-round score of 219 (+3).

# Please don’t skip a season at The Pete

Daniel Porter  
Sports Editor

Pete Mathews Coliseum, better known around campus as simply “The Pete”, is home to Gamecock basketball and volleyball, among other things. While the women’s basketball team had a season that described as struggling would be putting it lightly, the Gamecock men’s basketball team is coming off what record-wise could be considered the second best season in the program’s division 1 history, and volleyball is a steady OVC contender each year.

There have been talks lately that renovations, possibly major renovations or rebuilds, could be in the somewhat near future for the coliseum. Built in 1974, there’s no doubt that “The Pete” is well overdue for some 21st century upgrades, with the last major ones coming in 1987. It’s the third oldest arena in the Ohio Valley Conference behind just Alumni Arena (1963) at ECU and Lantz Arena (1967) at EIU.

Talks among university officials are hardly in the serious stage just yet, but Athletic Director Warren Koegel admitted earlier this year that the focus of upgrading the facility was his “number one priority” for athletics in the near future.

This is all great, but the worrying part of all of this is that a major renovation, or as some would suggest, a complete rebuild, would take at least a year to complete and could force the Gamecocks to play an entire season in an alternate location somewhere nearby. Those who have spoken about the possible renovation haven’t seen much of an issue with skipping a year of on-campus home games, for a return of having a brand new modernized arena for years to come following. I however, hope “The Pete”, old or new, doesn’t lose a season.

The men’s basketball program, if admitted or not, is the key focus (as it would be at other schools) on this project. This past season, the men’s program made a turn in the direction the program had been heading. The team finished 17-11, recording the first winning season for the program since the 2005-2006 season, and the most wins in a single season since the 2002-2003 campaign. That’s lightyears ahead of the 5-25 team from just two seasons ago.

Since 1974, the men’s team has a 409-131 record at The Pete, always fueled by a strong, though sometimes scarce, home crowd. Since the new millennium the team has an overall record of 154-227, and 100 of those wins came at home. JSU has always played well at Pete Mathews Coliseum.

In the five seasons from 2006-2010 the program won 43 games, an average of just over eight wins a season. During the last two seasons the team has doubled that, with 32 wins in two seasons, an average of 16 each season. My point is that the program is just beginning to rival being a serious threat each and every year for the OVC title and for even a possible birth in the NCAA tournament.

Fans, the community and students are just getting to where they’re looking forward to the next home game. It may not seem like much, but I’m afraid a year off campus would kill the buzz around the program. A new arena would attract some early the next season, but what if the team struggled again? Playing a season off campus could possibly cut home attendance by more than half. For a student, heading to The Pete Thursday night is no big deal, but if they have to get in a car and drive even just a few miles, there’s a chance they’d just find something else to do instead.

Cutting the home crowd would kill the atmosphere and really make all home games into neutral court games, giving the edge to the opponent just as much as the Gamecocks. And a bad season like that could hurt recruiting down the road and cause the team to take a step back to where they were in the early 2000s, even if they returned to a new arena.

In writing all this I will admit I know sports, and enough about writing to get the job done, but I claim not to know anything about major construction. However, I feel if a major renovation was to take place, or even a complete rebuild, I would hope the university would do all it could to line up every step of the process and be ready to go as soon as one season ended, go all out for eight months and possibly be done by the following season.

Gamecock basketball needs to stay at The Pete... old or new.