

Vol. 19—No. 27

Jacksonville (Alabama) State University

Monday, April 11, 1977



1976-77 SGA president Mike Humphries hands over reins of the Student Government Association to his successor, Van Hall, at Awards Day ceremonies April 4.

# Undertaker

## JSU's Franklin McGee not your every day mortician

#### By GILBERT SANDERS Staff Writer

Who'll be the last person to let you down? Who's the one who plants you so that you can push up daisies? If you haven't gotten the answer to the question yet, I'll give you another clue that might help you with the answer. Where's the dude that drives a long black car that has four doors and space in the back provided for holding boxes that they put dead people in? This person is always sizing you up and saying things like, "Gee the bronze model we have will certainly fit you and allow you to rest comfortably (as though you'll know about it). Right! It's your friendly neighborhood mortician or "undertaker", as he is commonly known.

But, undertaker-JSU grad-student, Franklin McGee doesn't fit this description. Franklin, father of two, Penny, 10, and Rebecca, 7, works full time at Gray-Brown Mortuary in Anniston, and he is everything you wouldn't expect an undertaker to be. Let's face it. When a person says undertaker, you know exactly what pops in your mindan underweight man in a starched black suit with a morbid look on his face and a gleam in his eye because a new body has just been brought in.

BUT THIS IS NOT Franklin. He is a guy with a smile and pleasant conversation for everyone he comes in contact with. As he puts it, "People think of undertakers as morbid people, but when I'm not on duty, I'm always picking

#### at someone."

And speaking of his day, what does it consist of? Well, he's on full duty at the mortuary, taking nine hours this semester at JSU, teaching Sunday school at 25th and Noble Street Church of Christ in Anniston, and serving as chaplain of Anniston's Civitan Club. (He's gonna make sure you're righteous before he gives you the big sendoff.)

I suppose you're wondering why would anyone want to get involved in the funeral business since it is so depressing and melancholy. Well, he doesn't see it that way. He says he got interested in the business at an early age and explains, "There was a death in the family, and I was very impressed by the courtesy of the funeral director."

THROUGHOUT OUR LIVES we are constantly told of some scary thing happening at the funeral home. You know bodies raising up to a sitting position when involuntary muscles relax, thus making the undertaker breaking the door down splitting the scene. So this writer asked the inevitable question, "Have you ever been scared, or do you have nightmares?" He just smiled and said no to both questions.

He also talked of his wife, Dyna. When asked what she thought of his line of business, he says, "She's pretty much in agreement with it, but at first I had to be on call around the clock seven days and this bothered her. "He says he was already married when he started JSU and his kids, "watched me get my diploma." SPEAKING OF DIPLOMAS, this is how his education has been; he started post-high school education at the International Bible College in Florence where he graduated in 1971, came to JSU and graduated in 1974, left JSU and went to Jefferson State School of Mortuary science, finished there in spring of '76 and took exams and was licensed as embalmer and funeral director by the Alabama Board of Funeral Service. He strongly adds, "You might not swallow this, but Jax State is the best school I've been to." He is now working on his master's degree in public ad-(See UNDERTAKER, Page 5)



### Franklin McGee

Due to the high price of coffee, Chat Em Inn will not be able to give free coffee during the finals as has been the custom for the past seven years. John Childs

Refrigerators are to be returned either Friday April 15, from 1-4 p.m. on Wednesday, April 20, from 1-4 p.m. at Self Cafeteria.

## Leakage makes renovation of Sparkman mandatory

Sparkman Hall, the modern high rise women's dorm, will be closed at the end of this semester for repairs. The building, constructed in the early 70's at a cost of around \$2 million, has been plagued with leaking problems since before it was turned over to the university.

According to Charles Rowe, vice president for business affairs, "The inspection reports repeatedly indicated that the building had a leaking problem." He went on to say that the contractor and the architect were aware of the fault prior to the university's taking possession of the dormitory. The outside panels on the

building have been replaced

annually to combat the problem. Although no figures were available. Rowe said that the repairs have cost the school a great deal of money. He also stated that the leaking is evident around the windows during a heavy rain and "there were times when water pours in around the windows." He explained that this has been an inconvenience to the residents.

The repairs, which will replace the building's exterior panels and windows, are hoped to be completed in time for the fall semester. It is not known at this time how much the repairs will cost. Over \$250,000 has been

awarded to the school by the Calhoun County Circuit

Anniston Star" incorrectly reported that the university would not help fund the repairs from this money. However, Rowe denied this and called the "Star" report a mistake. He said that the problem is, "we don't have the money yet. The defendant has petitioned for a new trial, and the judge has this under advisement." Rowe went on to say that the defendant has indicated that if a new trial is not granted, an appeal will be filed. "If we do get the money, it will most certainly go toward repairing the building," explained Rowe. It is expected that it will be some time before a final settlement is reached.

Court for the fault. "The

**The Chanticleer** 

Opinions

ones?

Letters

moral ideals and the ability to live them out.

rather significant definition of maturity.

Maturity is an ever-evolving process and progress. You

can be 19 or 90 and be mature or immature, depending

upon you. Maturity can become fixated and-or regress. If

life becomes too demanding, we tend to turn back. A

person can mature only to the extent that he is allowed to

be himself. As a unique person he must be allowed to

express what he is. Search within yourself. How many

negative characteristics do you have; how many positive

You may wish to consider Edith Wharton's credo as a

"I believe I know the only cure, which is to make one's centre of life inside of one's self, not selfishly or ex-

cludingly, but with a kind of unassailable serenity-to

decorate one's inner house so richly that one is content

there, glad to welcome any one who wants to come and

stay, but happy all the same in the hours when one is

Comments

# **Maturity: A lifetime process**

#### By BILL BRADDOCK Staff Writer

Page 2

Maturity is a lifetime process, beginning from the time we are able to comprehend speech until the day we are no longer physically present on earth. From the early childhood years until you leave for college or a job, your parents play the most important role in your maturity drive. After that you take over, and what happens from then on is up to you.

An immature person has many of the following qualities which are somehow characterized by convergence upon self. Examples are bearing grudges (I don't like that person because of something he said about me l0 years ago); prejudices (I hate "niggers," queers, Puerto Ricans, "spics," Indians, red heads, people with big noses); pouting, emotionalized thinking, exaggerated feelings of inferiority (I can't do anything; I am not good enough to play baseball or go out for ballerinas); over concern about the opinion that others have of us (I don't want to do that; what would people think of me; or what does that person think of me); over dependence upon parents or family (I go home every weekend because there is nothing to do in Jacksonville; if you are still that immature and plan to grow no more, then college is not the place for you); bragging or bullying—beating up the neighborhood sissy, or hurting anyone in particular; procrastination-putting off studying until the last minute or anything for that matter; flirtations. These are just a "drop in the bucket"

A relatively mature person has many of the following characteristics: the ability to reach out to others, accept others for what they are and get along with them, to exercise a reasonable degree of self-sufficiency, to set realistic goals, to exercise discretion, to differentiate the important and unimportant things in life, to be flexible,

## **Chanticleer** staff

The Chanticleer, established as a student newspaper at Jacksonville State University in 1934, is published weekly by students of the University. Editorial comments expressed herein are those of the students and do not necessarily reflect the policy of the JSU administration.

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adaptable and emotionally stable.

Human maturity can be divided into four subdisciples-intellectual, emotional, social and moral.

Intellectual maturity is the ability to form one's own opinion, respecting, but not leaning on the opinions of others. It is also the ability to make one's own decisions. An intellectually mature person is willing to change his mind in light of new and important evidence.

Emotional maturity is the ability to accept emotions together with the ability to keep them under reasonable control. Emotionally mature people can live with emotional situations without falling apart. They talk out grievances rather than pout, can accept criticism without feeling deeply hurt.

Social maturity is the ability to reach out to others, relate with them, accept them and to establish meaningful friendships. The person is neither too dependent upon his friends or family nor does he wage war with them.

Moral maturity is characterized by the devotion to

## . And the winner is . .

#### By DEBBIE SKIPPER Editor

Let it not be said that I am afraid to toot my horn. After all, in my two years as editor reported some I've remarkable facts and had some amazing things happen in 'my' paper. Thus, I feel, that in all

fairness I should be awarded some type of commendation for my efforts. In keeping with this belief, I have devised a whole slate of awards for myself. We shall call these awards The Best Foul-Up Awards by an Editor in a Continuing Series.

Winner in the category of

Best Printed Foul-Up is an campus radio station WLJS

book. A successful yearbook

requires many people working together, faculty

administration, students,

photographers and yearbook

**Mimosa** editor

space in The Chanticleer. and students they chose for in the Feb. 21 issue: "Our The news came from the week of February.

inevitably alone."

Such things as the article generously allowed and concerned the teachers following excerpts appeared

(See AND, Page 4)

### A farewell to friends

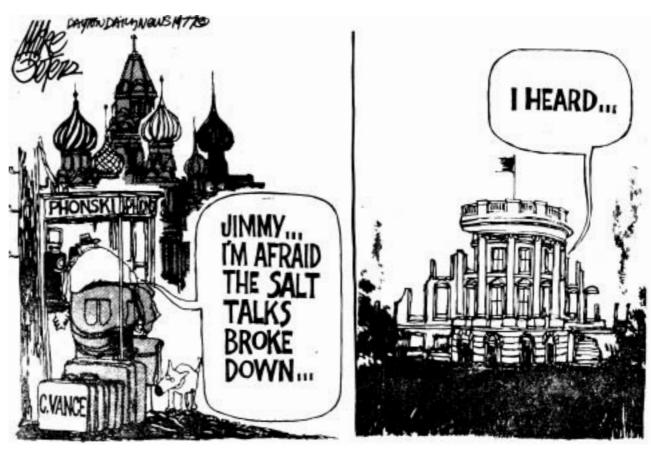
Finally after many weeks staff members. To each of of working and waiting, the these groups, I would like to 1977 Mimosa is ready for express my deep apstudents to pick up. I would preciation for their help. like to thank all the people Without the cooperation of who have helped make the

faculty and students in having their pictures made and supplying information, it would be impossible to have a successful yearbook. To those who chose not to

cooperate, I hope they will see fit to cooperate with next year's staff.

To Mr. Opal Lovett, university photographer and his staff, a special thanks for their hard work in supplying the yearbook staff with the many fine photographs, without which the yearbook

(See MIMOSA, Page 3)



## Mimosa

(Continued From Page 2)

#### would be nothing.

together with copy, drawing thony Joiner, assistant layouts, and doing the million details necessary to outstanding job. put a yearbook together, is the job of the yearbook staff thanks to a woman who has members.

especially those who stuck Opal A. Lovett, yearbook with their jobs to the final deadline. Thanks.

The job of editor was made much easier for me by two member. people whose many hours of work and constant support have been invaluable. These

two people, Vesta Coleman, Putting the pictures associate editor; and Aneditor-typist, have done an

I especially want to say given so much of herself to To these people and this school for so long. Mrs. advisor, has guided the entire staff and put in many more hours than any staff

Ronald Mitchell 1977 Editor, Mimosa

### Stone praises students' 'cool'

#### Dear Editor:

Please permit me to use this means to thank our JSU Student Radio Station WLJS and all of our students for their responsible reporting and reaction to the tornado warnings last Monday. It

was a bad day in Alabama weatherwise! All of you reacted in the best possibly way to avoid bodily injury. We are proud of you. Yours cordially, **Ernest Stone** President

### Take care in choosing method of weight loss

**By CAROL DAVIS** 

Dieting

Staff Writer

Ever heard the wise old adage "Eat it today, Wear it tomorrow." In our society these are truly words of wisdom. Watching one's weight by dieting is fast becoming a favorite pastime of many Americans.

Magazine ads are forever reminding us of our weight peoblems. For only \$1.25 a month we allow ourselves to be bombarded with the latest means by which to remove any excess poundage, be it two pounds or 20. Propaganda is evidenced by the "before" and "after" pictures testifying to the remarkable differences that will be apparent if one consumes only eight glasses of water and one bowl of rice every three days. Or consider the misrepresentation of the "Eat all the foods you love and still lose weight" diet. Now honestly, does that ring true? Obviously not.

While being aware of a weight problem and desiring to correct that problem is good; some methods by which to accomplish this goal may not be as worthy. Fad diets spring up overnight and are forgotten just as quickly. No quick-reducing diet is a permanent solution. More reasonable diets which aim at modifying eating habits accomplish much more and have a better chance of maintaining long-term results.

The essential principle of any weight-loss diet is to burn more calories than one consumes. As dieters may verify, this can prove difficult. To keep general body condition and energy up while eating less and exercising more requires more than will power.

A good safe diet is needed which offers a wide variety of foods that provide needed vitamins and iron but require less food intake. If will power is then exercised along with this basic foundation weight-loss will occur.

Although increasing physical activity is not necessarily a must, it does speed weight reduction by toning the body. Another tip is to exercise one or two hours after eatingmore calories will be converted directly into energy in-stead of fat. Rather than watch TV which burns only 60 calories per hour, try one of these more physically demanding activities:

Running-moderate-536	Bowling-333
vigorous-777	Golf-271
Dancing-moderate-209	Ping Pong-194
vigorous-284	Tennis-346
Swimming-moderate-194	Walking-moderate-176
vigorous-418	Walking-vigorous-331

If deciding on a diet, take into consideration these guidelines: (1) Is your general health good? Do you have any health problems? Consult your doctor before undertaking such a venture. (2) Is the diet reasonable and seemingly safe, providing all the vitamins and minerals necessary for a well-balanced meal plan? (3) Is your mental attitude favorable towards the endeavor?

This is important for the success of any diet. The promises of fad diets sound inviting but indeed they are just that-promises. Dieters quickly tire of subsisting on rice and water or almost solely on eggs or any other method similar to these. And will power often vanishes after a short period of time under such conditions. So, if you diet, do so with common sense and watch the pounds slide off and stay off.

# **Balanced meals needed** to maintain good health

#### By BILL BRADDOCK **Staff Writer**

Here in the United States, with its high standards of living there is a large number of malnutritioned people. By far the largest group, according to statistics, is the teenage female.

How do you know whether your diet contains enough vitamins? Here is a list of those that should be taken along with their best known sources.

Vitamin A is known to be essential to the normal growth and function of skin tissue. It is also most important for eyes. Vitamin A can be found in apricots, butter or margarine, cream, egg yolks, liver, milk, yellow and leafy green vegetables, and whole milk, cheese.

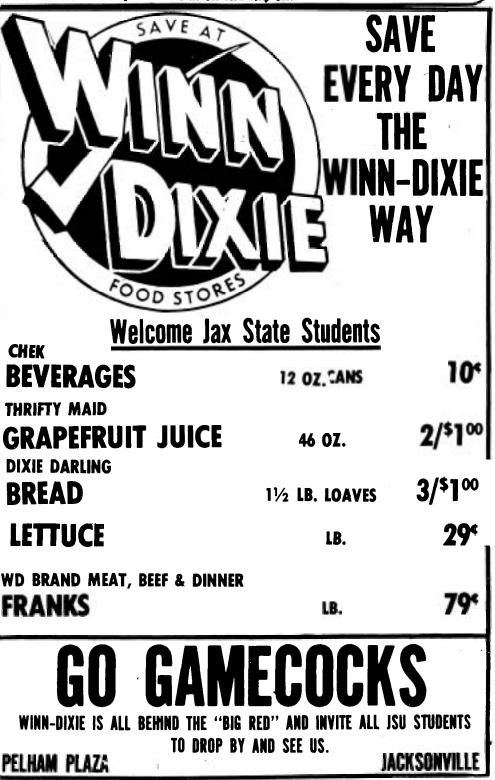
Vitamin Bl is needed for the proper functioning of nerve tissues. This vitamin promotes good muscle tone, normal growth and stimulates the appetite. It can be found in chicken, dried peas, fish, lean meats, lentils, milk, peanuts, meats and whole-grain or enriched breads.

Vitamin B2 is the vitamin that promotes healthy skin and hair, good digestion and sound nerves. It also increases resistance to infection and general physical weakness. It too, can be found in yeast, chicken, dried peas, eggs, fish, green and leafy vegetables, kidneys, lean meats, liver and milk.

Vitamin B6 is an important aid in the synthesis of protein and regulation of the nervous system. The vitamin also helps the body retain its salt and water balance. It is present in whole-grain cereals, soybeans, wheat, beef, lamb, liver, pork and veal.

Vitamin Bl2 provides for proper utilization of protein, fats and carbohydrates. It's also essential for production of red blood cells and can be found in beef, dairy products, egg yolk, (See BALANCED, Page 5)







The beauty of the Jacksonville State Campus bursts forth every spring with

the blooming of the dogwood trees. They grace the surroundings in abundance.

## **Professor Roberts plans recital**

James Roberts of the music department at State Jacksonville University will appear in a recital of works for trombone and piano Friday at 8

p.m. Roberts will be accompanied by local pianist and teacher Margaret Roberts and assisted by John Merriman. assistant

professor of trumpet in the music department. The recital is free and open to the public.

#### By GILBERT SANDERS **Staff Writer**

Do you know the most beautiful words in the English language? It's not "I love you" but it is "Rain ending tonight, clearing tomorrow," especially if there is a tornado on the way and you're not even sure if there's going to be a tomorrow. Just hearing the meterologist say this helps your peace of mind. Let's start at the beginning of the story.

It's April 4, 12:45 and this writer is sitting in Dr. Beaubier's sociology class looking out the window checking out those mean looking thunder clouds. I'm also kidding the girl sitting behind me, Debra Heard, that a tornado is about to hit when all of a sudden I hear a voice over the campus police PA system saying something. I can't understand exactly what he's saying but I do catch the last part of the sentence that says "take cover; we are expecting a tornado at 1:15."

I looked at the clock and I have 20 minutes to get to Patterson Hall, and I can't look like I'm scared because that would be uncool. But Beaubier doesn't seem to want to let us go until about seven or eight girls get up and leave the

Tornado '

## Sanders reco

At J

class and then he lets the whole class leave.

WHR-R-R-R-

After walking Debra to the corner between Martin Hall and Brewer, I embark on my trip to my dorm where I'm planning to go straight to the basement. By now the wind has stopped blowing a little bit so I decide to join the numerous people outside of Logan Hall who are looking for the tornado. They didn't seem to be much concerned about the tornado because their conversation went like this:

lst student: Did you hear about the Freak who slept in the TV room last night?

2nd student: Yeah man! maybe he was a traveling salesman.

lst student: Yeah, well maybe he was traveling but he surely wasn't no salesman, he was a freak!

Leaving Logan and going down to Patterson I joined another group looking out for the tornado. Their conversation went like this:

Ist student: Let's go get a keg of beer. 2nd student: Aw, Man if the world was ending, you'd want a keg of beer! I look toward Gadsden and the clouds look kinda yellowish and milky.

# **Miss USA**

### Cheryl Burgess to represent Alabama in run for '77 crown

#### By RON MITCHELL Staff Writer "To live life to the fullest and always possess inner peace and happiness" is the life ambition of 18-year-old

Cheryl Burgess. Cheryl, a freshman at

JSU, does live everyday to the fullest, pursuing her many interests—singing, modeling, swimming,



**Cheryl Burgess** 

dancing, water skiing and sketching.

Her busy schedule has been made even busier with her recently being named the 1977 Miss Alabama Universe. Now most of Cheryl's time is being spent making personal ap-pearances and meeting with such people as Alabama Gov. George C. Wallace and the state legislators.

Cheryl competed for the title of Miss Alabama Universe in Huntsville Feb. ll and 12 against 45 other women from throughout Alabama. Winning the pageant in Huntsville means Cheryl will represent the state of Alabama in the Miss USA pageant which will be held on May 14 in Charleston, S. C. The winner of the Miss USA Pageant will compete for the title of Miss Universe later in the year.

Cheryl spends a great deal of time now preparing for the upcoming pageant, reading the lengthy contract, exercising to get her figure in the best possible shape, and getting herself prepared mentally.

Cheryl, a pageant veteran, has won a total of 19 titles. Her ability to be at ease on stage has made competition easier for Cheryl than it has for others. However, this has not always been the case. Cheryl recalls having to be coaxed by her mother into performing in a dance recital at the tender age of six.

Cheryl prefers entering well-organized pageants in which the judges get to know the contestants through interviews and informal discussions. In addition she feels that a pageant which requires a constant to appear in a swimsuit and evening gown competitions as well as to present a talent showing allows the judges to pick a woman who is more

teacher of the week for the

week of Feb. a life size chair

out of tooth-picks and glue."

and "She is a member of the

Phi Mu sorority and is

studving Marketing and 17, is

In the category of Best

Photographic Mix-Up, there

was a tie. It was impossible

to decide whether the mix-up

of Dr. Doug Peters' picture

with that of Maj. John

Turner was worse than that

of Dr. Claudia McDade's

picture with her bicentennial

American, Jane Addams.

Although if a choice had to be

made, I think the latter

mistake is just a touch worse

than the former, principally

because Dr. McDade and

favorite

for

choice

Mrs. Olga Kennedy.'

### than just attractive.

The prime reason for Cheryl's entering pageants is the scholarship given to those who win.

Pageants are hard work, requiring a lot of time. Many times it means being away from family and friends; having friends who un-derstand makes it easier. Another factor in entering a pageant is courage, such as having the courage to go on stage in a swimsuit.

## And

#### (Continued From Page 2)

Miss Addams don't even live in the same century.

In the area not specifically concerned with foul-ups but nevertheless making my years as editor unforgettable is Worst Critic of the Chanticleer with Specific Feelings of Animosity toward Its Editor. There can be no contest for me in this slot. I can drop only one person onto this peg. Unfortunately, he must remain nameless or he might return to tell me once again that I am a "poisonous viper" and tell me that if he were ever wrong he'd admit it. Suffice it to say he is some nameless native of the island of Formosa. (I feel sure, however, that Dr. Clyde Cox could add

a few more names to this list.)

Cheryl is glad she is a woman and enjoys being

treated like a lady. This fact

as well as Cheryl's frequent

entries in pageants has

prompted many people to

criticize her. She says these

criticisms used to hurt, but

then she realized that anyone

who steps forward to be

different will be criticized.

I make mistakes, but I never

stop trying to improve myself."

"I realize I'm not perfect;

This awards ceremony could go on and on and on, but I really must call an end to it. There is another awards ceremony, the Best Help to Any Editor Awards. Mrs. Opal Lovett and Dr. Clyde Cox win resoundlingly in the overall Best Help category. Bob Clotfelter is a first-rate champion in the Best Ad-Money Collection area, and my esteemed successor, David "Carrot Top" Ford is the winner overwhelming in the Best Ass-istant Editor slot.

Now for my acceptance speeches . . .

# R-R-R-R-R

## watch!

## alls scare

(I remember this is picture-perfect clouds for tornadoes). "WE ARE NOW UNDER A TORNADO

WE ARE NOW UNDER A TORNADO WARNING!" blared the voice of a campus police over his loud speaker. So since my mama didn't raise no fool I headed straight for the basement. At right about this time I decided to begin writing this article so if that big bad tornado takes me with it, I'll have something to leave posterity (a little dry humor). I guess I was pretty lucky because in the basement with me were five very strong Christians. The way I have it figured is that since I'm in the company of God's chosen people, He'll spare me because I'm keeping such good company.

"I KNOW I HEAR SOMETHING THAT SOUNDS LIKE A TRAIN HORN WHISTLE!" and my hearing starting to palpitate, but I don't show it. I'm still trying to be cool," and when one of my Christian friends said something about "souls perishing" it didn't help my peace of mind any. Someone finally brought a radio to the basement and the first thing is a song by Jim Croce, an aspiring young artist who was killed in a plane crash in a storm, and the next was a message from the radio station that said "Quick action in a tornado might save your life." I wished they'd turn that thing off.

"A WINDOW SLAMS."

I jump (damn being cool). My curiosity getting the best of me I take my life in my hands to see if those students are still out in front of the dorm; they are especially crowded at Patterson (we live dangerously at Patterson), and some are even playing softball! Eight more students and I are in that hot stuffy basement.

TORNADO MOVING TOWARD PIEDMONT! TAKE COVER said one newscaster. About this time the wind is really blowing hard.

"HERE IT COMES" said one of the students in the basement, but he was wrong. It was not coming yet (I'm about decided to move to a more optimistic

#### surroundings.)

Now thunder can be heard in the distance, and everything seems to bring about an air of calmness (me being very paranoid I think, "The Calm before the storm—this is it!") My Christian friends see this calmness as a break in the storm so they leave the basement. This leaves me and another guy in the basement alone. I vow that if he leaves, I'm leaving, tornado or not. I'm not staying down here by myself (partly because I don't want to appear chicken) and if a tornado hits, I feel I'm gonna need somebody to cling to.)

THE TORNADO WARNING IS LIF-TED! comes the message at about 2:15. We are now under a watch until 5:00 so I grab some milk and cookies and watch until 5:00—"this thing ain't gonna slip up on me"

on me." "A TORNADO IS IN SOUTHSIDE AND HEADED TOWARD GADSDEN— TAKE COVER!" Another news bulletin says. Needless to say I'm on my way back to the basement. On my way back to the basement, I calculate wind velocity is about 25 MPH and it's about & degrees outside, and some dudes are still out playing softball! (some people live dangerously!) One student looked towards Gadsden and exclaimed, "GOD LOOK AT THOSE CLOUDS!"

I don't look; I can't take it.

It's 4:30 now, and it is so dark people are driving with their lights on—it's very dark.

"TORNADO SPOTTED SEVEN MILES WEST OF JACKSONVILLE." One student warned me. I'm back in the basement in a flash (Coach Slaughter of the track team would be proud.) It passes.

Now it is 9:58, two minutes before the watch is supposed to be lifted, and the only thing I can think of is, "What I'd like to do to the man who wrote the article in the paper that said, "Cold winter seen as blessing may prevent tornadoes from occurring this spring."



Smoking Peace Pipe Atter Attack on Delta Chi



Many persons are referred to as "squirrely," but this fellow really is. He and brother (and sister) squirrels are in a race to out-enroll the student population.

ministration. When he gets it, he "will hang it up" and stay in the funeral

In case you're wondering, he's 31 years

old and says, "Once you get in your 30's,

you start getting teachers who're younger than you." He says, "Once I was

taking a foreign language course and was

having trouble pronouncing some of the

words, and my teacher told me I was too

old to go to school." About 16 years ago he

might have agreed with her because as

he put it, "I hated school. Up until my

senior year I never made higher than a

D, but I decided to take the ACT test,

lucked up and passed it, and have been in school ever since. (A note of inspiration

director's business.

## **Balanced**

(Continued From Page 3)

liver, oysters and shrimp.

Niacin is the vitamin which is a factor in the cure and prevention of pellagra, a disease that affects the skin, gastrointestinal tract and central nervous system. It is found in fish, green and leafy vegetables, kidneys, lean meat, liver and milk.

Vitamin C is most famous for preventing and curing scurvy, a disease that causes weakening of gums loosening of teeth and bleeding into skin and mucous membranes. It also lessens the possibility of hemorrhage by increasing the strength of capillary walls. It is available in cantaloupe, cirtus fruits, green and leafy vegetables, pineapple, potatoes, raw cabbage, strawberries and tomatoes.

Vitamin D is important to the system in

that it aids in the absorption of calcium and phosphorus, which builds bones and teeth. It also prevents rickets. It is found in egg yolks, fresh and canned oily fish, liver, cereals and milk that are Vitamin-D-enriched and evaporated milk. The vitamin is also produced by a reaction to the ultraviolent rays that penetrate your skin when you're out sunning.

Vitamin E is the vitamin essential for the health of body tissues, but its exact function is undetermined at present. Sources for this include corn oil, cotton seed oil, wheat germ, peanuts; walnuts and liver.

From this list you can see that you really need to eat balanced meals so that you will maintain your health, consequently living a much longer time with a minimum amount of sickness.

## Undertaker

(Continued From Page 1)

to slow starters.)

AFTER HEARING ABOUT all this schooling and his work, I suppose you'd like to know what he does for fun. Among other things, he has an interest in boxing He also attends the funeral director's convention at Point Clear, Alabama. He says, "You wouldn't know they were funeral directors by the way they whoop, holler, dance and drink."

Franklin wouldn't tell this writer a ghost story, but he did tell me a funny one about the lady who made him put three dollars in her husband's pocket because she said, "He never goes anywhere without three dollars."

## Delta Chi front runner in Greek Week standings

Some Greeks last week were seen biking their way to sore muscles and air gasping while others participated in the strenuous sports of checkers and spades.

Their fervent activity came in the heat of competition for a trophy for Greek Week champion.

By mid-week Interfraternity Council vice president Jeff Parker was heard to be saying with relief and pride, "Things are going well—no trouble. It's better than last year."

Of course, if any Greeks remember last year's Greek Week, they might recall—if the reports heard are true animosity and a lot of grumbling characterizing their competition. That is the reason Parker was determined the Greek Week of activity would be "fun" especially since he put the whole thing together with the help of fellow first vice president Tim Bridges.

By the Chanticleer's deadline, the gamet of events had not ended, but, by half way through, the standings looked something like this: Delta Chi, first; Pi Kappa Phi, second; Alpha Tau Omega, third; and Kappa Alpha, fourth. For those strictly interested in the tennis aspect of this competition, it might be worth noting that Steve Baily of Pi Kappa Phi took the singles championship and Gary Aderholt and Eddie Griffin took the doubles.

But don't think tennis was the only event—or checkers, spades and bike racing either. The week also consisted of racketball, swimming meets, football, pool, golf, arm wrestling, pistol shooting, track and field, horse shoes, ping pong and bumperpool.

### Page 6 Mrs. Mulder **'... Education's function is to allow** an individual to slip out of a narrow world'



**Gwen Mulder** 

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### By HERB CASH

Staff Writer

A collage of various experiences and differing ideas creating a rare and beautiful person, describes Gwen Mulder, head of the sociology department.

Mrs. Mulder is a person who believes in being involved. Before she ever thought of being a sociologist, she was participating in a variety of programs that could best be described as applied sociology. Mulder worked with the Utah Indians for a time, helping them at the grass-roots level in their tribal organization, outside the Bureau of Indian Affairs. She was active in nursing state wide and also supported the PTA. These are just a few of the many programs into which she actively threw herself.

While she was working at the University of Utah and

Jacksonville State University is of-

fering a Bachelor of Arts degree in general studies. This degree program

tends to meet academic needs not or-

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programs of this university and is

designed to allow the student freedom in

A total of 128 semester hours are

required for the Bachelor of Arts in

General Studies. Of the 128 semester

hours, 52 hours of the course work must

be at the junior and senior level. A

minimum of 32 semester hours must be completed in residence at Jacksonville

State University if a student has tran-

sferred from a four-year college. A

minimum of 64 hours must be completed

at JSU if a student has transferred from

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the General Studies program with a

minimum of hours required in each area.

In addition, a student must meet the

basic

requirements and concentrate in one of

the following designated areas: English

curriculum

selecting a course of study.

a junior college.

university's

fervently participating in applied sociology under the continuning education program, she began work on her undergraduate degree. Mulder smiled as she explained, "At the University of Utah a person working for the school could take one class per session at half price." Through this process she finally received her BA in 1960.

In 1960 she went to work for the University of California at Riverside. It was there she was influenced by a giant

# **\$\$\$\$-Aid office** invaluable at JSU

correspondence, television courses), 15

minimum semester hours of the 42

semester hours needed for concentration

(the other 12 from literature and languages); literature and languages

(American, English and world literature,

etc. and foreign languages), 12 minimum

semester hours of the 42 hours for con-

centration (the other 12 from literature

and languages), 12 minimum hours

of the 42 hours for concentration (the

other 15 from English composition and

communication); humanities

(geography, history, political science,

art, music, economics, philosophy)-

required work in at least three areas in

humanities—10 of the 42 semester hours:

sciences and mathematics (physics,

general sciences, chemistry, biology), 12

of the 21 semester hours; behavioral

sciences (sociology and psychology), 18

of the 23 semester hours. An overall 1.0

GPA, as well as a 1.0 GPA in a student's

area of concentration is required in order

to meet graduation requirements. Also,

for transfer students a 1.0 GPA must be

earned for all course work taken with

teaching and

complete

whole life."

BVCAROL DAVIS Staff Writer

JSU offering BA

in general studies

lately just where the money is coming from to finance next year's college ex-

in the field of sociology,

Robert Nisbet. Remem-

bering him, she mused,

"Robert Nisbet knew a

whole sweep of history. His

knowledge interested me-I

realized that I had been

working in sociology my

She went back to the University of Utah in Salt

Lake City and received her

masters degree in sociology

in 1966. Mulder has been

sociology since the time she

and

broad

learning

penses? If you're like most, there's no rich uncle with one foot in the grave and the other on a banana peel to name you heir to his fortune. And since all would-be inheritors to the Howard Hughes' estate have already spoken up and you're still here instead of playing backgammon with the jet set, then you probably didn't cash in on those goods either. In fact, if your ship does sail in anytime preceding that September deadline waiting in the Business Office, you're luckier than most.

The Office of Financial Aid located on the fourth floor of the Student Commons Building could be the most practical solution to your problem. It offers a variety of programs through which a student may obtain the finances to support his or her college career. One of these is the scholarship program. Linda Jenkins of the Financial Aid Office stated that most scholarships are awarded on academic achievement, leadership and need of assistance. They have the advantage of being nonrepayable and thus are very popular. But students must take the initiative and apply for these.

The Financial Aid Office has composed a list of available scholarships. A large number of these must be applied for through the JSU Scholarship Committee. To do so, a student must submit a resume' and transcript of grades before the April 15 deadline. All information is confidential and treated accordingly.

To cite a few examples from the three page list there are scholarships for: members of the Marching Southerners, math majors, history majors, English majors, education majors, (See AID, Page 7)



# Have you been wondering

received her graduate degree.

The experiences in her life have all contributed to the formulating of her philosophy of education. Mulder determinedly states, "Education's function is to allowan individual to slip out of a narrow world."

She believes, "All systems whether individual or groups go through change. An individual must be aware of this constant change in his or

(See MULDER, Page 8)



#### Elisabeth Sturm

## **AAUW** to meet Thursday night

The Jacksonville Branch of the American Association University Women (AAUW) will meet at 7:30 p.m. Thursday, April 14, at the Baptist Student Center. AAUW is a nationwide association of women who have in common a baccalaureate degree and a desire to think and act upon issues and needs facing this nation and the world. Membership for the year begins July 1, and all women who will graduate by that time are cordially invited to attend this meeting.

Richard A. Bolin and Carl Cheatham will present information on types of community government. Bolin, Southeast regional vice president of the International City Management Association (ICMA), is one of four members of the executive

athletics, Alabama residents with ancestors who fought the Confederacy, for students who score in the high 20's on their ACT tests, students who reside in certain areas or counties, or who graduated from certain high schools in Alabama as Fayettville such County), (Talladega Weogufka, Rockford, and Goodwater, to name a few. (+Top Junior College Graduates)

The list aims at a large cross-section of JSU students and consideration will be

board of the ICMA and has been a member of its national Committee on Forms of Local Government. He has served in administrative positions in city governments in Georgia and the Carolinas, is presently city manager of Newnan, Ga., and has been active in professional planning, development and management associations. Carl Cheatham, Anniston city manager and member on ICMA's task force on placement and support discuss services, will specific aspects of the job of city manager. Cheatham has an associate degree in civil engineering and is former city manager of Lake Wales, Fla.

This meeting will also be open to others with a particular interest in the topic under discussion.

# Elisabeth Sturm

### Austrian brunette came to see how Americans live

**By BILL BRADDOCK** Staff Writer

Combine sincereness, the playfulness of a kitten, and the seriousness of an owl, add balance and you have Elisabeth Sturm, a 20-year-old brown eyed brunette from Austria. Elisabeth is here at JSU on an International House Scholarship for one year.

As her predecessors did, she lives in the International House sharing a room with an American student. She is learning of the American culture as well as those of some 15 other countries. "The International House is a great idea," she said. "I have learned much about other nations. At the International House, I get to see the best part of America."

HER REASON for coming to the U.S. is simply this: "I heard nothing concrete about the U.S. so I wanted to come see how Americans lived for I had met many in Austria,' she said. "In the South, I think the possibilities for young people to broaden their horizons are limited because people watch too much television.

"I am naturally curious about life," she added. "My philosophy changes, but at present I try to learn as much as I can about an idea before I make an opinion. Opinions are dangerous because there is never one side to them." Last fall Elisabeth was the representative in the Miss Homecoming Pagcant for International House; although

she really doesn't like the contests, she consented for the benefit of the "House." She said, "People in Austria have a stereotype of girls in beauty contests. That is if you are pretty, you are, consequently, not very smart. Girls spend too much time making themselves up that they don't have time to study. Makeup doesn't show the person. It (makeup) covers the real beauty-natural and inner beauty.

FUTURE GOALS for Elisabeth are to speak many languages as perfectly as she can and to get rid of her accent. She said, "by living the language, as I am English right now, I can become a better speaker of that language.'

She is sure to reach her goals for a woman with playfulness, sincerity, seriousness, and balance has the best chance. In addition to these, she appears forthright and innocent like a child. She is gentle, shy like a doe, has courteous dignity, a soft voice, and is appealing and apologetic about her speech which is fluent and fascinating.

Mrs. Opal Lovett, associate professor of English, said of Elisabeth, "She is a real joy to know because she is so full of life, wishing to get the essence of living from each experience which it is her good fortune to have."

## What do you do with a drunken bird?

#### By KEM McNABB Staff Writer

Have you ever heard of a drunk bird? Well, in February, Ronald Ford found a bird outside Ayers Hall that could not keep its balance and ended up lying on its side. He took the bird to Dr. Charles Summerour, whose major area of study has been ornithology, to examine.

Upon finding no mechanical or physical injuries in the bird, Summerour guessed that the bird would have become intoxicated from eating fermented berries (which can be caused by abnormal cold spells).

"While in this state," said Summerour, "the birds are weakened and the cold can kill them. Or it could have just run into a window, which will disorient them "in a similar manner."

"So in either case there

## Aid

#### (Continued From Page 6)

given to each applicant. But make haste! The deadline is drawing near and interested students must act quickly. Scholarships are available

# for volleyball team

Women's volleyball spring Friday. tryouts will be May 2-6 from 10 a.m. through noon on Monday, Wednesday and from 3:30 to 5:30 p.m. Tuesday and Thursday and from 2:30 to 4:30 p.m. on Mathews Coliseum.

and are an excellent way to supplement your college education, but only if you let them.

# May 2-6 tryout days

Anyone interested in trying out should contact Mrs. Barbara Wilson of the and physical health education department at was nothing I could do for the bird. I suggested to take it back outside and in sufficient time it would come around," continued Summerour.

In the care of Donna Hollingsworth, a lab assistant, the bird, identified as a cedar waxwing, was placed outside under a bush.

About an hour later, Jeffrey Brassart found the bird and thought it needed attention. He also took it to Summerour who told him

that there was nothing that

could be done for the bird. So, out it went.

Then, after about 30 minutes, four more students took the bird to Summerour and wanted to know what kind it was and what was wrong with it. "So I related the story for the third time," said Summerour. And they took it back outside.

After another 30 minutes, Dr. Frank Salter found the bird, and followed by Linda Thompson, who was also very distressed

about its fate, took him to Dr.

Summerour.

When they learned the story, Linda took the bird with her to take care of it.

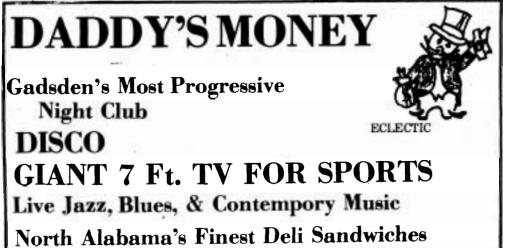
Summerour concluded, "the interesting aspect of it to me is the fact that so many people showed an interest in the welfare of the bird. It may also be a reflection, and I hope it is," said Summerour, "of increasing interest and concern about the environment."

The bird has since died (hangover??) but not without a concentrated effort to keep him alive.

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## The zoo!? International House a home away from home

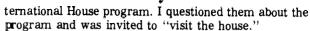
#### By VESTA COLEMAN

How would you like the opportunity to roam among rare species from all parts of the world? For me, and a few other Jax State students, this is a common occurence. And for other students, the opportunity is only a few feet away. By visiting the campus zoo, which is located across the streets from Martin Hall, BCM and the campus branch bank, JSU students treat themselves to a world-wide tour filled with fascination and knowledge.

During my first three years on our campus, I passed by the large brick mansion (commonly called the zoo) many times—often wondering what it was, who was allowed inside, and why I never saw too many people entering its white oversized doors.

After the marble sign reading "INTERNATIONAL HOUSE" was erected in early 1976, only two of my questions were left unanswered. Then last year, I learned that a few of my friends were participants of the In-

Nore meat than ever



As I entered the mansion, I glanced around the large living room, fascinated by its fine furnishings and winding staircase.

"The guys live on the right, and the girls are on the left," she explained as I followed her to her bedroom upstairs, where she introduced me to several girls from foreign countries. They all spoke English, but their individual accents seemed to add a touch of class to the language I've spoken during my lifetime.

So now, the three questions were all answered; anyone is allowed inside, and only 40 students live there so the doors aren't used as often as those in other dormitories. But, after my visit, another question entered my mind. Wouldn't it be nice to live here with people from all continents of the world? Not only would it be educational, but I will hopefully end my last year with a new set of friends



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and new interests in other countries. I thought it over for a while, filled out an application, was interviewed and accepted as a member of the program.

What an exciting year this will be for me! Where will my roommate be from? What will she look like? Will she speak English? These and many other questions popped into my head as I moved into a new home away from home. Each day of fall registration brought with it a new resident for the house, and each day after that has meant surprise, pleasure, laughter and entertainment for each of us.

As the year ends, many participants in this special program are preparing to return to their countries leaving their new foreign friends and teachers behind, but taking with them heads full of new knowledge, opinions and memories. Others graduate, and still others leave the house with plans of returning for another year of excitement and new friendships.

The International House Program is a very special part of YOUR campus, and was created to increase, not only the knowledge of America for foreign students, but also to supply Jax State students with first hand information about other countries of the world. So, if you'd like to know about the "rare species" that roam our campus daily, come on over 'cause we'd all like to tell you more about life at the zoo.

## Mulder

#### (Continued From Page 6)

her life. Education should went on to say, "The make a person aware of this constant change in his life are alittle afraid when new and then enable him to direct ideas are presented." But the change to a better reconstruction. In this way an individual does not just drift through life."

How does this reconstruction theory of education work? Mulder says that usually it has a sleeper effect. She explains, "Students of mine like all people are active. They live a life of experience. Sometime in the future something happens; a light shines in; they snap their fingers and say, so that's what Mrs. Mulder was talking about."

When asked to evaluate the sociology department here at Jacksonville, Mulder replied, "The department was probably set up as a service department for the law enforcement school. But I think now we have expanded the department to the degree that it offers the serious student a career choice or a shot at graduate school. We have emphasis in such areas as social work, aging and human development, while at the same time some of our students go on to graduate school and do quite well.'

Mrs. Mulder commented on the students here at JSU with a twinkle in her eyes, exclaiming, "The students here are beautiful, wholesome, and naive." She

Announcing a vacancy in the Date Processing Department, JSU, for a DATA CONTROL OPERATOR. Job description, qualifications, salary, and application form may be obtain ed from JSU Persennel Services Office, Bibb Graves Hall. JSU is an Equal Opportunity Affirmative Action Employer M/F. are alittle afraid when new with a voice filled with understanding she said, "It sometimes hurts to learn. The students here can learn. They are just cautious about it. But this is good. People who are ,not cautious sometimes just disregard all their prior knowledge; they just forget the old. In order to learn and progress, there must be a mixture of the old and new. Most students here keep the old and improve on it.

What are Gwen Mulder's plans for the future? She sums it up when she sings out, "I am just going to keep on learning and living. My only regret is that there is so much I want to learn and so little time to learn it in."

The Chanticleer has published its last issue for the Spring. The next Chanticleer is expected to be published May 16 during the minimester.

Phi Beta Lambda will have a special meeting Tuesday, April 12, at 6:30 p.m. in room 102 Merrill. New officers will be elected. People who plan to attend the state convention need to bring their registration fee to the meeting.