

# The Teacola

A STUDENT PUBLICATION, JACKSONVILLE STATE TEACHERS COLLEGE

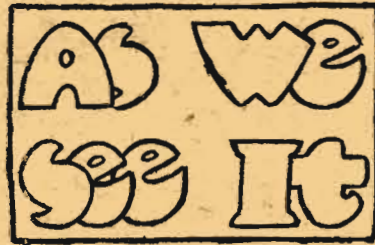
WELCOME  
NEW  
STUDENTS!

BOOST THE  
TEA DANCES

VOLUME EIGHT

JACKSONVILLE, ALABAMA, THURSDAY, MAY 6, 1943

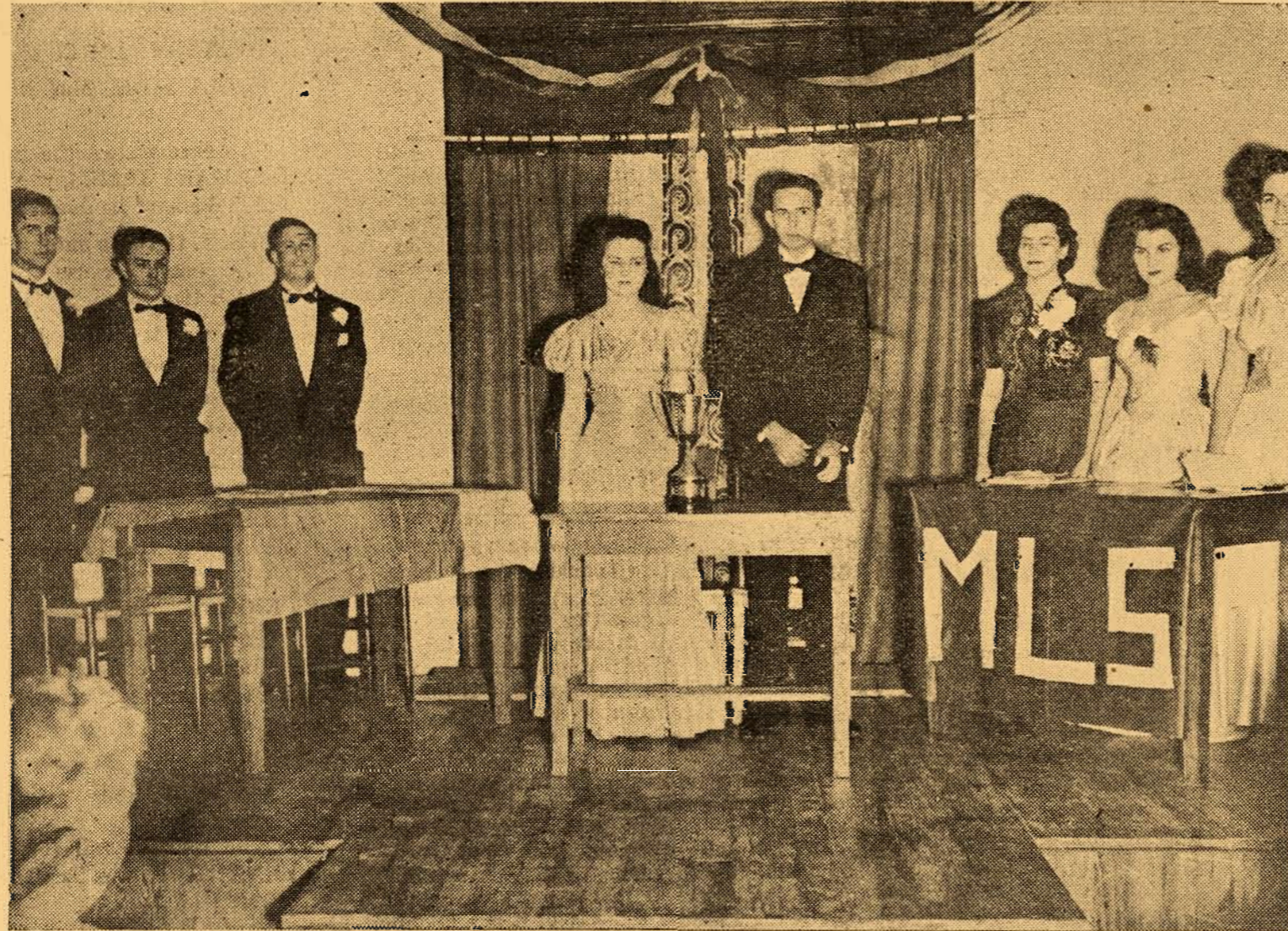
NUMBER FIFTEEN



The debate's over; all's quiet again, even the cheering. Now we can safely say that it was really an excellent battle of wits and of sexes. The speeches were top rate, and to the speakers each society member of the clan that claims them can point with pride and say, "He, or she, spoke for me in the 1943 debate." You might even stick your fingers in your vest pockets as you say it.

You know, the whole pre-debate days were more fun than a barrel of monkeys, but it seems kind of nice to be back to normal again. You can successfully let your guard down without fear that some "ornery" member of the other lit. society isn't going to knife you with a slicing phrase about your home team when you aren't even dreaming of sharp rejoinders. And your heart doesn't stay half way between its proper resting place and your mouth while you listen to daring accounts of fearless boys who climbed up and down the tower of Bibb Graves to save a flag or destroy it. But best of all, the co-eds don't have to worry about what they'll do while the boys are serving their stretch. Abnormality can be awfully trying at times, yes siree!

You see them all the time now. Most of them are girls, but "When the Lights Go On Again," we can easily suspect that boys will greatly make up their ranks. They are prospective students from all over this district that come to look over our fair Alma Mater. By the pleased faces they show as they give everything the once-over, and some things the twice-over, they're entirely delighted with all they



The Morgan-Calhoun debate held here Monday, April 19, could fittingly have been called a "battle of the sexes." The above picture was taken just before the annual fracas began. At the left are the Calhoun contestants: Waymon Strother of Fyffe, first speaker; Charles Johnson of Anniston, third speaker; Bill Hamilton of Anniston, second speaker. In the center are Henrietta Sharpe of Brighton, vice president of the Student Council, and Clay Brittain of Alexandria, president of the Student Council. At the right are the Morgan contestants: Edna Bailey of Jacksonville, third speaker; Wynelle Riddle of Ashland, second speaker; Mary Rivers of Jacksonville, first speaker.

## Victory Garden Is Pet Project Of Girls Of Apartment Dormitory

The Apartment Dormitory has gone all-out for Victory this year. ARMY AND NAVY AIR CORPS OPEN

## DR. CALVERT'S MAGAZINE ARTICLE

In the March-April issue of the Audubon Magazine there appeared an excellent article entitled "On Listening to Birds," which was written by Dr. William J. Calvert. In order that TEACOLA readers may

## Presbyterian Pastor



## Calhouns Awarded Decision In Debate

### Dr. Rayfield Talks On Cancer Control Effort

#### SCHOOL PHYSICIAN ADVOCATES APPROPRIATION FOR CANCER PREVENTION

The representative of the Woman's Field Army drive against cancer, Dr. Rayfield, one of the school physicians, was guest speaker at assembly Monday, April 26. The speaker was introduced by the vice president of the student body, Henrietta Sharp.

"I am here to talk on one of the world's most dreaded diseases," opened Dr. Rayfield. "We do have a board to control it that is known as the American Society for Control of Cancer. In 1913, it was started by the American Medical Society, but it got no results. In 1936, the Woman's Field Army came in and great headway was made. In 1938, Congress set aside the month of April to be designated Cancer Month."

To show the great damage that cancer does, Dr. Rayfield gave the following statistics: It is second in causes of death, ranking fourth for men alone and second for women alone. Alabama has about the highest death rate from cancer. The age at which cancer is contracted is not 45 years or above, but the cancer age is from birth until death.

In May there will be a bill introduced in the state legislature to provide funds for the control of cancer in Alabama. The money, if allotted, will be used to erect county clinics for cancer and to educate people about the disease, for cancer can be cured.

### THREE MORGAN GIRLS DEFEATED BY TWO TO ONE VOTE IN CLASSIC

The annual debate between the Morgan and Calhoun Literary Societies was held Monday evening at Bibb Graves Hall. A highlight of the school year, it carried out a tradition of some 50 years and renewed the interest and enthusiasm of students and alumni.

The decision this year on the question, Resolved: That the United States Should Have a War Manpower Board Empowered to Control wages, hours, placement and distribution, was awarded the Calhouns. This was their second year in succession to win the decision.

As is the custom, their names will be engraved on the Anniston Star loving cup, and if they win a third year, the cup will become their permanent property.

The debate is marked by much color and traditional formality, and in spite of the conditions existing during wartime, the old customs were carried out. For the first time in the history of the debates, the Morgans were represented entirely by young women. Miss Mery Rivers was first speaker; Miss Wynelle Riddle, second speaker, and Miss Edna Bailey, alternate. The Calhoun speakers were: Waymon Strother, Bill Hamilton and Charles Johnson.

First to enter the auditorium were Miss Henrietta Sharpe and Clay Brittain, vice president and president, respectively, of the Student Council. Miss Sharpe is a Morgan, Mr. Brittain a Calhoun. They served as presiding officers. Mr. Brittain introduced the speakers and acted as master of ceremonies. Miss Sharpe gave a brief history of the debates and told of the annual custom having been institut-

Wynelle Riddle of Ashland, second speaker; Mary Rivers of Jacksonville, first speaker.

## Victory Garden Is Pet Project Of Girls Of Apartment Dormitory

The Apartment Dormitory has gone all-out for Victory this year. Due to the difficulty of being able to acquire fresh vegetables from the market, the girls who cook their own meals have planted a few rows of beans, spinach, lettuce, radishes, onions, etc., about one hundred yards behind their own dormitory. The red soil was tilled by some of the professors in school and was prepared for planting by the girls themselves. Monday, March 5, marked the formal opening of the Victory Garden when the girls worked several hours in their respective gardens. Each apartment—two rooms and a kitchen—has a plot of ground about the size of their apartment. Up 'til now, this gardening project has been fun to say the least and will prove to be most profitable in the time to come.

There is still another bit of gardening going on over at the Apartment Dormitory. If you have seen the shrubbery that seemed to pop out overnight all around the campus and particularly around the Apartment Dormitory, you will know what I mean. The landscaping of the surrounding grounds has been undergoing a wholesale change. Rose bushes now line the walk under President Cole's window—where once broom sedge grew in profusion. Pansies struggle along the path where Dashing Deason used to run when he got a late start. Boxwood stand green and beautiful against the well-tilled soil surrounding them. Everything has become beautiful. With the coming of Spring has come gardening at the Apartment Dorm.

### MISS MAUDE LUTTRELL SPEAKS AT SPRING GARDEN

Miss Maude Luttrell, of the college faculty, was the guest speaker at a meeting of the Pierian Club in Spring Garden Tuesday afternoon. She used as her theme, "The Responsibility of Adults to Youth." This was a timely topic for the occasion, the club having won the state federation prize for work with the Youth of Cherokee county.

The meeting was held at the home of Mrs. England Emerson. A large number of the club members are on the faculty of the Spring Garden school and are graduates and former students of the college.

At the conclusion of the meeting, a salad plate was served with iced punch.

### ARMY AND NAVY AIR CORPS OPEN TO VOLUNTEERS

By agreement between the Army and the Navy, men between the ages of eighteen and twenty-six, inclusive, may now volunteer for induction into the armed forces for training as aviation cadets—pilots, navigation and bombardiers through local aviation cadet examining boards and selective service boards.

Applicants for training in the army air forces, according to Captain Wimberly Miree, Room 29, Post Office Building, Birmingham, Alabama, will first be examined by the aviation cadet examining board to determine their suitability for aviation cadet training. Then they may volunteer for induction through selective service boards.

The aviation cadet preliminary examination is both mental and physical, though no definite amount of formal schooling is required. The mental examination is of the multiple-choice type, designed to show that the applicant has the background and ability to undertake training with some assurance of success.

Physical requirements are in general those required of Reserve officers for commissioning in any component of the Army of the United States.

The Army has inaugurated a new training plan for aviation cadets which begins with preparatory pre-flight training at selected colleges and universities. Trainees there take a five-months course which includes study of English, geography, modern history, mathematics, physics, civil air regulations and basic military indoctrination.

At the conclusion of this college training period, aviation cadets receive basic and advanced training as pilots, bombardiers and navigators.

### ATTEND SCIENCE MEET IN BIRMINGHAM

Dr. Clara Weishaupt, Charles M. Gary and Miss Sue Keller were in Birmingham last week end for a meeting of the Southern Association of Science and Industry.

Representatives were present from several Southern states.

### DR. CALVERT'S MAGAZINE ARTICLE

In the March-April issue of the Audubon Magazine there appeared an excellent article entitled "On Listening to Birds," which was written by Dr. William J. Calvert. In order that TEACOLA readers may get an idea of Dr. Calvert's article, the staff here prints a resume.

Probably the worst place in the United States for listening to birds sing is in New York's Times Square but even there, one cannot be sure that the nighthawk does not shout his "barbaric yawp" over the roofs of the world, however little the humanity beneath may listen.

A closed room is not the best place for a listener, but by the introduction of canaries or a thrasher, even laboratories have been turned into a part of the outdoors. Some birds practically defy you to shut them out. Their songs float through your window, and eventually you lose the necessary self-control, throw open your window, and the song pours in.

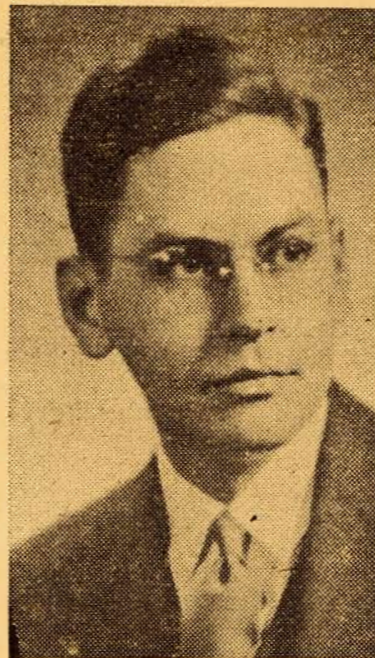
There are few places where birds may not be heard. The difference is one mainly of attention. We perceive only what we want to perceive, and often the physical as well as the spiritual goes by us unnoticed. When it does burst upon our consciousness it revives in us some of the freshness of childhood.

But some places attract songsters that others do not. They are, obviously, attracted to trees and streams. Surprisingly enough, the deep woods are often silent, for the sociable birds like to sing to people. They choose spots such as high branches on which to perch so that their songs will carry better; spots near streams so that the water will lend a singing quality; and open spaces for their voices to float over.

Things that drive one to listening to birds are often blindly impelling. The bookish reason is to help identify them. That is like saying that a diver dives for pearls to map the ocean's bottom. Such a reason as this would be short-lived. Even experience is not enough. What is it, then? Most probably it is that man, however, unconsciously, realizes that birds, like butterflies and flowers, have reached a perfection that he can only dream of. Man is never content in the present, but birds are rapturously cheerful in the here and now.

The pinnacle of the bird's perfection is his song. For the first time, nature has produced conscious art. Through the painful ages, beauty has slowly achieved itself, slowly scored the superb success of the hermit and wood thrushes, the nightingale, and the mockingbird. And to live with that beauty is constant inspiration.

### Presbyterian Pastor



JAMES M. DOOM

The Rev. James Doom, of Atlanta, Ga., and Columbia Theological Seminary, has been chosen as pastor of the Jacksonville group of Presbyterian churches, including Jacksonville, Salem, Piedmont, and Carmel. The churches are very fortunate to have secured the services of Mr. Doom and his wife, and they will begin their new pastorate June 1st.

Splendid reports have been received as to the high scholastic record of Mr. Doom.

The Presbytery of North Alabama will convene here in adjourned session on June 23rd to receive him from the Presbytery of Atlanta, to ordain him to the gospel ministry and to install him as pastor of the Jacksonville group of churches.

### A. C. SHELTON MAKING COMMENCEMENT ADDRESSES

A. C. Shelton, director of extension at the college, has been invited to make the commencement addresses at a number of high schools in this district.

On May 3rd he will be at Spring Garden school. May 10th he will speak at the graduation of the Wadley High School, and on the morning of the same day, he will address the faculty and students at the Southern Union College in Wadley. On May 21st he will make the commencement address at Hackneyville High School.

Mr. Shelton also spoke at the closing exercises of the Saks Junior High School on last Friday night. He is using as his theme, "Preparation for the Post War Period."

highest death rate from cancer. The age at which cancer is contracted is not 45 years or above, but the cancer age is from birth until death.

In May there will be a bill introduced in the state legislature to provide funds for the control of cancer in Alabama. The money, if allotted, will be used to erect county clinics for cancer and to educate people about the disease, for cancer can be cured. Georgia established a system such as the one that is wanted for Alabama, and between the years of 1941 and 1942, the death rate from cancer dropped 3,000.

"There are about two or three things that you can do," said Dr. Rayfield. "If anything wrong with you persists, see a doctor. Second, get in touch with your representative before the cancer bill comes before the legislature and tell him what you want done. The third thing you may not be asked to do, but possibly will. The Woman's Field Army is putting on a drive the first week of May. You may be asked to contribute. If you do so, you may be sure your money is going for a good purpose."

## Relaxation!

It isn't a campus rumor; it is true. We are all in the need of relaxation. How can I relax? is the question that has been presented to Mrs. Calvert from various students on the campus. The students of Health, under the direction of Mrs. Calvert, have been engaged in research work on the subject and offer the following suggestions to the restless.

First of all, one's body should be in such a physiological condition as to deserve the relaxative effect which comes from relaxation. We should see to it that we are tired and not just bored. Relaxation from boredom is almost impossible to achieve.

The body's main relaxation comes in sleep. To sleep or not to sleep is the question we must consider when we go to bed. In order to induce the state of sleep it is necessary to understand the changes which take place in the circulatory system when we go to sleep. Briefly, the blood tends to collect in the muscles of the abdominal region, and in the skin while the brain is relatively lacking in a supply of blood. So it is plain to understand why it is easier to go to sleep propped up on the pillows reading a book. If the blood collects in the abdominal region we know, we just drink a glass of warm milk or a bowl of soup.

Here are suggestions:

1. Keep warm with sufficient amount of light covers.
2. Take a 20-minute tepid bath before going to bed.
3. Sit up, if necessary, and eat or drink something warm. (It is natural to sleep after eating—

First to enter the auditorium were Miss Henrietta Sharpe and Clay Brittain, vice president and president, respectively, of the Student Council. Miss Sharpe is a Morgan, Mr. Brittain a Calhoun. They served as presiding officers. Mr. Brittain introduced the speakers and acted as master of ceremonies. Miss Sharpe gave a brief history of the debates and told of the annual custom having been instituted by the late president, Dr. C. W. Doughtie.

The speakers entered the auditorium, the Calhouns accompanied by their chosen flower girls: Miss Mary Elizabeth McCluer accompanied Mr. Strother; Miss Louise Bonino, Mr. Hamilton, and Miss Marion Coffee, Mr. Johnson. Thomas Irvin was Miss Rivers' escort; Homer Cole, Miss Riddle's, and John Deason, Miss Bailey's. The young women wore evening dresses and the young men were dressed in tuxedos.

At the conclusion of the speeches, Earl Lindsay collected the tallies from the judges. Mr. Brittain presented the judges to the audience, Mrs. Harry M. Ayers, E. L. Crew and Charles R. Bell, Sr. Mr. Bell, chairman of the group, made a few complimentary remarks concerning the affair.

Mr. Brittain also recognized several former speakers. Air Cadet John Harbour, Miss Charlotte Mock and President Houston Cole.

The loving cup was presented to the Calhoun speakers and will remain in their possession until the 1944 debate.

animals and babies do it).

4. Double up the pillow.
5. Go to bed with the idea of going to sleep.
6. Put your mind on a "nestling thought." If you are very young, think of a purple-velvet sky with gold stars. If you are a CALHOUN, think of the debate.
7. Don't work hard trying to go to sleep with such devices as saying the alphabet backwards and naming the states of the Union.
8. Don't have the idea that you must have a certain number of hours sleep per night, like eight or nine. Maybe you are the Napoleonic type and can make out on three or four.

Of course, such simple devices as pleasant company, a good book, flicker of an open fire, cadence of soft flowing music, patter of rain on the roof, ripple of a stream, rustle of leaves, or even a good fight are aids in relaxing. If your case is a very stubborn one, you might tend the garden, mow the lawn, clip the flowers, go fishing, or even get up all your class work. After all, relaxation is largely a matter of attitude. Things are never as bad as they seem and how can they seem very bad here in the springtime at J.S.T.C.?

You see them all the time now. Most of them are girls, but "When the Lights Go On Again," we can easily suspect that boys will greatly make up their ranks. They are prospective students from all over this district that come to look over our fair Alma Mater. By the pleased faces they show as they give everything the once-over, and some things the twice-over, they're entirely delighted with all they see. We'll be looking for them back as part of us in the summer or fall.

"In the spring a young man's fancy——" We almost said it and we didn't mean to. When the first balmy breath of spring (like the one that came our way and went away we know not where) strikes a college campus that phrase becomes the most over-worked group of words in school news sheets from here to Oregon. Why? Possibly just something to write about, and a particularly interesting topic for the season. But if the rags continue to use it and young men persist in becoming "twitterpated," we can't imagine a better place than J.S.T.C. campus.

With a faculty like ours how can we go wrong? One of them is elected to the board of a national organization, another to the vice presidency of a state association, another inspires students to write and publish short stories, and still another publishes an article on his hobby in a well-known magazine. How's that for a line-up?

The game room captured all the old-time popularity of the lounge in one huge sweep! Possibly the removal of the cards and card tables to a room in which irate players couldn't break anything very valuable is the reason for the change in sentiment, and still more probably it was a wise move if the protection of furniture is any incentive.

If the ping pong tournament doesn't move on a little more rapidly each contestant will hold a very disputed right to the college title. Who can say who is the best if no decisive games have been played?

### DEAN WOOD RECEIVES HONOR

Dr. C. R. Wood received a high honor when he was recently elected to the vice presidency of the Alabama Association of Colleges and Secondary Schools. As vice president, he will be immediate associate of the ASCS president, Dr. Hubert Searcy, president of Huntingdon College. This is one of the many honors that have come to Dean Wood in his years here at Jacksonville.

## THE TEACOLA

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## FREEDOM IS NOT ENOUGH

Up to the outbreak of the war for us with the attack on Pearl Harbor, the generation from the end of the First World War was the freest in our history. We were free to do anything: to spend recklessly without thought of the eventual pay-off; to speed recklessly at the risk of other lives than ours; to drink, whether bootleg in prohibition states and times, or packages from state stores later; to smoke, men and women alike. We were freer in our manners and, too often, in our morals. Chaperons disappeared, rules disappeared. And public sentiment was normally with the outlaw, even for a time extending sympathy with the gangster and the "victims" of our penal system. We tried out freedom. And we were not nearly so happy as we expected to be. In at least one Southern university during its freest period, the suicide rate in the student body was so alarmingly high that announcements of suicides were kept out of the papers.

We are less free now perhaps than at any time in our history. Between age levels we are subject to the draft. We are threatened with conscription in industry. Boards govern our eating and drinking and driving. Merchants groan under regulations such as no American merchant has faced heretofore. The President has just denied to a great union the most precious of labor's prerogatives, the right to strike. Add to this, on the battlefield, suffering, sleeplessness, and death, and on the home front, the agony of suspense of parents, sweethearts, and wives, the breaking up of homes, the uprooting of old people and established habits.

Yet we are not moving in the direction of despair. Rather, if the experience of England may be used as a criterion, we are facing in the opposite direction, hopefully toward the future. We are eager and earnest as we were not in 1928, at the height of our "prosperity." Our boys in the army

organization is the assembly programs. You, Mr. Collegian, should know the remainder of that story, what it means in that respect to attend and to lend a hand in working up programs that won't be humdrum.

But that isn't all. It is also a test of whether you are going to be a participant or merely an "onlooker" in years to come. It seems that there isn't a great deal of difference in allowing a bridge game, a nap, or any such thing to interfere with a duty at school and in letting a movie, a picnic, or some other trivial matter keep one from the polls of a state or national election.

It may all sound "far fetched" but fellow collegians, do think the situation through for yourself.

## THE BRIDGE

After many years of standing uncertainly, the bridge between Bibb Graves Hall and Mountain Avenue has at last been replaced by a permanent cement bridge. This old bridge has been destroyed for the last time to the joy of all the students and someone is going to miss all the fun of tearing it down again unless they use dynamite to blow it up.

This bridge has been torn down many times during its long career. Sometimes three and four times in one week, but always

## « Our Boys Write »

2nd Lieut. Glenn H. Sides  
Co. D 25th ROC  
MB Quantico, Virginia

Dear Pauline:

As you can see by the return address, I made it. I am now called Lt. Sides instead of Yardbird or some other foul name.

We are now in ROTC and will be here for 10 weeks before we are assigned. Our class is supposed to end June 16. When will the Senior dance be? I might get there in time to make it.

The latest word is that we will have two or three days off when we graduate. I'm not putting too much hope into it, though. It may be just foul dope. We are just now getting oriented in R.O.C. Every time we change we have to learn new ground rules. Bunks are made different everywhere I go. We don't have as many Police details as we had in C.C., but otherwise they work us over good from daylight until dark.

You should see my uniform. Boy, it really looks good.

Oh, yes. They now call us gentlemen in classes and when they want something done they say, "Lieutenant, will you do something (whatever they want done)." Not "Hey, you, Yardbird, come over here and get hot on this." So as you can see, there is a great deal of difference.

Well, give everyone my love and write soon.

GLENN.

to be replaced with the same old wooden one. The students from Weatherly and Forney Halls have come to look upon the destruction of this bridge as a regular event. But sometimes this event went too far and put the students to much hardship. The creek which the bridge spanned, is only a little stream until a rain, and then it becomes a raging torrent. As the students came to this stream when it was up, there was no other alternative than to swim it. Of course, this was very unpleasant in the middle of winter and many of the students complained. Those who did not know how to swim would either turn back to the dormitories and miss their classes or detour through Jacksonville and be late for their studies. A rumor spread through school that a ferry was to be put into operation across this stream, but the rumor fell through because there wasn't anyone capable of operating this ferry. But one day the engineers came to the end of their patience of having to rebuild the bridge so many times. There was a call meeting of the engineers which resulted in a very brilliant plan of building the bridge of cement. The bridge was put under construction and finished a few days ago. So now students of Forney and Weatherly have no fear of having to ford or swim the stream every morning.

army routine practically the same everywhere, as you probably know from your own experience. Right now I could go for sleeping.

The natives here (Arabs) and their customs are the strangest I've seen since leaving the States, and I've traveled quite a lot and seen a good bit of foreign territory. You of course realize how impossible it is for me to tell where I've been or what I've seen. I find it all interesting, but only for a short time.

The most interesting thing to me now would be some mail from home or some news. I've seen only one newspaper since I left and I can't tell you when that was, but it was some time in February.

One sentence will just about sum up the possible news from this place: it is a land of Arabs, goats, sheep, asses, and vultures, along with jackals at night. As far as I've seen, our histories of this country and people are very true. Men and women all dress alike, their clothing consisting of just about anything to cover their bodies.

Give my greetings to the Forney Hall boys. I am looking forward to getting back to some of your science classes, but until then I'm here to help win the war. All mail will be appreciated if I ever get it; so write whenever possible.

With best regards,  
Floyd

Company "T" 4th Battalion  
305th Ordnance (B) Regt.  
San Jose, California  
April 25, 1943

## Ye Olde Gossippe

If you had been in Birmingham Tuesday, you would have guessed right away that Spring is here. Every store had lovely displays and in them shopping you would have seen CLAY and FRANCES; KITTRELL and HATTIE; LAMAR and RUTH.—Now, what does that bring to mind?

Speaking of Birmingham, that brings to mind the blackouts. Speaking of blackouts, that brings to mind CHARLIE JOHNSON! Now, CHARLIE, did the coming performance dull your senses so, that you got RUTH UPTON and "FRENCHIE" JONES mixed up for FRANCES?

POLLY SIDES sho' was woofin' it Friday night, wasn't she?

"Absence makes the heart grow fonder"—for someone else? MARY JAMES, you better watch that F. C. P. of yours and make sure he doesn't cut in on "DANDY"!

J. S. T. C. turns out some good waltzers, doesn't it? It certainly must, 'cause FERRELL GAMBLE and ALICE CLARK tied for first place in a waltz contest Friday night.

Who was it that had the best speech in the debate? The future president of the Student Government! ! !

Sure did look good to see HENRIETTA and PRICKETT together Saturday night. Luck to 'em ! ! !

LOUISE BONINO and BILL HAMILTON—the latest couple on the campus. What a combination, eh?

LENORA DEMPSEY has been beaming ever since she got a picture last week of that good-looking M. M. I. cadet.

HENRIETTA was beaming Friday night when Lieutenant PRICKETT came.

EDNA had complications Wednesday night when she walked in the Rec Center with ALAN and there was HERB MAYNE, big as life, waiting for her.

LAMAR certainly will be lost when RUTH ANNE goes home the 10th.

COLLINS WATSON had several visitors last week when he was sick.

Who was the tall (6ft., 5in.) dark and handsome Lieutenant who was here to see MARION COFFEE last weekend?

ERIS, the next time you and IRNELL are visiting after quiet hours and you hear MRS. ROWAN coming, you'd better not take refuge in a closet—Your visit there might get uncomfortable, especially after the first twenty minutes.

ERIS, what makes you like to wear HATS so well?

Who around this burg has become so collegiate of late?

Well, well, BAILEY, could you enlighten us a little on this Wednesday night business? Or maybe HERB could help us out a little.

We wonder why MR. ALAN HUMPHRIES went to so much trouble to get to come back from Birmingham on the bus. Couldn't be because of the lady friend—or could it?

Why was MR. BRITAIN so anxious to meet the bus at Birmingham Tuesday afternoon that he missed seeing a very good movie?

of suspense of parents, sweethearts, and wives, the breaking up of homes, the uprooting of old people and established habits.

Yet we are not moving in the direction of despair. Rather, if the experience of England may be used as a criterion, we are facing in the opposite direction, hopefully toward the future. We are eager and earnest as we were not in 1928, at the height of our "prosperity." Our boys in the army breathe a new manliness. Our nation as a whole has discovered reserves of stamina and courage that we might have guessed had disappeared during the Jazz Age. And in that knowledge has grown renewed pride and self-trust, a faith in our nation and the things for which it has stood, a reverence for the great men of our past, a respect for courage and strength and decency. We no longer wisecrack as once we did. But we respect ourselves. And freedom without self respect is not enough.

### IT'S WORTH YOUR TIME

There has been a great deal of sermonizing in the field of Education about the value of extra-curricular activities as compared with the classroom.

In college a few students of two extreme types are found. On one hand are the "classroom fanatics." The whole context, the limit and scope of their idea of college is found within the four walls of a classroom. Their glory is their accomplishment there.

On the other hand is the person to whom classes are something of secondary importance. His interests are focused on, and his energies are directed to activities outside the dungeon where trigonometry, science, English, and history are taught.

It is quite unnecessary to point out the undesirability of either of these extremes. And most students at least think of themselves as striking a "happy medium" between the two.

Nevertheless, from extreme to extreme, all of us will more than likely agree that at the right time the right sort of extra activities are all right. The main question is, "What is the right thing?"

Well, here is one thing. The bi-weekly assembly programs. Each Monday and Friday the students and faculty of J.S.T.C. meet for half an hour. It is "pretty lightly" that some students take these assembly periods. They are cut indiscriminately. But not without reasons, the severest critic might honestly admit. "It is a student's right to use that one hour a week as he chooses," to phrase one of the common excuses for cutting assembly.

If Mr. S. T. Collegian wants to play bridge, go to his room for a nap, or linger in the hall for chat of romance instead of sitting in on assembly program that isn't any too interesting, so what?

To attempt to deny the truth of these statements would be vain. But there is another angle. The assemblies are a test; on their success, on your attending them and attending them promptly depend many things.

First, the assembly programs are a test of student government. Though the student council is several months old now, it is still in its trial stages. One of the tasks given that

classes and when your science classes, but until then I'm here to help win the war. All mail will be appreciated if I ever get it; so write whenever possible.

With best regards,  
Floyd

Company "T" 4th Battalion  
305th Ordnance (B) Regt.  
San Jose, California  
April 25, 1943

Dear "Doc,"

It has been so long since I last heard from you that I am beginning to wonder if you have forgotten me, but I think not. Maybe you have as much work to do as I, and then you aren't in your room long enough to get any writing done.

We have been moved twice in the last three weeks, but are now permanently stationed here. It is permanent as far as we know, but nothing is permanent any more in this world of war. We relieved a company that went somewhere, and I am sure you know where that somewhere is.

We run the ammunition depot for the complete Western Defense Command, and the Company is so set up that we run two supply points near the city of San Francisco. (50 miles)

One officer has to be on duty all the time, and since I'm the only single one and live within the camp, I am here all the time.

It is a beautiful Easter morning, and I have arranged it so that the boys have a chance to attend church in San Jose, but the other officers have not come out yet, even though it is 11:30.

We have a very nice setup as we are the only company here. We have a juke box in the mess hall that runs free music, have picture shows at least twice each week. I sent into town to get some girls for the boys' dance last night, and they really had a party.

Gets pretty dull for the boys as two thirds of them have to be here at all. No truck train, or railroad train, of ammunition may come in at any time, night or day. We have armed guards on duty all the time, and I sleep with loaded rifle and phone by bed every night.

It is now lunch time I'd better inspect the kitchen before we eat. Be sure to write me in the near future.

Always,  
Neal Royer

Jack Willis A. S.  
Recruit Unit 3  
Building 1211—Wing 2  
N. A. S. Barin Field  
Pensacola, Fla.  
April 1, 1943

Hello Doc and fellows,

I have been in this man's navy almost a week now and I have gathered that it is a good place to be. The food is really good; so are the officers and the enlisted men.

Every morning we get up at five o'clock and mess around cleaning up our sea bags and cleaning up ourselves until seven o'clock. Then we have breakfast and really start to work. The work is easy, but there is lots of it; so it takes all morning. In the afternoon we drill until 4:30, then take thirty minutes to clean up for supper.

(Continued On page 3)

Well, give everyone my love and write soon.

GLENN.

U. S. N. T. S.  
Company 1565 AM School  
Newport, Rhode Island  
March 6, 1943

Dear Mr. Gary,

They weren't satisfied with having me only eight hundred miles from home; so they crated me up and sent me up here. We left Great Lakes Wednesday noon and got here yesterday. It was a very interesting trip. I wish I could have had time to look up the places we passed through. We went through seven states on our way up here. We went all the way across Pennsylvania, from Pittsburg to Philadelphia, then went north through New York, New Jersey, and Connecticut. We passed through New London, Conn., that is a big submarine base, then on to Providence, R. I., and from there on here. I am not much of a geography student. I didn't know before that Newport is on an island. I had a little time off yesterday afternoon; so I walked around a bit. I could see the water on nearly every side of me.

I am transferred here for quartermaster school. We start meeting classes Monday. Some of the boys here say that the course is easy. Others say it is damn hard; so I suppose I'll just have to find out for myself. I have been trying to find out just what they are in the army. We are supposed to learn all the signal systems, navigation, sounding, plotting courses, and so on. We will be on the bridge of the ship. I am rather pleased with the prospects. I will have a ringside seat when the fire works begin.

School will last sixteen weeks, then we will be assigned to ships. I hope I can get on a destroyer.

There is only one thing worrying me. I am going to be a daddy about the middle of July. I want to get home to see my offspring before I get out to sea. If I don't, I'll be coming back when this thing is over.

I had better sign off now. Here comes the chief with some kind of detail.

Write me sometime.

Sincerely,  
Woodrow Sanderson

Corporal William F. Dendy 34332189  
A.A.F. Weather Filler Replacement Unit  
A.P.O. 3494 c Postmaster  
New York, New York  
March 21, 1943

Dear Mr. Gary,

For sometime it has been impossible for me to write my friends and now that I have the opportunity I find very little possible material to write. Many of them will probably be interested to know that I am in Iran and hale and hearty.

Life here is on the order of roughing it, so to speak, as you might expect in most foreign services. All the fellows seem to be taking it in good stride. After all, you find

Wednesday night business? Or maybe HERB could help us out a little.

We wonder why MR. ALAN HUMPHRIES went to so much trouble to get to come back from Birmingham on the bus. Couldn't be because of the lady friend—or could it?

Why was MR. BRITTAIN so anxious to meet the bus at Birmingham Tuesday afternoon that he missed seeing a very good movie?

SIMS visited school Monday and EDNA wasn't even in school. Also it's said that she's been heard whistling "DON'T GET AROUND MUCH ANY MORE." Sounds bad, sounds bad.

"Where oh where, has the dear man gone—Where, oh where can he be," etc. might well have been BONINO'S theme song Sunday, April 25, and it was such a beautiful day for a picnic.

Speaking of walking on air, HENRIETTA was doing just that this week-end. PRICKETT was here.

Take it from us a hard-hearted woman is about the cruelest person in the world. MILLY refuses to date IRA just because he didn't send her a handful of roses when she was sick. She knew it was raining too hard for him to go out and pick roses.

In every clime, in every age, and in every civilization, there will always be found a class distinction. It exists here-right at home in Daugette Hall even. The "Select Few" go their merry way enjoying the height of popularity while we, well, we stay home. Woe is us.

We read the story of long, long ago in the land of SULTANS and SULTANAS about a FLYING HORSE and knew it was a fairy tale, but when horses fly around college campuses in the year of 1943, brother, you better duck because it definitely ain't no joke.

## AMERICAN HEROES

BY LEFF



M. & S. LEFF

Pouring out a steady stream of machine gun fire, Corp. Leroy Diamond, U. S. M. C., and just two buddies stemmed a Jap advance on a Pacific Isle recently. One of the men, Pvt. John Rivers, was killed. Diamond and the other man were saved.

These men are willing to give their lives. The least we can do is lend our money. Buy Second War Loan Bonds.

# THIS COLLEGIATE WORLD

Current among the new words being popularized during this war-time is "absenteeism". Now it is being used by the Orange and White to apply to consistent class-cutters instead of the way we usually think of it as being applied to war workers who "cut" to play golf—or something. An editorial on the front page of Tennessee's paper carries a heated denouncement of this form of college absenteeism. According to the editor, if soldiers can arise at 4:30, surely students can make it to eight o'clock classes.

April 20 was Adolph Hitler's birthday, and just to show that in the hearts of Auburn students there is "malice towards none" the Plainsman listed some of the choicest of the group: old knives and axes to be delivered by the Marines; two dozen new generals with track experience; a padded cell; a pine box; and above all, war bonds. The students also listed suggestions to the Democratic world, which, if followed, would insure the world against his having another birthday.

Sponsored at Howard several weeks ago was a "Speak Week". Speak weeks aren't too uncommon, but this one was set up in a way to make it unique. A schedule of days was arranged that included even a "joke day" with little moron jokes preferred, and a "foreign day" during which the plain old "hey" was wrapped up in French or dog latin.

## MISS LUTTRELL ENTERTAINS

Miss Maude Luttrell entertained a group of college students at a dinner party at her home on Pelham Road last Friday evening.

Miss Luttrell invited the guests into the living room where covers were laid for eight, and a delicious two course dinner was served.

The reception hall and the living room were attractively decorated with spring flowers.

Students enjoying Miss Luttrell's hospitality were Ruth Anne Jones and Lamar Hyatt; Frances Weaver and Clay Brittain; Charlotte Mock and Billy Grisom; Jeffie Pearl Landers and Alan Humphries.

## DR. AND MRS. MOCK HOSTS TO SUPPER CLUB

Dr. and Mrs. H. B. Mock were hosts to the Supper Club last Saturday evening at their home on West Mountain Avenue.

The house was decorated throughout with cut flowers. The dining table was centered with a pretty arrangement of vari-colored flowers, and lighted by white candles burning in silver candle sticks.

"Since painted, or not painted, all shall fade And she who scorns man must die a maid."

The above bit of wise philosophy appeared not long ago in the Vanderbilt Hustler. Reason all young ladies should take it seriously—absence of young laddies.

It's an ordinary thing for freshmen to be initiated into college life, but for juniors to be initiated into seniorhood is a little out of the general order of things; however they do just that at Montevallo, and this the way 'tis done; a crook is hidden by the seniors and until it is found by the juniors all juniors must be up in the dewy morning by five o'clock and on the hunt. Title of the week is "Crook Week", at the end of which, if able, juniors are ready to enter into the privileges of the top classer.

An editorial campaign is being carried on in the Crimson and White against the "canine club" composed of canines from everywhere. According to the frequent write-ups they receive, the pack is always engaged in typical dog activities, such as nipping ankles and chasing perfectly harmless messenger boys.

April Fool's Day was celebrated by the most conglomerated issue of the Howard Crimson imaginable. We still need help in figuring what it was all about; so if you feel in a boy scoutish mood and want to do your good deed drop by the Teacola office and explain it to us if you can.

## REV. H. ROSS ARNOLD AND STUDENTS ATTEND STUDENT COUNCIL

The Rev. H. Ross Arnold and a group of students from the State Teachers College attended the Spring retreat of the Baptist Student Union at Alabama College April 16-18.

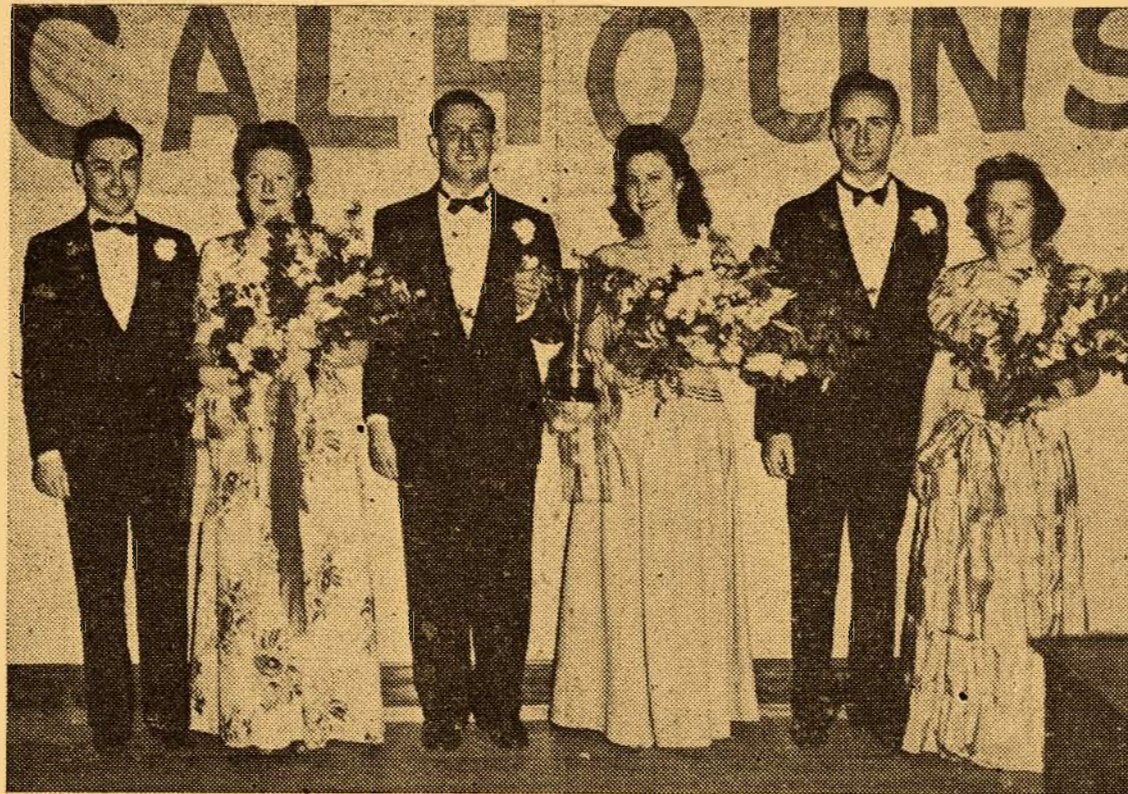
An inspirational program was presented, including addresses by outstanding missionaries and young people's leaders.

The students making the trip were: Mabel Duran, Guntersville, president of the local B.S.U.; Mary Frances Braswell, Wedowee, first vice president; Martha Freeman, Henegar, Sunday School Representative; Pauline Sides, Dora, secretary-treasurer, and Inez Spears, Pyriton, B.S.U. member.

## PAUL J. ARNOLD'S INITIALS CHANGED

At the recent Junior-Senior banquet, a letter was read from President Houston Cole, expressing his regrets at not being able to attend. In the note he stated that he had changed the initials of Paul J. Arnold.

## THE WINNERS—AND THE REASONS



The inspiration that sparked the Calhoun debaters on to victory was the person of the three lovely flower girls who presented each debater with a bouquet after his speech.

The girls, shown above with the victors, are reading from left to right: Marion Coffee, Louise Bonino, and Mary Elizabeth McCluer.

# « Campus Personality »

### SARA FRYAR

Strange though it may seem, one of the most outstanding personalities among our college students is one of the quietest and most unassuming of them all. Nevertheless, she has that gift of being able to attract more attention by merely walking by, than most of us could accompanied by a brass band. Could be due to a well-dressed appearance but most likely it could be because she is a tall, raven-headed lassie and not at all bad to look at.

Her life, she says, naturally, has been very uneventful, but we seri-

ously doubt that.

Her home is in Jacksonville on "Eighty Oaks", that part of town frequented by quite a few of the gentlemen of the town and of the college.

She attended Jacksonville High School and will receive her degree this spring.

After graduation she plans to teach and, she says, she is really looking forward to it.

Another thing about Sara, whether it is to her credit or discredit we in our unbiased position can't afford to say, is that she is definitely pro-Morgan.

Among her other interests are sports (she likes football best) and dancing. But better than anything else she likes poetry and above all works those of Edgar Allen Poe.

Hear this and sympathize all ye fellow victims of circumstances. The hobby of said personality is collecting shoes (but quoth the rationing board (with our apologies to Poe), 'Nevermore'—at least for the duration. Pathetic, isn't it?

But me boys here is a cheerful bit of information for you. The attractive young lady says that she is definitely unattached.

## EXTENSION COURSE STUDENT IS INSPIRED TO WRITE

It is interesting to know how the influence of the college is felt in the field with home-makers—even through extension classes. May 8th Birmingham News carried a short story of Mrs. Barfoot of Gadsden, who attributes her renewed interest to Extension Class from S. T. C. This class was taught by Dr. Mock. Mrs. Barfoot said, "I enjoyed the

## FORNEY HALL BOYS GIVE ANNUAL PICNIC

The Forney Hall boys "dood" it again when they entertained their dates at a picnic at Germania Springs recently. It was a second affair of the year at which the boys proved that they could really put it over the girls in the fine art of entertaining.

The crowd drove out to the springs with Bibb Graves Hall as a starting point. After a brief exploration of the springs, the group paid strict attention to the generously filled picnic plates con-

Landers; Lamar Hyatt and Ruth Anne Jones; Charles Johnson and Constance Mock; Clarence Mitchell and Mary Rivers; George Mitchell and Dottie Sewell; Hascall Sharp and Jean McGouirk; Coolidge Sims and Lenora Dempsey; Vernon Whittle and Frances Lockridge; Billy Wilbanks and Wynelle Riddle; Jack Willis and Jane Tompkins; Tom Irwin and Anna Hall; James Jones and Miriam Wood; Charles Pyron and Katherine Knight; Dowling Wheeler and Eneel Avery; and Odie Gregg.

## ALUMNI DEPARTMENT

**ALUMNI OFFICERS**  
 C. W. Daugeette, Jr., President      Catherine Ashmore, Secretary  
 R. LESTON CROW, Treasurer  
 MRS. R. K. COFFEE, Editor



State Senator R. L. Newton, a graduate of the college, class of '27, represents the counties of Fayette, Lamar and Walker in the state senate.

He was born in Fayette in 1902, graduated from high school in 1922, completed the two-year course here in 1927. He received his bachelor of science degree at Howard College in 1930. For several years he served as high school principal in Fayette, Winston and Franklin

counties. In 1932 he left the teaching profession and became U. S. Deputy Collector of Internal Revenue, a position which he held until 1937, when he entered the law school at the University of Alabama. After receiving his LL.B. degree in 1938 he began practicing law in Jasper. He was formerly a member of the State Democratic Executive Committee and at the present time represents the 12th Senatorial District, as stated above.

## JUANITA HORTON AND LT. JERRY HULSEY WED

The marriage of Miss Juanita Horton, daughter of Mr. and Mrs. H. J. Horton of Fort Payne, and Lt. Jerry B. Hulsey, son of Mr. and Mrs. H. W. Hulsey of Cullman, was solemnized on April 7th in the Baptist parsonage in Cullman.

The only attendants were Mr. and Mrs. Jesse Hulsey.

The bride is a graduate of DeKalb County High School and for

## BARTLETT-HUDSON WEDDING

Miss Myrtice Hudson, daughter of Mr. and Mrs. John Tom Hudson, of Standing Rock, and Private Carl J. Bartlett, of Fort Bliss, Texas, son of Mrs. Carrie Bartlett, of Wehadkee, were married April 5 at the Baptist parsonage in Leesville, La., with the Rev. E. E. Fields officiating.

Mrs. Bartlett is a graduate of Five Points High School and for the past three years has been connected with the Bonner Hospital

**DR. AND MRS. MOCK**  
**HOSTS TO SUPPER CLUB**

Dr. and Mrs. H. B. Mock were hosts to the Supper Club last Saturday evening at their home on West Mountain Avenue.

The house was decorated throughout with cut flowers. The dining table was centered with a pretty arrangement of vari-colored flowers, and lighted by white candles burning in silver candle sticks.

Those present were: Mrs. Julian Stephenson, Mrs. John Humphries, Mrs. W. O. Barrow, Dr. and Mrs. C. R. Wood, Dr. and Mrs. C. E. Cayley, Dr. and Mrs. J. F. Glazner, Dr. and Mrs. Frank McLean, Dr. and Mrs. R. P. Felgar, Mr. and Mrs. C. C. Dillon, Mr. and Mrs. P. J. Arnold, Miss Maude Luttrell, and Mrs. Reuben Self.

Misses Frances Weaver, Constance and Charlotte Mock served the guests.

tative; Pauline Sides, Dora, secretary-treasurer, and Inez Spears, Puyriton, B.S.U. member.

**PAUL J. ARNOLD'S INITIALS CHANGED**

At the recent Junior-Senior banquet, a letter was read from President Houston Cole, expressing his regrets at not being able to attend. In the note he stated that he had changed the initials of Paul J. Arnold, a member of the faculty, to P. A., or "Pa Arnold." Herein lies an interesting story.

Mr. and Mrs. Arnold recently adopted a little son, whom they have named William Thomas, for the paternal and maternal grandfathers. He will be called Billy. Billy was a month old the 11th of April and is growing fast under the kind attention which he is receiving.

It is interesting to know the influence of the college is felt in the field with home-makers—even through extension classes. May 8th Birmingham News carried a short story of Mrs. Barfoot of Gadsden, who attributes her renewed interest to Extension Class from S. T. C. This class was taught by Dr. Mock. Mrs. Barfoot said, "I enjoyed the course so much that I decided to see what I could do with pen and ink instead of mops and tea towels."

**JACK INGRAM LEAVES FOR SERVICE**

Jack Ingram, the son of Mr. and Mrs. L. F. Ingram, left today (Thursday) for Miami, Fla., to begin training with the Army Air Corps. After a period of training at Boca Raton, he will go to Yale University for officers candidate school.

His special field will be aeronautical engineering for which he studied while a student at Auburn. For the past two years he has been employed at Fort McClellan as a draftsman.

dates at a picnic at Germania Springs recently. It was a second affair of the year at which the boys proved that they could really put it over the girls in the fine art of entertaining.

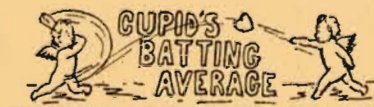
The crowd drove out to the springs with Bibb Graves Hall as a starting point. After a brief exploration of the springs, the group paid strict attention to the generously filled picnic plates containing baked chicken, dressing and gravy, baked apples, potato salad, pickles, pineapple, sliced tomatoes and dressing, celery, carrots, rolls, cake and tea.

After the supper, the group gathered around the brightly blazing bonfire, where good-natured literary society banter was exchanged, songs were sung, and tall tales were told.

Later, the students returned to Bibb Graves Hall and dancing and cards.

Chaperones for the occasion were Mrs. J. F. Rowan, Miss Maude Luttrell, and Mr. Gary, head of Forney Hall.

Forney lads and their dates were: Kittrell Agee and Hattie O'Neal; Clay Brittain and Frances Weaver; Homer Cole and Sara Nell Stockdale; John Deacon and Alice Clark; Billy Grissom and Charlotte Mock; Bill Hamilton and Ferrell Gamble; Alan Humphries and Jeffie Pearl



Mischler--Stockdale	.1000
Grissom-Mock	.1000
Hyatt-Jones	.1000
Strother-McCluer	.1000
Mayne-Bailey	.900
Brittain-Weaver	.875
Agee-O'Neal	.875
Keller-Adamson	.777
Forgach-Coffee	.650
Pyron-Adamson	.555
Cole-Tompkins	.500
Whittle-Lockridge	.500
Irvin-Rivers	.500
Hamilton-Anybody	.500
Lindsay-Washerwoman	.333
Humphries-Bailey	.310
Watson-Freeman	.300
Army-Norris	.255

**OUR BOYS WRITE (CONTINUED FROM PAGE TWO)**

The only bad part of it so far is the hair cut. The first day they shave your head and everybody looks like heck.

You fellows that are coming in need not mind because it is plenty O. K., a few tough things, but plenty of pleasure to balance it up.

I hope you fellows are holding down the old school and keeping the girls straight. Better have your fun now because it is six weeks before you can get a week-end pass, and the first three weeks you can't even get out of quarters.

I know it is unwise to expect mail from all of you, but someone please write anyway. I will write a personal letter to any man who answers my note; so let's hear from you one and all.

Well, take it easy and have fun while you can, 'cause you're heading for "tuff" work, but I like it and so will you.

Let me hear from you all.

Good luck and best wishes to everyone at Forney,

Jack Willis

Cpl. John W. Cox  
Anti-Tank Co. 315 Inf  
A.P.O. 79 c Postmaster  
Nashville, Tennessee  
Saturday

Dear "Doc",

I guess you are teaching all those girls at J. S. T. C., aren't you? Do you have any boys in school? We are in the hills of Tennessee on maneuvers. They are really rugged. We have been up here a month. The first month

was taken up by Division Maneuvers then we began Second Army Maneuvers. We live as though these were real battles we were fighting. The whole state is covered with tanks, half tracks, Ant. guns, airplanes, etc. No baths, no clean clothes unless you get to a stream and wash them out, and very little food at times.

I am still in the anti-tank company. We have shipped out one cadre to train draftees and are hoping to send out more. We have 30 vehicles. I ride in a command car which is really platoon headquarters. My job is to know what territory our guns can cover against probable tank attacks and to keep the Bat. Commander to which we are attached informed about that. I also draw our gun positions in a map and I handle nearly all of the platoon map work. I am also company gas N. C. O.

We are like a circus; we move nearly every day. We are between Nashville and Murfreesboro today. Tomorrow we might be near Chattanooga. We only get night passes now, and only 25 per cent of the company get passes then.

My brother is still in Arkansas. He seems to be doing fine, so far. Mr. Gary, don't work those students too hard. Write me sometimes. I hope to be back to J. S. T. C. sometime in the near future.

Your friend,  
Wilbur

P. S. Tell everyone "Hello" for me.  
P.P.S.S. I was out at Murfreesboro State Teachers College and they have about 230 students. All of them are girls except 25.

The marriage of Miss Juanita Horton, daughter of Mr. and Mrs. H. J. Horton of Fort Payne, and Lt. Jerry B. Hulsey, son of Mr. and Mrs. H. W. Hulsey of Cullman, was solemnized on April 7th in the Baptist parsonage in Cullman.

The only attendants were Mr. and Mrs. Jesse Hulsey.

The bride is a graduate of DeKalb County High School and for several years was a student here. For the past year she has been teaching in DeKalb county. She was a member of the Morgan Literary Society and enjoyed wide popularity on the campus.

Lieutenant Hulsey received his early education in the Cullman schools and received his degree here. He taught three years prior to his entry into the Army, being a physical education director and coach. He is now physical education instructor at the Army Air Base at Grand Island, Nebraska. He was president of the Calhoun Literary Society.

On a recent visit to the Lanett school, A. C. Shelton, director of extension, discovered fourteen former students of the college on the faculty there. They are: Ruth Reed, Pearl Pepper, Dorothy Pitts, Lou Ree Gregg, Sara Swearingen, Vicie Heflin, Louise Beall, Winnie Barnes, Anne Burke, Mattie Benton, Catherine Redmond, E. G. Dabbs, Mrs. W. B. Williams and Hassie Gray. E. G. Dabbs is principal.

**WEATHERLEY HALL NEWS**

Speaking of Easter, several of the girls from here rose up early to attend the Sunrise Service at the College Sunday. They took Mrs. Amy Hooper and Mrs. John B. Stetson along, too. We think every one should have attended these services. They were really good!

"A tisket, a tasket,  
A red and white bunny,  
What a cute thing  
To make her face sunny."  
And that's just the reason for all of the excitement in room 24 last Friday night. Lucille's "special" turned out to be the cutest little bunny you ever did see! Shakespeare certainly has an eye for cute things.

Lucille says there are three things she can't change his belief in. That is his religion, his politics, and his woman. Her!

We thought we were about to capture an Easter chick last Thursday. When we ran out into the hall to see it, we discovered Jane giving "Funny Face, Jr." his daily lung exercise.

Seems like it's impossible to stop the racket in that first-floor hall. When one room is silenced the girls

of Standing Rock, and Private Carl J. Bartlett, of Fort Bliss, Texas, son of Mrs. Carrie Bartlett, of Wehadkee, were married April 5 at the Baptist parsonage in Leesville, La., with the Rev. E. E. Fields officiating.

Mrs. Bartlett is a graduate of Five Points High School and for the past three years has been connected with the Bonner Hospital in Roanoke.

Private Bartlett is a graduate of Handley High School, Roanoke, and attended this college. He taught for four years in Randolph County and was employed in the office of the Calloway Mills, at LaGrange, Georgia, before entering the Army.

Mrs. Frank Stewart (Margaret Turner) of Spring Garden, has enlisted in the WAVES and has already entered upon active duty in Northampton, Massachusetts. Mr. Stewart will leave for active duty on May 4th.

Joe Wilson, a former student, was on the campus for a few hours recently. Joe is a sergeant technician and is stationed at Camp Robinson, Arkansas. He is attached to the classification office, and has been in the service one and a half years.

Mrs. Katherine Flurry Morgan is now teaching at Camp Hill. She and her twin sister were joint valedictorians here while attending college.

George Franklin is principal of the Valley High School at Fairfax.

in the next room continue. Looks like they're determined to keep the babies awake.

Geel! Have any of you noticed the new Easter outfit the dining hall is getting? We think it's very becoming, in spite of the inconvenience at mealtime and the money it took from "papa's" pocket book.

Polly, how many aunts have you? Maybe that wasn't one of them that came to see you Sunday while you were visiting another one.

It's grand to have Mrs. Frost back again. Loneti White visited her family and Pat King last week end. Mary James, Enell, and Ferrell went home, too. I'm sure they enjoyed themselves. Looks like we're going to have some summer school. Have you noticed how Spring has helped the looks of the Jacksonville community? Just look at the trees, flowers, lawns, etc.

Looks like we're about out of everything to write. As the old negro says: "You can't any more tell what you don't know than you can come back from where you ain't been."

**ASK THE WAR CORRESPONDENT**

"I'VE GOT THE NEWS FROM AFRICA."

"BIGGEST HIT IN EGYPT? THAT'S EASY. HAMBURGERS AND COKES."

"You probably read that in your newspaper a while ago. That war correspondent found how our fighting men everywhere want Coca-Cola. It must have something special to be the favorite of the fighting forces. There's taste you don't find anywhere this side of Coca-Cola, itself. And there's that welcome feel of refreshment that goes into energy. Take it from me, Coke is good."

**5¢**

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ALABAMA COCA-COLA BOTTLING COMPANY  
ANNISTON, ALABAMA

## Physical Fitness For Elementary School Children--The Need And The Problems Involved

Editor's Note: Given here is the speech that Mrs. W. J. Smith, of Centre, Alabama, Supervisor of Elementary Education of Cherokee County, gave at the Physical Fitness Institute held here March 17-18.

In an address at the National Institute on Education and war in 1941 President Roosevelt said: "We ask that every school house become a service center for the home front." In these few very simple words President Roosevelt re-emphasized the place of the school in the community. The urgent demands of this war bring to individuals, schools, and communities a sharp consciousness of the many duties and responsibilities heretofore left undone as well as a clear picture of new responsibilities to be assumed.

It is the purpose of this paper to discuss the need for physical fitness, of the elementary school child, some problems involved and to give some examples to show how these problems have been solved or partially solved.

Never have we as teachers been faced with so great a challenge as is offered today. Never have we had so great an opportunity to contribute to the welfare of America. It lies within our power to improve and safeguard the health of our children, who will be the national leaders of tomorrow. Katherine Lenroot in writing about the health and welfare of our children asked these significant questions.

Why do nearly 91,000,000 children in the United States die each year from diseases which are preventable or curable by modern science? 2. Why do from four to five thousand children remain crippled or handicapped by disease who might be helped, or cured by treatment? 3. Why do several million school children still have defective vision which glasses would correct? a million and a half impaired hearing? at least half of the children dental defects? "In facing and trying to solve these and kindred problems one must readily see that parents, teachers, departments of health and other community agencies must work very closely on all these problems. Each has a responsibility and each a contribution to make."

If every elementary teacher had a thorough understanding of this one sentence from our new course of study it would mean much to

a balance between rest and activity which is suited to the needs of children at each age level.

### Correction of Defects

While the provision for rest for the elementary school child is primarily a cooperative plan engaged in by teachers and students it is carried on much better when the parents are understanding. However, the matter of the correction of physical defects becomes of concern to other groups. The teacher, the nurse, the doctor, the parent, and the community civic organizations play an important part in this procedure. There should be united effort on the part of all to ascertain the status of the child and to strive for the correction of all remedial conditions and defects.

The complete record of each child's physical examination should be kept by the teacher for study and use in the child's individual record folder.

Teachers and principal have the responsibility of seeing that conditions for examination are as favorable as can be made. The principal should:

- (1) Arrange rooms for the examinations.
- (2) Prepare a schedule for classes to be examined.
- (3) Provide recorders for the doctor and nurse.
- (4) Notify teachers of the date and schedule.
- (5) Arrange if possible to have parents at the examination.

The teacher should prepare the children so that the examination may be an educational experience. This may be done through a class discussion, and emphasis should be placed on points—on how well we are. Children should be prepared for what is to be looked for, and why; its implications as to ability to work and play well; and how the doctor and nurse will look for the specific items. The teachers should also write notes to parents requesting their presence so that they may discuss the findings with the doctor. They should write letters to parents relative to findings if parent is not present. A personal letter is much better than the health notice, sent from the county health office.

So much for the health examinations which are a waste of time and worthless if there are no follow-up procedures. The teacher should interpret and use the data. She should seek cooperation in the correction of defects and in making provision for needed changes in the child's pattern of living. The teacher after these conditions are

is the program that has been sent out by Red Cross. In our county the work is carried on by the teachers and Red Cross Juniors.

The pamphlet "Preventing Accidents" is really a teaching guide on safety. After the study is made of material in the manual and the items on the check lists for common hazards, each child checks his home and farms for hazards that should be corrected. Discussions are held as to the procedure in correcting these hazards. After a designated period a second check is made and records are made as to the number of hazards removed. Our Juniors have made excellent records.

Just yesterday I visited a school where I found one eleven-year-old boy had saved the life of his ten-year-old cousin because he knew what to do when a person's clothes were on fire.

But there is another type of safety that is perhaps even more in need of attention since we have been aware to some extent at least of the necessity for physical precautions. This is mental and emotional safety. It is a matter of immediate concern for all parents and teachers that our children be safeguarded against the anxieties to which war may expose them. Some suggestions that have been made along this line are:

1. Act upon the principle that our children are being prepared for a world at peace, not for a world at war.
2. Avoid teaching hatred and revenge, either directly or by implication.
3. Exercise care about the tone of voice used by adults in discussing war in the presence of children; about the amount of time given to discussing the war; and about the spirit in which the necessary sacrifices are undertaken.
4. Call especial attention to radio programs, and good cartoons that deal with topics other than war.

Our children should have a part in the war effort in line with their experiences but should not be exploited. The emergency touches the lives of all of us; it affects every aspect of our lives and the lives of our children. It should be made a means of growth. Let us turn it to good account in the development of children.

### THE LUNCH PERIOD

In order to practice healthful living in school, children should have clean and attractive surroundings while they are eating their lunches. There should be a calm atmosphere so that they may eat slowly and chew their food well. There should be a wholesome atmosphere where there is enjoyable conversation. Children also need a period of calm and rest after eating rather than a period of physical activity.

that of lima and navy beans, walnuts, filberts, and most other nuts and twelve times that of milk. Besides high protein content it is also high in fat and is a splendid source of phosphorus, calcium, iron, copper, and other essential minerals as well as vitamin B1. The green soy beans are an excellent source of vitamins A and C." We are giving this information to our pupils and patrons in Cherokee County.

I have the addresses of publications that are available for information about soy beans if anyone should desire them.

In the county in which I work the lunch room program was started rather extensively in the year 1939-40, through the efforts of our Cherokee Cooperative Group. Fifteen lunch rooms were in operation. In the smaller schools the work was done by children and teachers. Help was provided by community groups at first and later by N.Y.A. Since N.Y.A. was discontinued we have two types of situations. One is that in which the people feel that the task is too great. Since commodities and the labor are not handed out to them they are not concerned enough with the welfare of the children generally to put forth the effort to provide hot lunches. To me this type of community is a challenge to the school.

Another example from our county—In a large isolated community plans were made last spring for extra rows of vegetables in the home gardens for the school lunch room. During the summer months the patrons of the school came in with plows, mules, etc., and they with the help of the teachers and pupils, planted the garden for fall. Selection of seeds, plans, etc., had been worked out in the class room by the pupils and teachers, before the patrons came in. On one of my visits to the school in the summer the teacher and I visited homes in the community. I secured volunteer workers who would bring pressure cookers to school and a day was spent on the following Saturday in canning the surplus vegetables. During the fall a good shower was given for the lunch room. Two boys came to school in a wagon. On the way they picked up turnips and collards. The collards we "hulled out" in a neighbor's garden. The turnips were put into a hill on the school ground. As a result of these efforts many children have been helped by having a hot vegetable lunch each day.

Children have helped in the planning and preparing of the meals. Grace Abbott said some twenty years ago that you cannot make up

for milk that is lacking today by giving cream tomorrow. In planning meals for the lunch room the children are urged to select the foods that will supplement the ones eaten at home so there will be a balanced diet.

### AN EXAMPLE FROM LOUISIANA

In the school a survey was made of the food habits of the families in the community. This was accomplished by working with the children in the classroom. Though this was a rural area, it was found that milk, eggs, and fresh vegetables were lacking in the family diet. Realizing that not much would be gained by asking the parents to attend a series of cut-and-dried talks on nutrition, the committee in the community (which was composed of the home economics teacher, the county agent, and several other teachers and members of the community) planned community-school rallies similar to the "Bank Nights" held in local moving picture theaters. Instead of money the prizes awarded those attending were brooders made by the boys in the agricultural departments in the high schools, baby chicks, heifers raised by the Future Farmers of America, and garden seeds. The programs for the rallies were composed of folks and displays by the children themselves on subjects such as Victory gardens, how to keep well, and "Planning balanced meals." This community was fortunate enough to have the Governor at one of its rallies. All school activities for the past year were planned around a program of better living. At the close of school the increased number of home gardens, interest manifested by the families who had come to the agricultural department of the high school to get brooders, and the improvement of home diet as reported by the children themselves gave evidence that the school had played an important and functional part in raising the standards of living in the community and in supplementing the low income of many of the families.

In conclusion may I say that if we would adequately care for the health needs of our elementary school children we must have teachers who have a vision of their duties and responsibility, who are willing to study the community, who become sensitive to the problems, who recognize the interdependence of people and community agencies, and who have a growing determination to help solve all the persistent problems of life.

## STARS IN SERVICE



BARBUTI IS A LIEUTENANT IN THE ARMY AIR CORPS INTELLIGENCE DIVISION AND HAS BEEN STATIONED IN CAIRO, QUESTIONING ITALIAN PRISONERS!

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WHOSE WIN IN THE 400 METERS GAVE AMERICA ITS ONLY INDIVIDUAL FLAT RACE VICTORY IN THE 1928 OLYMPIC GAMES!

### JACKSONVILLE COPS JUNIOR SOFTBALL TITLE

Last Friday afternoon a determined group of Jacksonville Juniors defeated a fighting team from Alexandria by a final score of 11 to 10. The margin of victory came on a home run in the last inning.

Jacksonville had advanced to the finals by winning three games. They defeated Oxford in the semi-finals by a score of 8 to 7. Their first victory was over a team from Cedar Springs, and a very impressive one at that.

Alexandria drew a bye the first time and was to play the winner of the Weaver-Greenwood game. Weaver failed to show up and therefore the game was forfeited to Greenwood. Alexandria defeated Greenwood by a score of 24 to 1. Alexandria was to play Eulaton in the semi-finals but the Eulaton team failed to show up and the game was forfeited to Alexandria. This put them in the final, having played only one game.

Mechanicsville was expected to win the tournament but they were eliminated very easily by Oxford. Oxford had a very impressive ball team but was just not enough to top the Jacksonville team.

The games were played on the high school, and a few on the college diamonds.

The officials for the games were college boys. These boys were:

### PIEDMONT DOWNS J.S.T.C. SOFTBALLERS

Last Tuesday afternoon at three o'clock the Piedmont High School defeated the College team in a softball game by a score 7 to 2. It was again the inability of the Eagle-Owls to hit off Pitcher Wilson that caused them to go down in defeat.

After the third inning the Eagle-Owls' defense was tightened so as to prevent the boys from Piedmont from scoring during the remaining innings. Their runs came in first, second and third innings, most of them by errors and not on hits. The infield of the College is pretty well intact but the outfield needs quite a bit of practice to improve their defense.

The Eagle-Owls were able to get only three hits, one of these being a home run by Lamar Hyatt. The other hits were collected by Vernon Whittle, who got a double, and Homer Cole.

The game was the second between J.S.T.C. and the Piedmont team. Piedmont repaid a visit that J.S.T.C. made up there several days ago.

Although the Eagle-Owls were failing to connect for hits, they were tapping the ball around pretty well. There were quite a few less strike-outs than when the college boys journeyed to Piedmont.

Lamar Hyatt, Earl Lindsay, Bill Hamilton and Kittrell Agee.

trying to solve these and kindred problems one must readily see that parents, teachers, departments of health and other community agencies must work very closely on all these problems. Each has a responsibility and each a contribution to make."

If every elementary teacher had a thorough understanding of this one sentence from our new course of study it would mean much to our state. The sentence is, "The way in which children practice and live health in school is much more fundamental than what they learn about it in the text books." One of the most important tasks of the elementary school is to set up wholesome conditions for healthful living and to guide children in desirable health practices as they live together in the school.

**REST.**—In view of the wide extent of consolidation it is especially important to provide satisfactory school rest periods. Teachers should study the individual needs of children in regard to rest. They should know what time each child gets up in the morning; what time he leaves for and arrives at school; what time he gets home in the afternoon; what time he goes to bed at night; whether or not he has a comfortable place to sleep; whether he sleeps alone or with others. With this information in mind, suitable plans should be made for rest periods at school. In making provision for the children to lie down and rest, care must be taken to prevent their taking cold. If it cannot be done the children should not lie down. The room should be warm and there should be no drafts. A thermometer placed on the floor will give a better measure of the required temperature than will a wall thermometer. Various provisions may be made for comfortable rest by the children. They may rest on the floor, on tables, on desks placed together, or with their hands on the desks. Certain schools have made folding canvas cots for the young children at little expense. Others have used various kinds of mats or pads such as rags, pads made from old quilts, comforts, or small blankets.

Provision needs to be made also for a place to keep the rugs or resting pads. The use of coat hangers on a long rod in the cloak room provides one way of taking care of rug and blankets for resting. The blanket, pad, or rug may be played by many teachers for such storage space.

Teachers often find it desirable with upper grade children to provide a period of quiet games or of listening activities following the lunch period. Such indoor quiet games as checker, dominoes, and puzzles are often enjoyed. Again, music, stories, and poems may be enjoyed by the group.

Children can help work out better ways of resting if they are given the opportunity. Whatever program is set up, there should be

personal letter is much better than the health notice, sent from the county health office.

So much for the health examinations which are a waste of time and worthless if there are no follow-up procedures. The teacher should interpret and use the data. She should seek cooperation in the correction of defects and in making provision for needed changes in the child's pattern of living. The teacher should visit the homes of the children to discuss the child with the parents and work out a plan for the correction and improvement. She should invite small groups of parents to school to discuss health and physical problems of children. Teachers should know of the help that is being rendered in the matter of correction of defects by such organizations as the Alabama Crippled Children's Service, the Roosevelt Foundation, the work of the Lions' Club with the blind, and that of the Rotary Club with the cripples, and should cooperate with the county nurse, social workers and civic groups in securing corrections for children whose parents are not in a position to secure this service for them.

#### Immunization

In 1942, with our nation at war, the President departed from the usual form of his May Day Health Proclamation to include a call to the people to reduce the incidence of disease by seeing to it that before May Day all children over nine months of age are immunized against small pox and diphtheria. This bears a definite relation to the war emergency. We know that in war time with populations on the move, the concentrations of populations in rural areas and small towns where army camps and new war industries have been located and where existing health conditions are greatly overtaxed, there is an increasing danger of epidemics. Moreover, we have a definite shortage of doctors and nurses to serve the civilian population.

These considerations make it urgent and important that our children be protected against the serious communicable small pox, diphtheria, whooping cough, and typhoid.

#### Summer Round-Up

As a teacher and community worker I am conscious of the contribution that is being made in the child-health program of the Parent-Teacher Association. Since 1925 one of the major projects of the National Congress has been the Summer Round-Up of children,—the physical examination of children entering school for the first time. At this critical time local P.T.A. Associations should continue to place special emphasis on the Round-Up.

#### Safety

Safety in a physical sense is a topic that requires continuous emphasis and is especially important today. An example of how the children have been safety conscious

ing in school, children should have clean and attractive surroundings while they are eating their lunches. There should be a calm atmosphere so that they may eat slowly and chew their food well. There should be a wholesome atmosphere where there is enjoyable conversation. Children also need a period of calm and rest after eating rather than a period of physical activity.

Too often these conditions are violated in many schools. The children frequently have no clean sanitary place to keep the lunches they bring from home; they are often given no time to eat mid-morning lunch except at recess or play period; sometimes there is no provision made or time allowed for washing hands before eating; and in many instances the children have no attractive place in which to eat.

These conditions can be changed to desirable ones through cooperative work on the part of the teachers and children. A good daily schedule will provide for a rest period or for quiet activities following luncheon instead of an outdoor play period; it will allow time for the children to get ready for lunch, time to wash hands, to arrange tables to distribute paper napkins, or to get seated comfortably; it will allow time, too, for the leisurely eating of the lunch, whether it be a cafeteria lunch or one brought from home.

It is possible to have all the above conditions right and yet get the lunch not adequate to meet the needs. One eminent authority of the U. S. Public Health Service said: "Nutritional diseases in all probability constitute our greatest medical problem, not from the point of view of deaths but from the point of view of dissolution and economic loss. For eating proper food may not prevent a cold, but it helps to guard its too frequent occurrence. The nutritional ailments may not keep a child in bed but they will prevent his normal growth and development. We are already facing shortages in certain foods. We must see to it that we do not have soldier nutrition in this country at the expense of the children. One way to prevent this is to be sure that there are no inadequate diets due to ignorance. Home makers must know what foods are essential to child growth and how to make use of food substitutes. An example of a substitute that we are learning about and using in our country is the soy bean."

#### Soy Bean

Dr. Russell M. Wilder of the Mayo Clinic and chairman of the Food and Nutrition Committee of the National Research Council has this to say about the soy bean. "The dry whole soy bean is the richest in protein of all known foods, except dried egg white. Its amount of protein is approximately twice that of wheat, four times that of eggs, wheat or other cereal, and twice

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Lamar Hyatt, Earl Lindsay, Bill Hamilton and Kittrell Agee.



## Strange! But the Jap's the Prisoner

This fine, young American was formerly employed by the L & N at Louisville, Kentucky... volunteered in 1941... fought at Bataan... was captured by the Japanese.

Temporarily, a Little Jap with a Big Gun holds him in a concentration camp.

Physically confined? Yes! But his soul is free and his American Spirit soars back across the seas to his beloved homeland where...

*men speak, live, plan, work, play and pray as they choose;*

*every person is master of his fate;*

*life and property are protected by law;*

*children laugh and grow up in freedom to reach high places in government or industry according to their merit.*

Yes, the Jap's the real prisoner. He has never known the joys of individual freedom. His lot is to serve a master blindly. He has never known the glorious privilege of living under laws that he has had a part in making. He has never seen Free Men and Free Enterprise build a wonderful country like America where the comforts of the ordinary man are beyond his fondest dreams.

Ours is a great Country, made so under our form of government, by Free Men, by Free Enterprise. That's what we are fighting to preserve.

*J. Ball*

PRESIDENT

LOUISVILLE & NASHVILLE RAILROAD

The immediate purpose of the Louisville & Nashville Railroad and employees is to help win the war. This done, its energies will be again directed to the South's all-around development in which it has already played an important part. Despite much misunderstanding of the complicated freight rate structure, the average rates on actual movement from the South to the North are as low as, or lower than, from the North to the South. To encourage the free movement of goods manufactured in the South to consuming centers in the North and East, Southern railroads make rates necessary to accomplish that purpose.



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