

# The Chanticleer

December 7, 1995

Jacksonville State University

Volume 43, Issue 13



INSIDE • PAGE 6

## IN THE *News*

### Marching Southerners' CD Hits the Shelves

Thanks to the miracles of modern technology there are now somewhere around 300 recording artists at JSU.

Four of the University's student ensembles from the music department are featured on a new CD entitled simply "Jacksonville State University Bands." The CD includes selections from 1994 Marching Southerners, the Symphonic Band, Wind Ensemble, and Jazz Ensemble from the Spring 1995 semester.

According to Kenneth Bodiford, JSU's director of bands, no recordings had been made of the University bands since the mid-1980's, and it was apparently time for a new one. The old recordings were produced on vinyl records.

"I'm wanting to start doing a CD every year," says Bodiford, who added that larger universities put out such recordings regularly.

According to Bodiford, recordings from previous years included only the Marching Southerners, but this year, the other ensembles were included because "we wanted to give an idea of everything we do here," he says.

The 18 tracks on the CD range from classical and big band music performed by the Southerners in their field shows last fall, to traditional Southerners pieces, to modern symphonic works done by the Wind Ensemble and Symphonic band, to contemporary jazz performed by the jazz band, which was accompanied on the recording by tenor saxophonist Rick Bell.

Bodiford says that recording for the next edition of the University Bands CD is already underway. "We've already made some great DAT recordings of the Southerners," he says, adding that the other ensembles will be recorded this spring.

According to Bodiford, "Jacksonville State University Bands" is available at the University Bookstore for \$12.95.

-Compiled by Ben Cunningham

## Buyer Beware: Holiday Shopping on the Net

by Scott Hopkin  
News Writer

If you've ever tried to buy something over the Internet, you might have noticed there is a great deal of fuss about encryption and phoning in credit card numbers for purchases. This is because of the high security risks of E-mail.

People surfing the web are often bombarded by advertisements and promotions of various companies for things ranging from silver guardian angel necklaces to tanning beds. There are virtual malls that specialize in selling bits of anything. All someone needs is Internet access and a credit card. But there are dangers that someone unfamiliar with the web should be aware of.

"There is definitely some pitfalls," says Don Walter, who is the Academic Computer Consultant Programmer, and an experienced surfer. He says that a person's credit card number shouldn't be sent out on the net, because of the danger of someone getting a hold of your number. "If you know them and it's a reputable company,



Shopping the Net . . .

(Photo by Roger Luallen).

that's one thing, but you should probably try it over the phone."

"Some of the companies, the way they work it is you call them on the phone

and you punch in the credit card number on the phone. Then an automated service gives

See Buyer Beware  
Page 2

## Cramming and Caffeine: Experts Say Watch Out

by Amy Bukdoll  
College Press Service

GAINESVILLE, Fla. — Gordon Braun, a third-year University of Florida exercise and sports science major, slept a total of five hours during finals week last semester between studying for general chemistry and qualitative analysis, human anatomy and personal growth.

In that time span he said he went through two boxes of Vivarin and about 20 cans of Mountain Dew or Dr. Pepper.

"I was just so ... so ... wired," he said, describing how his knees and hands shook from all the caffeine.

Eric Braggar, a second-year UF microbiology major, described how an all-nighter actually helped him pull off a B+ on a western civilization exam for which he said he had "no clue."

"It's so quiet, and it's so dark, and you've got your desk lamp on or something, and you're concentrating so hard ...," Braggar said. "But then on the other hand, you're so tired ... and all of a sudden your brain just stops, and you're like, 'I need another soda.'"

Most students have at one time or another

used caffeine to pull them through a long night of studying. According to Loren Chastain, a student in UF's pharmacy program, caffeine is a stimulating drug that when taken in moderation can improve awareness, performance and mood.

"The system is acting on an increased level in carrying out its normal functions," he said, describing the drug's effects.

### On the down side

Though caffeine is primarily found in coffee, tea, chocolate, and sodas, according to a Food and Drug Administration consumer report, it is also found in baked goods, frozen dairy deserts, gelatin, puddings, pie fillings and soft candy.

Excessive caffeine intake, a dosage to 600 milligrams per day for an adult, can cause headaches, insomnia, irritability, dizziness, sudden tremors, anxiety and loss of appetite.

In addition, it can cause racing and irregular heartbeat, facial flushing and gastrointestinal problems such as nausea and vomiting.

Gretchen Erwin, an elementary education sophomore, said she has felt such symptoms. When she was in the tenth grade, she

and a friend each took Vivarin, an over-the-counter caffeine-based stimulant.

"We've gotta be really cool and do this," she said, describing their reasoning at the time. "We heard about how awesome it was."

After taking just one pill each, she and her friend began to feel sick.

"It felt like my heart was pounding out of my chest ... it was painful ... I seriously thought I was having a heart attack.

"We couldn't believe what it did, but we both vowed never to use it again," she said.

Over-the-counter medications like Vivarin offer the same effects as soda or coffee, only more intense, Chastain said, usually causing an upset stomach and nausea.

"You're dumping a lot of caffeine on the body at once," Chastain said. "It tends to shock the body."

### Going without

Caffeine is addictive and can induce withdrawal symptoms including irritability, nervousness, restlessness, drowsiness,

See Cramming  
Page 2

## CAMPUS CRIME DOCKET

- 11-28-95: Thomas Statham reported breaking and entering of an automobile in the parking lot between Crow and Dixon Halls. One tire was taken.
- 11-29-95: Tangela Smith reported criminal mischief at Fitzpatrick Hall.
- 11-30-95: Latonja Murphy reported harrassment at Fitzpatrick Hall.
- 12-01-95: Brian Sturdivant reported harrassment at Dixon Hall.
- 12-01-95: Alyson Haynes reported breaking and entering of an automobile at Logan Hall. One bag cellular phone was taken.
- 12-03-95: Misty Reynolds reported breaking and entering of an automobile at Dixon Hall. One organizer and one binder were taken.
- 12-03-95: James Butler reported breaking and entering of an automobile at Dixon Hall. One cellular phone, one CB, one car stereo, and one equalizer were taken.

## FINAL EXAM SCHEDULE

**Thursday, Dec. 7,** 7:30-9:30 for TT 7:30 class, 10:00-12:00 for TT 11:00 class, 13:00-15:00 for TT 14:30 class, 17:00-19:00 for Thur. 16:30 class, 18:00-20:00 for Thur. 18:00 class, 19:00-21:00 for TT 19:45 class. **Friday, Dec. 8,** 8:00-10:00 for MWF 12:30 class, 10:30-12:30 for MWF 11:15 class, 13:30-15:30 for MWF 13:45 class. **Saturday, Dec. 9,** same as regular class schedule. **Monday, Dec. 11,** 8:00-10:00 for MWF 8:45 class, 10:30-12:30 for MWF 10:00 class, 16:00-18:00 for MW 16:00, 16:15, 16:30 classes, 17:00-19:00 for Mon. 16:30 class, 18:00-20:00 for Mon. 18:00 class. **Tuesday, Dec. 12,** 8:00-10:00 for TT 9:15 class, 10:30-12:30 for TT 12:45 class, 16:00-18:00 for TT 16:00, 16:15, 16:30 classes, 17:00-19:00 for Tues. 16:30 class, 18:00-20:00 for Tues. 18:00 class, 18:00-20:00 for TT 18:00 class.

## CORRECTIONS

In our Nov. 9 issue, we incorrectly stated that members of the Society for Creative Anachronism participated in the Guy Fawkes Day Celebration on Nov. 5. The SCA has informed us that no one at the celebration represented their organization in any official capacity.

## The Chanticleer

Single copy: Free  
Additional  
copies: \$.25

**Emily Wester**  
Editor in Chief  
**Erin Key**  
Advertising Director

Tim Lockette, Managing Editor • Benjamin Cunningham, News Editor • Steven Skelton, Assistant News Editor • Lesley Gray, Copy Editor • Keith Tasker, Features Editor • Will Roë, Sports Editor • Roger Luallen, Photo Director • Greg Patch, Assistant Photo Director • Stephen Claborn, Assistant Advertising Director

**Jerry Chandler**  
Advisor

The Chanticleer is located at 180 Self Hall. All submissions may be sent through campus mail to this address. Off-campus submissions should be mailed to 700 Pelham Road North, PO Box 3060JSU, Jacksonville, AL 36265.

## NATION • STATE

The Chanticleer • December 7, 1995

CrammingContinued from page 1

headaches and lethargy, Chastain said.

However, Dr. Michael J. Huey, director of Student Health Care at the UF Infirmary, said it is possible, though difficult, to eliminate caffeine from the diet. It is important to do it slowly in order to avoid withdrawal effects.

Caffeine, unfortunately, is found in some unlikely places, Huey said. For example, he said that Anacin brand aspirin used to include caffeine. The company found that most people drink more caffeine during the week to get them through. As a result, they get more headaches on the weekend from caffeine withdrawal.

It is difficult to assess exactly how dangerous caffeine can be because some people are more sensitive to it than others. Huey said people at risk are those who

suffer from irregular heartbeats of any kind, severe hypertension, migraines and stomach problems including ulcers.

Caffeine increases activity in the systems of the body. It causes the stomach to secrete more acid, the heart to beat more quickly, and the blood to flow faster to the brain. An increased amount of blood to the brain is what causes that thumping feeling associated with migraines, Huey said. Using caffeine to get through an all-nighter won't help on any exam, Huey said.

"Just because caffeine is a stimulant doesn't mean it'll make you at your best in processing information."

"Although caffeine can increase brain activity, sleep deprivation will still slow the clarity and precision of thinking.

However, if there's no way around an all-nighter, Chastain

suggests that "the healthiest way would be to study with friends, stand up when studying and splash some cold water on your face."

Pulling it off

When Gordon Braun pulls an all-nighter, he says he takes one caffeine pill before he begins. That pill will usually last about four or five hours.

"I study as long as I can until I feel tired again," he said.

Then at about 2 a.m., he usually tries to take no more than one.

The day of the test, he'll eat a good breakfast and if necessary another cup of coffee or pill. And he said he usually does well on his tests. He got A's and B's on his final exams last semester.

"It doesn't make you think better, it makes you more aware. It just gives you that edge to stay awake a little longer."

Buyer BewareContinued from page 1

you, like, an account number, and then you use that account number to buy things over the network. So your credit card number never goes over the network."

Most students don't have much experience in network shopping.

Maria Zavala, a JSU senior who occasionally takes trips to Venezuela, says that she regularly uses the net to "check on the flights; that's how I board my flights." She uses an 800 number, from information listed on the web site. "I just looked at the advertisement."

"There are two different vulnerabilities with credit card number," says Walter. "One of

them is for someone to capture it over the network, which the network is not secure. It is conceivable that somebody could capture your credit card number."

Another way that people try to get credit card numbers is by posing as vendors on the net. "A lot of the really cheap computer equipment you see on the network is a scam, it's not real. You need to try and make sure that the place you're dealing with is real."

He suggests that you call the local Chamber of Commerce and try to determine whether there is a business at that address. "If it's just a PO box, I'd be very suspicious. You can never be totally protected, you just need to be careful."

Despite the crooks, there are a large number of reputable

businesses on the Internet. Anyone you talk to that has done any surfing will tell you that just about anything is available. And you might not even have to look that hard.

A subject search on "virtual malls" will return hundreds of subjects (depending on the server used). Most of the virtual cities have mall areas, as well as links to other malls if you're really in a browsing mood. Even Pizza Hut has a web site — (<http://www.pizzahut.com>) that you can order pizzas from, though its local delivery only. If you're interested in a particular item, you can search the malls with a provided searcher, or use Netscape to do a web wide search. If you want it, it's probably there.

Guess which baby's mother smoked while she was pregnant.

If you're pregnant, see a doctor now.  
Fight low birthweight  
March of Dimes  
Campaign For Healthier Babies

March of Dimes  
Preventing Birth Defects

# Dear Santa:

We are somewhat disappointed. Everyone at the *Chanticleer* was brought up with traditional American values (the emphasis being on brought up). Now, everybody knows what traditional American values are — until they get together and start discussing them with each other. We at the *Chanticleer* do a lot of talking about values, and we've come up with the one thing every American childhood has in common: Santa Claus, or something very like (Jewish kids get presents this time of year, too). Yes, Virginia, there is a great non-sectarian benevolent spirit who gives people things they need — or even things they want — provided they've been good boys and girls. If you build it, he will come. Or so our parents told us.

But sometimes we wonder. Santa Claus stops coming when you reach college age, even if you continue to believe in him with dogged, last-ditch determination. Sometimes even the most radical faith is shaken. We would like to see Santa prove his existence by giving us any one, preferably all, of the following items:

- The Perfect Gift for the Nation Which Has Everything — A noble vision to put it all in.
- The Gift That Keeps On Giving — Freedom of expression for everyone in the world NOW.

And that means America, too.

- For That Hard-To-Please Person — Peace in any one world hot spot, preferably one where American troops are deployed. And please don't tell us "You'll shoot your eye out, kid."

- What Every Kid Wants This Christmas — A world free of idiotic adult prejudices about sexual preference, race, and interracial dating, as well as an end to gender-based double standards which can ruin a person's sex life — a nice favor for people about to enter high school. AND IT'S ABSOLUTELY FREE.

- A Great Stocking-Stuffer (ahem) — Condoms for everyone who is planning to get drunk and stupid over the holidays. We keep asking for a cure for AIDS, and you won't bring one, so at least get this for us. And spread the word to those elves, while you're at it.

- Just the Thing to Make Your Holiday Dinner the Best Ever — Three square meals on Christmas Day for all six-friggin-billion of us. You can do it, man. After the Windows '95 ad campaign, anything is possible.

We've been good girls and boys — not the *Chanticleer*, but the planet in general. In spite of all the people who don't have the spirit of Christmas in their hearts (you know who you are, you bastards), most of us have trudged to work and home again every day, loved our parents and even given to charity. We've never given up on you, man. So don't let us down.

We'll leave some cookies and milk for you and some carrots for Rudolph next to the tree.

Love,  
The Chanticleer Staff

# Viewpoints

## Ask the Magic 8-Ball...



**"Will people begin to stay here on the weekends at Jacksonville State?"**  
Most likely.  
Dhjuan Chappell



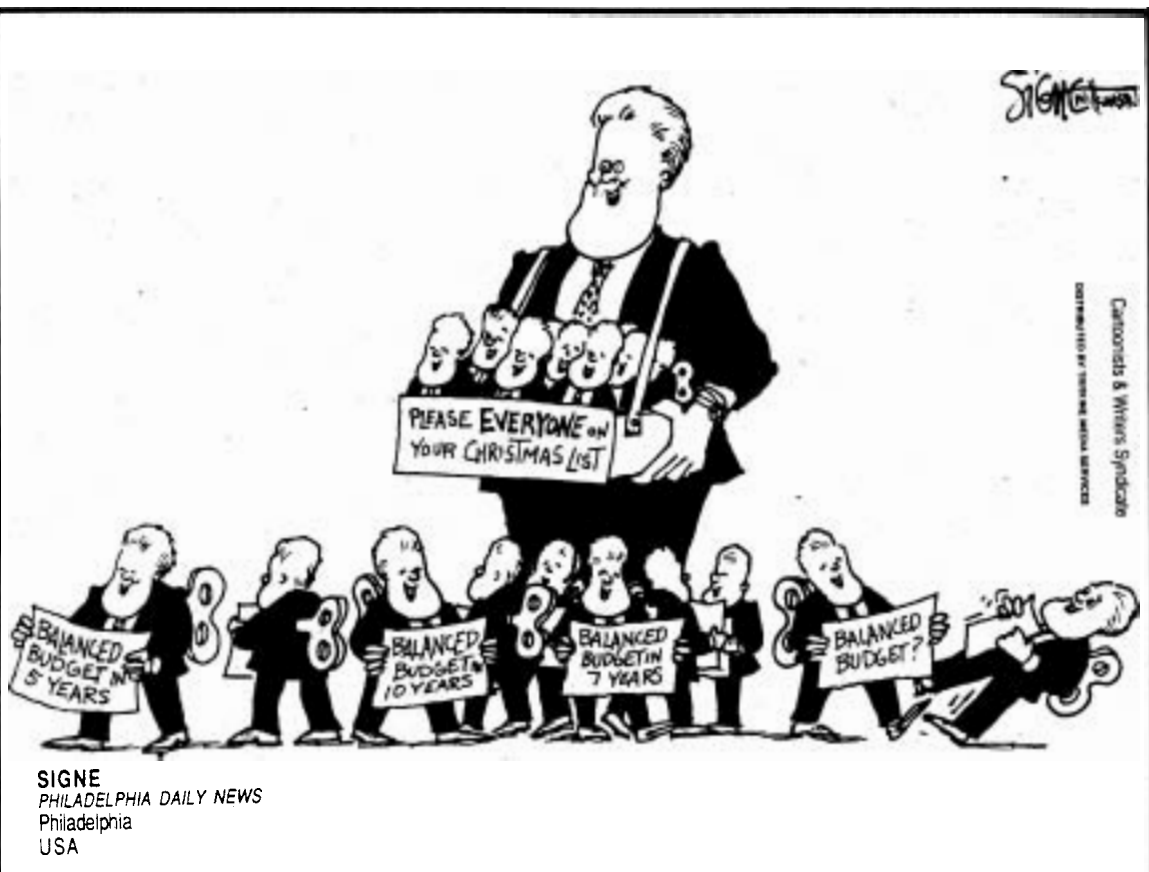
**"Does the 8-Ball really mean what it says?"**  
Cannot predict now.  
Ivorica Brackins



**"Will I be financially stable in the future?"**  
Very doubtful.  
Bryan Houston



**"Will I ever graduate from JSU?"**  
Outlook not so good.  
Shane Browder



SIGNE  
PHILADELPHIA DAILY NEWS  
Philadelphia  
USA




# Features

The Chanticleer • December 7, 1995 • Page 4

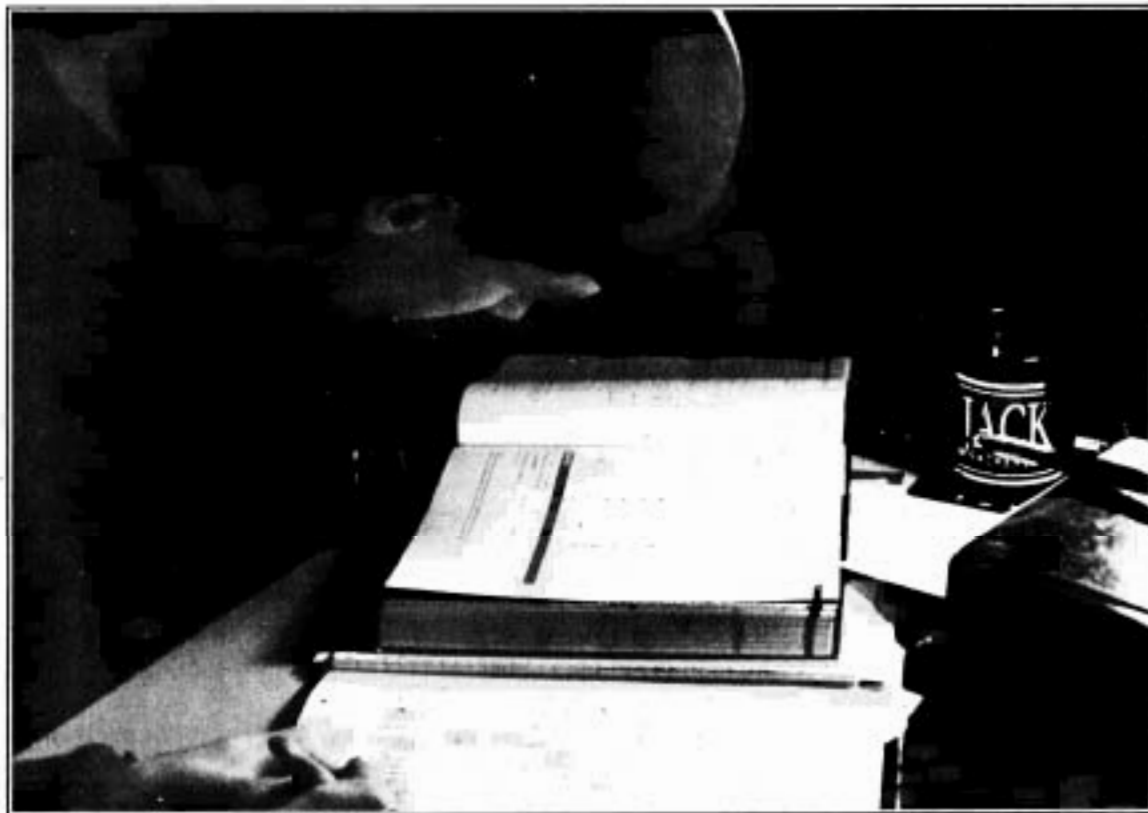
“The bathroom in your home is the greatest place to study ... life is on hold while you're in the bathroom.”

see below

## CRAM



## THE EXAM



The days have disappeared and mid-December has suddenly come from out of nowhere. Across campus students caught unawares by this unexpected change of date can be found pulling dusty textbooks from underneath beds and from out of closets to study, while the conscientious few look on, smiling with satisfaction in the knowledge that they have prepared.

That's right, finals time is here again, in all its nerve-racking fervor.

Finals week does not have to be a time of panic, though. With calm and careful patience one can adequately prepare for final examinations. All one has to do is start getting ready at the beginning of the semester.

“You should really start studying for finals from the first day of the semester,” says Sherry Kennedy, of JSU's Center for Individualized Instruction, which specializes in helping people to become better students. “In other words, you

should never get so far behind that you feel like you have to cram. As you study through the semester, if you would review all the material that you have studied about once a week ... then when it comes time to study for the final than you really don't have that much studying to do.”

We are all aware that while they probably should, not everyone chooses to make studying a regular habit. For these victims of procrastination who must resort to “cramming,” as last-minute studying is commonly known, Kennedy has this advice: “Identify the main points and study those until you really have them. See if you can first commit to memory the main

points, and then if you still have some time, go back and fill in the gaps and study the things in the middle.”

Many students when cramming for a test will try to study non-stop for hours. Kennedy discourages this, pointing out that it would likely leave the student tired. “You should study maybe an hour, then take a ten minute break, study (another) hour, take a ten minute break, etc ...” Kennedy also says that all-night cram sessions are a bad idea. “Even though you need to many hours you shouldn't stay up all night. You need to get a good night's sleep, otherwise you're likely to blank out on the test.”

Smith Kline Beecham, the company that makes Vivarin, says “power naps” are the way to go. This involves sleeping fifteen minutes out of every hour and studying the other 45.

Once the studying is done, then comes the test itself. “When you go to take the test,” says Kennedy, “you should take a couple of minutes to relax.” Supposedly this helps to clear up the well-known “test jitters” that become so common at finals time.

Though cramming can get you through a test, Kennedy does not encourage it. “To cram is not the best way to retain anything ... we'd like or

you to leave here knowing something, not just knowing how to cram.”

JSU students handle their finals in many different ways. Some cram for their exams, like JSU student Chris Stevens. “About four days before the tests I start breaking it up into little sections to study and go from there,” he says. “The bathroom in your home is the greatest place to study,” he adds. “Life is on hold while you're in the bathroom.”

Student Terrence Kent says he prepares ahead of time for finals. “Psychologically, I pump myself up to get ready for it. I try to get excited and get myself out of that depressed college mood to get ready for it.”

“A good way to prepare for finals is to read through all your material beforehand,” says student Tatyana Tatum. “Then reread the stuff that's more important. That's how I try to do it, anyway.”

### THE BEST WAY TO CRAM SUCCESSFULLY

**Make Choices:** Learn what seems to be the most important material. You won't have time to learn it all.  
**Make a Plan:** Decide how much time to spend on each item you're going to study. Time is crucial in cramming.

**Use review sheets and flash cards:** Put the material in a condensed form that will be quick and easy to memorize from.  
**Recite, recite, recite:** Read each bit out loud of material until you're sick of it. Memorization is the key to cramming.

**Relax:** If you're nervous, you're more likely to forget the material you're trying to learn.  
**Don't say “If only I'd ...”:** If you keep thinking how much better off you would have been had you studied earlier, you won't be able to concentrate. Stay focused.

From BECOMING A MASTER STUDENT, seventh edition by David Ellis.

Story By Ben Cunningham    Layout By Keith Tasker    Photo By Tim Hanby

# A Somewhat Humorous Features Column About The Commercialization Of Christmas ... Maybe.

*It's something else to read when you get tired of staring at that Chemistry book you forgot you had.*

Steven Skelton  
Asst. News Editor



The commercialization of Christmas and its continued yearly growth is an annual topic that people bitch about. So it seems appropriate that this column would bitch about continued Christmas commercialization, doesn't it? It all seems to fit together, except for the fact that Christmas commercialization isn't what this column is about.

The fact that Christmas starts earlier every year is also a hot bitch-happy topic during the winter solstice. "Don't bother to take down your tree, Christmas ends in two weeks and starts again in three" seems to be Christmas future in many minds. So that would be a logi-

cal subject for a Christmas-related features column. But that's not what this is about, either.

This column could be about anything Christmas-related, from some college students' continued belief in Santa Claus (he's out there, I tell you!) to "safe driving" being something that needs to be pounded into collegian heads, especially at this time of year. But it's not.

This column deals with an issue that strikes fear into the hearts of many students who live on campus: going home to live with the PAFs (Parental Authority Figures, for those who don't know).

Most kids who are used to liv-

ing on campus and running their own lives may experience a kind of "culture shock" when forced to go home for over three weeks. I know I'm facing it with a mixture of fear, dread and nausea — but it's tempered by fond memories of Christmases past.

Just try to live with them there PAFs — even though they might try to run your life in the next three weeks, they do kind of mean well. If nothing else, I'm looking forward to Christmas Day being the calm in the storm of arguments between myself and those who will give me a place to live over the holidays.



Another Pic 4 Kicks: Our very own Hellion Christian Grunge boy.

Happy Hanukkah And Happy New Year. Drive Home Safe And Don't Have Too Much Fun So That We Can See Your Lovely Faces Here Next Year ... O-yearh, merry x-mas, too. -THE ZEN BAPTIST MINISTRY

## time is running out....

to apply for housing  
at the

**WESLEY  
FOUNDATION**  
510 North Pelham Road



**Private Baths! Kitchen!  
Study Room! Free Cable! Laundry & TV Room!  
A Christian Community and a GREAT place to live!**

**\$675 for Spring Term  
\$125 each Summer term**

**COME BY WESLEY FOR AN APPLICATION  
OR CALL 435-2208**

Accepting applications now for:  
Spring and Summer Housing, Summer RA's and Crew,  
the May Venezuela Service Team, Summer Caravan Team  
and Spring Tutors

## HAMMETT SERVICE CENTER

The Hammett name has been synonymous with car care in Jacksonville for one-half century.

***We pledge to continue that tradition.***

- Lube, Oil and Filter •Tune-up
- Wheel Balancing and Rotation
- Fuel Injection Cleaning •Brake Service •Radiator Service •Starters
- Alternators •Batteries •Water Pumps
- Fuel Pumps •Other Miscellaneous Repairs
- EPA Regulations Observed
- Used Oil Recycling Center

**435-6550**

301 Pelham Road, S. • Jacksonville, AL

LOCALLY OWNED AND OPERATED

## Winn Place III

1 Bedroom Apartments

now accepting  
applications  
for spring rental

We are located across from  
Patterson Hall on Highway 204

**Call 435-3613**

## Gamecocks' Basketball Teams Fall to Auburn

by Will Roe  
Sports Editor

Sometimes in the game of basketball, you win even when you lose. Perhaps that was the case last week as both the JSU men's and women's teams lost to Auburn.

Let's start with the women's team, because they played Auburn first, losing 65-47 at Pete Mathews Coliseum on Wednesday. A crowd of over 2,000 witnessed as Jacksonville State never let the Lady Tigers get away from them. In fact, throughout the first half, the Lady Tigers were not able to sustain a lead of 10 points until there was 1:30 left in the half. Auburn pulled away in the second half, however, and with 14:27 left in the game, Auburn led JSU 52-27. JSU, from that point on, outscored the Lady Tigers 20-13, making the final score 65-47 Auburn. The great thing about the game for the Lady Gamecocks is the fact that they were able to pull down 40 rebounds in the game. Auburn had 47 boards, but for

JSU it will be something to build on — getting 40 rebounds against one of the country's premier women's basketball programs.

Alfredia Seals led the Lady Gamecocks with 17 points and 11 rebounds, while blocking 3 Auburn shots. For the game, JSU shot just 31% from the floor, and went 2 for 22 in 3-point shooting. The Lady Gamecocks hit 69% of their free throws, compared to Auburn's 56%.

Following the game, Auburn Head Coach Joe Ciampi, who has taken the Lady Tigers to the Division I national championship game 3 times and has been named SEC Coach of the Year 3 times, commented, "JSU was gritty and outsized in the game, but they came out and did a great job. I knew they would be ready for us." He later added, "I like playing JSU because I like to have the in-state competition — it will help women's basketball."

JSU Head Coach Dana Austin spoke of her team's effort during the game. "They (Lady Gamecocks) did what

we asked of them. Auburn's press did not end up hurting us."

She added, "We can take this as a confidence builder as we move into Division I."

The men's team traveled to Auburn the next day to face the much improved Tigers and the "Cliff Dwellers." Rusty Brand put in 17 points and 6 boards and Aaron Kelley added 14 points, but it was not enough as the Gamecocks lost to Auburn 91-74 before 5,341 fans at Beard-Eaves Memorial Coliseum. The story in this game was Auburn's ability to score buckets off of turnovers. JSU committed 24 of them, and Auburn scored 32 of their points off the JSU mistakes. Both teams shot 44% from the floor in the game, but the Gamecocks were simply outmanned by the size of the Auburn players as the Tigers took the 18 point victory. Like the women's loss to Auburn the day before, the men's team can take the loss and build confidence from it. JSU was able to go there and score 74 point on an



JSU's Edward Coleman scores two in the Gamecocks' game against Auburn (Photo by Roger Luallen).

SEC team that came in off of a huge upset previously #13 ranked Louisville. Much was learned about how far the Gamecock basketball pro-

ISN'T IT TIME

**MADD**<sup>TM</sup>

Mothers Against Drunk Driving

**SECONDHAND SMOKE IN THE WORK PLACE HAS THE SAME POISONS AS AIR AROUND TOXIC WASTE DUMPS.**

**YOU THOUGHT IT JUST SMELLED BAD.**

LET YOUR BOSS KNOW YOU WANT TO WORK IN A SMOKE-FREE ENVIRONMENT. CALL 1-800-CDC-1311 FOR A GUIDE THAT TELLS YOU WHAT ELSE YOU CAN DO ABOUT SECONDHAND TOBACCO SMOKE.

**CDC**



# INTERNSHIP

Take advantage of a once-in-a-lifetime opportunity to work up-close-and-personal with a political candidate during a major political campaign. We are looking for students to serve unpaid internships during the election campaign of a conservative candidate for the U.S. Congress. We are actively seeking minorities and women for these internships. These internships are open to both Undergraduate and Graduate students, and run from January 10, 1996 through June 4, 1996.

**We are looking for tenacious people with:**

- A good phone voice
- A solid work ethic
- An upbeat personality

For details and to apply for the internships,  
call **Mark Anderson at**

**(205) 236-0599 between 9 AM and 6 PM**  
or send e-mail to **MarkTander@aol.com.**

# ATTENTION ALL STUDENTS!

Over \$6 Billion in private sector grants and scholarships is now available.

All students are eligible. Let us help.

For more information call:  
**1-800-263-6495**  
ext F54822

# APARTMENT FOR RENT

**Clean 1 bedroom, bath, kitchen and living room.**

**209 Nisbet Street**  
**Across from JSU**  
**Part or fully furnished**

**237-7889**

# INTERNATIONAL EMPLOYMENT

Earn up to \$25-\$45/hour teaching basic conversational English in Japan, Taiwan, or S. Korea. No teaching background or Asian languages required.

For information call:  
**(206) 632-1146**  
ext J54821

# Body Works, Ltd.



Quintard Mall • Oxford • 835-0761

# SEMESTER BREAK WORK

## \$10.15 TO START

1-5 WEEK FT/PT WORK PROGRAM

- ALL MAJORS CONSIDERED
- WORK CAN BE PT/SPRING
- SECURE SUMMER POSITION
- WORK STARTS AFTER FINALS

OPENINGS THROUGHOUT ALABAMA

**APPLY DEC. 4 & 5 MONTGOMERY BUILDING**  
**POST OFFICE LOBBY**  
**8 AM - 3 PM OR CALL 945-8210**

# RESERVE OFFICERS' TRAINING CORPS



# ONE COURSE THAT COULD CHANGE THE COURSE OF YOUR LIFE.

Look forward to the future with confidence, character and management skills. Enroll in Army ROTC, an elective that's different from any other college course. ROTC offers hands-on leadership training. Training that gives you experience and helps build self-confidence, character and management skills. All the credentials employers look for. ROTC is open to freshmen and sophomores without obligation and requires about 4 hours per week. It will put your life on a whole new course.



## ARMY ROTC

**THE SMARTEST COLLEGE COURSE YOU CAN TAKE.**

For details, visit Rowe Hall or call  
**782-5601**

# Good News for Young Adults!

It's a vicious circle...you can't get credit because you don't have a credit record, and you can't establish a credit record because you're too young! Life just isn't fair!

Well, we at DuBar's were once young buyers, too. So we've decided to help by extending a junior credit line to young buyers...no hassels...no credit checks...a \$250 Instant credit line

Want to know more about this special offer? Just come by and ask us. You'll be amazed at just how easy it is! Bring a student I.D. or Driver's License and a small down payment.



**IN-STORE JEWELRY REPAIR**

# DuBAR JEWELRY

Jacksonville #9 Public Square 435-7980  
Now In Two Locations To Serve You  
Piedmont 110 West Ladiga St. 447-9612  
Mon. - Sat. 8:30 - 5:30  
MasterCard VISA

All girls interested in the



**1996**

**Marching**



**Ballerina Line**

must first register for the class in order to receive one unit of university credit. Tryouts and training sessions will be held on Monday nights from 6 - 7 p.m. during the spring term. Practice begins January 8th at Mason Hall.

**For more information call  
782-5562 or 435-8689**

**BALLERINAS**



*Hope To  
See You  
Then!*

