

Liz Hendricks went vegan for 40 days. Read all about it on page 4.

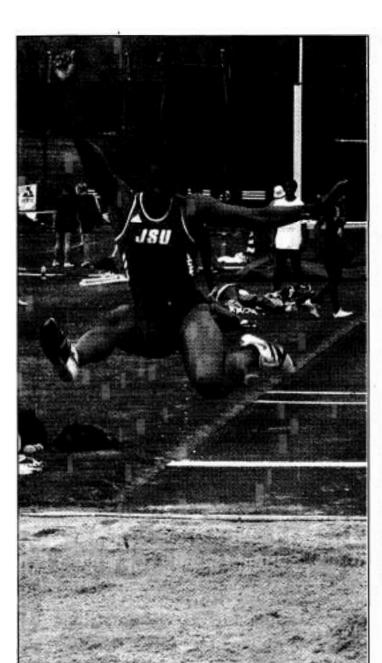
April 6, 2006

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Jacksonville State University

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JSU track hosts first home meet



By: Chad Hoffman The Chanticleer Sports Writer

The ladies of Jacksonville State University's track and field team ended their first home meet ever with a solid win, taking 214 of the 618 possible points for the meet and finishing first in more than half of the events.

"We had 18 season bests and about 14 lifetime bests in the meet," said Head Coach Steve Ray. "It will get to where we won't set a record on a weekend, because our record will be good enough to where it won't get broken every

weekend, but what you, as a coach, look for is improving - season best, season best with half your team."

Andrea Arnaud took first in all three of the events she participated in. In the 100 meter dash, she just topped teammate Nolinda Garner with a time of 12.55

> seconds. Unlike most of the other runners on the team, Arnaud also participates in field events.

> Her distance in the long jump, at 19 feet 2 inches, outdistanced her near-

of Kennesaw State, by 4.75 inches. She also topped teammate Eboni Brisky in the triple jump with a distance of 37 feet 10.75

Kendra Wise, the OVC female field athlete of the week for March 28, not only took first in one of her favorite events, the discus throw, but also topped the second-place finisher by 12 1/2 feet.

"I think she can throw three to four meters further than what she's doing," said Ray. "She really can. We've been

Photos by Angela Reid





Above: Jeronica Bell soars through the air in her long jump attempt. Bell placed third in the event at the inaugural JSU Invitational held Saturday, April 1, on the track behind Pete Mathews Coliseum. The track and field team will host their second home meet this Saturday, April 8.

Top: (L-R) Sheana Grigsby of Carthage, Nolinda Garner and Eboni Brisky sprint down the track in the 100M hurdles. Garner won the event, defeating Grigsby, the two-time defending Division III 100M National Champion.

Right: Olivia Watson begins her throw in the Javelin.



Breaking the silence

JSU students provide voice for victims of abuse and assault

By: Angela Reid

The Chanticleer News Editor

The sound was unnerving. The crash of shattered plates echoed in the metal trash can.

Each person threw their plate, with "silence" written on it, into the trash can with another person in mind.

"My sister," said one person. "My best friend," said another.

"We are not willing to go quietly. We are willing to break the silence," said Tracy Smith of The Daybreak Crisis Recovery Center.

Tuesday's vigil to promote awareness of sexual assault and domestic violence was held after a day of speakers and a visual display of t-shirts on the front lawn of the Theron Montgomery Building.

The t-shirts were decorated by locals who had been affected by violence.

Erin Higgs, President of Women's Issues, Support and Empowerment, said the t-shirts hanging on the clothesline "made you realize how personal it is. by during the day."

"Stolen innocence" was written on one small green t-shirt. The decorator of another shirt thanked an aunt who fought back, so others wouldn't have to.

Still another, a child-size pink t-shirt, said, "It happened 2 me. Age 4."

Other shirts spoke of healing and encoursilence.

People made shirts throughout the day. Others met before the event to decorate shirts together and talk about their expe- is "a way to reach out to riences.

Jill Rainer decorated 3 shirts. She was a victim

child but refused to go to counseling as an adult.

"I didn't want to feel my feelings," she said. "After years," she said, "you realize you're in prison."

Though her self-control These are people we walk made her a good manager, she was constantly unhealthy and unhappy. Finally, after 6 months of group counseling she allowed herself to feel what she had been hiding.

> "After you feel those feelings there nothing to be afraid of anymore," said Rainer.

The display, called the Clothesline Project, was aged others to break their started by the National Organization for Women with 31 shirts. Now, there are displays across the country.

Higgs says the project people who are passing through. People are going to continue to not heal if of sexual abuse as a small its not talked about," she



T-shirts decorated by people who have been affected by sexual assault and domestic violence were displayed Tuesday at the Theron Montgomery Building. This shirt reads, "When you raped me I felt small, burnt, bruised, ripped, empty, violated, hurt, angry, dirty,...... Unlike this shirt, I couldn't take it off - I had to be mended. Thanks to my GOD I AM HEALED!! I am whole!"

said.

and breaking the plates were ways to give pain

a voice without violence. Decorating the shirts For Rainer, finding that voice was the beginning of her healing process.

See Silence, p. 3.

ANNOUNCEMENTS

Lost and Found:

For lost items, check the UPD webpage at police.jsu.edu/lostand found.html.

Celebration every Tuesday, 8 p.m.

JSU Field Schools:

The Pinhoti Trail Hike featuring Dugger Mountain Wildflowers will be held Saturday, April 8, from 9 a.m. to 3 p.m.

The Natural Journaling Hike: An Artsy Stroll through the Forest will be held Saturday, Act 8, from 10 a.m. to 2 p.m. at the Pick E. Burns Trail Head.

Pre-registration for back hikes is required.

Contact: Renee Montact at 782-5697.

ISO:

ISO officer elections are coming soon. Vote on April 11 on the 4th floor of the TMB.

ISU Talent Show:

The JSU Talent Show, hosted by the JSU Gospel Choir, will be Monday, April 17, at 6 p.m. in the TMB. Advance tickets are available in the TMB and Mason Hall.

Alpha Xi Delta:

Congratulations to Kaiti, Emily, Amanda, April and Tricia. We know these girls will bring a lot to our chapter of Alpha Xi Delta. We are looking forward to spending time with you and growing as sisters.

Contact: Charly Montague: iccibod@aol.com

Alpha Omicron Pi:

Great job to everyone with Greek Week! Everyone did such a good job at the Talent Show. We hope that everyone has a great week. Good luck getting ready for finals. Contact: Meredith Harvey at Merharvey@aol.com

UPD:

UPD is conducting a survey for their continued accreditation. Please click on the survey link at UPD's website: www.jsu.edu/dept/upd

All Faith Student Alliance meetings are every Tuesday at 6 p.m. 129 Stone Center.

SGA members look back at this year's progress

Bv: Reagan Wiliams The Chanticleer Staff Writer

The 2005 - 2006 Student Government Association members were treated to a night of fine dining at the Gamecock Center on Monday for the annual SGA banquet.

Each executive member was given the opportunity to award exceptional members in their branch and give a short speech.

Emily Williams, Advisor for Freshman Forum, gave the first award of the evening. She praised the freshmen for their dedication and reported that 17 of the 35 incoming senators will come from the current Freshman Forum.

The Most Outstanding Freshman Forum members were Public Relations Chair Meredith Harvey and Freshman Forum President David Jennings.

Chief Justice Brandie Pollard awarded Justice of the Year to Associate Justice Paige Trantham. During Pollard's term, 1.081 people were cited for parking violations on cam-

"This person helped when there was nobody, nobody," said Director of Publicity Raynard Cargill, honoring Publicity Committee Head Amanda Tucker with the Publicity Award.

Baptist Campus Ministries was awarded the Outstanding Service Award for their help in the Hurricane Katrina Relief project and their mission trip over spring break.

Vice President of Student Activities Casie Sanders reflected upon the 52 events the SGA hosted during the year.

Sanders recognized Marshonntri Reid as Committee Head of the Year; for her work planning Family Day.

Vice President of Student Senate Justin Lord presided over year. Rachel Poe was awarded New Senator of the Year by Lord and Kati Richards was Most Outstanding Senator.

The Senator of the Year was chosen from past Senators of the Month. This year's recipient is Falen Cox.

The program was then turned president of the SGA.

Lynnley Clark and Falen Cox were awarded the SGA scholartheir tuition next year.

The Presidential Award was come true. given to Marshonntri Reid for all she has done to serve the

SGA and assist the president.

The Golden Apple Award is given to a faculty member who has been dedicated to JSU and has supported the SGA during their time here. SGA President Mardracus Russell had the privilege of honoring Dr. Rodney "Hotrod" Friery with this award.

After the awards, the evening turned to tears and reflection with a speech of special recognition by Assistant Director of Student Life Debbie Taylor.

The night continued with a slideshow of past SGA events.

As the evening wound to 27 senate meetings this past a close, Dr. William Meehan inducted the incoming executive officers.

> Mardracus Russell, Moody Duff III, Olivia Fadul, Allison Land, Shavon Prather and Ken Catoe gave their oath to serve the students of JSU to the best of their abilities.

The 57th SGA president, over to Mardracus Russell, Mardracus Russell, concluded the banquet with a speech that included a poem entitled "What If" to encourage the outgoships, which will cover half of ing and incoming members to always believe "what if" can



The Golden Apple Award was presented to Dr. Rodney Friery by Casie Sanders at the annual SGA award banquet. Dr. Friery was given the award for his dedication to JSU and support of the SGA.





Zeta Tau Alpha:

Beth Holloway Twitty's "Safe Travels" Campaign will be at JSU on Saturday, April 8, at 2 p.m. in the TMB Auditorium.

Contact: Dr. Andrea Porter at 782-5861

Big Man on Campus will be April 11 in Leone Cole Auditorium at 7p.m.

Contact: Malorie Edger at malorie_edger@yahoo.com

Phi Beta Kappa:

The annual Gamma of Alabama Graduate Association banquet and business meeting will be held Thursday, April 13, at 6p.m. on the 11th floor of the Houston Cole Library. The guest lecturer will be Dr. Thomas G. Palaima, Raymond F. Dickson Centennial Professor. His lecture on "Home Front and War Front" will be given at 7:30.

ISO Reelection:

Zorka Kujovic is running for ISO President.

The Chanticleer reserves the right to refuse publication of any submission for any reason. We also reserve the right to edit submissions for style, brevity, and clarity.

For the full announcements policy, cal. 782-5701 or come to The Chanticles office at 180 Self Hall.

CAMPUS CRIME

March 28 -

Penny Lane reported the theft of a portable audio system valued at \$79 from Ramona Wood Hall.

March 29 -

Christopher Devon Giles reported the robbery of a light brown plastic wallet containing \$123 and a student ID from the parking lot of Houston Cole Library.

March 30 -

Benjamin Patrick Harrison reported the theft of a bookbag, calculator, supervisors safety manual and miscellaneous paperwork valued at \$110 from the Ayers Hall parking lot.

Information in Campus Crime is obtained from incident and arrest reports at the JSU Police Department in Salls Hall. These records are public documents that anyone has the right to examine under Alabama state law. If you believe any information to be an error, call 782-5701, or contact JSUPD at 782-5050.



Photo By: Jennifer Bacchus

Mardracus Russell's aunt, Cheryl Wallace, pins him with a JSU pin before he takes his second oath of office as SGA president. Russell's high school yearbook advisor, Carla Tauton, is also pictured.

Ambassadors recruit new students to JSU

By: Audrey Hykes
The Chanticleer Staff Writer

A new group of ambassadors for JSU will soon be recognized for the 2006-2007 school year. These valuable spokespeople for the university are volunteer students and admissions directors who recruit new students for the school.

Each year, students are selected to be ambassadors by the admissions directors of JSU. These students assist in campus events and recruitment.

On April 13, a reception will be held at President Meehan's home to recognize the new ambassadors.

The group will go on a retreat on April 26-27. There, they will learn facts and statistical information about JSU. They will also participate in team building activities and learn leadership skills to aid them when they are recruiting.

During the school year,

ambassadors are required to make four recruiting trips around the state of Alabama or the surrounding states if they choose.

They make three trips in the fall and one in the spring, with an admissions department representative, to various high schools.

"We go talk to students about JSU and give them some perspective," said Tracy Phillips, an admissions director.

Recruiting trips are usually planned to Georgia, Florida, and Tennessee, but can reach further, considering that many of the ambassadors wish to recruit in their hometown.

The ambassadors also help with on-campus events, especially Preview Day.

"That's where all the students are coming in, and we mingle with them, talk with them, point them to which way they should go and answer questions," said Phillips. "That's mainly talking with the students and telling them what JSU has to offer."

Other on-campus events they work with are graduation ceremonies, presidential functions, board meetings, career fairs and the athletic department.

Each volunteer ambassador can receive two credit hours for serving with the JSU Ambassadors for one school year.

Requirements include a 2.25 GPA, one completed full-time semester, and current full-time enrollment.

Two JSU Ambassadors are selected each year to serve as Ambassador Administrators and are paid for their work.

If you are interested in being a JSU Ambassador, applications are now available in the Visitor Center. For more information, call 782-5260.







Photo of the week

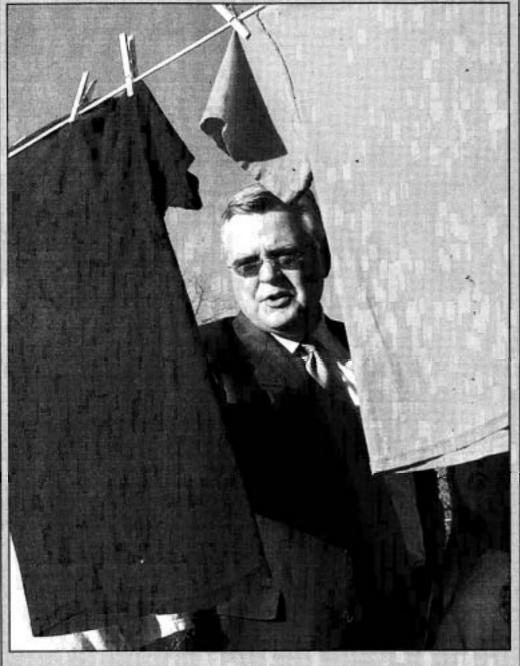
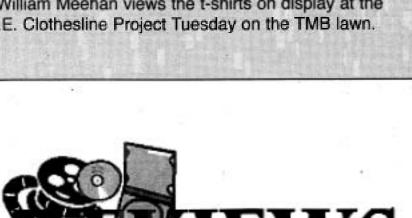
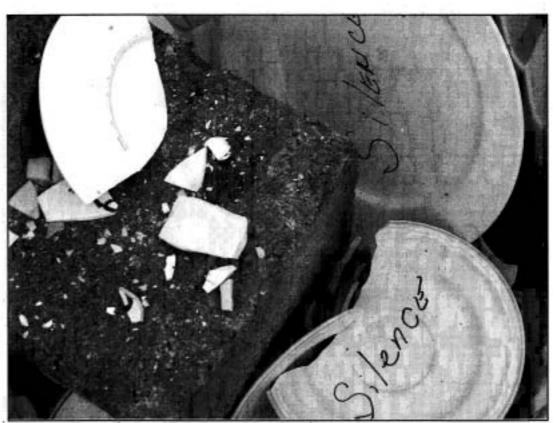


Photo by Angela Reid

Dr. William Meehan views the t-shirts on display at the W.I.S.E. Clothesline Project Tuesday on the TMB lawn.





The silence was literally broken as people shattered plates Tuesday at the Clothesline Project in support of those who have not kept silent about sexual assault and domestic violence.

Silence:

Cassey Harris, also with Daybreak, was one of the speakers during the day. Her goal was to educate people about sexual assault.

"People think that because they're in a relationship its ok and its not," she said.

According to Harris, Calhoun, Talladega, and Etowah counties have some of the highest reports of sexual violence per capita in Alabama. All three counties were on the top 10 list last year.

Also during the day, JSU drama students read poems about rape and a local minister spoke about the spiritual community and violence.

WISE meetings are open to anyone who is willing to take a stand opposing violence against women. The group is planning more events for the fall, including a project to promote dating safety, and another clothesline project for next spring. Meetings are held every Wednesday at 12:30 in 329 Brewer Hall.

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COUNSELOR AND SELECT PROGRAM POSITIONS AVAILABLE

REVIEWS

Movie review: Dead Ringers

By: Jason Keener

The Chanticleer Staff Writer

David Cronenberg makes two kinds of films: those that reach mass consumption and those that stay underground. Far more fall under the second category.

His last film, "A History of Violence," is one of the top renters at video stores across the country. It is his only true hit since 1986's remake of the horror classic, "The Fly."

That's too bad, considering some of his best work has occurred between the two.

There's "Naked Lunch" (1991), which is less of a straight-forward adaptation of William S. Burroughs' 'unfilmable' novel, and more of a general celebration of the controversial author and the universal horrors of addiction.

Then there's "Crash" (1996), not to be confused with the recent Oscar-winning film. Cronenberg's "Crash" is based on J.G. Ballard's 1972 novel of the same name and concerns an underground society of carcrash fetishists.

But his immediate follow-up to "The Fly" was the unsettling "Dead Ringers" (1988).

In it, Jeremy Irons gives two memorable performances as two brothers who happen to be identical twins, like Nicolas Cage in "Adaptation."

They share it all. An apartment. A profession (they are renowned gynecologists). Women. And perhaps, a soul.

Beverly is shy and introverted, so his brother Elliot seduces their clients and then hands them over to his "baby brother." Since they are identical twins, the clients rarely realize a switch has been made.

They pull this usual routine with a famous actress, Claire Niveau (Genevieve Bujold). When she realizes what's happening and confronts the twins, Elliot shows little remorse.

Beverly, who firmly believes Claire was

the one, breaks down.

And so begins a downward spiral of drug addiction and self-destruction. This is where the film takes on the unmistakable Cronenberg style.

Throw in some custom-made gynecologist tools that look like they were stolen from the set of "Alien" and the determination to 'separate' and you have the kind of gruesome outcome you'd expect from the director of "Videodrome."

Howard Shore has scored all of Cronenberg's films since "The Brood," and the two serve each other well. His score for "Dead Ringers" is effective and moody as usual, but occasionally sweet and tender as well.

Irons' performances are incredibly powerful and poignant. He understands the emotional differences between the physically identical twins, and rarely should audiences be confused as to who he is playing when.

Like "Naked Lunch" and "Crash," "Dead Ringers" is based on a novel. The novel itself was a semi-fictional account of two twins.

It was simply called "Twins," which was a considered title for the film, as well. Ivan Reitman, who had produced two of Cronenberg's earlier films, asked Cronenberg for the title for his comedy starring Arnold Schwarzenegger and Danny DeVito.

Cronenberg agreed and settled for "Dead Ringers," an embarrassing title that furthers the misleading notion that this is a horror film. Though there are undeniable aspects of psychological horror, anyone looking for a gore-filled frightfest may be disappointed by all the drama.

Those who approach the film knowing what to expect from Cronenberg, however, should enjoy one of the celebrated Canadian filmmaker's most interesting works.

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Photo by Jodi Lester

Yumny

Forty days and forty nights on a vegan diet

By: Liz Hendricks Chanticleer Staff Writer

television for more than 10 minutes without seeing a commercial for food that has no animal products. You can't do it. I know this because while on a 40-day vegan diet, I was tempted dozens of times each day to consume food that was off limits.

A vegan is a person who consumes no animal products. No meat, no eggs, no dairy.

In our fast-paced society of drive-up windows, food delivery, and pre-made meals, there is little

become vegans.

According to the Vegan Society, the environment and animals benefit when people choose to eat vegan. They say raising livestock takes up more than two-thirds of agricultural land that could be used for growing grains and cereals to feed people.

The Vegan Society also points out that farming animals waste thousands of gallons of water each year. Many crops fed to farm animals are grown in developing countries where drinking water is

The U.S. Environmental

that is not the reason most people up chocolate and cheese pizza for any longer.

> Gina Mabrey, an instructor in the Department of Health, Physical Education, and Recreation at JSU, was a strict vegan for two years.

> For Mabrey, becoming a vegan started when she gave up all animal products for Lent in 1998. After the 40 days were up, she decided to stick to the vegan diet.

> Mabrey says the thing she ate most often while a vegan was grilled cheese sandwiches (with soy cheese) and tomato soup.

> "Eating out is very difficult," says Mabrey. "Even if people understand that you want meatless

English muffins with vegan friendly margarine and jam.

Many cereals are fine for vegans to eat, but some contain milk products. The same goes for bread and potato chips. I had to read labels carefully.

For lunch I enjoyed meatless chili (in the vegetable section of Wal-Mart, next to the tofu and health food), Healthy Choice vegetable soup, tomato soup, peanut butter and jelly sandwiches or a nice big leafy salad.

Throughout the day, I would snack on fresh fruit or celery with peanut butter. I also drank lots of water and juice.

Dinner was where I got creative. Not to brag, but I make a mean vegan burrito. I start out with Mission sundried tomato basil wraps, then fill them with red and green bell peppers, a sauteed onion, vegetarian refried beans, jalapeno humus, soy shredded cheese and salsa-

My other dinner favorites were tofu stir-fry and pasta with veg-

The biggest challenge I had to face being a vegan was, like Ms. Mabrey said, eating out. In larger,

vegetarian and vegan diners, but here in Jacksonville, people just looked at me like I was crazy.

"You're a what...a ve-gunn? What's that, some kinda hippie tree-hugger?!"

During week two of my diet, I was desperate for something

While sitting in the Dairy Queen drive-thru with my boyfriend, I made him ask, "Is there anything without dairy on the menu?" No. Hence the name Dairy Queen. Fortunately, while in Jacksonville, Fla., for spring break, I found these delicious dark-chocolate bars filled with marzipan at World Market. I bought five.

Dr. Mark Meade, assistant professor in the biology department at JSU, explained to me that, from a biological standpoint, humans were made to eat meat. We are biologically engineered to be carnivorous from our teeth to our digestive system.

Or as my dad says, "Steaks were made to eat."

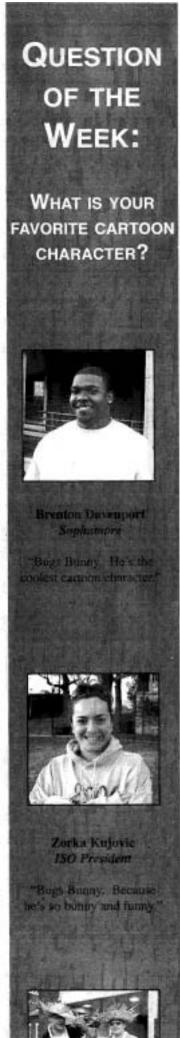
True herbivores, like koalas, have a special pouch in their digestive system called a cecum which people don't have. The cecum helps the koala break down plant material. Humans don't produce have anything that will break down plant material like cellulose, which is why plant material flushes out our systems.

Dr. Meade also informed me that herbivores have more gas than carnivores. I'm a pain in the butt when ordering at restaurants...and I have more gas. I was starting to think this whole vegan thing was a major turn-off.

I did lose about three pounds on the diet, and my triglycerides went down from 151 to 104. Being a vegan didn't seem to affect my energy level or prevent me from running or working out.

Overall, being a vegan was a very pleasant experience. It opened my eyes to new types of food and better choices for my body and the environment.

For more information on becoming a vegan you can visit www.vegansociety.com.



and pre-made meals, there is little assistance for vegans.

There were two things that drove me to embark on this somewhat radical diet. In third grade, I learned that I was a kinesthetic learner. Unlike the visual and auditory learners, I learned things best by doing them. I have always been interested in the vegetarian and vegan lifestyles. For me to learn about vegans, I needed to become a vegan.

I must admit the second reason was my health. I've always had high cholesterol and I was curious to see if becoming a vegan could lower it-and if I lost a bit of weight in the process, that wouldn't hurt either. By making my diet an experiment, I had to stick to it, or risk my journalistic integrity.

I compared my cholesterol, triglycerides (fat), glucose (sugar) and weight from the beginning and end of my diet. To my surprise, my LDL, or "bad cholesterol", went up on the vegan diet from 190 to 204.

According to the Framingham Heart Study, lowering LDL is possible through a diet low in foods containing saturated fats such as dairy products, red meats and fried foods. A diet high in complex carbs and dietary fiber (fruits and vegetables) can also help lower

Although I was not consuming any dairy products or meat, my cholesterol increased because of all the french fries I ate. In a place like Jacksonville, it is extremely difficult to eat out and find healthy vegan options. Because of my lack of food choices, French fries became increasingly appealing to

Being a vegan is not a guaranteed way to become healthy. But

U.S. Environmental Protection Agency says methane, a potent greenhouse gas, is a major contributor to global warming.

Animals like sheep, cattle, and goats have bacteria in their stomachs which produce methane gas. When released into the air (and you can guess how), methane depletes the ozone layer. The EPA estimates more than 100 million cattle in the U.S. produce about six million metric tons of methane

I enjoy a nice t-bone steak from time to time, or a big fat turkey on Thanksgiving, but after reading about global warming, deforestation, pollution and the millions of people who are going hungry each year, it made me wonder if eating meat was worth it.

Although I was able to stick to a vegan diet for 40 days, I'm not sure if I had the willpower to give

understand that you want mentless choices, they don't understand that you want completely animal-free products."

Eating becon was the thing she missed the most during her nearly three years of not eating meat. Although Mabrey now eats meat once in a while, she still prefers soy cheese to non-fat cheese.

The first few days of my diet were the hardest - reading labels, searching the web for tasty vegan recipes and clearing my cupboards of anything that would tempt me.

Once I got the hang of it, being a vegan wasn't all that bad. Discovering snacks and meals that I wouldn't have normally prepared became fun (although more fun for me than my boyfriend, who was my guinea pig).

My breakfasts consisted of tea (usually green or Chai) and cereal with soy milk or Weight Watchers J.S.U.!

Mabrey said, eating out. In larger. more urban cities, restaurants are

much more accommodating to

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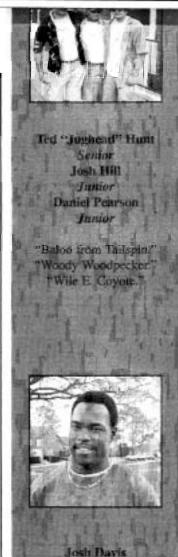
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Doug. Doug was

Congratulations and Thanks!

I've had an awesome staff this year at The Chanticleer. There are too many hard workers to thank. Thank you all for your hard work this year. It has been a pleasure to work with you. -Jennifer

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The Chanticleer

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Single copies are free from newsstands. Unauthorized removal of multiple copies will be considered theft and prosecuted as such.

The Chantideer welcomes letters to the editor. Letters for publication must be firmled to 300 words and must be typed. Letters may be hand-delivered or sent. through campus mail to our offices in Room 180, Self Hall, or to the mailing address at left. Letters may also be e-mailed to: chantlynews/iii/yahoo.com.

The Chardcleer will not print letters which are libelous, defamatory, or submitted anonymously. Letters may be edited for style, brevity, or clarity. The Character reserves the right to refuse publication of any submission. Letters must be received by noon on the Monday prior to desired publication date. There will be at least two weeks between publication of letters from the same person. Rebutals will be published no later than two weeks after publication of the article, editorial or letter in question.

SPORTS Gamecock softball earns

By: Chad Hoffman The Chanticleer Sports Writer

Get the broom out and sweep the dust away.

That is just what the ladies of the Jacksonville State softball team did this past weekend as they swept the Panther's of Eastern Illinois in Ohio Valley Conference action.

In game one on Saturday, the bats woke up a little early and continued to ring as the Gamecocks got the win, 5-1.

After Megan Jezierski walked and then stole second with two outs in the first, sophomore Lauren Horwath doubled to left-center field to plate Jezierski.

Senior Maigin Alexander lined one down the right field line to score Horwath from second and put JSU up, 2-0

Needing to get the offense going again, Jezierski shot a line drive to left that cleared the fence for her fifth homer of the season.

The next three batters, however, flied out to center and right field.

EIU answered with run one in the top of the fourth off a sacrifice bunt by Brittany Castle that scored Rachel Karos and cut the lead to two.

In the bottom half of the fifth, Junior Daniela Pappano would not let Jezierski get the only home run of the game, blasting one to right field into the batting cages, her third of the year. The Bolton, Ontario native is just two homers shy of Rachel Countryman's school record of 36.

Senior Christine Pierce went the distance for the red and white, striking out seven and only allowing four hits.

loss for the Panthers, giving up five runs on six hits in four and two-thirds innings of work. She struck out two batters and only walked

Game two looked a lot like game one, literally. JSU defeated EIU 5-1 again and totaled the same number of home runs.

this over with and decided to score by herself, blasting her second solo shot of the double header.

Alexander kept her bat going as she hit a double to right-center and put Horwath across the plate, making it 2-0.

Freshman Jackie Jarman took advantage of an error by EIU's second baseman Brittany Castle, and scored another run.

Alexander hit the fourth scored Horwath and from second. This was Alexander's sixth of the season, just three shy of her 2005 mark of nine.

"I was proud of our hitters for battling," said JSU coach base. Next up to bat was

Jana McGinnis. "We were strong all the way around."

EIU tried to get something started in the fifth when Castle hit a solo home run: however, this would be the only run they would get.

Senior Carly Kellam overcame an injury that would not let her practice for much of the week and pitched Kathleen Jacoby got the the entire game. She only allowed one run in two hits, while striking out nine and walking two.

To wrap up the threegame series, the girls set their clocks ahead, and got up for what seemed a little early for a noon game on Sunday. However, that didn't seem to stop them from sending the Panthers Jezierski wanted to get back home with a 6-3 loss.

> The ladies in red and white got one run from Pappano that scored on a throwing error by the pitcher, Karyn Mackie.

The Panthers answered back and scored off of a single to right field by Chelsy Iapala.

The Gamecocks scored another in the bottom of the third. Alexander doubled to the center field fence and once again put Horwath across the plate to go ahead

EIU added two in the fifth. Horwath added the pressure as she committed JSU's only error of the day and let Angela Danca get on Karos, who hit a triple down the right field line to tie it up at two. Katy Steele hit the next one to center, which allowed Karos to tag and score to give the Panther's their only lead of the series

Horwath made up for her previous error. She roped one down the right field line just inside in foul pole and tied the game, 3-3. She leads the team in home runs with seven.

Alana Hicks came to bat and singled up the middle to score Whitney Elder from third and put the score at

Jezierski hit her third homer of the series and put the Gamecocks ahead for good.

"We have too good of hitters to not hit like we

did last weekend," said McGinnis. "I was just really proud of the way that they responded."

The ladies will wrap up their home series with Eastern Kentucky weekend. A double-header is slated for Saturday. and will begin at 1 p.m. A single game will follow on Sunday, also at 1 p.m.

"Our goal is to keep getting better and better," said McGinnis. "When we go into our conference tournament, I want our team to be at their best. We're still working; we are not at our best. If we keep working and getting better, I tell the girls that the wins will take care of themselves."

JSU wipes out Tennessee **State**, 7-0

By: Liz Hendricks The Chanticleer Sports Writer

The JSU men's tennis team (6-1) lost their first conference match last Saturday to Tennessee Tech 5-2. The women also lost in an extremely close match, 4-3.

Babette Lombardo said their doubles point was crucial that match. The lady Gamecocks fought hard but in the end, the doubles point went to the Golden Eagles.

"I thought we were gonna beat Tennessee Tech," said Diego Pazsoldan. "It could be different next time."

In conference play, both teams destroyed Tennessee State, claiming every point in the match to earn 7-0 victories.

Freshmen Scott Robertson and Pazsoldan are both undefeated in OVC play this season. Robertson feels very confident going into the Conference Tournament.

"As a team, we need to practice more doubles," says Pazsoldan. "We're doing OK in singles."

Pazsoldan says his goal is to earn All-Conference honors this season. He must win his next two matches against Murray State and Eastern Illinois to do so.

"I think we lacked fight," says Robertson about last weekend's matches. "As a whole we weren't as fired up as usual."

What's next for the outspoken freshman from Australia who is already JSU's number one player? Robertson says he plans on gaining experience in the pros next summer (without pay, of course) and after finishing out his next three years at JSU, the ambitious Robertson has plans of playing in the pro circuit. "Game on."

Gamecock tennis heads to Kentucky this weekend, where they will take on OVC competitors Murray State and Eastern Illinois in the final conference match-up before the OVC Championships.



Photo by: Angela Reid

Melissa Norton swings away in the first game of the double-header against Eastern Illinois.

One on One with

(NHINDPIND #44

By: Chad Hoffman

The Chanticleer Sports Writer

Christine Pierce likes to hurl the ball past her opponents. The Placerville, Calif., native transferred to JSU in 2005 from Chattanooga State and made a tremendous impact in her division one career. She struck out 140 batters on the year and held her opponents to a .207 batting average. Christine has speeds up to 70 mph and is continuing to lead her team as a senior role model.

The Chanticleer Sports sat down with Christine and discussed her family back home and found that church plays a major role in her life.

CS: Why did you choose JSU?

CP: A lot of the reason was so I could stay close to my friends in Chattanooga. I transferred from Chattanooga State and that was a big part of it.

I had gone on a recruiting trip to Oakland University is Michigan and I love it up there. I liked the atmosphere, but there was just something about it that I didn't like, and I couldn't tell what it was until I came to JSU and I met our coaches, and that was it. Like, the coaches are awesome. Just their personalities and the way that they are, the people that they are and that was what Oakland was missing, and I chose JSU over them.

CS: Since you are so far from home, what do you miss about home?

CP: My family, definitely, and my dog. And In-and-Out Burger.

CS: So, you do have pets. What kind and what are their names? CP: Well my dog is a little dasc-

CP: Well, my dog is a little daschund, and his name is Buddy. I have had him since I was a sophomore in high school, so he is my

baby.

My mom's dog is Pearl or Little Girl, whoever is talking to her. She is a little teacup Chihuahua; so cute and spoiled rotten.

Then I have a cat, Shadow, who is a black kitty.

CS: Do you have any siblings?

CP: Yes. I have an older half brother and his name is Stephen.

He is 28 and named after my dad. Then I have a younger brother, who is 18, and his name is Chuck. He plays football back home at Sacramento Study College. Then I have a little step-sister, she is 16 now.

CS: Does she play softball?

CP: She is a cheerleader, definitely the opposite of me. She played soccer for the longest time and then she got into cheerleading, now she strictly cheers.

CS: How do you spend your time off the field when not studying or playing softball?

CP: Well, a lot of my time is in church. But, if I am not doing that, I am usually here (at home) hanging out with my friends, the team and stuff. Or my friends from church.

CS: What is your most embarrassing moment on the diamond?

CP: I don't know, because I don't get to embarrassed to easily. I am pretty open about everything. Probably when I was like in high school. You are getting ready to pitch and you flip it behind you or like slam it into the ground before you release it. Probably one of those times, but I can't think of any thing that really



Pierce

CS: What is your pregame ritual?
CP: At home games, I

stands out. I

don't know.

CP: At home games, I always play catch with Johnny. That's just always what I do.

CS: You can't throw with him anymore.
CP: Yeah, he is hurt. But

like, I usually always pitch the second game.

So, first game I would be getting myself ready and watching them and I would eat a Marathon Bar between the games so I wouldn't be hungry. But now, it has changed you know, because I am pitching the first game because Carly is hurt. But, I haven't really thought about it.

I go out and I pitch anywhere between 25 and 35 minutes before the game is when I warm up. As far as rituals go, I play catch with Johnny before every game.

CS: What is your favorite color? **CP:** Pink! Of course.

CS: What is your favorite music? **CP:** I like it all, but I would have to say that I am really into Christian music right now. It moves me right now and I have really got into it, I love it; that and probably Country.

CS: Who is your favorite artist? **CP:** My favorite group right now is definitely Rascal Flatts. Love them.

CS: I understand, that is what is in my car right now.

CP: Yeah, I can't wait until their new one comes out.

CS: What is your favorite memory at ISU?

CP: I would have to say, well, this didn't happen at JSU, but I would have to say getting baptized. That was awesome. This is a funny one, kind of embarrassing, but kind of funny. We were out at a bonfire with a bunch of friends and we were having a burping contest. I just blew everyone out of the water. But my burp was so disgusting, it was sooo gross, I tasted my dinner. Everyone was cracking up and it was so funny. It was fun.

CS: How did you get into softball?

CP: Oh goodness, well. All of my Aunts played and my mom played and all three of them were pitchers. My mom signed me up for baseball, which is another story. She signed me up for softball and I played my first year in tee-ball and I loved it. Then just one day, I asked my Aunt Sandy if she would teach me how to pitch and she did, because she was still pitching at the time. So, she did and that is pretty much how I got hooked.

CS: Who is your biggest inspiration?

CP: In my life, definitely God, but my mom, by far anybody on this Earth. She is so determined, she works hard, she provides for me and my brother above all. I just wish I could be like her, honestly. She is awesome. She is definitely my number one inspiration.

Christine will lead her team in battle against Eastern Kentucky this weekend. So, come out and make sure to sit behind home plate. When it comes to her fastball, we offer only one piece of advice: don't blink, you'll miss it!

What's Being an Army Officer Worth?

Average

	Average
What's a	Starting
Degree Worth?	Salary
Accounting	\$42,940
Economics/Finance	\$41,994
Business Administration	\$39,480
Nursing	\$38,920
Marketing	\$36,409
Criminal Justice	\$33,000
Political Science	\$32,296
History	\$31,739
Psychology	\$30,073
Elementary Education	\$30,059
Biology/Life Sciences	\$29,629
Annual Vacation	<14 days
Sick Leave	≤14 days
Health & Dental Care	Expensive

What's an Army Officer's Starting Salary Worth?

Starting Salary \$39,722 (minimum)
After 2 years of service \$50,065 (minimum)
After 4 years of service \$64,637 (minimum)

Annual Vacation 30 days+Federal Holidays
Sick Leave Unlimited
Health & Dental Care Free
Plus annual cost of living adjustments

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SPORTS

Baseball bashes Samford on Sunday

By: Jennifer Bacchus

The Chanticleer Editor-in-Chief

Jacksonville State University lost two games of a three-game series this past weekend to instate OVC rival Samford at Rudy Abott Field 11-5 and 7-3.

The Bulldogs' hitting dominated day one as they scored III runs off 13 hits, four of them homers, in the first game.

"We hit the ball hard, we found holes, I think we had 13 hits the second game and 10 plus whatever, the first game," said Samford centerfielder Bear Burnett, who had the first homer of the day.

JSU went up 3-1 in the bottom of the fourth, but Samford came back in their next at-bat, putting points on the board for three straight innings, tying the Gamecocks in the fifth then taking the lead in the sixth.

A single by Bert Smith in the bottom of the

sixth allowed the Gamecocks to tie again, but Samford's domination in the seventh nearly sealed the game.

Three Bulldog batters filled the bases early with consecutive singles when an untimely walk from pitcher Mitch Miller brought Samford left fielder, John Morgan, in for the tie-breaking

SU followed it up with four more runs off two hits to end the inning up 9-4.

Two Bulldog runs in the minth followed by Bert Smith's final touch of home plate and the game mercifully ended.

"We didn't take care of the ball and when you do that and a team is swinging the ball good they certainly have a chance to put up multiple numbers," said JSU Head Coach Jim Case.

JSU felt another loss in game two Saturday as the Bulldogs continued to find the holes for 12 hits, earning seven runs to JSU's three.

"This was, obviously, two big wins for us

- being in conference, being on the road and being against finish in the top two or three in our league," said Samford Head Coach Casey Dunn. "I really think they have a very good club and for us to come today was huge for our kids."

Samford took the lead early with three runs in the second inning and held onto it the whole time. Their defense allowed the Gamecocks only four hits in the game.

"I thought they outplayed us in every way. They were certainly more aggressive than we were today on the mound and at the plate," said Case. "They played better defense and they just came out and got after us and basically outplayed us all day."

The Gamecocks found their aggression and their heart in game three on Sunday. Taking the win 17-6, the men from JSU seemed to be out to match the combined Samford score from Saturday.

"After the two losses, we knew we had to

down here and get two games Matthew Darwin delivers to the plate.



little bit, swinging the bats, yesterday," said JSU second baseman Bert Smith.

Victor

Photo by: Chad Hoffman

JSU came out swinging early, putting two on the board in the first inning and following it up with at least one score for each of the next four innings.

But it was the bottom of the third that essentially sealed the fate of Samford.

Jake Ball's first homer of the year set the score at 6-0. Nick Cleckler followed it up with a triple to deep center and consecutive doubles by Bret Pettus and Bert Smith sent the score to 8-0.

"We came out and we were the ones fired up, and their dugout shut up after we got a few runs," said Cleckler on Sunday. "They were running their mouths yesterday, but they didn't have much to say today."

Smith scored the ninth run for JSU when Allen Rose stole second. Two hits and four runs later, the Gamecocks decided that, with a score of 13-0, they'd let Samford have another

"We were able to keep things going. Guys came up and got big hits in clutch situations. We knocked in run after run after run," saic Case.

The Bulldogs put up their only six runs in the next two innings, while JSU answered back with four of their own.

From that point on, both offenses failed to produce and, as the two coaches played musical chairs with the players on the field, it was a purely defensive game.

Samford managed to get the bases loaded in the top of the sixth with two outs, but a pop fly to left field sent them back to the dugout.

For the next two innings, Samford never go a hit. With Tony Drinkard on the mound for the Gamecocks, Samford saw their offense go three up, three down.

In the ninth, a double to deep right gave SU sign of life for a moment, but it was short live. as their next batter was tagged out at first, fol

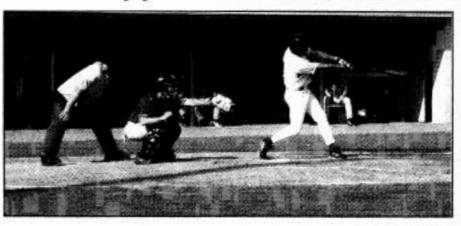


Photo by: Chad Hoffman

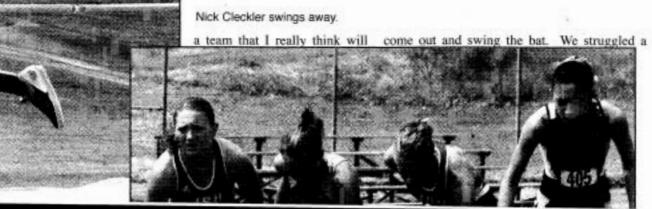




Photo by: Angela Reid

Above: Eboni Briskey rises above the bar in the high

Right: Olivia Watson, Kelly Bloom of Kennessaw State, Megan Ziarek and Alathea Thompson of Tenn. Tech prepare for the start of the 3000M Steeplechase.

Far Right: Edisha Brown sprints to the finish of the 400M dash.

ISU Invitational: from page 1

working on all the other throws. Because I've been having her do all the other throws, her best one is suffering."

In the 200 and 400 meter dash, Eboni Matthews took first, finishing with a time of 2431 in the 200 and crossing the line just ahead of teammates Stephanie

Watts and Edisha Brown in the 400.

JSU's distance runners also had an excellent meet. Lesley Binning started the day early, taking third in the 10,000 meter, the first event of the day and Sarah Caine took first in the 1,500 meter run later that morn-

Saturday afternoon, followed through for the distance runners by snagging the top three finishes in the 800 meter run.

can say they've outraced a national champion, but Ray. Nolinda Garner's perforhurdles did just that.

Stephanie Jones, Latosha seconds, she finished Taliaferro and Sarah Caine just ahead of the twotime Division 3 National Champion, Sheana Grigsby. When Grigsby took the championship in Not too many people 2004, her coach was JSU's current head coach Steve

"I think it did Nolinda a mance in the 100 meter world of good, confidencewise, to beat even a division three national champion," said Ray. "You just beat a big dog. That girl probably ended up with one of the top 100 times in the United States last year in the hurdles – in all divisions."

> The ladies also topped the rankings in both of the relay events. Asha Gibson, Jeronica Bell, Andrea Arnaud and Eboni Matthews shaved 1 1/2 seconds off the time of second-place finisher Clark-Atlanta in the 4x100 and Stephanie Watts, Stephanie Jones, Edisha Brown and Eboni Matthews breezed in seven seconds ahead of Clark in the 4x400.

A few men from JSU's cross country team also

competed in a few events. Because there is no official men's track team, the competition counts as merely an exhibition meet for them, but they still managed to rack up 50 points for the

Jeff Rhodes and Ryan McKay finished first and third respectively in both the 800 and 1,500 meter

four events in which they

competed.

Ashenafi Arega took first in the 5,000 meter run more than eight seconds ahead of Jason Waters, who took second place for Kennesaw State.

Ray felt good having his

former team participating in the meet, and having them finish with about half the points that JSU received felt even better.

lowed by a pop fly to end the game 17-6.

at I p.m.

The men will be back at home this weekend against SEMO for a double header on Saturday and a single game on Sunday. Both days start

> "You always want to do that. You always want to one-up the team you left. They didn't compete as well as they could, but they only brought half of their girls."

> The track team will be back at home this week for the Gamecock Invitational on Saturday, the official start of the meet is at 10 a.m., but the hammer throw event will begin at 8 a.m.





