Altruistic arias

By: Angela Reid
The Chanticleer News Editor

Two Miss Alabama contestants from JSU raised more than $400 for their platforms through ticket and CD sales at a benefit concert last Thursday.

Jamie Langley, a communications major, and Kristian Crowe, a music education major, have been contemplating the co-concert since competing against each other in Miss Alabama 2003.

“I don’t know of many contestants that have worked together,” said Crowe. But, after a suggestion from a pageant director, the two decided to try. They were looking for something different to raise awareness for their platforms, and the co-concert provided that opportunity.

Langley, Miss Jacksonville State University 2006, chose to support Cardiac Care through the American Heart Association because her father had a heart attack when she was young. She sings professionally with her family’s gospel group, The Langleys.

This will be her fifth year to compete in the Miss Alabama Pageant. In the past, she has been a top ten finalist and a preliminary talent winner.

Crowe’s platform is called A Note of Joy, and she supports the Music for All Foundation, an organization that promotes music education for children. She chose A Note of Joy because she was told to “pick something close to your heart.” Last year, when she competed in the Miss Alabama pageant as Miss JSU 2005, she won the talent award and was a top-ten finalist. This year, she will compete as Miss Gadsden Area 2006.

The concert was held in Wallace Hall at Gadsden State Community College and featured country, gospel, patriotic and adult contemporary music.

Since Langley’s platform is Cardiac Care, her first 5 songs featured the heart. Her sister, Julia Langley, Miss Jacksonville State 1993, sang “Tell Him” with her. Later, Langley’s family joined her on stage to sing “Joyful Morning.”

Crowe played the piano and sang “I Need the Every Hour.” She also sang her award-winning talent piece from Miss Alabama 2005, “His Eye is on the Sparrow.”

Langley and Crowe finished the concert together with “America the Beautiful.”

Hearts & boughs

By: Angela Reid
The Chanticleer News Editor

A homemade gift often provokes more sentiment than a manufactured gift, but one must be careful in their selections. An album of pictures depicting various stages of your relationship and ending with a sweet quote such as “My love for you grows with each passing day” could be a tearjerker. But a similar gift depicting your girlfriend are going to appreciate the little things a lot more than most children here.
Cherie Maroney at Accent Florist on Clinton Street in Jacksonville celebrates Valentine’s Day with a Valentine Tree.

What are you taking for that?

By: Reagan Williams
The Chanticleer Staff Writer

This winter, it seems like everyone has a cold. Many students are taking over the counter drugs to combat the symptoms. But what exactly are you taking?

“We all know that certain products have to be kept behind the counters, but that does not mean that they will work any better,” said Nathan Berck, a pharmacist based out of Pell City.

Because Sudafed contains pseudoephedrine, it is kept behind the counter, but can still be bought without a prescription. It is intended to relieve nasal congestion, or a stuffy nose.

A new product, Sudafed PE, contains phenylephrine and is also used to treat nasal congestion.

To stop a runny nose, an antihistamine like diphenhydramine, the active ingredient in Benadryl, could help, but will make you drowsy. Claritin, a different antihistamine, will provide relief without the drowsiness.

Medicines such as Mucinex and Robitussin are used to break up chest congestion and contain guaifenesin.

For cold medicines you have the same main

See Medicine, Page 2.

By: Angela Reid
The Chanticleer News Editor

When Abigail Terry went home for Christmas, she didn’t want to wrap any more presents. She was tired of it. She had already wrapped shoeboxes and lids for more than eight hours for the Shoeboxes for Guatemala project.

The program collected 335 boxes and $435 to send to the children of Guatemala. With the help of the STAT club, Zeta Tau Alpha and local churches, the group collected 135 more boxes than last year.

“It’s starting to become a community project, not just campus, which is good,” said Dr. George Lauderbaugh.

Terry, the secretary of Phi Alpha Theta, and several other friends, stayed on campus after finals to help “because someone needed to help.”

Terry said she knew wrapping the boxes was important because “the kids like to even save the wrapping paper.”

Lauderbaugh and Terry made a trip to the Dollar Tree to fill up some of the extra boxes. Terry mainly bought toys and hair bows for the children.

“I thought little girls needed Barbies,” she said.

Terry said that it’s satisfying to know the kids in Guatemala are going to appreciate the little things a lot more than most children here.

Lauderbaugh took the boxes to retired NASA engineer Homer Wilson, who personally delivers boxes from across the state every year.

“When I was up at his place,” said Lauderbaugh, “he had well over 3,000 boxes.”

Because of travel problems in Mexico, Wilson drove the boxes to Miami for air transport to Guatemala instead of driving the boxes himself. Still, Lauderbaugh said, “Mr. Wilson was very pleased.”

Next year, Wilson plans to have the airline crates at his house so the shoeboxes don’t have to be repacked in Miami.

The shoebox program is just a part of what the Partners of the Americas group does. For example, The Alabama Symphony Orchestra has performed in Guatemala and two world-class soccer coaches have come from Guatemala to Alabama to conduct clinics. Alabama and Guatemala also participate in student, secretary, and teacher exchange programs.

“It [the program] has fallen by the wayside,” said Lauderbaugh. “We need to revive it.”

JSU students sent more than 300 Christmas shoeboxes to children in Guatemala. They collected 135 boxes more than they did last year.
Butt out!

By: Jessica Summe
The Chanticleer Features Editor

Valentine’s Day isn’t just about flowers and candy this year. It’s also the first day that city ordinance number 447, a law that prohibits smoking in public places, goes into effect. This ordinance, adopted by the Jacksonville City Council on February 14, 2005, prohibits smoking in all enclosed public places in Jacksonville.

According to the ordinance, numerous studies have found that breathing secondhand smoke leads to increased health risks for non-smokers, and the Surgeon General has determined that secondhand smoke causes 65,000 Americans to die an early death every year.

“We realized that the buildings on the square - if we had everyone stand 25 feet away, they’d all be in the street,” said Jeff Shelton, a Jacksonville City Council member, about the change. “It may be no 100 percent right the first time, but we always have the willingness to make it better.”

Smoking in restaurants is also banned, unless there is a designated smoking area with a ventilation system that will keep the smoke from reaching non-smoking customers. Strut’s, Bama Grill, and Jefferson’s have not installed the systems, but Bama Grill will be setting up benches outside the 10-foot mark so smokers will have a place to sit, and Jefferson’s offers outdoor seating for smokers.

“We couldn’t find a filter system connected to restaurants. An example is Brother’s Bar, but they have installed a ventilation system and are “Good to go,” in the words of Gilly Wofok, a manager at Brother’s.

And don’t think that because this is a city law, it doesn’t apply to the JSU campus.

“It’s a city law, and we’ll treat it just like any edict from the JSU campus,” said Corporal Neil Fetner of the University Police. “It’s a misdemeanor, and any student written a citation will have to go to Jacksonville City Court.”

He winced as he read the fines for breaking the ordinance.

“The first offense is 50 dollars, but that doesn’t include court costs. I think court costs are $125.50, so that ticket is going to cost $175.50 total. But
Workshops will be held Monday, Feb. 13 and Tuesday, Feb. 14.
Contact: Ms. Susan Sellers at 782-5512

Phi Eta Sigma:
Seventy or more $1,000 awards and thirty-one $3,000 scholarships are available nationally to members of Phi Eta Sigma for undergraduate study. Five $5,000 scholarships are available nationally to members of Phi Eta Sigma for graduate study. Local scholarships are available nationally to members of Phi Eta Sigma. Fifty $5,000 scholarships are available nationally to members of Phi Eta Sigma. Contact: Ms. Susan Sellers at 782-5512 for applications and questions.

NSSE:
The National Survey of Student Engagement will soon be available for freshmen and seniors to take the 15 minute survey. Participants will be automatically entered into a drawing for an iPod or a JSU backpack.
Contact: Office of Institutional Research and Assessment at 782-8144.

Softball Fan Day:
Feb. 12 from 2-4 p.m. at University Field. Games and prizes may be won by those in attendance.

Phi Eta Sigma:
Phi Eta Sigma Freshman Honor Society is seeking eligible students to be inducted this spring. Students must have a 3.5 GPA for the fall semester or a 3.5 GPA for the first thirty hours attempted. Transfer credits cannot exceed thirty hours attempted. Deadline is March 7. Contact: Rhonda Kilgo at 782-8247 for applications and questions.

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Alabama's newest and largest night club!
Located at the corner of 12th Street and HWY 431 in Gadsden

Special Valentine's Day Concert
Tuesday February 14th
Tickets available at Frets Music Store 547-9210
Tickets also on sale at door while supplies last.

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Stroll the nature trails, visit Egypt and Africa, browse a large selection of gift items in the Museum Store, check out travel opportunities in the 2006 AMNH Adventure Series. There's a lot to do at Anniston Museum of Natural History.
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Show starts: 9:00 P.M.
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Athletic superstitions abound on the Jax State campus

By: Toni Shippey
The Chanticleer Staff Writer

We have all heard the popular superstitions that have been involved with sports practically since the beginning of time.

In football, it is bad luck to change your number after changing to a new team and players are supposed to have a two-digit number for good luck.

In basketball, players will rub the soles of their shoes for good luck and in baseball, said to be the most superstitious sport, players are not supposed to step on the foul line when running on or off the field.

In doing my research, I came across some superstitions known to few people outside that sport. For example, in order to avoid bad luck, tennis players stay away from wearing the color yellow, and in cross country meets, the runners never cross the finish line when familiarizing themselves with the course the day before the meet.

It is interesting to find that even some athletes in our own backyard believe the way they do certain things every game day.

A common superstition found with JSU athletes is eating the exact same thing every game day.

Craig Agee, senior cornerback for the football team, eats a Twix candy bar every morning instead of breakfast and, before he heads to injury treatment, has to have an entire bag of gummy bears.

Jon Clements, pitcher for the}

“I walk around the mound, and then I kneel behind it while picking up a little bit of grass. Then I throw the grass down and say, ‘Shove it.’ Not loud of course,” says Jon Clements, a pitcher for the Jacksonville State baseball team.

With the immense pressure put on athletes to perform at top level all the time, they often turn to divine intervention. When and where an athlete says their prayers is a common superstition for them.

For Emily Withers, a junior setter on the volleyball team, that special treatment, has to have an entire bag of gummy bears. Then I throw the grass down and say, ‘Shove it.’ Not loud of course,” said Agee.

Hygiene can also play a big part in superstitions. For Jon Clements, pitcher for the

“Exactly 20 minutes before the game starts I say my prayers, then during half time I thank God for making this possible, and I also ask the Lord to watch over me anytime I am returning a punt,” said Agee.

with 100% confidence

On the other end of the spectrum, a different part of getting ready is neglected by Clements. He will only shave the night after he pitches and will not shave again until after his next start.

Spectators might catch him doing something else once he takes the field.

“I walk around the mound, and then I kneel behind it while picking up a little bit of grass. Then I throw the grass down and say, ‘Shove it.’ Not loud of course,” says Jon Clements, a pitcher for the Jacksonville State baseball team.

“Exactly 20 minutes before the game starts I say my prayers, then during half time I thank God for making this possible, and I also ask the Lord to watch over me anytime I am returning a punt,” said Agee.

Hygiene can also play a big part in superstitions. For Jon Clements, pitcher for the
Jon Clements, pitcher for the Gamecock baseball team, has to have Burger King for breakfast and the spicy chicken fingers from Jefferson’s for lunch.

Because runners cannot have too much sitting on their stomach during a meet, cross-country senior Matt Morgan eats only a single banana every morning before he competes.

For Emily Withers, a junior setter on the volleyball team, that special time is during the National Anthem.

"First I say my prayers and then I take a deep breath. Jessica [Starck] stands next to me and she knows that after I take my breath she can start joking with or talking to me," she said.

Agee looks to God fairly normal to the slightly kooky, but as long as they work, athletes will stick by them. I believe it is safe to say that in the world of sports, success sometimes works in mysterious ways.
Cock Rugby downs Bryan

By: Jennifer Bacchus
The Chanticleer Editor-in-Chief

JSU’s rugby team toppled the inexperienced players from Bryan College on Saturday 38-22.

“The first 20 minutes was a very sloppy game,” said Coach Mike Trowse. “We tightened it up in the next 30 minutes and the last 15 we were chugging along pretty well.”

During those first 20 minutes, mistakes on both sides resulted in very little field movement until a long run by Chris Wills gave JSU their first try, the rugby equivalent of a touchdown.

BC’s Glade Smith made a run for the goal line after a long push down the pitch, but was tackled by Myron Stewart a little short of his target. BC kept possession of the ball, however, and TJ McKinney slipped through the Cock Rugby defense a few minutes later. A missed extra point kick made the score 7-5 JSU.

Less than eight minutes later, JSU’s Tom Snow answered back with his try of the afternoon.

The key for JSU’s success in the first half, which ended in a score of 21-10, was their expertise in the scrum.

“You could tell that our experience overpowered theirs,” said Trowse. “We murdered them in the scrum, line outs and some of the set plays.”

Despite the inexperience of the Bryan College team, Cock Rugby faced off against the team from Bryan College last Saturday. Pictured above, one of the many scrums of the game. The men from JSU won the game 31-22.

A few minutes later, on another possession, Armstrong ran in his second, and final, try.

The extra point kick by Chris Steketee gave Cock Rugby their final score of 31-22.

This Saturday, Cock Rugby will face off against the University of the South at noon on the intramural fields.

“Jacksonville drove the ball down the pitch to within a few meters of the Bryan College goal line. A penalty by BC gave them the scoring opportunity they needed.

Justin Armstrong, JSU’s team captain, lightly tapped the ball, then ran it in for his first try of the day.

The ball was brought out a few meters and Bryan College’s Steve Orner took it in for a try and the lead at 22-21.

But it was the last set of points that Bryan College would make that afternoon. The men from JSU kept control of the game from that point on.

Jacksonville drove the ball down the pitch to within a few meters of the Bryan College goal line. A penalty by BC gave them the scoring opportunity they needed.

Justin Armstrong, JSU’s team captain, lightly tapped the ball, then ran it in for his first try of the day.

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The extra point kick by Chris Steketee gave Cock Rugby their final score of 31-22.

This Saturday, Cock Rugby will face off against the University of the South at noon on the intramural fields.

“We’re going to really have to play smart rugby. These guys are good,” Trowse said.

The game will be dedicated to the American Cancer Society and donations for the ACS will be taken.
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Spencer has career night

By: Patrick Swafford
The Chanticleer Sports Editor

Coming out of class in Pete Mathews Coliseum February 2, I ran into JSU's Walker D. Russell. I shook his hand and wished him luck for the Eastern Illinois game. His reply was simply, "Thanks man, we gotta have this one. We get this and we're right back in the middle of it.

They got it and they are.

The Gamecocks got a career-high 26 points from senior B.J. Spencer including a new school record eight 3-pointers as JSU defeated Eastern Illinois 66-51.

"Down the stretch, I got open looks. Tonight was just one of them nights I just couldn't miss," said Spencer.

Eastern Illinois took the lead with 17:55 left in the first half. It lasted almost four minutes.

JSU out rebounded EIU 21-15 in the first half and held a 30-26 lead at the break.

From there, the Gamecocks went on a 23-8 run over the first nine minutes of the second half, including four of Spencer's threes. Needless to say, B.J. was on fire.

"I touched him during a timeout," JSU coach Mike LaPlante joked. "I burnt my hand."

In the second half, the Gamecocks got 10 points off turnovers, increasing their lead to as much as 19.

As a whole, Jacksonville State was 12 of 26 from beyond the arc, blistering Eastern Illinois' defense.

Offense wasn't the only thing working for JSU. Dorien Brown stepped up defensively in the second half, swatting five shots for the Gamecocks.

"I thought in the second half, Dorien came out and asserted himself," LaPlante said.

On Saturday, despite a 6 of 13 shooting performance from Russell, JSU fell just shy of knocking off first place Murray State 78-72.

The Gamecocks (10-11, 8-7 OVC) fell behind quickly in the first half, trailing by 10 with just under 10 minutes before the half. JSU wouldn't gain the lead until 6:01 left to play, but would lose it shortly after. Over the last six minutes of play, the Gamecocks went cold from the floor.

With 3:53 left to play, Russell hit two free throws to cut the Murray State lead to 68-66. From there, Murray State went on a 10-6 run to close the game.

"We always say 'Be up three or down three with three minutes to go,'" LaPlante said. "If you're in that striking distance, whether you're up by a possession or down by a possession, whoever makes the plays over the last three minutes is going to win the game."

"It's not always the team that makes the great plays that's gonna win," LaPlante said. "It's the team that makes the fewest mistakes."

Jacksonville State will be in action tonight at Tennessee Tech at 7:30 and then will return home for a Valentine's Day showdown with Morehead State at 7 p.m. Both games can be heard on the Gamecock Radio Network at 91.9 F.M.

OVC Standings

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<td>16-6</td>
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<td>Austin Peay</td>
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As of: 2/8/2006

By: Jennifer Bacchus
The Chanticleer Editor-in-Chief

On Feb. 4, at the Tiger Indoor in Sewanee, Tenn., the women of the Jacksonville State University track team won their first meet...ever.

"It was a neat thing to watch our girls after the meet, after the results were tallied one point. Asha's one point here [200 meter dash]. Any girl who scored one point helped us win that meet the other day," said Ray.

In addition to winning the distance medal event, the team took first in six other events.

Stephanie Jones and Sarah Caine finished first and second respectively in the 800 meter run and Caine went on to win the 1600 meter. DISTANCE MEDALLIST: Albumia Durbin of JSU, who won the 3000 meter steeplechase.

TENN. Tech ended the day in fourth place with a score of 46, while Austin Peay picked up fifth.

The ladies have a week off before they head to the Tennessee Indoor Classic on Feb. 17. Coach Ray plans to use this time for rest and a little recuperation before the OVC Indoor Classic on Feb. 18.

What are you struggling with?

Anger or rage? Overeating? Drugs or Alcohol?
Insecurity? Abuse? Fear or Anxiety? Gambling?
Codependency? Divorce? Grief? Guilt?
Hurtful Relationships? Lying? Need to Control?
Overworking? Hypochondria? Overspending?
Procrastination?

Get on the Road to Recovery!
Celebrate Recovery
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Life Hurts God Heals
Celebrate Recovery

By: Jennifer Bacchus
The Chanticleer Editor-in-Chief

The Chanticleer • Page 5

Dorien "D-Block" Brown shoots from the edge of the paint.
It was a real thrill to watch our girls after the meet, after the results were tallied up. They were jumping around cheering and hugging each other,” said Head Coach Steve Ray. “They got out in the center of the field and did a big circle and a JSU war cry or whatever.”

The team entered every event except pole vaulting and scored in every event they entered, earning 126 points, one point ahead of Bevill State.

“I told them on the bus afterwards, ‘There are two constants in athletics. Losing is contagious and winning is contagious,” said Ray.

The distance medley event, a relay event the women have won for the last two meets, was the final event of the day.

When the event began, Bevill State, who was seven points ahead at the time, was already celebrating their perceived victory. Then they looked at the scores.

All Bevill had to do was beat one opponent in the final relay, but they couldn’t do it. They finished fifth, earning two points, while JSU took first, the 10 points that came with it and the team title for the meet.

“Crazy thing about that is that we lapped Bevill State,” Ray said. “We lapped them three times.”

Runners in the distance medley were Olivia Watson, Whitney Pruett, Michelle Morgan and Shelbee Roberts.

Since the margin of victory was one point, every event the ladies entered was vital to the victory.

“You can win a lot of meets if you have depth and you get those ‘garbage points.’ They’re not garbage because Amberlyn’s first and second respectively in the 800 meter dash and Caine went on to win the mile run by an impressive 7.31 seconds.

Claire Perrin placed fourth in the mile with a time of 5:35.09, but “the crazy thing about her was that she was dead last with about three laps to go,” said Ray.

Lesley Banning lapped almost the entire field in the 3,000 meter with a time of 10:47.04.

Nolinda Garner finished first in the 55 meter hurdles, knocking 0.02 seconds off of the school record she set earlier this season.

The relay team of Stephanie Watts, Latasha Taliaferro, Nolinda Garner and Stephanie Jones snagged first in the 4x400 meter relay with a time of 4:02.12. nearly 11 seconds better than Bevill State, their closest competitor.

Ebony Brisk rounded out JSU’s wins for the meet with her 5’2” high jump.

Two other OVC for rest and a little recuperation before the OVC Indoor Championship, Feb. 24.

“We have five or six girls who are still running banged up. But they’re still competing and that’s all you can ask of them.”
Women continue streak

By: Patrick Swafford
The Chanticleer Sports Editor

The streak lives on.

On January 12, the Jacksonville State women's basketball team was tied for dead last in the OVC standings. Since then, the Gamecocks have won seven of the last eight games and are riding a current six game winning streak that has them in contention for a spot in the 2006 OVC Tournament.

The reason for the streak is simple defense. Just ask Eastern Illinois and Murray State.

Eastern Illinois out rebounded JSU and only turned the ball over one more time than the Gamecocks, but the ladies in red and white held the Panthers to 32 percent shooting from the floor to give them an 82-71 win at Pete Mathews Coliseum on February 2.

While Eastern Illinois had problems making baskets, JSU had little trouble finding the bottom of the net.

No matter what the Panthers did to try and slow the JSU offense down, there always seemed to be a white jersey open on the floor.

Rebecca Haynes went 6-for-12 from the floor and was good for a double-double, 15 points and 11 rebounds...at halftime. The senior from Birkdale, Australia finished with a career-high 30 points to go along with 13 boards.

"Statistically, we had a good first half, but Rebecca Haynes made so many plays in that half," JSU coach Dave Dagostino said. "She was involved with every single offensive play that we had and she single-handily controlled the defensive glass."

The Gamecocks got down early, trailing by as much as 11 midway through the first half of play, but Jacksonville State battled back, taking a 33-31 lead with 3:36 left before the break on a 3-pointer from Haynes.

From there, the Gamecocks never looked back.

Courtney Slaughter had 16 points in the win, while Ann-Marie Healy scored 17 points and had six blocks.

Four Gamecocks put up double-digits on the road as JSU held off a late charge from Murray State to win 69-63 last Thursday.

Once again, Healy was a force inside the paint for the Gamecocks, getting 14 points and 11 boards to go along with four blocks. In the six-game winning streak, Healy has a total of 22 blocks.

In all, JSU blocked 10 shots against Murray State and held them to 27 percent shooting from the floor.

After a lay-up by Joi Scott made it 38-37, Scott had a game high 23 points, but no other Racer scored more than eight points.

"We are approaching the defensive end of the court as if that's our home," Dagostino said. "That's where we're going to win and lose ballgames."

Both teams took turns taking the lead throughout the second half with each team taking the lead four times.

With the score tied at 60 with 3:20 to play, Healy, Courtney Slaughter and LaTonya McKinney scored JSU's last nine points to close the game out.

JSU will look to continue their winning streak tonight at Tennessee Tech. The Golden Eagles defeated JSU on January 12 in a 95-64 drubbing. That loss was the last loss before JSU picked up their intensity on defense. The rematch can be heard on the Gamecock Radio Network on 91.9 F.M at 5:30.

OVC Standings

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<tr>
<th>OVC</th>
<th>Overall</th>
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<tbody>
<tr>
<td>Tennessee Tech</td>
<td>12-3</td>
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<tr>
<td>Southeast Missouri</td>
<td>11-3</td>
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<tr>
<td>Samford</td>
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<td>Eastern Illinois</td>
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<td>JSU</td>
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<td>4-10</td>
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<td>Tennessee State</td>
<td>0-14</td>
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As of: 2/8/2006

Women's basketball is on fire...and is making the Chanticleer Sports Writers drool.

Linda Johansson that would determine who got the doubles point. With both women's teams looking on from courtside, the lady Gamecocks fell short of the win, 9-8.

"We just keep trying to get better every match," said Coach Bailey. "Win or lose, we're just going one match at a time."

At the home opener last Friday, the JSU men's tennis team fell 6-1 against third-ranked Auburn-Montgomery. The Auburn-Montgomery women's team, the defending NAIA National Champions, defeated JSU 6-1.

Senior Michelle Dushner was a little nervous about playing her first match at number one.

"I got a little impatient," says Dushner. "I tried to hit the ball too hard."

Eloah Lopes claimed a 6-3, 6-2 win over AUM's Rachel Dunlay.

On the men's court, JSU's Joey Unkenholz and Jean Baccari defeated Victor Sanakaiapi and Illyar Khamadov, 8-2.

In the men's singles, JSU's only win came from freshman Diego Pazsoldan who defeated Illyar Khamadov, 6-1, 6-1.

The JSU men's tennis team traveled alone to Georgia State on Sunday.

After losing all of the doubles matches, the boy's looked to regain their com-
looked to regain their
Belmont's Tatiana Pozo and
pohitre
get stronger.

the
Gamecocks to a win.

to watch the doubles match n't enough to pull the
Ashley
Thursday at Mercer.

The Chanticleer
go to a school that was "too big
Haleyville, Ala., began the year
or too small." That's why she
chose JSU.

forward for most of the games
as guard, but has been starting
Murray State and held them to 37 percent
point percentage on the team
jumped out to an early 15-2 lead, allowing
ball. They're not afraid of getting beat,
of ball pressure," Dagostino said. "That per-

averages, The Chanticleer was
and one of the best free throw
her tick. So we sat down to ask
her a few questions after the

AB: Do you have a favorite quote?

AB: I like "The price of victory is high, but so are the rewards," Paul "Bear" Bryant. I liked him.

CS: What kind of music do you like to listen to?

AB: All kinds. Country... I'm a country girl.

CS: How different is it going from high school athletics to college?

AB: The pace is definitely dif-
ferent. Also, in high school you have one outstanding player on a team. Everybody else is will be good, but now everybody is at the same level athletic-wise.

CS: She has to be amazing in person.

AB: It was like - walking into the gym at camp. She walked in and there was a hush.

CS: Looking at the list of sports you played in high school it looks like you played every-
thing you could... did you?

AB: I didn't play golf. Or run track.

CS: Out of that. If you weren't playing basketball, what would you be doing?

AB: Probably volleyball, but it wasn't a decision I had to make. I always knew growing up I wanted to play basketball.

CS: How did you get into it?

AB: My sister was a cheerleader, so we had rec leagues. My mom wouldn't let me play with the boys in third grade, so I had to wait until fifth grade to start playing rec leagues. After that, I just fell in love with it and have been playing it ever since.

CS: Whenever you aren't playing ball or studying, what do you do to chill out and relax?

AB: I play golf a lot and tennis. I can't just sit down. I have to be doing something.

As we asked Ashley to list one thing completely off the wall that no one knew about her, Assistant Coach McNeil Copeland popped in and supplied her own answer to the question.

"She's awesome. She's a beast."

To see more of number five and one of the hottest teams in the OVC right now, the girls will return home on February 16 to face the last team that beat them, Eastern Kentucky.

Ann-Marie Healy goes up for two against EIU. Healy had 17 points in the win.