CDC urges students to prepare for H1N1

By Bradley Johnson

“This is the type of flu activity that we've been preparing for. The H1N1 flu never went away this summer,” said Joe Quinby, a spokesman for the U.S. Centers for Disease Control and Prevention.

The Swine Flu (also known as H1N1) is on the rise once again after a brief decline in cases. The Swine Flu was most active in February during the 2008-2009 flu season, but rose again in April 2009 after the new 2009 H1N1 virus emerged.

Six states (Alabama, Alaska, Florida, Georgia, Mississippi, and South Carolina) are currently reporting widespread cases of influenza which is unusual for August-September, according to the CDC.

A good reference point for students of Jacksonville State University to gather some specific information on what colleges (staff and students) should do to prepare for swine flu is on the Center for Disease Control's website.

Some of the tips for protecting yourself and being aware that are offered are:

- **Practice good hand hygiene** by washing your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.
- **Cover your mouth and nose with a tissue when you cough or sneeze.** If you don't have a tissue, cough or sneeze into your elbow or shoulder, not into your hands.
- **Stay home or at your place of residence if you are sick** for at least 24 hours after you no longer have a fever (100 degrees Fahrenheit or 38 degrees Celsius) or signs of a fever (have chills, feel very warm, have a flushed appearance, or are sweating). This should be determined without the use of fever-reducing medications (any medicine that contains ibuprofen or acetaminophen). Staying away from others while sick can prevent others from getting sick too. Ask a roommate, friend, or family member to check up on you and to bring you food and supplies if needed.
- **Talk to your health care provider** to find out if you should be vaccinated for seasonal flu and/or 2009 H1N1 flu.

The Student Health Center, located between Sparkman and Mason Halls, can provide information on several more specific concerns that students may have and is open from 8:00AM until 5:30PM on Mondays and Wednesdays and 8 a.m. until 4:30 p.m. on Tuesdays, Thursdays and Fridays.

Meals and Deals

Local restaurants gear up to compete for student business

By Ryan Rutledge

It's September, and school is back in session at Jacksonville State University, and the university has added several options for student dining.

But local restaurants in Jacksonville are gearing up to compete for student business as well.

The local restaurants in and around the square are having new specials and additions. However, not all the restaurants in town have finished putting the course, but it does cost a little more.

"Many people think that this Effina's is a place where you're supposed to go for only dates, or proms," Steve Landers, who has been the owner of Effina's since it's opening in August of 2008, says this is not the case. "We built this place because the college is here. It's a family place and a college place, just like Struts, or any of these other places. And the menu backs it up with all of our different items for seven dollars."

With their new menu, it said. "Beginning September 10, 2009, all parking rules and regulations will be fully enforced by the University Police Department without further amnesty."

Administration announces amnesty for some violations

By Zach Childree

Editor in Chief

If you have received a ticket, however, "This amnesty will not include parking citations issued for yellow curbs, obstruction of the roadway, parking in a handicapped
By Zach Childree
Editor in Chief

If you have received a ticket for parking your car in the wrong zone, Dr. William Meehan, President of Jacksonville State University, has good news for you: you don’t have to pay the fine.

In a statement issued Tuesday, the president’s office declared amnesty for students who have received tickets for parking in zones for which they did not have a hanging tag. “Chief Shawn Giddy of the University Police Department, the Vice Presidents, and I have agreed to provide all faculty, staff, students, and visitors amnesty for University parking citations issued for parking in the wrong zones between August 26, 2009, and September 9, 2009,” the statement said. “Beginning September 10, 2009, all parking rules and regulations will be fully enforced by the University Police Department without further amnesty.”

Dr. Meehan said he understood that it would take some time for students to get used to the new parking. “We’ve been on this learning curve and I think we’ve all learned a lot,” Meehan said. “We want people to enjoy the buses and I don’t want people to blame the buses for their tickets. I think this is a good way to establish good will and everyone has had a chance to learn now.”

According to Meehan’s office, the University Police issued over 600 citations in an effort to keep cars from parking illegally. It was a completely different environment that everyone who received a parking ticket, however. “This amnesty will not include parking citations issued for yellow curbs, obstruction of the roadway, parking in a handicapped space, or other violations found in the Motor Vehicles Laws of the State of Alabama,” Meehan said. “Our officers have the discretion to cite violators with a Campus parking citation or a State Uniform Traffic Citation.”

Meehan said the buses and parking changes were part of the university’s growing pains. “I know that it’s a big change,” Meehan said. “We were a small town college campus for a long time and we’re growing to the size now where we have to control our traffic inside for safety reasons. In the long run, I believe this will be something that everyone will benefit by.”

**Rotc students participate in leadership courses**

By Doran Smith
Art and Features Editor

The ROTC students of Jacksonville State University had an active summer vacation, participating in a number of specialty schools and leadership courses.

Many of Jacksonville State’s finest participated in the necessary leadership courses for their involvement in the ROTC program. These courses are nationally attended and nationally feared. The activities and events ranged from courses intended on leadership to courses teaching cadets how to jump from an airplane.

“I went to the Leadership Training Course (LTC) at Fort Knox, TN and it was a completely different environment for me,” said junior nursing student, cadet Derek Slaton. “Basically, I loved the environment because you wake up and do the physical training and your constantly doing something all day.”

Seven JSU students spanned over two companies participated in LTC this summer. The students studied and performed a multitude of military tactics and exercises.

Generally, students who participate in LTC joined the ROTC programs late; they attend LTC in order to keep up with students who have been in ROTC longer than they have. However, LTC is not a crash course in military science. “I made a lot of friends up there,” said Slaton; “we keep in touch through email and over facebook.”

Other participants had an equally exciting and adventurous time. Cadet Patricia Jolly, another nursing student, said, “my favorite part was probably meeting the new people, getting to share the experience with other people in the same position as me.”

“It was a great learning experience and I did things that I never thought I would be doing in one million years,” said Jolly; “like repelling and shooting an M16 and the combat water survival training.”

**Next week’s question:**

Will you attend the first JSU home game?
Career Services to Host Annual Fall Career Fair

Career Services will host the annual Fall Career Fair. This event will take place Wednesday, October 7, from 10 a.m. to 2 p.m. in the Merrill Hall Atrium. All JSU students and alumni are encouraged to attend. To view a list of participating companies, please visit www.jsu.edu/careerservices. This list will be updated regularly.

Attendees are encouraged to bring copies of their resumes, dress professionally and be prepared for interviewing onsite! Additional copies of your resume may be made in the JSU Print Shop (105 TMB) for $.05/each. Resume editing is available in Career Services. To schedule an appointment, please E-mail resumes@jsu.edu.

Meals: competing with campus

"Monday nights are one of our busiest nights of the week" says Joey Singleton, Jefferson's Manager. "We have Karaoke on Monday nights. We also have $5 burgers, $5 pitchers, and mugs for $1.50", added Singleton. Monday's are also one of the busiest nights for Cooter Brown's which offers "all you can eat wings" for $9.22, and Pabst Blue Ribbon for $2.00 a Bottle.

ROTC: continued from page 1

sleeping in the woods and doing Field Training Exercises.” Not all students attended LTC, though. Many students had the privilege of participating in specialty schools. It is a privilege because all students are not guaranteed positions in such schools, but JSU has a record of sending well-prepared students who do not fail-out.

Specifically, students attended Air Born Assault School this summer in Fort Totten, with the United States Air Force because we have the best school in the world." Another attendant of the school is soon-to-be Cadet Battalion Commander Bobby Hill. Along with Air Assault School, Hill attended the Leadership Development Assessment Course (LDAC) in Fort Lewis, WA.

"You are assessed for 28 days on any number of tactical skills with the army," said Hill, "anything from communicating to and instructed to carry out missions. Mission objectives have a wide scope in order to assess students' strengths and leading capabilities. We could do anything from recon to going in and extracting a downed pilot or even setting up an ambush," said Hill.

As a result of his performance at LDAC, Hill received his position of Cadet Battalion Commander. With this job, comes the responsibility and honor of commanding all ROTC students, sitting in on
Hill received his commission as a two-star general, resulting from his performance at LDAC in Fort Lewis, WA.

You are assessed for 28 days on any number of tactical skills with the army, said Hill, "anything from communicating to interpersonal all the way down to field craft and tactical skills."

"It is inherently more difficult at LDAC because the graders there absolutely grade to the army standard," said Hill. Students are put in leadership positions while studying at their own pace.

The trend towards distance education is definitely growing at JSU. Last fall, the university saw a 12% boost in the number of students taking online courses. Since Fall 2006, Distance Education enrollment has increased by nearly 1,000, for a 41% increase over three years.

JSU now offers 15 complete bachelor's and masters degree programs online, as well as three graduate certificate programs. The newest of these is a program designed for community college students in business management.

The program, which began this fall, allows business students with an associates degree to complete their bachelors degree online in two years.

This fall, the student body is made up of 6,251 full-time and 3,100 part-time students. Nearly 64% are white, 28% are black or African American and 8% are of another ethnicity or unknown.
Why we do what we do

It's been a really crazy week at The Chanticleer. Labor day weekend was a needed respite from the grind of classes and newspaper work.

Over the holiday, I took the time to reflect on why exactly I put myself through the wringer each week to produce a newspaper for students to read.

I certainly don't do it for the money, and while I may not be the most obscure person on campus, I'm not really the most famous either.

Julie Skinner is the most famous person on campus at Jacksonville State University.

I don't do it for the easy work schedule. Each Tuesday, the staff of the Chanticleer and I are awake until 1 or 2 a.m. laying out the newspaper, talking smack about each other and complaining about the bus system with the rest of campus.

Actually we kind of like the bus system.

I wake up on Wednesday morning and drag myself back over to the office to finish up the paper and send it off to be printed.

I do it because I love it.

Don't blame Facebook: Narcissism is old news

By Richelle Buser

Social networking Web sites did not create these qualities. Those who are obsessed with themselves would likely still be even if the Internet had never been invented.

Perhaps older generations are just jealous of our multi-tasking, uber-networking, confident ways. Or maybe they've failed to realize that these traits are and have always been typical for those between the ages of 13 and 25.

It's human nature for a person to care about counting how often or for how long someone else looked in one. Go back to ancient historical times and there's the Greek myth of Narcissus who fell in love with his reflection in a pool.

Jean Twenge, associate professor of psychology at San Diego State University and author of “The Narcissism Epidemic,” based her study on 40 questions that have been asked for decades. Her research shows a jump in narcissism from one in every seven people to one in every four people.
I wake up on Wednesday morning and drag myself back over to the office to finish up the paper and send it off to be printed. I do it because I love it. I love putting this old girl together each week. She's a cruel mistress who demands so much of my time. I really haven't had much of a social life. But the feel of a piece of newsprint in my hands each Thursday morning is enough of a reward for me.

The paper that you now hold in your hands is something that I and the rest of the Chanty staff poured our sweat and tears into. There usually isn't any blood, but it is early in the semester.

We're glad that you have picked up the newspaper this week and we hope you'll pass it around to your friends. Talk about the issues we discuss here and even give us feedback through e-mails, chicken scratch, twitter or facebook.

We really do enjoy hearing from you and we listen.

Because in the end, the student newspaper is really is your voice on campus. When we're able to share your concerns and bring to light your problems for discussion and hopefully resolution. That's why we do what we do.

Web sites have made all of us more narcissistic. Jean Twenge, associate professor of psychology at San Diego State University and author of “The Narcissism Epidemic,” based her study on 40 questions that have been asked for decades. Her research shows a jump in narcissism from one in every seven people to one in every four people since the 1980’s. The study also showed that 57 percent of college students agree that their peers use social networking sites for narcissistic reasons.

It seems convenient that just because there is now a public forum for being narcissistic that older individuals believe today’s teens and young adults are more self-absorbed than ever before.

I'm mildly concerned but I think the student health department has done a great job keeping us informed.

Scott Johnson, Sophomore

I am. We're close enough to where they say the source is. We're smart enough to come up with a vaccine to fight it though.

Michael Norris, Sophomore

Not really at all. It's nowhere near as bad as the regular flu. I believe everyone is overreacting about it.

Bart Tapp, Senior

I'm worried but I think the student health department has done a great job keeping us informed.

Scott Johnson, Sophomore

Yes, my best friend's boyfriend has the swine flu.

Karista King, Freshman

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Single copies are free from newstands. Unauthorized removal of multiple copies will be considered theft and prosecuted as such.

Letters Policy:
The Chanticleer welcomes letters to the editor. Letters for publication must be limited to 300 words and must be typed. Letters may be hand-delivered or sent through campus mail to our offices in Room 180, Self Hall, or to the mailing address to the left. Letters may also be e-mailed to chantyeditor@gmail.com.

The Chanticleer will not print letters which are libelous or defamatory. Letters may be edited for style, brevity or clarity. The Chanticleer reserves the right to refuse publication of any submission. Letters must be received by noon on the Monday prior to desired publication date. There will be at least two weeks between publication of letters from the same person. Rebuttals will be published no later than two weeks after publication of the article, editorial or letter in question.
Dear Julie

My boyfriend is uncomfortable with the fact that I like to go out with my friends sometimes to bars and clubs. I would never cheat on him, but he's still very suspicious of me cheating when I do things with my friends. How can I convince him that I'm trustworthy, and that I simply need my time out with friends?

Tied Down

Time out with friends is a necessity, even if you are in a committed relationship. When you feel that your freedom is being taken away is when it's time for a change. Your boyfriend seems to be feeling insecure, and it sounds as though he doesn't trust you the way he should. First, talk to him. Let him know how you are feeling, and how sincere you are about this issue. Second, put yourself in his place. If he did the things you do, would you be upset? Spending time with your friends should always be supported by your boyfriend, but if you are in a serious relationship, remember that he may just be feeling a little forgotten. If this is the case, the way he should. First, talk

Forgotten. If this is the case, remember that things you do, would you be supported by your boyfriend, if he did the things you do, would you be upset? Spending time with your friends should always be supported by your boyfriend, but if you are in a serious relationship, remember that he may just be feeling a little forgotten. If this is the case, the way he should.
Dear Julie,

I have a crush on my best friend's girlfriend. They are not serious, and I want to ask her out. I realize that this may jeopardize mine and my buddy's friendship, but I really think I might have something with this girl. What should I do?

-Torn.

BF

Dear Torn,

Be very careful, my friend. Is a crush worth a great friendship? I know that you feel like you have sincere feelings for your best friend's girlfriend, but she is still your best friend's girlfriend. Even if their relationship is not serious, I think out of respect for your best friend and the friendship you have with him, you should not act on your feelings yet. If their relationship does not work out, and you still want to pursue the feelings you have for this girl, then you should talk to your friend first and be completely upfront about everything. Always be loyal to your feelings, but don't throw a friendship under the bus to act on a crush.

Have questions for Aunt Edna? Send your questions to AskAuntEdna@gmail.com
**Chicken Scratch**

- The Chanticleer needs a good editor...the sheer volume of typos is absolutely ridiculous.
- I'm not a fan of the new implied chicken logo. Since when were we known as the JSU tail feathers?
- Where is your stache????
- Thanks, President Meehan for the amnesty on the parking tickets. It was the right thing to do!
- Giggity Giggity!
- Blinkers were put on cars for a reason. Please use them.
- I think it is nice of JSU to give GT and FSU practice before they have to play in real football games against real football teams. JSU Gamecocks..... Whatever

**New Face in the English Department**

By Fran Popovic
Staff Writer

Jacksonville State University students have experienced many novelities this fall semester. New bus and parking system, new stadium, coffee shop, and much more. With all that, it's only natural to have some new additions to the JSU teaching staff.

Amanda Gober is one of those "freshmen" instructors that just started teaching at JSU. Mrs. Gober is the newest addition to the English department adjunct instructors, and already her schedule seems quite busy with four classes on her repertoire.

"My friend Paige and I have been hired to assist with English classes this semester, we have both been assigned four classes each," said Gober.

Mrs. Gober hails from Center, Al. just half an hour away from Jacksonville and commutes to work every day. She graduated from Cedar Bluff high school, and is a Jacksonville State University alumnus. She graduated with a bachelor's degree in fine arts from Cedar Bluff high school, and is a Jacksonville State University alumnus. She graduated with a bachelor's degree in fine arts from Jacksonville State University.

"Due to her creative nature, Gober decided to rely on another field where she could be financially secure and creative - English. With her bachelor of fine arts already in place she was only a few steps away from a master's degree in English. "I still wanted to express myself in a creative way so I chose English as my career choice." said Gober.

Starting this semester, Gober is in charge of four English classes. Basic English Skills (otherwise known as EH 098) and English Composition (EH 101) are her first classes to teach this semester. "The students are great and easy to get along with. Most of them just need a few helpful tips to get them through higher English classes," said Gober.

She gives the most praise to the helpful and caring staff in the English department. "The professors here really helped us, the new people, out and eased us into this job. I had no trouble whatsoever," said Gober. After that the logical question was whether she agreed with JSU's motto, the friendliest campus in the south: "I couldn't agree more" said Gober with a smile.

Amanda Gober will be employed at JSU this semester, and according to her performance, she may teach in Jacksonville for a longer amount of time. It remains to be seen what fate has in store for the new recruits. Hopefully they will be in the halls of Stone Center for a long time.
Welcome Back Students! Go Gamecocks!

We’ve got all of your college essentials!
- Bread
- Milk
- Ice
- Cheese
- Lunch Meat
- Hot Dogs
- Frozen Pizza
- Chicken Wings
- Frozen Entrees
- Microwaveable Meals
- Small Appliances
- School Supplies
- Propane Exchange

Pharmacy Services:
- Drive-Thru Pharmacy for drop off and pick up
- Automatic Refill & Reminder Service
- Express Pay to automatically charge to your credit card
- Request Refills, check profile & print history online
- On Site Flu & Pneumonia Shots
- No Insurance? Pets With Meds? Ask about our Prescription Savings Club

Cosmetics:
- We Carry all major Cosmetic Brands
- Salon Style hair care products
- Brand Name Fragrances
- Trained Beauty Advisors to help with all of your cosmetics needs

Photo Services:
- New Noritsu Digital Photo Lab
- Trained, Certified Photo Specialists to handle your photo needs
- 1 Hour Processing
- Film Processing
- Digital Prints
- Photo CD’s
- Personal DVD’s from your photos
- Passport Photos in minutes

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JSU Cross Country
Making Strides

by Haley Gregg
Sports Editor

Running on the wet grass of a golf course was how Jacksonville State University’s cross country team started their Saturday morning off this past week with the Struts Season Opener.

Despite some schools missing the event because of swine flu, the women had a total of nine teams competing, while the men had five.

David Nilsson finished first for JSU and overall with the time of 14:35 in the men’s 5k race. Ashley Stovall finished first for JSU finishing at 12:03 during the women’s two-mile run.

Kennesaw State University men and women took first place at the meet. JSU men came in fourth with 83 team points, and the women came in second with 66 team points.

“For the first meet of the year it went about as smooth as you can ask for,” said Steve Ray, head coach of JSU cross country. “Kennesaw State is always tough, we have only beat them a couple of times since I’ve been here.”

JSU will travel to Huntsville for the UAH Fleet Feet Invitational this coming Saturday.

Highlights of the Week

- The Jacksonville State women’s golf team carded a 303 in Tuesday’s final round of the Chris Banister Classic, but Lamar was able to hold on for the team title at Silver Lakes on the Robert Trent Jones Golf Trail.

- Jacksonville State freshman Ali Koenig and Eastern Kentucky’s Stephanie Lynch were named the Ohio Valley Conference’s Co-Goalkeepers of the Week on Tuesday.

- Jacksonville State is ranked in the Top 25 in both major football polls, that were released on Monday. The Gamecocks are ranked No. 21 in the FCS Coaches Poll, and ranked No. 23 in The Sports Network Poll.

Gamecocks stung by Jackets in season opener

By Austin Faulkner
Staff Writer

The Gamecocks opened their 2009-10 football season in Atlanta against 15th ranked Georgia Tech. Bobby Dodd Stadium was filled with people from both schools. They were eager to see what their teams would accomplish this year.

The atmosphere in the stadium was ecstatic with members of both fan-bases heckling the other team.

Things looked bleak, early on when the Jackets’ Jonathan Dwyer took the ball to the house on a 74-yard run. Jacksonville’s offense stalled in the first quarter because of Tech’s defensive unit ripping their way into the JSU backfield and deflecting passes, causing the Gamecocks to become one dimensional and predictable. Although JSU’s defense had a fierce stand in the red zone that held Georgia Tech to a field goal, the Gamecocks could not keep the Jackets out of the end zone, giving up 24 more points in the first half. Tackling was an issue and the defense got lucky as several passes were dropped by the Tech receiving corps.

The Gamecocks offense called for some trickery in the second quarter when freshman quarterback, Brooks Robinson, lined up under center. Robinson called hike and threw a screen pass into the flat to quarterback Marques Ivory who had lined up at wide receiver before the snap. Ivory threw the ball back to Robinson, who rolled out after the pass and took it 20-yards into the end zone.

At halftime, things did not get much better. The offense found its rhythm on a pair of drives, scoring a touchdown and a field goal. JSU’s defense gave up several big plays and allowed a touchdown off a punt return, but the extra point that followed was not good. At game’s end, the scoreboard read 37-17 in Tech’s favor.

Though the game was painful to watch, there were positive aspects seen. Quarterback Marques Ivory completed 23 of 38 passes, threw one interception and got sacked twice. He gained valuable playing experience and established himself as a reliable backup.

The JSU defense, while tackling was an issue, caused five fumbles recovering three of them, proving to be opportunistic. All in all, the game revealed some weaknesses, but definitely showed the team’s potential.

JSU Senior, Ashley Cox, teeing off at the Chris Banister Classic. Photo by JSUFan.com.
offense stalled in the first quarter because of Tech's defensive unit ripping their way into the JSU backfield and deflecting passes, causing the Gamecocks to become one dimensional and snap. Ivory threw the ball back to Robinson, who rolled out after the pass and took it 20-yards into the end zone.

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JSU Senior, Ashley Cox, teeing off at the Chris Banister Classic. Photo by JSUFan.com.