

Breast Cancer and You



Prevention begins now

Emily Hayes

Associate Editor

Breast Cancer Awareness Month. We are surrounded by pink lids, pink cereal, pink shirts, pink jerseys ... What's not pink during the month of October?

While many of us have been affected in some way -- perhaps the diagnosis of a family member or friend -- it's important for every college woman to know what steps she should be taking now in her personal fight against cancer.

According to Susan G. Komen for a Cure, here are steps that women as young as 18 need to begin.

Know your risk. Some of us know who, if anyone, in our family has been diagnosed

with breast cancer. But if not, find out. Then talk to your doctor about your personal risk.

Get screened.

Have a clinical breast exam every three years starting at the age of 20. While mammograms aren't usually necessary, women still need screening. Early detection is important, and college-age women can be diagnosed.

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three years starting

at the age of 20.

Know what is normal for you. It's not something many of us want to think about, but know

your breasts and see your health care provider if you notice any of these breast changes:

- Lump, hard knot or thickening inside the breast or underarm area.

- Swelling, warmth, redness or darkening of the breast.

- Change in the size or shape of the breast.

- Dimpling or puckering of the

skin.

- Itchy, scaly sore or rash on the nipple.

- Pulling in of your nipple or other parts of the breast.

- Nipple discharge that starts suddenly.

- New pain in one spot that doesn't go away.

Finally, **make healthy lifestyle choices.** Now is the time to eat right and maintain a healthy weight. If you're not exercising, begin now. Limit alcohol intake. Now is the time to develop good habits that will reduce your risk later in life.



Komen North Central Alabama Race for the Cure

Where: Birmingham When: Oct. 20, 2012 What: The Susan G. Komen Race for the Cure Series is the world's largest and most successful education and fundraising event for breast cancer ever created.

Contact: info@komenncalabama.org or 205-

Pink Hair for Hope

Where: Your local salon

What: To date the Pink Hair For Hope campaign has brought together more than 1,000 salons and raised over two million dollars to fight Breast Cancer. Individuals can go to participating local salons and have a lock of She by SO.CAP.USA's signature pink hair extension added to their own locks for a \$10 donation.

JSU saving lids, saving lives

Kayla Eassey Staff Writer

October is National Breast Cancer Awareness Month, and Jacksonville State University wants students to join the cause with the Save Lids to Save Lives campaign.

"Everybody's effected by cancer in some way, this will help out the community, help out JSU, a good cause, and trying to do something good in the month of October," says former SGA president Bryant Whaley, who currently serves as Student Promotions Coordinator for Sodexo **Dining Services.** Save Lids to Save Lives is a 10 cent contribution through submission of lids. Yoplait supports the cause, giving \$34 million through all of its programs, expanding with even more brands. Not only are the yogurt lids accepted, but now products such as Honey Nut Cheerios, Green Giant, Progresso, Nature Valley, Pillsbury and Betty Crocker, as well. Donations collected from the Save Lids to Save Lives program will go to Susan G. Komen for the Cure and a network of over 100 affiliates to benefit breast cancer outreach in local communities around the nation. Donation boxes are stationed throughout the JSU campus, including all dining locations: Jasmins, TMB, Gamecock Diner, WOW and the cafeteria. They are also available at the student health center, Stadium Tower and Bibb Graves. Donation boxes will be available for the entire month of October. Social Work Alumni Mandi Woodard definitely thinks the program is a positive effort by the students. "I think it gives JSU a good name and its reaching out to its community," Woodard says. "Also it's an easy way to gain money and it would probably be beneficial for them to sell them at the café.' Breast cancer research is the philanthropy of campus organization Zeta Tau Alpha, and ZTA member and reigning Miss Jacksonville State Beth Milam is using breast cancer awareness as her platform in her campaign for Miss Alabama. "My vision or dream is to leave it better than I found it, and to actually make an impact doing it, [donating]," says Milam. "It's the little things that really make a difference."

263-1700

American Cancer Society Making Strides Against Breast Cancer

Where: Atlanta, Ga. When: Oct. 6, 2012 Where: Marietta, Ga. When: Oct. 27, 2012 Where: Chattanooga, Tenn. When: Oct. 28, 2012

What: Start a team, join a team, or walk as an individual in one of our non-competitive, 3- to 5-mile events. However you decide to participate, we'll be here with you every step of the way. Online tools make it easy to encourage friends and family to support you with a donation to help end breast cancer.

Contact: http://makingstrides.acsevents.org

Absolutely Running For A Cure

Where: Gadsden When: Oct. 13, 2012 What: 5K Run/Walk and 1 Mile Family Fun Run/Walk with a "Pink Party Throw-Down Fiesta" following

Contact: <u>absolutefitnessgym.com</u> or 256-413-8220

Your stories, Page 2

College political parties gearing up, Page 3 Contact: <u>www.pinkhairforhope.org</u> or ask your salon for details.

American Cancer Society Relay For Life of Calhoun County

Where: Anniston When: May 10, 2013 What: Organized, overnight community fundraising walk, where teams of people camp out around a track. Members of each team take turns walking around the track and food, games and activities provide entertainment and build camraderie. Because it's a team event, individual participants are not required to be there the entire time. But it's so much fun, you'll find it hard to leave!

Contact: main.acsevents.org

Men Against Breast Cancer

What: MABC is the first national non-profit organization designed to provide targeted support services to educate and empower men to be effective caregivers when breast cancer strikes a female loved one; as well as, target and mobilize men to be active participants in the fight to eradicate breast cancer as a life threatening disease.

Contact: menagainstbreastcancer.org

Dancers combine poetry, motion, Pink Floyd, Page **4**

Marvel Comics goes pink in Oct., Page 5

Opinion: Journalism is thriving, Page 6

Gamecocks soccer 3-0 OVC start, Page 8

2

My grandmother is a survivor. She's in her 70's now and she had it in her 60's. She was able to keep her breasts; she just had treatment. But there for a little while it looked like she was going to lose her breasts, but she was able to get her treatment and go into remission.

I was actually thinking about, for Breast Cancer Awareness Month, guys all around the country are going to dye a pink strip in their hair. I was thinking about doing that.

-- Kenneth Smith, Freshman

My aunt died from breast cancer about three or four years ago. She had it for a couple of years. It went away but it kept coming back. It finally took her. I try to wear my pink rubber band and donate.

-- Michael McClendon, Senior

I had a mother-figure; she was like my stepmom. Her name was Cindy Hale. She was actually a friend of the family; she brought me up from preschool and she would watch me after, when my mom and dad would drop me off going to work, she would watch me and babysit me when they couldn't be at home, help out and what-not, all the way from preschool through eighth grade.

She lived with us for about four years, and then she moved out because she got married. And that year my mom told me she'd gotten breast cancer.

And then it was like a year or two later she ended up passing away because all the treatments were too much for her.

Ever since then I've donated probably about \$300 to Breast

Cancer Awareness, and I'm actually planning to get a tattoo of her in the next year or so.

She affected me like crazy; she's the reason I am who I am today.

When I worked at Walnut Park Elementary, my boss, Tish Hutcheson, found out that she had breast cancer. She was always doing something. She teaches psychology part-time at Gadsden State. She also works with the Gadsden City Schools' after-school program. She was assigned to Walnut Park while I was there. And she also is the home-school coordinator and the Key Club coordinator from Grace Bible School in Rainbow City.

Even the days she had chemo, she would call me and say that she wanted me to come in early and set everything up, because she would be late but she would be there. She never slowed down - I don't remember her ever missing a day of work ... That was maybe three years ago, and about one year ago she became cancer-free.

-- Kara Coleman, Junior

My grandmaw, she's already passed, she had breast cancer and actually had to have a double mastectomy. I was very young, probably five or six, but she went into remission and the breast cancer never came back.

-- Shainah Peek, Junior

I personally don't know anybody, but I used to play college softball at Snead State and I played in a Breast Cancer Awareness game. We raised a lot of money for breast cancer and it was great.

-- Kacie Youngblood, Junior

Your Stories My great-aunt was diagnosed this past Christmas. She's taking chemo right now, the pill.

-- Lauryn Goss, Junior

When I was, I guess about six, my mother was diagnosed

with breast cancer. I didn't really know too much about what was going on, I just remember they'd take a lot of trips to Huntsville, to the hospital, I was never really allowed to go. But I knew she was sick; but I didn't really understand it. All of her hair fell out, she had to have one of her breasts removed. But I never really knew what was going on until my father came home and told me. She'd passed away. It was June 1996. I just don't remember much about it. He just came home and told me that cancer was a disease and that there's nothing she could've done. And they did what I know now was chemotherapy and radiation treatment. And that was it. And it was a really upsetting time, but it was more upsetting because I knew so little about breast cancer. And it set in, after a couple of years, what had actually happened. Not that every month should be Breast Cancer Awareness month, but people should be thinking about it. It's something that girls should get themselves checked out - and guys should get their prostates checked out. It's not something that you can just go to the doctor once a year and if they catch then they catch it. It's something that you need to stay on. Anything that we can do to raise awareness, I think, is a good thing.

-- Zack Anniston, Junior

A really close family friend had breast cancer. She had to have a double mastectomy. She lost all of her hair. But she's recovered now; she's doing really well.

-- Allison Davis, Junior

My aunt was diagnosed with breast cancer last year and she had to get both of her breasts removed. Her chemotherapy caused her hair to fall out and stuff. But I don't think she's getting treatment anymore. Her hair's grown back and she's not looking so sick anymore.

-- Marilyn Hall, Sophomore

My aunt Sharon Brittain was diagnosed in 2000, and tutored me through college algebra even though she'd started chemotherapy. She was a brilliant math teacher at Weaver High School, and because of her I made a B in the class.

She fought for seven years and died in 2007, only nine days after I'd had my sonogram and called to tell her I was having a baby girl.

I can still hear her voice asking me the question she'd ask every time I'd see her.

"How's math goin'?"

-- Emily Hayes, Senior

-- Andrew Holderfield, Senior

I personally don't have anyone that has breast cancer, but I almost had a scare. They found something in my breast that they thought might have been, but it turned out to be negative.

-- Denise Ball, Freshman

College political parties gear up

Ashley Ossenfort Staff Writer

With the Election season coming up, the political parties on campus are working hard to not just support their party's campaigns and messages, but also to send a message of their own.

Sophomore and President of the JSU College Democrats Brett A. Johnson said, "It's very important for young people to get involved politically."

Sheila Gilbert, Chairperson of the Calhoun County Democrat Committee, spoke at last Wednesday's College Democrats meeting."They say 'I don't want to get involved with politics because politics don't involve me," Gilbert said. "People better look twice, because if you don't get involved with politics, they sure get involved with you."

Gilbert went on to stress the importance of young people's participation in politics, saying that "the life of the party is with young people."

"Students here at JSU will take politics seriously. It's not a dirty word," said Staff Advisor of the College Republicans Dr. William Lester, "In fact, it's how we make our decisions as a people and if you don't get involved in it, you will be led around by somebody who does."

Both The College Democrats and the College Republicans have started their meetings this semester and are already brainstorming ways to get involved in local and national campaigns, as well as community service projects. Both parties plan on attending the Oct. 16th Presidential Debate Watch Party at the Leone Cole Auditorium at 8 p.m.

Leaders of both organizations are hoping to collaborate on future events. "I am hopeful, and I believe that both the groups, the College Democrats and the College Republicans, can get together and sponsor some events," said Lester. "I think that learning civility between two groups that disagree on policies, but agree with the overall ideas of the Republic, would be a good thing to teach college students. "

The individual groups are planning to work closely with the campaigns of local and state officials. The College Democrats have placed heavy focus on the election of Bob Vance for the next Alabama Chief Justice. "We see this as a very important election in the 2012 cycle," said Johnson. "This particular election is arguably for one of the most powerful and influential offices in the state. The Chief Justice and Supreme Court have a lot of potential to change the direction of the state via interpretation of laws passed by the Legislature."

Both parties stress the importance of informed voters and party participants. "We need to have an informed and active citizenry in order to put good people in office [and] hold them accountable," Lester said. "The system doesn't work if you don't have the fundamentals covered. The fundamentals are an informed and active citizenry, and not just an active citizenry. We want them to be informed."

"At each meeting we will have a short presentation on some stance the Democratic party has, so [participants] can be informed when [they] go out and talk to people that this is what the Democratic party really stands for and this is why," Johnson said.

With voting registration coming to a close, both parties are rushing to get students registered. "The demographic 18-25 is the lowest voting group in the United States by a pretty wide margin, so we definitely have some work to," Lester said.

The College Democrats and College Republicans stress the importance of attending political events to form networks and create references that can potentially impact a student's resume.

Lester said, "We need good people to get involved, and if we don't get good people to get involved, then both parties are going to end up getting what they deserve."

Both organizations have weekly meetings located at Brewer Hall every Wed. The

College Republicans meet at 2 p.m. and the College Democrats meet at 6 p.m.

Club aims to nurture writers

Staff Writer

Students who are looking to get involved on campus should have no trouble finding a place where they can belong. With clubs and organizations that cater to art, education, politics, and so much more, Jacksonville State University students have an array of options to choose from.

The JSU Writers' Club is included among these options. The purpose of this club is to promote the growth and improvement of its members by encouraging creativity and originality in their writing.

In order to fulfill this goal, the JSU Writers' Club has weekly meetings where members can read each other's works and offer comments and suggestions for further improvement in their tive opinion about your projects."

The JSU Writers' Club is kicking off the fall semester with a new meeting time and location. Due to the growth of the club over the past year, the meetings are now held in the Writing Clinic, located on the second floor of Stone Center, in room 230.

These meetings are open to all JSU writers and take place every Wednesday at 3:00 p.m. Faculty adviser Douglas O'Keefe expresses his excitement about the club's growth and success. O'Keefe says, "I'm glad to see that the club on the rise. This year seems to be off to a really good start."

The Writers' Club hosts two major contests each year: The R.U.M. Short Fiction Contest in the fall semester and the R.U.M. Poetry Contest in the spring semester.

The club has made the decision to "go green" this year, so all en tries for these contests will now be submitted electronically via email. All students who attend JSU are eligible to enter these contests. The top three writers will receive cash prizes and plaques, as well as the opportunity to have their writing published in the JSU Writers' Club's literary magazine, Something Else. Submissions for the R.U.M. Short Fiction contest should be turned in by Friday, Oct. 26. Contest guidelines and entry forms can be picked up from Dr. O'Keefe's office door at room 101 of the Stone Center. For more information concerning the JSU Writers' Club or the R.U.M. Short Fiction Contest, contact Dr. O'Keefe at dokeefe@ jsu.edu or club president Tiffani Foster at tcole@jsu.edu.

Interested in becoming a Gamecock Orientation leader?

Pick up your application today in the Office of Student Life, TMB Room 402!

Applications are available now and are due by October 17, 2012.

Applicants must have at least 24 credit hours at JSU, a 2.25 GPA, must be a full-time student of at least 12 hours in the Fall and Spring semesters and have attended one complete ac-

ademic year at JSU.

Applications should be turned in to the Office of Student Life, along with two letters of recommendation from JSU full-time faculty or staff.

Questions? Call 256-782-8054

Alpha Xi Delta steps it up

Sierra Tillman

Staff Writer

On Sunday September 30th the ladies of Alpha Xi Delta had their annual Step It Up Challenge for Autism.

Alpha Xi Delta's national philanthropy is Autism Speaks. Each year all of their organizations do work to raise money and awareness for their cause. This year they held their walk on the campus of Jacksonville State University, walking about three miles total in and around campus.

Taking the lead on this event this year is sophomore Taylor Vaughn. She and all the other ladies were full of energy for the event which consisted of the walk itself, a silent auction, face painting, and games.

Alpha Xi Delta also worked together with other sororities on campus to help make the day great. The ladies had a goal to raise \$15,000 the day of the Step It Up Challenge, which is an increase from the \$10,000 they raised last year.

On October 13th the Birmingham chapter of Alpha Xi Delta is hosting Alabama's 1st annual Autism walk, and the JSU's chapter will participate.

One in eighty eight children are diagnosed with autism each year. To learn more about Autism or to donate, visit www.autismspeaks. org or you can ask any Alpha Xi Delta member for more information. writing.

These meetings provide aspiring writers with a warm, supportive atmosphere where they can share their work, an aspect which member Michelle Lowery Combs values the most.

"I think that the Writers' Club is a good place to share ongoing projects," says Combs. Michelle recently placed first in the Alabama Writers' Conclave's annual writing contest for the best first chapter of a novel. The manuscript that won this award had received feedback multiple times from the JSU Writers' Club.

"One of the most helpful tools to a writer is feedback," explains Combs. "A lot of times, it's hard to get that feedback from family, friends, roommates, and other people that you're close to, so it's always helpful to have an objec-



Arts > Entertainment

Dancers combine poetry, motion and Pink Floyd

Two exciting performances beneath the stars

Andrew Holderfield A&E Editor

An entirely original and highly unusual work of ballet is blooming over two performances in Gadsden.

Echoes in the Amphitheatre is slated to be like none you've likely experienced. On October 25th and 27th, Mort Glosser Amphitheatre will rumble and light up with a neo-classical piece created to be performed in the historic space.

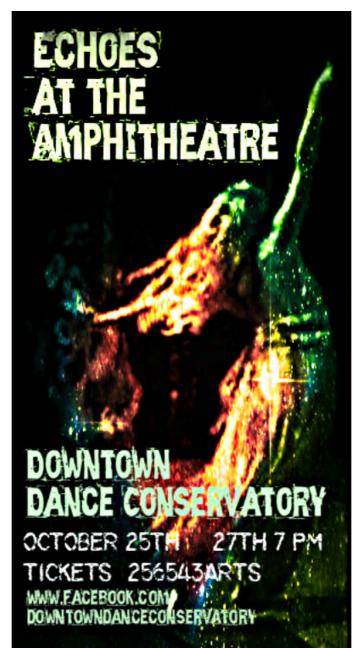
The eerie ballet is set to the entirety of Pink Floyd's "Echoes", a progressive rock composition released in 1970 that includes lengthy instrumental passages, sound effects, and musical improvisation.

The narrative to the twenty-four minute composition is choreographed to tell a strange tale based on Samuel Taylor Coleridge's major poem "The Rime of the Ancient Mariner" from a very unique point of view.

The supernatural poem, published in 1798, marked the signal of the new era of British Romantic Literature and is the precursor to many of the strange sea tales we hear today. Narrated from the memory of an old mariner, the story recalls the story of a fantastic sea voyage through the veil of reality and time itself.

Performing in the show are the current Downtown Dance Artists and apprentices, along with the Level II Upper School dancers of the Downtown Dance Conservatory.

Echoes in the Amphitheatre was created, choreographed and costumed by JSU Senior Krystin Baird and Linze Rickles McRae, both of whom are instructors with the Downtown Dance



Artists. The performance will also feature JSU student Laura Cornwell.

"I'm nervous," Krystin told The Chanticleer, "this is my Senior Practicum, but I'm also really excited because we are all so proud of it. It's going to be a great performance."

Fans of ballet, and even skeptical first-timers, are encouraged to come enjoy this beautiful piece of neo-classical work. Those appreciative of Pink Floyd's stranger side are also in for an entrancing evening.

This is not the Downtown Dance Artists' first rock-based show. They have previously performed to music from such popular acts as The Beatles.

Both performances are set under the stars in the historic Amphitheatre with guests encouraged to bring dinner and drinks for show.

"We're hoping for beautiful weather and a beautiful, starry sky for everyone to enjoy," Krystin stated "it's going to be magical"

The doors will open at 6PM each night, and the performance will begin at 7 PM. Tickets are \$15 for adults and \$12 for student with a current student ID. They can be purchased at the door, from the Conservatory, or in advance from the Downtown Dance Artists.

For more information: 256-543-2787 ext. 41 or faceboook.com/ downtowndanceconservatory

New art exhibition open all month

Jake Oliver Staff Writer

A bit of amazing art is coming to JSU. On Paper, a new exhibition by JSU Assistant Professor Bryce Lafferty, is a beautiful collection of art and will be open all month.

Colorful shapes and textures form landscapes and architecture unlike any you've ever dreamt. Immediately upon seeing Lafferty's art, it becomes almost hard to imagine that these shapes, which seem so firm and well constructed, are actually made from paper. This stands in both cases of the colors on flat paper as well as the three-dimensional and installation pieces constructed from paper.

Lafferty, Assistant Professor of Painting and Drawing, is a relatively new faculty member at Jacksonville State University, arriving in the Department of Art in fall, 2011. He teaches drawing, watercolor, as well as canvas painting.

I may not be an Art major, but I know design and expression. These alien forms would seem strange if they were not composed so stunningly. The background emptiness of two of the pieces (featured on this page) absolutely struck me.

Hammond Hall Art Gallery will feature this wonderful exhibition for the entire month of October, with a special reception on the 4th at 4:30pm. All are welcome and admission is free.

Fans of color and form owe it to themselves to check these pieces of art out with thier own eyes. Simply put, this isn't the stuffy art you find in the backs of books; this is human expression for our times.





Lafferty

Bryce Lafferty On Paper

Hammond Hall Gallery M-F 8.30-4.00 Free Admission

Reception: October 4th 4.30-6.30

Marvel Comics goes pink in October



Andrew Holderfield A&E Editor

Marvel Comics, publisher of such favorites as Spider-Man, X-Men and The Avengers, is printing many of its most popular titles with special edition covers this month to support Susan G. Komen and National Breast Cancer Awareness Month.

Captain America, Fantastic Four and Uncanny X-Men are just a few of the titles getting pink variant covers that will be available directly from Marvel. com.

All Marvel titles in October, not just the ones with special covers, will feature a special one-page ad educating readers about breast cancer.

"Komen is thrilled to partner with Marvel Entertainment in the fight against breast cancer this October," said Dorothy Jones, VP of Marketing at Komen. "This partnership will allow us to share critical

information with this important audience, empowering them to take positive action for their breast health and for the women they love."

Marvel.com

Marvel has partnered up with Komen in the past, mainly limited edition posters and t-shirts, never something this significant. Some covers even feature popular heroes in pink-trimmed costume.

Collectors take notice, as these are rare variants reserved for direct and large batch orders only.

Marvel Editor-In-Chief Axel Alonso told Fox Nation "Everyone's got a mother, everyone's got a sister... and while most of our readers may be male, don't underestimate the number of female readers out there. Our titles, such as Captain Marvel (the current Captain Marvel is female), the Fantastic Four and the X-Men all have powerful female lead characters. Marvel is proud to bring awareness to this cause."

Premiere Cinema 16

FRI. Oct. 5th

Frankenweenie (PG) [3D] 4:25 - 6:45 - 9:05

Lawless (R) 3:30 - 6:30 - 9:30

Looper (R) 3:00 - 6:00 - 9:00

Pitch Perfect (PG13) 3:30 - 6:30 - 9:30

Taken 2 (R) 3:30 - 4:40 - 6:00 7:05 - 8:30 - 9:45

The Possession (PG13) 4:50 - 7:20 - 9:45

1001 Rainbow Drive Gadsden, AL 35901



Book Review: Fifty Shades Freed

Christian continues having trouble understanding what Ana sees in him, and Ana still struggles to cope with his obsessively overprotective behavior. The Greys both prove



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Journalism is thriving

V hen I sit down each week to write my political column for The Chanticleer, I've got a choice to make.

Generally, that choice goes like this: Should I write about Mitt's latest mishap, or maybe

switch things up a bit and criticize someone on the other side of the aisle?

I have to say, writing about politics all the time can be disheartening.

This week, I'm digressing. No politics. No underhanded mudslinging. No religiously-motivated violence. Instead, I want to talk about something equally important - journalism. Especially in the context of the Digital Age.

Many veterans of the news gathering profession would tell you that it's not a very upbeat conversation to have. The human experience, every last bit of it, and the news has changed drastically thanks to the Web.

Our real world lives and online lives are becoming irrevocably entwined. We're indistinguishable from our Twitter feed and inseparable from our smartphones. It makes sense that journalism would have to change, too.

The news gathering industry was slow to pick up on that, but it's getting there.

Ten years ago, though, journalists were ter-

rified of the direction their profession was heading, especially those working in print. Newspaper circulation was

down, a trend that began at the end of World War II and has continued until today.

There hasn't been a newspaper company that has managed to produce a gain in daily circulation since 1987, according to statistics provided by the Audit Bureau of Circulations.

To compound that problem, the newly-emergent World Wide Web seemed to be sucking what life remained in "dead tree" news media away

Sites like Google, Yahoo and Craigslist provide the same services that newspapers do for free

So the relationship between the internet and those who disseminate the news has always been a little touchy.

Rupert Murdoch, 81-year old CEO of the media conglomerate that owns The New York Times, tweeted that Google was the "piracy leader."

It got so bad that Bob Woodward, famous for

uncovering and breaking the Water-

gate scandal with fellow journalist

Carl Bernstein, said that then-CEO

of Google Eric Schmidt's tombstone

ought to read "I killed newspapers."

lent journalist whose reporting has

Google and the Internet are not

done wonders, he's still wrong.

While Woodward may be an excel-



has to change. In fact, Google and Eric Schmidt probably deserve more credit for keep-

ing newspapers alive than newspapers themselves. Sept. 22nd marked the tenth birthday of

Google News, a news aggregator site that algorithmically gathers and displays links to articles from thousands of news outlets.

More than a billion people use Google News to get their news each week. All that traffic, plus search results from Google, equates to over four billion unique visitors a month for news outlets overall. In the new world of online news media,

that's a big deal. If journalism is

going to survive as a profession it has to change. And it will; it's in the process of doing so right now. Several news

outlets, The Wall Street Journal among them, have managed to successfully charge for access to online content.

Considering where we're headed technologically with smartphones and tablets, the best solution would be a subscription-based digital news application that provides a customized bundle of services, like news and entertainment, as well as targeted advertising.

The most creative among our generation of may graduate college, venture forth into the wild blue yonder and change everything; but people will always want to know what's going on at the county courthouse.

UWire

Americans should not fear a shortage of delicious greasy bacon

Krista Brooks

Daily Forty-Niner Cal State Long Beach

I'm sure you're all devastated about the news of the worldwide pork shortage.

Yes, this includes our favorite meat, bacon.

Last Thursday, Britain's National Pig Association warned that the escalating numbers of shrinking herds are going cause an "unavoidable bacon shortage. '

This 'porkapocalypse" is due to the increase in cost of feeding these delicious animals, according to the pig industry.

If you're still reading, let out that breath you've been holding bacon will not be extinct as predicted.

The U.S. Department of Agriculture predicts that the pork production of next year will be around 23 billion pounds, only a 1.3 percent decline in America.

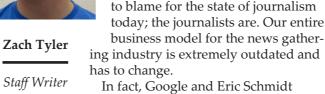
Worldwide, it's predicted that the availability will only be a 2 to 3 percent decrease per-capita.

Bacon has become a fad, or obsession, for American food lovers.

In 2010, the pork consumption reached an all-time high of 33.4 pounds per person a year, according to the Department of Agriculture's Foreign Agricultural Service.

Europe may experience a lack of bacon within the next few years, but only a 10 percent decrease at most.

More than a billion people use Google News to get their news each week.



Letter to the Editor:

Dear Editor,

I will be the first, and possibly only, student to say that I like the parking. There is ample parking and even the furthest distance is well within walking distance.

Take it from someone that constantly had to walk from Stone to Mason. It only takes 10 minutes to do so. You can get there in less if you speed walk.

The bus system, however, is an unaddressed issue that lingers on the forehead of the University.

There are far to many issues that can easily be solved:

- Bus signs should be perpendicular to the • road and not parallel to.
- This makes it so that drivers can see them more easily.
- Times of arrival should be listed at each stop
- These times should be actual times. •
- Changes to the routes should be sent in a campus wide email
- Stops that are no longer stops should have • their signs removed (Upper stone center)
- Buses should not be going through any parking lots.
- Every bus should stay on the roads around campus. There is not a single building on campus that is less than a minute walk to a road.
- Buses in parking lots are a danger to • students crossing and also slow down the traffic flow of students leaving the parking lot.
- Each route should have another route that runs opposite with it.



Stephen Gross/The Anniston Star

Purple somewhat does this but there aren't enough buses on it.

These are just a few simple changes that would be easily implementable and would help with the overall traffic flow as well as getting students to their classes on time, which is ultimately the main purpose of having a bus system.

From experience, I can tell you that it is faster to walk to Mason from Stone than it is to ride the Red bus.

So in regards to my last letter, thanks for reading but know it was not a slam on the overall Homecoming theme. It was a overview of the recent dissatisfaction I have gained with the University in regards to making the college experience better. T

Thank you for reading and I hope you have a pleasant day. And as always, Go Gamecocks!

Nathan Andreasen Jacksonville

Do not freak out. There will still be bacon.

The bacon crisis has spun into an exaggerated epidemic. We can all blame the media, but let's get serious. If there was a terrible shortage of bacon in our future, we would all want to know about it immediately.

Thankfully, this issue is not as worse as forecasted by the United Kingdom, but the word "unavoidable" comes across very serious and scary.

The bacon in the United Kingdom is also different from the bacon that Americans eat with scrambled eggs and toast.

The bacon in this region is from a different part of the animal, a meat familiar to us as "Canadian bacon."

YouTube series "Epic Meal Time" will be happy to know that the price of bacon in Canada, however, will not be raised as high as in the U.S.

This predicted scarcity was due to a recent drought and rise of corn price.

This may raise the price of pork-per-pound within the next few years.

Steve Meyer, a consulting economist to the National Pork Board, predicts that prices will be raised at most to \$3.75 per pound. This price is only 25 cents higher than present costs.

If you were freaking out about the loss of bacon - I know I was - rest assured that it will only be raised by a measly quarter, a price us baconlovers will have to pay.

October 4, 2012

Sports

Soccer's Manns and Geddings take OVC honors after 2-0 weekend

BRENTWOOD, Tenn. – For the second time this season, Jacksonville State's Katie Manns and Katelyn Geddings have earned Ohio Valley Conference Soccer Player of the Week honors in the same week, released by the league office on Tuesday.

Manns shares this week's Defensive Player of the Week honor with Southeast Missouri's Hayley Abbot, while Geddings was tabbed the top goalkeeper in the OVC this week. The tandem helped pace

Jax State to a pair of league victories over Eastern Illinois and SIU Edwardsville this past weekend on the home JSU blanked EIU, pitch. 1-0, on Friday and out-lasted SIUE on Sunday, 3-2.

Manns and Geddings claimed OVC honors for the week of Sept. 11 after the pair of seniors guided JSU in the Gamecock Adidas Soccer Classic. With the two accolades this week, JSU has claimed seven OVC Player of the Week awards through the first seven weeks of the season.

"This is another proud moment for these two players. They continue to impact the outcome of our recent success and they help us sustain our leads," said head coach Julie Davis Carlson. "Geddings to 10-2-1 on the season and a perand Manns both had terrific performances and left little room for error. It is always an honor for the OVC to see the success of our player's performance and be recognized weekly against such other quality players within the conference. These young ladies continue to strive along with this team each day to achieve their goal."

Both were instrumental in JSU's wins over the weekend and pushed the season's overall mark



Sportswire Senior goalie Katelyn Geddings

Volleyball drops home opener to SEMO

JACKSONVILLE – The Jacksonville State volleyball team dropped its home opener to Southeast Missouri Friday night by a score of 3-0 (25-19, 30-28, 25-13) to give the Gamecocks their first conference loss of the season.

The Gamecocks (9-9, 3-1) had won 13-straight home openers at Pete Mathews Coliseum prior to Friday night's loss. The Redhawks hit .263 for the match to imHivya Leite's seven kills in the set. The Redhawks used a 6-0 run to tie the match and eventually pulled away for the 30-28 win. SEMO then dominated the third and final set to complete the sweep with the 25-13 victory.

Leite led the Gamecocks with 11 kills on the night. Nicole Merget and Jen Meyer added nine kills apiece while Emily Rutherford recorded eight kills. Alina

fect 3-0 start in OVC play. Jax State is one of 17 teams in NCAA Division I Soccer to have doubledigit wins on the season.

Manns, a mainstay in the JSU line up, contributed on both ends of the field on Sunday against SIUE. The Rancho Palos Verdes, Calif.-native engineered a perfect corner kick to get up JSU's first goal of the contest. She later netted the eventual game-winning goal after connecting on a pen-

alty kick late in the second half. Manns helped stave off an SIUE rally in the second half of the contest for the JSU defense. On the weekend, she played all 180 minutes on the pitch.

Geddings turned in one of her best outings of the year in goal Sunday against the Cougars of SIUE. The Warrior, Ala.-product thwarted a plethora of SIUE scoring chances and posted 18 saves in the match, which ranks thirdbest all time in a single match at JSU. Geddings turned in her fifth shutout of the season after blanking EIU on Friday She recorded 25 evening. saves on the weekend and allowed just two goals.

~ Sportswire

FCS Top 25

- 1. North Dakota State (4-0)
- 2. Montana State (5-0) 3. Youngstown State (4-0)
- 4. Old Dominion (5-0)
- 5. James Madison (3-1)
- 6. Wofford (4-0)
- 7. Eastern Washington (3-1)
- 8. Georgia Southern (3-1)
- 9. Illinois State (5-0)
- 10. Sam Houston State (2-2)
- 11. Lehigh (5-0)
- 12. Towson (2-2)
- 13. Stony Brook (4-1)
- 14. New Hampshire (3-2)
- 15. Appalachian State (3-2)
- 16. Delaware (4-1)
- 17. Eastern Kentucky (4-1)
- 18. Northern Arizona (4-1)
- 19. The Citadel (3-2)
- 20. Cal Poly (4-0)
- 21. McNeese State (4-1)
- 22. Northern Iowa (1-4)
- 23. South Dakota State (4-1) 24. Central Arkansas (3-2)
- 25. Harvard (3-0)

Jacksonville State (2-2)

JSU Next opponent: Tennessee Tech (2-3) Oct 6 (Away)

OVC Standings

Eastern Kentucky 2-0 Eastern Illinois 2-0 Tennessee State 1-0 Jacksonville State 1-1

OVC Volleyball Standings

East Division: Morehead State (4-0) Jacksonville State (3-1) Tennessee State (3-1)

West Division: SE Missouri St (4-0) SIUE (2-2) Austin Peay (2-2)

OVC W. Soccer Standings

Jacksonville State (3-0) UT- Martin (2-0-1) Eastern Kentucky (1-0-1) SE Missouri State (1-1-1)

Eagles turning it around

Triston Simmons Staff Contributer

Philadelphia Eagles soar past the New York Giants 19-17

After the embarrassing loss to the Arizona Cardinals last week, the Eagles have added even more pressure to an already stressful season. Many Philadelphia fans are waiting for the head football coach, Andy Reid, to be replaced as well as the 100 million dollar quarter back. Michael Vick.

The Eagles and Vick salvaged a 19-17 win over the defending Super Bowl Champion Giants Sunday night with no turnovers. Throughout the first quarter of the season the Eagles have turned the ball over at least 10 times but now find themselves at 3-1, leading the NFC East. "We are a talented group," Eagles running back LeSean McCoy said, "We got all the weapons you need. We've just got to go out and do the job." The Eagles agree they haven't played a complete game this season but it says a lot about this team. "I like the grit. They're willing to fight," said Coach Reid.

prove to 4-0 in Ohio Valley Conference play and 12-6 overall.

the first set but used a persistent attack to climb back into the match. Brittnev Kalinoski's four kills led the Redhawks to the 25-19 firstset victory.

The Gamecocks found themselves ahead 21-15 in the second set thanks to

Agamy recorded a doubledouble with 38 assists and 11 digs. Kelsey Anderson SEMO fell behind early in led the Gamecocks with 20 digs while Kelly Cole added 11 digs.

> Emily Coon hit .393 for the Redhawks to go with 13 kills. Kalinoski added 11 kills. Julie Shives recorded a double-double with 37 assists and 14 digs.

~ Sportswire

Upcoming Action Friday: Cross Country (JSU Foothills Invitational)

Soccer @ EKU Volleyball @ Belmont Saturday: Rifle @ The Citadel Football @ Tenn Tech

On This Day in JSU Sports History:

Since 1993 JSU has 16 come from behind wins in the last 2:00 of a game. One of those games came on Oct. 4, 2007 when Cedric Johnson threw an eight yard TD pass to Taurean Rhetta with 1:46 remaining for the Gamecocks to beat OVC opponent UT- Martin 27-24.

By the Number: (4)

Jen Meyer is a senior from Mainesville, Ohio. Meyer wears #4 on the JSU volleyball team which she has helped lead to a 3-1 OVC record. Meyer leads the team with 167 kills.

Did You Know?

This weekend when JSU faces Tenn Tech the Golden Eagles are coached by Watson Brown, brother of Texas head coach Mack Brown



OVC teams displaying powerful offenses

Daniel Porter

Sports Editor

This week Jacksonville State travels to Tennessee Tech to face a squad that hand 70 points hung on them last week against Murray State. However, Murray State isn't the only team lighting up the scoreboard in the Ohio Valley Conference. Eastern Illinois is

averaging 47.2 points a game.

The Panthers are coming off a 65-15 win over Austin Peay, and have scored 50 or more points in three consecutive games, and at least 49 points against all FCS opponents. EIU (3-2) has only fallen to FBS Western Michi-



Collegefootballperformance.com EIU's Jimmy Garoppolo

gan and lost a heartbreaker to #9 Illinois State (5-0) in double overtime.

Eastern Illinois' junior quarterback Jimmy Garoppolo has joined the discussion for possible Water Payton Award which is the Heisman Trophy at the FCS level. Garoppolo has an average of over 350 passing yards per game, with 18 touchdowns to only five inter-

> ceptions. While it's still early, if Garoppolo did win the Walter Payton Award he would join former EIU quarterback Tony Romo, who won the award in 2002. Romo is now a three time Pro Bowl quarterback with the Dallas Cowboys. Then there's

Casey Brockman, quarterback for Murray State, who has a 335 passing yards per game average. His touchdowns to interceptions ratio doesn't rival Garoppolo's, but Brockman does have a 67% completion rating. Those two are first and second in the conference in passing yards, well ahead of third place Tre Lamb for Tennessee Tech.

Another team making great progress is Tennessee State. The Tigers aren't as much of offensive explosion as the Panthers and Racers, but they do have a 5-0 record that puts them knocking at the door of the top 25.

Still, both of these high powered offenses have are yet to face EKU and with the Colonels leading the OVC standings, those games will prove big.

Jacksonville State has yet to face EIU or Murray State as well. The Gamecocks travel to the Panthers on Oct. 13 and host the Racers two weeks later on Oct. 27.

Gamecock soccer 3-0 OVC start



Daniel Porter Sports Editor

Jacksonville State's women's soccer team had a very successful weekend of home OVC matches. On Friday night the Gamecocks shutdown Eastern Illinois and followed that up with a narrow victory over SIUE on Sunday afternoon.

On Friday against the Panthers, JSU picked up their sixth shutout of the season. The lone goal in the game came in the 15th minute when senior Nathalee Lariviere placed one in the net of assists from Austen Stoelting and sophomore Jackie Rush.

"I thought Nathalee (Lariviere) did a great job of putting her ball away and she had other opportunities as well," said head coach Julie Davis Carlson. "We did a better job of

JSU Gamecock soccer out to 3-0 OVC start

pressuring and controlling the ball in the second half. It was a great match and EIU challenged us."

Despite being outshot 17-14, the Gamecocks took the 1-0 victory for their first home OVC match of the season.

On Sunday, goals came a little more often than they had a few nights before. Even with a steady rain throughout the match the Gamecocks still found bright spot. Freshman Kelsey Bright, out of Kingwood, Texas, scored two goals on the day, the first coming in the 13th minute to give JSU a 1-0 lead.

Soon after in the 25th minute Bright added her second goal to put the Gamecocks up 2-0. Senior Katie Manns and freshman Katt Dowd were credited with the assists for Bright's goals.

Volleyball's Anderson honored

BRENTWOOD, Tenn. - Jacksonville State defensive specialist Kelsey Anderson has been named the Ohio Valley Conference Defensive Player of the Week after leading the Gamecocks to a 1-1 record last week in conference play.

Anderson, who was named Offensive Player of the Week earlier this season, led the Gamecocks with 29 digs as JSU swept Tennessee Tech. She then followed that strong performance with 20 digs against Southeast Missouri in the Gamecocks home opener.

The Louisville, Ky., native and Alabama transfer has now recorded double-digits in digs in six straight matches for JSU while leading the Gamecocks to a 3-1 start in OVC play. She is currently leading the OVC with 6.77 digs per set in conference play.

~ Sportswire

SIUE put a charge on in the second half and after a goal to pull within one, JSU's Mann's hit a penalty shot to extend the lead back out. However, the Cougars would put another goal in before the match was over to make it close. SIUE took 29 shots in the match but only 2 found the back of the net as senior Katelyn Geddings was solid all day in tough conditions and still posted a season high 18 saves in JSU's 3-2 win over SIUE.

"We did a lot of things well in the first half and we executed and finished our set pieces," said head coach Julie Davis Carlson. "Kelsey Bright did a great job of putting the ball away."

The Gamecocks picked up their 10th win of the season and improved to 3-0 in OVC action to move into first in the conference standings.

NCAA Rifle Top 10

- 1. Texas Christian
- 2. Kentucky
- 3. West Virginia
- 4. Alaska- Fairbanks
- 5. Army
- Mississippi
- 7. Jacksonville State
- 8. Murray State
- 9. Nevada
- 10 Ohio State

Rifle opens 2012 campaign

JACKSONVILLE - The nationally ranked Jacksonville State rifle team opened the 2012-13 season with a stellar performance in the first competition held this past weekend at the Ole Miss Invitational on the UM campus in Oxford, Miss.

The Gamecocks posted a 2349 in the air rifle competition and a 2302 in the smallbore competition for an aggregate score of 4651. Final team and individual standings will be available after the competition is completed this weekend.

JSU was led by junior Sam Muegge in air rifle with a combined mark of 592, which

Junior Monica Fyfe posted a 588 in the air rifle section. She was two-points shy of matching her career-best of 590, which she posted last year at the NCAA Championships. Sophomores Brent Books and Cole Tucker posted scores of 586 and 583 respectively.

Sophomore Dan McCall led Jax State in smallbore with a total of 579. Freshman Samantha Bullard and Muegge added marks of 575, while Books and Tucker finished the scoring with a 573 and 572 respectively.

ranks third-best so far in the competition.

Gamecocks finish strong for victory over Redhawks

Jordan Smith

Senior Staff Writer

Jacksonville State had made a habit of playing Southeast Missouri State in close games in recent years; that was not the case Saturday after a 31-16 win.

The Gamecocks took the field honoring the 1992 Division II National Championship team by wearing throwback helmet decals.

Early in the 2nd Quarter, JSU punter Hamish MacInnes punted the Redhawks inside their own one. SEMO was in familiar territory and was well on their way to another 99-yard touchdown drive until a defensive stand forced them to settle for a 42-yard field goal. SEMO led 10-7

JSU would score the final points of the half on a 1-yard touchdown run by redshirt freshman running back DaMarcus James. JSU led

> 14-10 JSU started

> > SEMO would



SEMO drew first blood. A Marques Ivory (12) hand off to DaMarcus James (32) drive that started on their own one ended with a 5-yard touchdown run by sophomore fullback Brandon Beck. The drive went 99 yards and lasted 6:04. SEMO led 7-0

The Gamecocks struck back quickly with a 14-yard touchdown pass from Marques Ivory to Kevyn Cooper to tie the game at 7-7. The 9 play drive went 84-yards in 4:10.

drive with a Sportswire 13-yard touchdown drive to begin the

fourth quarter. Kicker Drew Geldbach missed the tying PAT. JSU led 17-16.

The Gamecocks pulled away.

JSU increased their lead to 8 on a 20-yard pass from Marques Ivory to Alan Bonner for a touchdown.

The Gamecocks' final points came on

an 8-yard touchdown run from DaMarcus James.

The game ended with the Gamecocks running their favorite play, the quarter back kneel.

Head coach Jack Crowe took one glance at the stats before saying "Everything about this says we played a quality football team."

DaMarcus James rushed for a career high 150-yards on 21 carries.

After throwing two interceptions last week, one for a touchdown, quarterback Marques Ivory was 14-18 for 161-yards, two touchdowns and no interceptions.

The Gamecock offense did not turn the ball over this week.

JSU's offensive line had a dominating performance giving up no sacks and gaining 268-yards on the ground. Each scoring drive went for 61-yards.

In a season filled with questions surrounding the Gamecock defense, the Red Bandits put on their best performance of the season giving up 303 total yards, the lowest total this season.

Sophomore defensive tackle Caleb Lawrence and sophomore safety Pierre Warren led the team with nine tackles.

"I can't say enough about the job Adam (Ross) and Davern (Williams) have done with our players," said Crowe. Adam Ross and Davern Williams are the offensive and defensive line coaches.

With Saturday's win, JSU improves to 2-2 on the year, 1-1 in the OVC and now own a five game winning streak against SEMO.

JSU returns to action on Saturday as they travel to Cookeville, Tennessee to take on Tennessee Tech.