Wyckoff tells her side of the story

Sandra Wyckoff Guest Commentary

Faculty Senate makes decision
Evaluation won't be released

This week is Greek Week.
Here is a list of the events and winners available at press time:

- *Suitcase Race*
  Fraternity-Kappa Sigma
  Sorority-Phi Mu
- *3-Legged Race*
  Fraternity-Kappa Sigma
  Sorority-Alph Xi Delta
- *Basketball*
  Fraternity-Sigma Nu
  Sorority-Delta Zeta
- *Darts*
  Fraternity-Sigma Phi Epsilon
  Sorority-Phi Mu
- *Golf Drive*
  Fraternity-Delta Chi
  Sorority-Alpha Xi Delta
- *Chariot Race*
  Fraternity-Sigma Phi Epsilon
  Sorority-Alph Xi Delta
- *Pie Eating*
  Fraternity-Delta Chi
  Sorority-Phi Mu
- *Horseshoes*
  Fraternity-Delta Chi
  Sorority-Phi Mu
- *Tug-o-War*
  Fraternity-Sigma Phi Epsilon
  Sorority-Alph Xi Delta
- *Omnicron Pi*
  Fraternity-Sigma Phi Epsilon
  Sorority-Alph Xi Delta
- *1-mile Run*
  Fraternity-Kappa Sigma
  Sorority-Delta Zeta
- *Home Run*
  Fraternity-Sigma Nu
  Sorority-Alph Xi Delta

*Chariot Race*

Sigma Phi Epsilon and Alpha Xi Delta were the winners in the chariot race.

The Faculty Senate, on March 7 at its regular meeting, voted not to distribute to the faculty the results of the recent Faculty Senate opinion survey of Harold J. McGee’s performance as president of Jacksonville State University.

Faculty members were informed of this decision in a memo from Faculty Senate President Richard R. Armstrong dated March 14 which was received by faculty members on March 24.

According to the memo, the rationale behind the decision not to distribute the results included the fact that “the purpose of the evaluation survey was to bring the position of the University President into the existing campus-wide evaluation process.

“Of those on the campus except the President are regularly evaluated at every level; below, peer, and above.”
ANNOUNCEMENTS

- The JSU English Department Lecture Series includes the following presentation:
  April 11: Readings from the Creative Writing students of Susan Methvin.
  The presentation will be held at 7:30 p.m. on the 11th floor of Houston Cole Library.
- A course was left off the Fall 1994 schedule. The class is entitled "Three Races in the Americas" HY 326M (Call #2503). It will be offered from 11:15-12:15, MWF, 327 Stone Center. The instructor is Dr. Gamble. The course is a comparative look at how Native Americans, Europeans, and Africans created either separate or racially mixed societies throughout the Americas.
- The emphasis is on racial and cultural interaction and will give equal attention to analyzing the ideas and contributions of all three groups, drawing parallels between these historical experiences in the United States and that of Latin American nations.
- Grad students may take this course as one of the following courses: HY 500 (Special Problems), HY 598 (Research). For more information contact Harvey Jackson.

- There will be a workshop entitled "Adult Children of Alcoholics: Breaking the Cycle" from 3:30-4:30, April 7 in 22 Stephenson Gym.
- Sigma Alpha Iota will present a benefit recital featuring American composers at 7:30 p.m. tonight in the performance center of Mason Hall. Donations will be accepted at the door. All proceeds will go to benefit Masco Hall.
- Governor Jim Folsom, Jr., has proclaimed the month of April as Confederate History and Heritage Month in Alabama. In his proclamation, he encouraged schools and citizens to join in efforts to become more knowledgeable of the role of the Confederate States of America in the history of our country.
- In support of Governor Folsom's proclamation, the Sons of Confederate Veterans, a nonracial, nonpolitical and nonsectarian organization composed of descendants of men who fought in Confederate military units will be holding Confederate memorial services in many locations throughout Alabama in April. Churches, schools, organizations and individuals interested in obtaining information and dates of services are invited to contact Dr. Norman R. Towsinge, Lt. Commander-in-Chief, Sons of Confederate Veterans at 3410 Nickel Lake Road, Jacksonville, Alabama 36265.

CAMPUS CRIME DOCKET

- 3:17-40. Shannon D. Williams reported theft of property at Dixon Hall.
- 3:19-15. Will Clapp reported theft of property at Dixon Hall.
- 3:19-16. Bill Ranchor reported theft of property at Houston Cole Library.

CORRECTION

- The Beta Sigma Nu referred to in last week's Corrections was incorrectly corrected from the previous week's Announcements. It should have read Zeta Sigma Nu in both issues. We apologize for the mistake.

THE CHANTICLEER

"A free press is the unsleeping guardian of every other right that free men prize; it is the most dangerous foe of tyranny." —Winston Churchill

From Staff Reports

Kristina Vaughn has a higher expectation of gentlemen callers now that she's been treated to a dream date in Hollywood.

"I thought it was a prank call," Vaughn said. "Yeah, right, sure. Then the caller seemed sincere and I realized it was for real."

"Off to Tinseltown. She accepted and was flown to Hollywood on a three-day expenses-paid-trip March 8-10. On March 9, she appeared for a filming of Leeza slated to air March 15 on NBC. She watched the program in the campus publicity office Tuesday afternoon.

Vaughn and Baughan were introduced by Leeza on stage, and she presented him a gift—a JSU tee-shirt. He asked her out and she accepted.

He lived up to his reputation—"he is a nice guy," Vaughn said.

"Baughan gave me a rose, perked her around Tinseltown, took her to a club, The Wizard, and finished up with a movie and a trip to the famous Hollywood sign. "He took me back to my room and gave me a real neat goodnight kiss," she said.

"Baughan, 23, writes for several TV series and has been in Hollywood for a year. "I found out a lot of tidbits about Hollywood, especially the Aristo show," Kristina said.

She said Vaughn also told her stories about working with several celebrities and his attempts to make it as a Hollywood writer.

"A good time."

Vaughn was accompanied to California by her mother, Carol. Her father, James, stayed home because of work.

Kristina is a junior majoring in special education, although her first love is acting.

Will her dream date lead to better things?

"All I can say is that we had a good time and have begun a pretty good friendship. And I certainly was spoiled."

"Vaughn said.

FOR THE RECORD

- The commentary by Sandra Wyckoff, which appears on the front page contains information which has not been verified. This is an open letter presented to The Chanticleer by Wyckoff and represents her views and perceptions.
- The Chanticleer did make several attempts to contact Wyckoff, who repeatedly declined to comment.
- The Chanticleer and WJSU were present following Wyckoff's hearing. Wyckoff declined to comment at the time.
- The letter is printed as it was submitted with three exceptions: Dean of Student Affairs was corrected to Vice President of Student Affairs, one typo was corrected and one line was cut for space.

The Chanticleer, the student newspaper of Jacksonville State University, is produced by students. The editor has the final decision on editorial content. Funding is provided through University appropriations and subscriptions. Offices are in 180 Seel Hall. Editorials are the opinions of the editorial board unless otherwise noted. The editor reserves the right to edit for content and space. Send all submissions to Melanie Jones, The Chanticleer, 201 Seel Hall, JSU, Jacksonville, Ala. 36265. Deadline to all submissions is noon Friday.

Mark Harrison
Students worry about Clinton education budget

The Clinton administration’s fiscal 1995 education budget seeks an extra 4.5 percent for student financial aid, but the plan also calls for restructuring some programs as part of a consolidation that could affect college students.

The budget blueprint includes a $100 increase in the maximum Pell Grant, which could signal the first increase for the grant in three years. If enacted by Congress this would be the first increase for the grant in three years. The plan calls for restructuring some programs to $1,549 by 1995.

The department would offset some of the grant as part of deficit reduction.

U.S. Department of Education officials estimate that a record 4.1 million Pell Grants will be awarded during the 1995-96 school year and expect the average grant to increase from $1,492 to $1,549 by 1995.

More for college work-study, bringing total funding for that program to $717 million. But the department would offset some of this gain by eliminating State Student Incentive Grants (SSIG), a federal matching fund that encourages states to offer their own financial aid programs.

In calling for the elimination of this grant, the department said states have established their own programs that would continue regardless of the federal match. The SSIG program received $72 million this fiscal year.

Also on the chopping block is federal support for Perkins Loans, in which federal money is used in addition to loan capital provided by individual colleges and universities.

New federal capital contributions to the program totaled $158 million in 1994; no new funds are planned for next year.

Despite these two cutbacks, Education Secretary Richard Riley called the budget a net plus for students and educators. “The president’s request for an increase in education funding underscores his resolve to ensure that our citizens and our nation are well prepared for, and able to compete and prosper in, the new global economy,” Riley said.

But some student groups charged that the budget proposal short-changes the nation’s youth. “We’re very disappointed,” said Stephanie Arellano, vice president of the United States Student Association, who criticized the proposed elimination of the two programs. Arellano also said the $100 Pell Grant increase was not much of a victory.

“It’s more of a restoration than a new investment,” she said. “This is not enough.”

Elimination of SSIG also could have negative ramifications for students, she said, since states use that money as an incentive to fund their own financial aid programs. “This cut puts more of a burden on the states,” many of which are hard-pressed to fund higher education, Arellano said.

More financial aid

Other education groups also had hoped for higher student aid funding levels in the president’s budget request. On Feb. 4, Maryland’s Hartford Community College President Richard Pappas testified before Congress and asked for an increase of at least $200 in the maximum Pell Grant, twice the level of the president’s requested increase.

Congress will have the final say on federal funding levels for 1995, and lawmakers are expected to continue hearings this spring before they mark up spending bills during the summer and fall.

Elsewhere in student aid, the Clinton education budget proposes $583 million for Supplemental Education Opportunity Grants, unchanged from current funding. The administration also proposes $35 million for a two-year-old program to better monitor student financial aid activities.

Direct loans abound

As expected, the budget plan calls for a dramatic expansion of the government’s new experiment with direct loans, in which government-provided loan capital goes directly to students without involvement from banks and other financial institutions.

Direct loans currently account for 5 percent of student loan vol-

See Budget • page 4
Funding for historically black colleges and universities would increase by 4.6 percent, while federal funding for scholarships and fellowships would jump by about 4 percent.

Overall, the budget would cut or eliminate 30 programs, which combines education and work experience, currently funded at $13.7 million; law school clinical experience, funded at $14.9 million; and scholarships for higher education programs, including cooperative education, women and minority participation in graduate education, which receives $5.9 million. The graduate program would be combined with other post baccalaureate programs.

Funding for historically black colleges and universities would increase by 4.6 percent, while federal funding for scholarships and fellowships would jump by about 4 percent.

Overall, the budget request would cut or eliminate more than 30 education programs as part of department-wide restructuring. The budget seeks similar changes at other federal agencies as the White House tries to keep federal spending within the confines of a five-year, $500 billion deficit reduction plan.

Is the theme of this year's SGA Blood Drive which will be held tomorrow from 11:30 a.m.-4 p.m. on the 3rd floor of TMB. This year's blood drive will be a competition in two ways. 1st, Faculty (Blood Lite), Greeks (Blood Draft), and Independents (Blood Ice) will be in competition for a plaque to be placed in TMB. This will be based on the biggest percentage of members donating blood. 2nd, Social Greeks will also be in competition with each other for points in the Greek Week Competition. This will be based on the largest number of participants. The first 20 donors will receive a free T-shirt. The goal is 450 pints.
Jacksonville State's own literary magazine, "Dress for Breakfast," held a public reading this past Monday on the 11th floor of Houston Cole Library. The journal, which is currently on sale through the English department for one dollar contains poems, essays and short stories submitted by JSU students.

Annette Conner began the reading with her poem, "Goldfish," which was followed by several poems and short stories, including: "A Note on the Wall" by David White, "Touching Heaven" by Paul Colney, "sliced life" by Jamie Hardy and "Revolution at 17th Street & Fifth Avenue, North" by Michael Ballard, this year's "Dress for Breakfast" editor.

The McMilan award winning essay "The Finger of God," by Jamie Fike came next. The essay was originally an assignment for his advanced English Composition class.

Next up was Paul Colney with "Diner," followed by "The Day I Gave A&P the Finger" by Glen Ingram, "Lizzie's Baby" by Juanita Hinton and finally "August, before" by Jamie Hardy. "Emptiness" by Mark Harrison also appears in the collection.

English professor Susan Methvin encourages people to submit their poetry, short stories and essays to the magazine and to get involved with the JSU's Writer's Club, which meets Wednesdays at 4:00 p.m. on the seventh floor of Houston Cole Library. For more information about joining The Writer's Club call Methvin at 782-5469.

--Allison Graydon
Staff writer
No news is good news

People are always angry with newspapers. They read something they do not like or they see something they do not believe is newsworthy and they lash out at the messenger. The Chanticleer is far from immune to that sort of anger. In the past, administrators have been angry when we ran negative stories on the front page during big recruiting weeks like Homecoming and Parent’s Day. We did not set out to be negative, bad things just happened then. The SGA is never pleased with reports on failed events. Coaches get angry when we report that their players did not behave themselves. And many of our cartoons do not leave the president laughing. Last week was no exception.

Many students told us they felt the front page article about Sandra Wyckoff was in poor taste, and also questioned the reason for printing the exact number of votes for each candidate for SGA office.

First, the Wyckoff story. Sandra Wyckoff, as Homecoming Queen, is a highly visible representative of this University. The fact that someone in such a position is charged with a crime of any magnitude is news. It was also striking that such a minor crime was being pursued with such fervor. At the time the story was written, Wyckoff had merely been arrested and charged with a crime. This is not the same as an establishment of guilt. The story made no implications either way.

Wyckoff repeatedly declined comment. As the story pointed out, the details were sketchy. Since other news organizations, including WJSU picked up the story, students had heard of the incident, and rumors flew. Many of those rumors were false.

We believe the story we ran served to clear up some of those rumors by presenting the known facts. It was not an attempt to make Wyckoff or JSU look bad. The story noted she received more votes than any other senatorial candidate in the recent SGA elections. It also pointed out that Wyckoff works as a resident assistant. Plus, her friends said there was no way she could’ve done it. That having been said, the story also made no attempt to hide any known facts about the situation. The issue was left to be settled in a court of law.

We don’t make the news. We simply report it. The Sandra Wyckoff situation was news.

On to the SGA elections. The election returns, just like the returns from any election are a matter of public record.

Providing our readers with those numbers helped to put the election in context. Most of the people who sought SGA office knew they were putting themselves in a very public position.

The landslide victories by Dempsey, Bennett and Hawk were worth noting, as was the voter turnout. We promised complete coverage, and that is what we set out to deliver.

The bottom line is this: we’re not in the public relations business, but we do not create news either. Our business is to report the news. Last week, as with every week, that’s exactly what we did.

Be careful out there or be a statistic

I was 14 years old when one of my best friends died.

I still feel like he died for no reason. Maybe I’m bitter because I was too young to deal with the death of a close friend. I mean, it’s hard enough being a teenager without having to wonder if your friend is gonna live through the night.

I was at a Halloween carnival at school when the news came. I walked out of the bathroom after having removed my vampire makeup; my black cape was still tied around my neck. I remember that because someone, I don’t remember who, tagged on my cape and said, “Bradley’s been in an accident.”

Bradley was 16, young, handsome, intelligent. He was consistently in the top of his class in school. I went to church with Bradley and we were both actively involved in activities there. Bradley was a Christian, solid in his beliefs. He loved his family. He had a lot of friends.

On Halloween, he and some of these friends decided to participate in that classic Halloween ritual of rolling yards. That’s when you string toilet paper in someone’s trees by tossing roll after roll into the limbs. We did it to our friends. We did it to our enemies. We did it to anyone who didn’t own a large dog.

Since Bradley’s death, I’ve been somewhat of a crusader for traffic safety. I’ve written several stories on the subject. I’ve written my opinions on the subject in columns. I’ve ridden along with police officers on traffic patrol.

Nothing can compare, though, with experience. I’ve been in a traffic accident. I’ve seen traffic accidents. Statistics tell us that seven out of 10 of us will be involved in some type of traffic accident in our lifetime.

I’m also an experienced road-tripper. I drive about 300 miles almost every weekend. The law of averages is bound to catch up with me. This past weekend, it did.

I wasn’t involved in an accident. I saw one of the worst accidents I’ve ever seen. It didn’t matter whose fault it was. It didn’t matter who slid into whom or who ran a stop sign or what the road conditions were or how fast anyone was driving.

What mattered was that in a ditch, on the side of Alabama Highway 157, a pickup was wrapped around the front of a large dumptruck. What mattered was that the person inside that vehicle was dead. What mattered is that there were people standing in the rain, on the road, crying.

I didn’t care what happened when Bradley died, either. All I knew was my friend was gone.

Spring Break is here again and no doubt you’ll be loading up the car this Friday for a road trip of your own. The beach is calling. Or possibly the mountains. Or possibly you just want to go home and see mom and dad.

I would remind you that anyone who has ever been in a traffic accident was on their way somewhere.

Be careful. Drive safely.

Don’t become another traffic statistic for me to write about.
Dear Editor,

In the March 17 Chanticleer, both the issue of the “disappointing” turnout in the SGA elections and, on page three, the fact that 25 of the 38 positions are now occupied by Greeks, were reported. Also mentioned was the fact that over half of the total voter turnout “was Greek and Dempsey, a Sig Ep, said that was “excellent for a school with 11 percent Greeks.”

“Excellent?” In what way? That only 11 percent of the student body controls over 65 percent of our student government, which in turn makes decisions for 100 percent of the college. Eleven percent? What about the remaining 89 percent? Apparently they do not count, or care.

Two weeks ago, a candidate for vice president had to deny an accusation that he was “anti-greek.” Why? Is it not our basic right to disagree with others if we so choose, as long as we do not infringe on their beliefs?

I am sure that the candidate would not intentionally use his office to destroy the Greek system, but, apparently, the Greeks, having a history of being oversensitive to criticism, were unable to see this fact. In the end, a Greek defeated the candidate for the office.

I am on my way out, hopefully graduating at the end of this semester. For the past five years, I have shared the feeling that the 87 percent who did not vote probably had: “Why should we care? The Greeks win anyway.” They win, because they have “organization,” and the independents don’t. The results that came in last week will not affect me, but I worry.

Two years ago, the University of Alabama abolished the SGA because of dirty politics, intimidation tactics, and outright attacks (both libelous and physical) on opposing candidates by a Greek system which controlled the SGA.

I worry about the future of our SGA. People who have transferred here from UA have told me, “JSU is nothing like UA; the Greeks here are very laid-back.”

True, but will it remain so? To those of the independent 89 percent who pay tuition just like the Greek 11 percent, I ask you to think about that next year when you go to the polls.

Jamie Hardy
Graduating Senior

Jennifer Borek
Junior

Kim Vandergriff
Senior

Myra Gaddis
Senior

Rita Baker
Senior

--Compiled by Chere Lee

Letters to the Editor 1993-94 Policy

• The Chanticleer will not print letters which are longer than 300 words.
• The Chanticleer will not print letters which are libelous and/or defamatory.
• The Chanticleer reserves the right to edit letters.
• The Chanticleer reserves the right to limit rebuttals to two weeks past publication date of the article in question.
• In order to ensure fairness, there will be at least two weeks in between publication of letters from the same person.
• The Chanticleer reserves the right to refuse publication of any letter.
• Deadline for letters to be in the upcoming issue is noon on the Friday preceding the preferred date of publication.
• Letters may be brought or mailed to The Chanticleer office in 180 Self Hall. All letters must be signed and include a phone number. Please include your affiliation with the University, such as professor, class ranking, etc.
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Melanie Lynn Jones
Editor in Chief

Spring is here, the sun is shining, and as you’re sitting in the classroom all you can think about is getting out into that sun. You fall into your favorite daydream: You’re lying on a secluded, tropical beach, and the sun’s rays are beating down on you, and you know it is bringing you the perfect golden skin you have sought for years. Suddenly, you’re daydream turns into a nightmare. You see your face and it is covered with wrinkles. Age spots dot your entire body. What’s happening?

Every spring we hear the words of doom, “The sun will kill us all. We must all cover our bodies or we will die.” At the same time, thousands of people ignore the warning and continue to tan. People believe the sun is shrinking their careers, but the look that graces the magazines has not made it to everyday life. Most people equate tanning with a healthy, outdoor look. “I always like a good tan... because I don’t like to look like a ghost,” Goode says.

Beth Lamberth, a senior English major, says a bad past experience has affected her attitudes. “When I was in junior high I was burned severely... I went to the lake and stayed out all day and had second-degree burns over 90 percent of my body,” she says. “I learned the dangers of the sun and don’t care to repeat it.”

Most fashion models do not tan because the sun’s effects can shorten their careers, but the look that graces the magazines has not made it to everyday life. Most people equate tanning with a healthy, outdoor look. “I always like a good tan... because I don’t like to look like a ghost,” Goode says.

Lamberth says going without a summer tan certainly captures attention. “People make fun of me because I’m pale... I glow in the dark. I always tell them when they’re 45 they will look 60, when I’m 45, I will look 35,” she says. Lamberth says she is not unhappy about being different. “It’s when you have to follow the crowd that you become unhappy.”

If the sun isn’t shining when tanning time arrives, people take off for the tanning beds. After a few 30-minute visits, some people look as if they have spent the weekend at the beach. Goode says for the past few years, she has visited tanning beds in March, April and May about two times a week for 30 minutes each, “if not more often.” Some who seek the golden glow say they visit the tanning beds to build a tanning base, others say they don’t believe it is as harmful as the sun. The bottom line is, tanning beds may not “cook you from the inside out” as rumor may have you believe, but there is no evidence they are safer than the sun.

“Tanning beds are very dangerous,” Hamrick says. “(People) do not realize they are getting... concentrated rays.” “When people are in the sun, the heat is so intense they don’t stay out for long periods. They may lay out, but they generally take air conditioning breaks or at least get a cold drink. Tanning beds generate very little heat, so people do not realize how much they are damaging their skin. Whether a tan comes from the sun rays or the lamps rays, it still damages skin cells.

Protecting your skin does not have to mean staying indoors all day. Hamrick warns against going out in the sun during the hottest hours, between 11 a.m. and 2 p.m. If you must go out, do it before or after those hours. She suggests wearing a hat with a brim to protect the face and neck and using a sun block of SPF 15 or above.

If you do get a burn, Hamrick says the only thing you can really do is apply moisturizer. “The damage is done at that point. You just have to learn from that experience,” she says.

“Temperance is the best advice I can give you,” Hamrick says. Too much of anything can always cause problems, and tanning is no different. People need to find a happy medium between hiding in a cave and baking in the sun.
The Proclaimers hit the highway

You probably saw the video last year. Two guys who look like they were zapped here via time warp straight from the 50s singing a catchy little song in an accent you can't quite pinpoint. The refrain of the song may have been playing in your head - "I would walk 500 miles/land I would walk 500 more/Just to be the man who walked 1,000 miles to fall down at your door" - over and over for days. At the end of the video, you find these clean cut renegades are called The Proclaimers.

You may have thought, "Hey, I like this new band."

America isn't the only place The Proclaimers were popular. Their album, "Sunshine On Leith," went platinum in the UK, Canada, and New Zealand. It even went triple platinum in Australia, where "I'm Gonna Be (500 Miles)" was number one for five weeks. All of that four years before it ever saw MTV.

That's right, neither the song nor The Proclaimers are new. The song became popular in the US after it became the theme song to the film "Benny & Joon," thanks in large part to actress Mary Stuart Masterson, herself a Proclaimers fan.

The core of the band is the Reid brothers, Charlie and Craig. That accent comes from growing up in UK cities like Edinburgh, Cornwall, and Auchtermuchty if Fife. It was there that the two grew up listening to all sorts of music - everything from Merle Haggard to Jerry Lee Lewis to Black Flag. In 1983 they formed...
CONCERT CORNER by Mike Canada

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April 2
- QUIET RIOT
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April 8
- THE RAMONES/
  FRANK BLACK
  Roxy. 9 p.m. $17.00

April 14
- CROWDED HOUSE
  Roxy. 8 p.m. $18.50

April 16
- TINSLEY ELLIS
  Variety Playhouse
  8:30 p.m. $8.00

April 21
- NRBQ
  Variety Playhouse
  8:30 p.m. $10.00

April 10
- ANTHRAX
  International Ballroom
  8 p.m. $18.25

April 12
- QUIET RIOT
  Masquerade. 10 p.m. $16.00

April 24
- CROWDED HOUSE
  Roxy. 8 p.m. $18.50

April 26
- TINSLEY ELLIS
  Variety Playhouse
  8:30 p.m. $8.00

April 30
- NRBQ
  Variety Playhouse
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LIFE COULD BE A LOT BETTER, TOO!

...BUT WORSE IS MORE LIKELY.

CALVIN, I MADE THIS LAST WEEK AND YOU SAID IT WAS YOUR FAVORITE MEAL OF ALL TIME AND YOU WISHED WE COULD HAVE IT EVERY DAY FOR THE REST OF YOUR LIFE!

WELL, NOW I HATE IT.

ANOTHER DAY, ANOTHER GRAY HAIR FOR MOM!

I'M GOING TO SHINE UNTIL I GET THE SPECIAL TREATMENT I LIKE.

I WONDER IF ANYONE ELSE IS AS SCARED ABOUT THE FUTURE AS I AM.

I'VE FOUND THAT IMMEDIATE GRATIFICATION IS THE ONLY THING THAT HELPS ME.
All athletes spend time in 'the zone'

Jeh Jeh Pruitt
Sports Editor

At one time or another, every athlete has had it. Some people don’t think it exists, but every person who has ever played an athletic event knows it as real as the skin on their bodies.

What is it? Some people call it being in “The Zone.” No this is not the Twilight Zone. It is something that psychologist call elongated time or seeing things in slow motion.

When you’re playing a game and everything seems to go your way, when you can see every man on the field, when it seems like you are moving at the speed of light compared to everyone else, when it seems like the rim is a big wheel barrel, when it seems you have more time to react to a pitch, chances are you are in the zone.

Being in the zone is like experiencing something before it happens. All five senses (probably except smell) are working like you’re on alert. It’s like you wish for something to happen and it does. For example, one might say “I’m gonna hit this one out of the park,” and it happens. This is what it feels like experiencing elongated time.

Psychologists have tried to learn the pattern of elongated time, but have not come up with a clear definition of it. The implications are interesting. If elongated time can be increased or learned, an athlete’s effectiveness could greatly improve.

But there are differences of opinions if the ability to experience elongated time can be learned or enhanced.

Sports psychologist, Bob Roella, best known for his work with golfers said, “It happens when it happens.” But Rick McGuire, a former student of Roella and now a track coach, thinks athletes can facilitate or help elongated time. McGuire said if it can be experienced, then it can be prepared.

McGuire’s preparation goes far beyond visualization. He stresses conjuring of up sights, smells, sounds, tastes and feelings of peak performances, including experiences of slow-motion perception. He also emphasizes the the importance of the athlete’s positive self-image.

All of the bolts are not in place to figure out this elongated time. In the meantime, we will continue to see people giving it that extra push, or known by the common man, they will be in “the zone.”

The question that I would like to ask is, “Can elongated time be applied to education?” Most experts believe that you can be in the zone at any time in anything you do. I personally believe that if or when we will be able to control our minds to get in the zone, we can accomplish anything in life, whether it be in athletics or in education.

If you have ever had the feeling of being in the zone, you can say that feeling was good. The thrill of being at your best is something that all of us would like to have; it’s not hard. Just do it.
New season on its way
Gamecocks looking good for football '94

Jeh Jeh Pruitt
Sports Editor

Can you smell it in the air? It's an odor that can't be described, but everybody knows what it is if you ask them. No, it doesn't smell like roses, and it doesn't smell like smoke. Let's just say it has a smell that gets your adrenalin pumping. This smell comes only twice a year, but only a portion of it is in the air at this time.

As I think back to August "93", I recall the feeling of getting up at the crack of dawn, exhilarated and alive. As the weeks go on, I am worn down with pain, but I'm thinking, "I must go on, got to play with pain." The sound of crashing protective plastic echoes in my mind constantly for four months. I think to myself, "I've got to love this game,"(I really do).

I see the other members of the team are feeling the same way, and I am relieved because I know the new season is coming up.

Spring training here again
Football spring training is back and it's bigger and better. The Gamecocks have been practicing for the past few weeks with a new goal and a certain liveliness in the midst.

Senior Chuck Robinson will be returning at the quarterback position followed by Corky Gordon. Other quarterbacks are redshirt freshman Wade Wilburn and newcomer Kenneth Clay. At the wide receiver position, Tracey Pilot is taking first rank with Tyrone Cohill second on the depth chart. Eric Powell and Jason Reynolds (who was injured last season) will be the forerunners in the running back positions with Anton Witt and Stacey Patton contributing. The center position is currently being held by Banyon Allison and Greg Monoco. The offensive line has John Ingram, William Mayfield, Derrick Owens, and Rick Shomberg.

On the defensive side of the ball, Charles Spratlin and Rodney Crenshaw have the inside linebacker positions, Willie Jett and Fred Mack are on the outside at linebackers, Tim Sudduth is free safety, Wesley Goggins and Darren Edwards have the cornerback positions, the defensive line has David Mahaffey, Riley Reynolds, Montreco Blair, and Mike Collins.

The Gamecocks have added some flavor to the "Charlie Bone" and hope to make it a success in the upcoming year. The players are excited and are anticipating the season opener against Sam Houston.

The Gamecocks will have a final scrimmage today against each other. The scrimmage is open to the public. Coach Burgess invites anyone who would like to come out and watch the 1994-95 Gamecocks. The first snap will begin about 3 p.m. in Paul Snow Stadium.
WHAT TO DO AT JSU

APRIL 5th • 7:00 & 9:30
TMB AUDITORIUM

"RIVETING ENTERTAINMENT FROM START TO FINISH!"

APRIL 12th
7:00 & 9:30
TMB AUDITORIUM

THE SGA WOULD LIKE TO TAKE THIS OPPORTUNITY TO WISH EVERYONE A VERY HAPPY AND SAFE SPRING BREAK!

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