Pink Power
JSU sorority raises breast cancer awareness with pink ribbons across town

By Doran Smith
Arts & Features Editor

Driving around Jacksonville, most students have surely seen the great host of pink ribbons that have invaded Jacksonville State University and the town. These ribbons are part of the sorority Zeta Tau Alpha’s Think Pink Week.

Think Pink Week is Zeta’s newest event to raise awareness of breast cancer and money for the research of its cure. “It is the first time we’ve done it here at JSU, but it has worked well for other chapters around the country,” said outgoing Zeta president, Kelsey Butler.

Before this year, Zeta used a raffle event to raise money for breast cancer awareness. However, raffling is now illegal in Alabama due a newly passed state law. “We received a letter last semester that said that raffling has been outlawed,” said Butler, “so we had to move to another fund-raiser and Think Pink Week has been very positive.” “We have been selling the bows for about two or three weeks to faculty, friends and community members, and the girls really seem to enjoy this more.”

The bows are $10 with donations welcome, of course. Considering the money will be donated to charity for breast cancer research, tax write-offs are an option when buying a bow.

For three and a half hours, the girls of Zeta tied ribbons around every tree, street sign and telephone pole along Highway 21 that they could find.

JSU holds preview day

By Kevin Brant
Staff Writer

Jacksonville State University had its Fall Preview Day in Stephenson Hall and the Theron Montgomery Building this past Saturday, November 14. The day started with a general browse session at Stephenson Hall. All the clubs, organizations, fraternities and sororities were available to give prospective students information that may make the transition to college a little easier. To showcase most of the departments here on campus, faculty members representing each of their respective departments were present.

Capmus tours were also available to those who wanted to tour the college campus. These tours left every 15 minutes. The tours began and ended at Stephenson Hall. They went from Stephenson layout of the campus.

Other topics were discussed during the bus tour such as Dorms, Parking, Intramural Sports and the Transit system.

Tracy Phillips, head of the Visitor’s Center and one of the admissions counselors giving the tours, made an important announcement to those on the bus; “Freshmen will be required to live on campus.”

A brief history of the college was mentioned during the tour before people were given an opportunity to ask questions.

When passengers were dropped off the bus, the Marching Southerners were warming up for the football game and also entertaining the crowd. The ballerinas were also around talking with people and posing for photo opportunities.

See “Pink,” page 2
President discusses football, academics and the stadium

By Daron Smith
Arts & Features Editor

Smith: Moving to the stadium expansion, do you think that it will interfere with other building projects?

Meehan: I don’t think it will interfere with other building projects. The biggest part of the new that project is the 400 new rooms which we need on campus. Since I’ve been president, we’ve taken down four old style halls—Abercrombie, Luttrell, Weatherly, and Rowan Halls. Students, like you, just don’t want to live in that type facility. Some groups like the old style halls, like the Marching Southerners love Dixon Hall, because it’s convenient for them and it allows them to be together as a group. We want to create more community style living on campus. That is one of the reasons we bought Colonial Arms apartments. That is one of the reasons we are building the new 400 bed facility. Will it interfere? In what way do you mean? Financially, there is no doubt that it is expensive. It is a $50 million dollar project over 35 years, but it will be expensive to build anything today or in the future. We will want more apartment style living. We are already beginning the discussion about the next dormitories and the things we will add. You have to remember that the stadium portion is not the majority of it—it is the smaller portion of it—less than half.

Smith: What other building initiatives can we look forward to after the stadium is completed?

Meehan: Additional housing facilities in the style students want to have here. We also need another wing for the Ramona Wood building. I understand the college of education desperately needs the expansion there. We already have that laid out. We’ve talked to the governor about it and he knows that is something that we are very much after. And there will be other areas. The Nursing building is one we need to expand. If we have more faculty and a larger facility, we could double the number of nurses that we graduate at this point. So, we are planning to build for education, and nursing and living facilities—more dormitories are needed.

Smith: Students are upset about the stadium expansion because some of the football players are on academic probation and we can’t even win the conference championship because of it? Is that right?

Meehan: We did not meet the historical 4 year average for our APR (academic progress rate). Every athletic team for every student that is a scholarship athlete has two points they have to earn. The first is earned by staying in

Get Organized!
Read our book review on how to straighten up your life in 60 seconds.
Page 4

Chicken Scratch
Find out what your friends are saying!
Page 5

Football Preview
See what Coach Crowe has to say about the last game of the year!
Page 3

What is your favorite part of Thanksgiving?

- The food! 44%
- Spending time with my family 44%
- Shopping on Black Friday! 12%
- I don’t celebrate Thanksgiving 0%

This poll is not scientific and reflects the opinions of only those Internet users who have chosen to participate.

The results cannot be assumed to represent the opinions of Internet users in general, nor the public as a whole... and the pizza graph is not accurate.

Dec. 5th’s question:
What do you plan to do with your spare time this month?

ONLINE@
thechanticleeronline.com
President and Mrs. Meehan and the JSU Student Government Association cordially invite the campus and local community to a holiday reception and campus lighting ceremony, JSU in Lights, on Nov. 30 from 4 - 5:30 p.m. The event will feature the lighting of JSU’s holiday decorations at 5 p.m. In conjunction with the event, the SGA will collect toys for distribution to the area’s needy children between the ages of 5-10. All attendees are invited to share in this annual philanthropic gesture.

Campus Crime

Tuesday November 10

- Theft of property was reported at the KA house. Stolen was a Samsung behold cell phone.

- Harassing communications were reported at Fitzpatrick Hall.

Thursday November 12

- Menacing was reported in Crow Hall.

- Unlawful break and enter of a vehicle was reported at the Brewer Hall parking lot. Stolen was a Garmin GPS.

- Theft of property was reported in the JSU campus. Stolen were golden, orange, green and silver parking signs.

- Theft of property was reported at Jack Hopper Dining Hall. Stolen were a backpack containing English and History books and a calculator.

Meehan: disciplinary action for members of sports teams

School and working toward your degree. Two - being academically eligible. Two of our teams fell below those; our men’s basketball team and our football team. This year they have already repaired that. They were put on probation — put on restriction. We appealed with the NCAA.

We had some penalties. There were scholarship reduction penalties, practice time penalties as well as the fact that we were not eligible for post season play. That means that you cannot win your conference championship and go on to the NCAA this year.

But I can tell you that the team has already met that challenge. They will be academically, significantly above the minimum APR scores that are required by the NCAA. When the NCAA releases that information in the spring, both teams will be significantly above the minimum.

Smith: What would you say to students who don’t understand why we are pouring so much money into the football stadium when our football players haven’t met the guidelines for good academic standing?

Meehan: Well, you have to remember that is a historical 4-year average. So a lot of those who are currently playing football are not the ones that are responsible for that. They have made their good grades. But it is not just about that.

As you know in the south, football is the number 1 sport. This is not true in other states. Football in the south is a social event for us. The stadium expansion will allow participation for more individuals and a type of football experience that we have not had here.

That also puts the university in position in the future that, if they want to go to the bowl subdivision of division 1 (we are division 1 now and have been since 1995), we will have our physical facilities prepared and ready to go.

Pink: raising awareness

Possibly could. After obtaining permission from the city of Jacksonville and meeting near the town square, the girls divided into four groups and worked their way from the north end of town to the south.

Gave information about how to apply for financial aid and scholarships. Martin Weldon, Scholarship Coordinator for JSU, spoke at this session. was allowed for people to ask questions regarding financial aid. For those needing help in financial aid, documents and booklets were available in
Friday November 13

- Harassment was reported in Fitzpatrick Hall.

What's Happening

Does your club or organization have an upcoming event you would like publicized? Send your events to The Chanticleer! ChantyEditor@gmail.com

Friday November 20

- Fall concert, Mason Hall Performance Center, 7:30 - 8:30 pm.

- Southerners Alumni Reunion - Ballerinas Rehearsal, TMB Auditorium, 6:30 pm.

Saturday November 21

- International Storytelling Tellabration, JSU Canyon Center, 1:30-3:30 pm, admission: $5/person

Monday November 23

- Band Banquet, Leone Cole Auditorium, 6:00-10:00 pm

Monday November 30

- JSU in Lights, President's Home, 4:00-5:30 pm.

Preview: FAFSA advice
gave information about how to apply for financial aid and scholarships. Martin Weldon, Scholarship Coordinator for JSU, spoke at this session. He offered his best advice on what to do when applying for financial aid. “Don’t pay for a FASFA form,” Weldon said. “Do it free through the FASFA website, www.fafsa.ed.gov.”

Weldon also made another good point when it comes to scholarships. “Always accept any form of scholarship to any school no matter where it is,” said Weldon. “Once you make a decision on where you want to go then let the other schools know of your decision.”

He mentioned that the scholarship deadline is March 1. Priority deadline for Financial Aid is March 15 and that VA benefits were available for those that qualify. Time was allowed for people to ask questions regarding financial aid. For those needing help in financial aid, documents and booklets were available in order to help get financial aid.

The Housing session talked about all about University housing detailing information on Freshmen offerings such as dorms and programming. They also provided other information that people would need to get into housing.

The Highlight of the day was when Cocky, the school mascot, made an appearance, a decision on whether to go then let the other schools know of your decision.”

President Meehan summed up the entire event in just a few words. “It was one of the best, if not the best, preview day we’ve had.”

Pink: raising awareness

possibly could. After obtaining permission from the city of Jacksonville and meeting near the town square, the girls divided into four groups and worked their way from the north end of town to the south.

“We did not put any ribbons on signs or trees owned by a business or private home,” said Butler, “but a lot of our girls sold to homes and businesses located on the highway.”

Think Pink Week will end on Saturday, but not before Zeta has a football game finale ending its new event. “This year, we are selling biodegradable, pink balloons for a dollar,” said Butler. “You hold on to the balloon until the beginning of the game, then we will all go out onto the field and release them. This is something we have done ever year.” Pap Torruella, secretary to the Admissions Office and a past breast cancer survivor, will release the first balloon before the football game.

The ribbons are coming down this Sunday, one week after they went up; so get an eyeful while they are still adding some much needed color to your otherwise colorless day. Or, of course, you could still buy one from any member of Zeta to have your day brightened with the necessary shade of pink.

WEST GARAGE
The Best Garage
Family Friendly Auto Repair
#1 in Community Car Care For All
From Police Cars To Student's Cars We Fix Them All!

256-435-6053
Ask for Shane or Shery
Hwy 21 • 114 Mattie Ree Ln Jacksonville, AL 36265

The VAULT GRILL
On The Square Jacksonville 256-782-0102
LIVE ENTERTAINMENT
DAILY FOOD & DRINK SPECIALS

57 DIFFERENT BOTTLED BEERS
12 BEERS ON DRAFT
OPEN 11 a.m. - 10 p.m. M-W
11 a.m. - 11 p.m. Th-Sat.
Closed Sunday
Big news: The Chanty is Shrinking

For a while now people have been lamenting the death of print media.

Subscriptions are down and readers are turning to the internet or cable television for their fix of the day's news.

Because of this unfortunate fact, newspapers all across the country have been trying to find ways of reducing costs and saving money to stay afloat.

The Chanticleer is no different.

For the past two weeks we've been teasing a big change at the paper. Through our Twitter account (@ChantyJSU) and our facebook page, we've been hinting that a big change was coming. Even the front page of this issue beckons you to find out what the big change is.

Well, here it is.

Starting with our next issue, December 5, The Chanticleer will be smaller.

nor will our dedication to bringing you coverage of the issues facing you as a Jacksonville State University student.

You'll still find your chicken scratch; Aunt Edna and our book, theatre and music reviews like you do every week.

We hope that you'll bare with us as we adjust to laying out your campus news on a smaller format.

The new format will also be in place all next semester and for the foreseeable future.

Our distribution manager, Katie Daniels, won't have to lug stacks of papers around campus that are quite as heavy as they are now.

I hope that you as a reader will give us feedback on the new size. We really do thrive on your thoughts and opinions, even if we don't agree with them all the time.

I've enjoyed being your reporter and look forward to covering the news at JSU and our football team.

Kandace Davis
JSU Student

Letters to the Editor

Dear Editor,

It's a cold rainy day and UPD is patrolling the brewer parking lot looking to write tickets to those who's decals isn't silver or commuter. I sat and purposely observed the officer give tickets to two cars, one with an orange decal and the other green...consider this...

For the past two weeks we've been trying to find ways of reducing costs and saving money to stay afloat.

Teachers are remembered for the seeds they sow, the legacy they leave. And so it is with Ralph Carmode, the professor of communications at Jacksonville State University.

Ralph was a perfectionist- a man passionate about his craft (television, production), and exacting in its execution. He was a teacher who demanded excellence from his students.

He was known for his ability to make complex concepts accessible to his students. His lectures were engaging and filled with examples that illustrated his points. He was a mentor and guide to many students who went on to successful careers in the entertainment industry.

As long as these JSU grads apply their trade, and pass on the lessons they learned from Ralph Carmode, this column will be a small way to honor his memory.

Zach Childree
chantyeditor@gmail.com

Opinion

Internships Provide Needed Experience in Tough Economy

by Michael Bell
Chanticleer Columnist

By now, everyone knows that our country is facing one of the worst recessions in decades. To be candid, our economy sucks. So what does this mean for the soon to be college graduate? It translates into a tougher job market. The available jobs now require more experience, in return for smaller salaries.

Now is the time for college students to add experience to their resumes. Internships provide access to the much needed experience that companies are looking for. Although most internships are unpaid, the knowledge gained will increase an applicant's chances of landing the job. "Undergraduates face different challenges than the average person looking for a career," said Jeff Gunhus, CEO for one of the largest internship providers in the United States. Internships are required in some departments at Jacksonville State University. In the communications department, for example, a student is required to complete 350 hours of work in either broadcasting, public relations, or print journalism. This mandatory requirement ensures that the graduate is not only knowledgeable, but marketable to prospective employers.

Interns are often afforded special consideration when applying with the company that provided the internship. Many prospective employers prefer hiring former interns who have knowledge of the organization and its operations. This practice eliminates the cost of training new employees. This is a plus for the company and an even bigger plus for the newly hired employee.

So what are the keys to a successful internship? Here are a few helpful tips:

1. Search for internships in the area of your major - There is nothing worse than an education major applying for an internship with the loan department of Wachovia Bank.

2. Search for internships near your home - Employers want to be assured that you are familiar with the area the company is located.

3. Prepare for the interview - Applicants should research the organization and its services or products that it provides.

4. Keep in contact after the interview - Email or call the person who conducted your interview. Thank them for the interview and reassure them of your enthusiasm regarding the organization.

5. Be Punctual - Arriving late or on time is always a bad sign. Always arrive 15 minutes early to an interview or job.

6. Perform the Tasks - Complete the assignments given to you. Your supervisor may have to write an evaluation, a letter of recommendation, or be a reference.

7. The Final Thank You - Always thank the employer at the end of the internship. Remember to keep in touch with your supervisor. They may be the key to landing a permanent job.

Zach Childree
chantyeditor@gmail.com

Ralph Carmode: A Legacy of Excellence

Teachers are remembered for the seeds they sow, the legacy they leave. And so it is with Ralph Carmode, the professor of communications at Jacksonville State University.
Teachers are remembered for the seeds they sew, the legacy they leave. And so it is with Ralph Carmode, the longest-serving chair in the history of this university's Department of Communications.

Ralph died October 15th in Utah, an all-too-young 71.

To the consideration of his students, Ralph Carmode was a perfectionist: a man passionate about his craft (television production), and exacting in its execution. This tended to drive students to distraction. But it also drove some to greatness.

Because of this man, JSU students now anchor the news in Chicago, produce the news in Washington DC; and populate newsrooms from CNN in Atlanta to WBRC in Birmingham. Ask any of his former students what they remember most about his and they'll tell you in a heartbeat it was his passion to do things right. They'll tell you that's why they're where they are, playing in the big leagues—compelling people to pay attention to what they write, and what they say.

As long as these JSU graduates ply their trade, and pass on the lessons they learned from Ralph Carmode, this good man's legacy will live on.

In the end, that's all any

Letters Policy:

The Chanticleer welcomes letters to the editor. Letters for publication must be limited to 300 words and must be typed. Letters may be hand-delivered or sent through campus mail to our offices in Room 180, Self Hall, or to the mailing address to the left. Letters may also be e-mailed to chantyeditor@gmail.com.

The Chanticleer will not print letters which are libelous or defamatory. Letters may be edited for style, brevity or clarity. The Chanticleer reserves the right to refuse publication of any submission. Letters must be received by noon on the Monday prior to desired publication date. There will be at least two weeks between publication of letters from the same person. Rebuttals will be published no later than two weeks after publication of the article, editorial or letter in question.
Dear Julie

By Julie Skinner
Columnist

Dear Julie,

I have been single for over 8 months now. I feel that I'm ready to start dating again, but I have no idea where to look. I'm a sophomore in college. Do you think I should join a website like eHarmony or something? I'm not sure where I should go to meet people.

-Red-E.

Red-E,

I wouldn't jump to the online dating sites just yet! First, think about what type of person you're looking to date. There are plenty of activities and organizations on campus that are great for meeting people, and getting involved around campus is fun anyway. Have you asked your friends? They might be able to introduce you to someone that you have something in common with, because typically friends would know you pretty well. The best way to meet someone is to simply put yourself out there...even though that's hard to do sometimes. Strike up a conversation with someone that seems friendly and who knows where it might lead. If all else fails, then maybe a website like eHarmony might be an option. However, I think if you just get involved and put a friendly face out there, you'll find your way.

Dear Julie,

I recently met this very sweet guy who offered to take me out next week. He is polite, funny, smart, and above all: we have so much in common! There's only one problem. I'm a sophomore in college. Do you think I should go to meet people. They might be able to introduce you to someone that you have something in common with, because typically friends would know you pretty well. The best way to meet someone is to simply put yourself out there...even though that's hard to do sometimes. Strike up a conversation with someone that seems friendly and who knows where it might lead. If all else fails, then maybe a website like eHarmony might be an option. However, I think if you just get involved and put a friendly face out there, you'll find your way.

Ask Aunt Edna

Dear Aunt Edna,

I have heard both yes and no to this question and wonder what to believe. If you have a cold sore and perform oral sex on someone, can they get herpes?

Dear Anonymous,

I'm glad you asked this. There is a lot of confusion on this particular question and many misconceptions. The answer to your question is yes. Cold sores, while usually fairly mild, are in fact a form of the Herpes Simplex Virus. There are two forms of herpes: Herpes Simplex 1 and Herpes Simplex 2. HSV-1 or Oral Herpes generally occurs above the waist, where as HSV-2 aka Genital Herpes occurs below. Even though each form of the virus has a preferred base site, they can both be transmitted to either area. So if you have a cold sore, you can spread the HSV-1 virus to the genital area through oral-genital contact. Also understand that this notion works vice versa. Genital Herpes can be spread to the oral region if someone who is not infected performs the oral sex on one who is. The risk of spreading HSV-1 is slightly lower than that of HSV-2 and the outbreaks are not as regular. That should not, however, be any reason to relax protection methods. If a cold sore is present it is best to not kiss or perform oral sex until it has healed. Keep in mind that like genital herpes, oral herpes can spread even when there are no symptoms as well as during a time of Prodromal Symptoms, which precedes a blister one to two days before it shows up. Prodromal symptoms include itching, pain or a tingling feeling in the infected area. From prodromal symptoms through the breakout is when spreading the virus is the highest.

The best thing to do is to treat it just like you should with any other STD. Be careful. HSV-1 is easier to control than HSV-2. The biggest risk is spreading it from oral to oral contact. Just remember if a cold sore is present or if you experience any of the aforementioned prodromal symptoms, wait it out before any contact with another person. There are also many helpful products on the market than can help you control and shorten your cold sore outbreaks. If you stay aware and cautious and act responsibly then everything should turn out fine.

If you want to know further on the topic, you can always visit our student health center. Below I have listed a few websites dedicated to the virus, prevention methods and treatment options.

For more information visit dermatology.about.com/cs/oralherpes
www.abreva.com
www.mayoclinic.com
www.herpes.com

60 Seconds to a more organized life

By Kira Reeves
Staff Writer

With too little time and too much clutter you may find yourself overwhelmed. It's mid-November and around JSU, the average student is rushing from class to class and hoping to finish their final assignments.

Eliminating the clutter in your life may be the last item on your to-do list. It may seem impossible at this point in the year and semester to try to reduce the clutter in your life.

Organizing and eliminating clutter does not have to be set aside for a particular day or time. The time is now. "You don't have to stop everything to get organized. You just have to start. Make organizing a part of your daily life. Do it first," said Donna Smallin.

The most important first steps are to throw away items, put them where they belong, give away the old and sell out the day. Once you make priorities in your life and take a few seconds to eliminate the clutter before you know it, organization will be second nature.

Being organized is unfortunately something people are born with. By taking small steps, over time, you may no longer be worrying about cleaning. And you could possibly become clutter free and like some people who are born with the "gift," a close resemblance will be found in you.

Attempting to tidy up paper stuff to particular spaces and things are important steps to success. "Some prog-
I recently met this very sweet guy who offered to take me out next week. He is polite, funny, smart, and above all: we have so much in common! There's only one little problem. Whenever I get nervous, I tend to laugh... a lot! It's so annoying, and I don't know how to control it. Any suggestions? I really want this date to go well!

-Giggle Girl,

Giggle Girl,

This one is tricky! Laughing isn't the worst nervous habit in the world, by far. Maybe you can concentrate on doing some breathing exercises to help calm your nerves before your date. Sometimes, reading a book or listening to classical music helps to relax me. Maybe you could try that. I would also lay off a ton of sugar or caffeine before the big date, just in case that might add some extra jitters that would get your giggling going into a high gear. Just remember to relax, take a deep breath and have fun!

Dear Julie,

My girlfriend is never ready when I pick her up. I always end up waiting an extra 30 - 45 minutes as she finishes getting ready. It's starting to really get on my nerves. I asked her to stop, but she said that all girls do this and that I should just get used to it. Are all girls really like this?

-Time2Go,

Time2Go,

I wouldn't say that all girls are like that... because all girls are different. However, I'm sure many girls are like this. Sometimes, I find myself doing it, too. Even if all girls were like this, if your girlfriend knows that it really bothers you, an attempt should be made to at least cut down on the amount of time that she makes you wait. If you were 30 - 45 minutes late picking her up for dates, I bet she would be pretty mad. Maybe you could explain it to her that way. Just remember to try and avoid an argument if at all possible. I hope this helps!

-Chicken Scratch

Kilroy was here!

Are the UT convicts coming to JSU?

Coach Crow, get on the phone. We have some new recruits in Tennessee.

If I told you that you're beautiful, would you date me on the regular???

OMG... New Moon is almost here. Wait, I'm not a thirteen-year-old girl.

To my ex: You know that picture you texted me... I forwarded it to your mother. So long, Mr. Cheater!

Shawdy you jest, I'm under cardiac arrest. Shawdy!

Why should every parking spot at Self Hall be gold when there isn't enough faculty and staff to half fill it up?

Team Edward!!

Commuters have to drive ANYWAYS! Why "encourage" us to drive by limiting our parking to the library?!!

financial aid!!!!!!
I’m excited about the opening of New Moon...maybe it will actually be an accurate artistic representation of the book unlike the first pop-culture crap movie.

Why did Jacksonville get dressed up in pink ribbons when I left this weekend? Who is it trying to impress?

Say what?

What would YOU do for a Klondike bar???

Haley Gregg=LEGEND!

We should take more votes at JSU. We found out nobody wanted the activity fee that way. Maybe JSU would have noticed nobody wanted a transportation system or a stadium that will never be filled to capacity.

(Ed note: Although most of you are probably aware of this, the activity came from the Student Government Association. That is why we voted on it.)

Polly wants her cracker; so where is it.

How do you get to class? A.) Cocky Shuttle or B.) Chicken Run

Go to the Football game on Saturday! Let’s send the “Colonels” home after a brutal chicken lickin’.

I wonder - what’s the point of wanting to increase enrollment at JSU if they aren’t going to offer enough classes?

The actions by the band during the National Anthem during Saturday’s football game was a disgrace to the university and the USA. The anthem is a time to honor our country and those who protect it, not for those performing it to show off.

“Would you like to buy a pink ribbon in support of breast cancer?”

“I’m sorry, I don’t support breast cancer. As I understand, it’s pretty bad.”

Q. What has 2 legs, a OED shirt, and will be sitting at the Quintard mall movie theater at 1:30 on Thursday? A. Me, waiting in line for the New Moon midnight showing!!

Declining to donate at a bake sale DOES NOT make me a b****!

92J needs to switch back to ISDN. You could pick it up without a hitch in Cedartown. Now it sounds like crap in Anniston...

Good idea: go see “The Conquistadors” at the JSU theater. Get a little culture and support our Drama department!

General Reminder: The Chanticleer will not print obscene, slanderous, or offensive chicken scratches about a person or organization. If you wish to see your scratch posted, be nice or at least abide by the rules.
CALL TODAY (256) 435-4464

DON'T LET YOUR SMILE KEEP YOU FROM BEING COCKY

TAKE 20% OFF YOUR DENTAL CLEANING

Sponsor of the WLJS 92 J & The Chanticleer
Get to know Ericka Stam

by Chelsea Pelletier
Special to the Chanticleer

Practice at six in the morning, school until one and practice again at three. Study hall for at least two hours and somewhere in there, she has to eat and rest. Sounds like a challenging schedule, right? That is just a day in the life of freshman cross-country runner Ericka Stam. Stam, a native of Keller, Texas, stands five-foot-four inches and is made of muscle. She runs an 11:39 two mile and says a ten-mile run is her definition of recreation. After struggling with injury throughout the season, Stam placed third on the JSU women’s team at the Ohio Valley Conference meet on Oct. 31. Stam’s success is directly related to her past experience and unique work ethic. She participated in the USA Track and Field Junior Olympics starting in the seventh grade after joining a club track team. In 2007, she placed 33rd in the National Championship race held at Rim Rock Farm in Lawrence, Kan. "The Junior Olympics, to me, was another way to compete to make myself better and run against people all around the United States," Stam said. Besides the Junior Olympics, Stam was a star on her high school cross-country team, making a name for herself at the district and regional meets. "She started her high school cross-country season in the fall of 2005 she brought life and competition to the team and led them to a District Championship finishing fourth. She was named Freshman of the Year and MVP," said Gail Stam, Ericka’s mother. "She is one of the most focused and motivated runners I know," said Chelsea Denson, junior pole-vaulter. "Running is her passion, there are no off days."

"She will do whatever it takes to be the best she can be," said Amber Wiley, another of Stam’s teammates. But to Stam, it’s all about the love of the sport.

"Running is the time to free myself from all the stress life sometimes seems to bring," Stam said. "When I run I don’t think about anything. I just run. I’m out there to compete to see how well I can do, how far I can exceed my limits." So how did she get to JSU from the Lone Star state? Recruiting by JSU Cross Country and Track coach, Steve Ray. Her mother knew as soon as Ericka called her from her visit to JSU that she had found where she was supposed to be. "She immediately fell in love with the campus — the beautiful mountain setting and the athletes that she had met," said Gail. "In her mind there was only one place for her and that would be JSU."

JSU volleyball hosting OVC Championship

by Haley Gregg
Sports Editor

This weekend, the Jacksonville State University volleyball team is hosting the OVC Championship at Pete Mathews Coliseum. The Gamecocks are 17-1 in conference play and have an overall record of 24-6. They will play the winner of the Murray State and Tennessee Tech game on Friday starting at 4:30 p.m. "We expect every team to come and play the games of their lives," said Paige Beasley, senior defensive specialist. "We all want to be able to look back and say that every person gave their very best: best attitude and effort."

If JSU wins the OVC Championship they will be placed into a region, and the Gamecocks will then begin the battle for a spot at the Sweet Sixteen in Tampa, Fla. "We are excited about this weekend," said head volleyball coach Rick Nold. "There is nothing like being at home and having the energy of the crowd."

The final game will be played on Saturday at 7:30 p.m. Be sure to come support our Gamecocks this weekend!

UAB wins over JSU men’s basketball

Trojans defeat JSU women’s basketball
UAB wins over JSU men's basketball

by Kevin Brant
Staff Writer

Tuesday night, Jacksonville State University men's basketball team played host to the University of Alabama at Birmingham. From the opening tip-off, it was UAB all the way. The game started when Trenton Marshall scored the first basket for JSU. UAB started the game with a 12-4 run over JSU.

Shortly after that, with 20:35 in the first half a questionable foul went against JSU. This was met with overwhelming boos.

JSU then went on a scoring drought for over two minutes. After another foul was called on JSU, there was some miscommunication between players and officials. A technical foul was called on JSU center, Amadou Mbowdji. When this technical foul was called, JSU fans let out ear popping boos. With 14:57 left in first half UAB held the lead over JSU 14-6. After the technical foul, Marshall then made a basket and tried to get things going again for JSU.

Early in the first half, JSU got in foul trouble. They had 6 team fouls with 14:03 to go in the first half.

JSU went almost another minute in a scoring drought, until Stephen Hall scored two free throws and made the score 16-10 UAB.

JSU tried to rally back by scoring 2 more points, but it was short lived. UAB still had the lead over JSU with 11:00 to go; UAB was up over JSU 22-16.

JSU went on yet another scoring drought for another 1:15 and then each team went down the court and scored.

JSU then stormed back and got the lead down to 2. JSU senior, Jeremy Bynum then drained a 3 pointer. This was the first lead that JSU would have.

For a period of over 2 minutes, neither team was able to score. Then UAB made a quick 2 point basket. JSU responded with a long-range 3-pointer. The score then went back and forth. With 5:15 left in the 1st half the score was tied at 28.

Another questionable call occurred with 4:38 to go in the 1st half on a supposed JSU foul. Several lead changes occurred and at the end of the first half, the score was tied at 37.

JSU started off with possession and at the end of the 1st half, the score was tied at 37.

Another questionable call occurred with 4:38 to go in the 1st half on a supposed JSU foul. Several lead changes occurred and at the end of the first half, the score was tied at 37.

JSU started off with possession and after a couple of times resulting in no score, UAB then dominated all the way to the end of the first half. JSU offense struggled. With 17:29 left to go in 2nd half the score was 45-39 UAB. Throughout much of the second half, JSU had a major scoring drought.

JSU over the next couple of minutes tried to get their offense going but was not able to keep up. UAB went on an 8-0 run late in the game. With 4:00 to go in the second half, it was becoming a blowout. UAB at this point was leading 77-56.

UAB won the game 87-62.

After the game, Hall shared his thoughts on the game. "We played good as a team but we have a lot of work to do," Hall said.

According JSU head coach Green, the program is not where they want it to be. "As the season goes on, maybe we can improve," said Green.

Some of the players that scored for JSU: Jay-R Strowbridge had 11 points, Jeremy Bynum had 12 points, Trenton Marshall added 14 points. Hall had a double-double with 14 points and 15 rebounds.

JSU will host Georgia Southern this Saturday at 4 p.m. The game follows the football game and fans can bring their football ticket stub and get free admission to the basketball game.

Highlights of the week

- Senior Ryan Perrilloux scored five touchdowns and had 306 yards of total offense to lead Jacksonville State football team to a 55-28 Ohio Valley Conference win over Tennessee Tech last Saturday.

- All five starters scored in double figures for the Jacksonville State men's basketball team on Saturday afternoon, when the Gamecocks used a late-game surge to down West Alabama 93-64 in the season opener for both teams.

- The Jacksonville State volleyball team bounced back from their first conference loss of the season on Saturday, handing Morehead State a 3-1 (25-21, 19-25, 25-21, 25-14) defeat in the regular-season finale for both teams.

- Jacksonville State's Ryan Perrilloux, Alexander Henderson and Greg Smith earned Ohio Valley Conference Player of the Week honors. Perrilloux was named co-Offensive Player of the Week, Henderson named co-Defensive Player of the Week and Smith was named the OVC Newcomer of the Week.

- David Nilsson and George Kiplagat posted top 50 finishes to pace the Jacksonville State men at the 2009 NCAA South Region Cross Country Championships on Saturday Alabama's Harry Pritchard Running Course. The JSU men finished tied for 19th with the University of South Florida in the 26 team fields while the women placed 23rd out of 23 teams. Ashley Stovall was the top finisher for the JSU women in the 6K race, running a 22:41.71 in 82nd.

- Ryan Perrilloux was named the National Offensive Player of the Week by The College Sporting News. Perrilloux became the first player in the Ohio Valley Conference's 61-year history to earn OVC Player of the Week honors for six weeks during the same season.

Support the Gamecocks at Home

- 11/20 - JSU Volleyball plays in OVC Championship first round at 4:30p.m.
- 11/21 - JSU Football vs. Eastern Kentucky University - 12p.m.
- 11/21 - JSU Men's basketball vs. Georgia Southern - 4p.m.